

OLLI.UCONN.EDU  
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**UCONN**  
WATERBURY

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***FEATURING  
23 NEW  
COURSES!***

**ONLINE & IN-PERSON  
COURSES AVAILABLE**

**REGISTRATION OPENS**

**Monday, August 8, 2022**

**9:00 AM**

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*In-person  
courses all day on  
Fridays -  
and free parking!*

**LEARNING FOR ADULTS AGE 50+**

**FALL 2022**

**COURSE CATALOG**

**SESSION DATES:**

**TUESDAY SEPTEMBER 6 -  
FRIDAY, NOVEMBER 18**



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***We are grateful to UConn Waterbury and the Osher Foundation for their continued support of OLLI at UConn.***

# LETTER FROM THE PRESIDENT



OLLI at UConn has been serving the Waterbury area community for 15 years. It was founded on the belief that lifelong learning benefits the mind, the body, and the overall community. Coming together in a classroom setting allows us to share ideas, consider different points of view, meet new people, and learn more about a topic of interest.

When I first joined OLLI, courses were held on Fridays. Each week I looked forward to my classes and to talking with other members both in class and in the hall. Sometimes I reconnected with people I hadn't seen in years. This year we are returning to in-person classes on Fridays. OLLI classes will be a great way to start your weekend. OLLI at UConn continues to offer online courses Monday through Thursday.

We are also pleased to announce that in response to member requests, parking will be free for members during the fall semester. We are also offering a pilot financial assistance program. You can find details about parking and financial assistance in this catalog and on the OLLI website.

It is my hope that we increase the number of OLLI members this semester so that we can demonstrate to the Osher Foundation, a major funder, what a vibrant OLLI we have in Connecticut. Please renew your membership or join as a new member so that you can take part in the many activities that OLLI offers. Please tell a friend about OLLI and encourage them to join.

I am excited to return to OLLI Fridays and hope to see you in a class, walking through the hallways or at an event.

*Vickie Nardella*



Donna Obarowski

Rosalie Griffin

## FROM THE CURRICULUM COMMITTEE

This year, we celebrate an important milestone: our OLLI's 15th Anniversary. For 15 years, OLLI at UConn has been a premier opportunity for lifelong learning, and that's certainly a cause for celebration. But even more, we celebrate YOU, the learners who have created and nurtured this member-driven organization.

Whether you've been learning with OLLI for years or are hearing about us for the first time, we have so much to offer, but at the heart of it all are our classes.

This fall, our in-person classes return to the UConn Waterbury campus on Fridays (along with our lunchtime OLLI Café lectures), and what a selection you'll find! There are classes on current events, the arts, history, literature, the sciences, wellness and much more. Once on campus, you'll find yourself in the company of a welcoming group of enthusiastic people led by our varied and committed instructors. Or you can join fellow learners in classes held on-site at historic Riverside Cemetery or The Palace Theatre.

And if you find online learning more convenient, check our classes presented online over Zoom (generally on Monday through Thursday). There you'll interact with the same wonderful learning community, but with no driving required!

Here at OLLI, we can't wait to meet you (or welcome you back). Don't let this special fall semester pass you by. Make this fall your best season.

*Rosalie Griffin and Donna Obarowski*

# FALL 2022 OPEN HOUSE

**Date:** Friday, August 5, 2022

**Time:** 9:30 A.M. - 12:00 P.M.

**Location:** UConn Waterbury Campus, Multi-Purpose Room (MPR) 113 - 119

*Enjoy a fun and free day of sample course sessions, refreshments, and a panel discussion celebrating Waterbury.*

*All are welcome!*

## Program of Events

9:30 - 10:00	Check-in, refreshments
10:00 - 11:15	Keynote panel discussion, "Celebrating Waterbury: Past, Present, and Future"
11:30 - 12:00	Sample courses

## REGISTER @ [OLLI.UCONN.EDU](https://olli.uconn.edu)\*

*\*This free event is open to members and non-members, but we encourage you to register.*

Questions? Please contact the OLLI office at [osher@uconn.edu](mailto:osher@uconn.edu).



# OPEN HOUSE, AUGUST 5

## *Celebrating Waterbury: Past, Present and Future*



**Moderator: Anne Karolyi**  
Managing Editor, *Republican-American*



**Frank Tavera**  
CEO,  
The Palace Theater

Chief Executive Officer of the Palace Theater since May 2002, Frank Tavera has been an integral part of the rebirth and renaissance of the Waterbury's landmark theater. Actively engaged in the Greater Waterbury community, Tavera also serves on many boards and supports organizations throughout the region.



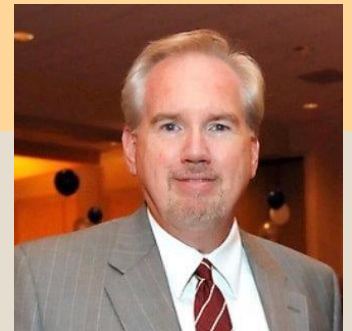
**Bob Burns**  
Director,  
The Mattatuck Museum

Director of the Mattatuck Museum since 2012, Bob Burns recently led a successful multi-year, \$9 million capital project to reimagine the museum. Bob has been identified as one of the "50 Most Influential People in Litchfield County" by Litchfield Magazine, and received Main Street Waterbury's Community Partnership Award in 2018.



**Martin Begnal**  
President,  
Friends of Riverside  
Cemetery

Martin Begnal has spent his career in journalism, and is now the assistant managing editor of the *Republican-American*. Martin is also the president of the Friends of Riverside Cemetery and is working to preserve the 36-acre historic site which is the resting place of the men and women who changed the region and the world.



**Tom Chute**  
Program Director,  
WATR

Now in his 50th year as a broadcaster and 36th year as Greater Waterbury's favorite AM radio host, Tom is legendary for his good works in the community and successful longevity as WATR morning host. He is also a noted musical entertainer, actor, emcee and director in Greater Waterbury and Central Connecticut.

# OLLI'S 15TH ANNIVERSARY!

*Celebrating 15 Years of Lifelong Learning*



2022 marks 15 years of lifelong learning here at OLLI at UConn. Since the program's inception at UConn Waterbury, people have been taking classes that they enjoy, make them think, and keep them engaged with fellow members of their community.

Please join us on Friday, September 23, 2022 from 11:00 A.M. to 2:00 P.M. to celebrate 15 years of learning!

This event will include:

- Complimentary catered lunch
- Live music from Larry Rifkin's band, BOOM
- An art & photography exhibit featuring fellow members' work
- Door prizes
- The opportunity to celebrate along with fellow OLLI members, both past and present, who share the same love of learning that you do!

**A huge "Thank You" to the 15th Anniversary Committee for taking the time to plan this event celebrating OLLI's major milestone.**



# FALL 2022 COURSE LISTINGS

## ANIMAL SCIENCES

**\*NEW\*** **AS-005** Coyotes and Coexistence  
*Dana Goin, Page 9*

## ART & ART HISTORY

**\*NEW\*** **AH-420** Let's Talk Art! Season 2  
*Deirdre Wright, Page 9*  
**AH-456** Riverside Cemetery: Museum of Art, History and Nature  
*Martin Begnal, Page 9*

## CURRENT EVENTS

**\*NEW\*** **CE-001** Russian Invasion-Ukrainian Response-UN Engagement  
*Joseph Baxer; Alex Kuzma, Page 8*  
**\*NEW\*** **CE-006** Russia: Now What?  
*Sergei Kambalov, Page 10*  
**\*NEW\*** **CE-012** Global Conflicts – A Geopolitical Approach  
*Roger Levy, Page 12*  
**CE-022** Social and Political Trends in America  
*Larry Rifkin, Page 13*  
**\*NEW\*** **CE-030** "Future Perfect"  
*Douglas Stowell, Page 7*

## CULTURE & LANGUAGE

**CL-401** Italian I Vita e Lingua  
*Nunzio DeFilippis, Page 10*  
**\*NEW\*** **CL-403** Italiano Per Tutti  
*Nunzio DeFilippis, Page 14*

## HISTORY

**HS-459** World History for Travelers: The History of Antisemitism and How the World Bears Witness  
*Diane Stone, Page 14*  
**\*NEW\*** **HS-514** Foundations of Modern Europe- The Middle Ages  
*Gerald O'Connell, Page 13*  
**HS-525** Palace Theater - Behind the Scenes  
*Bruce Hirsch, Page 7*  
**HS-531** Forgotten Women of the American Revolution  
*Raymond Sullivan, MD, Page 11*  
**HS-540** European History for Travelers: The French Revolution and How We Can "See It" In Our Travels  
*Diane Stone, Page 10*

**HS-550** What's Made Us Laugh for A Hundred Years  
*Abraham Vorensky, Page 7*  
**\*NEW\*** **HS-557** Ellis Island and the Search for Living Relatives  
*Eric Lanzieri, Page 12*

## HEALTH & WELLNESS

**\*NEW\*** **HW-509** Healing the Mind Body Connection  
*Stacey Altomari, Page 7*  
**\*NEW\*** **HW-530** Issues in Food Safety: Should I Worry?  
*Kenneth Hinga, Page 9*  
**HW-481** Swing Into Health, Balance & Fitness with FFXP  
*Naida Rodriguez-Rosado, Page 8*

## LITERATURE & WRITING

**LW-402** A Touch of Shakespeare (Section 1)  
*Bill Blair, Page 11*  
**LW-402** A Touch of Shakespeare (Section 2)  
*Bill Blair, Page 12*  
**\*NEW\*** **LW-431** Where I'm From  
*Catherine Capuano, Page 13*  
**LW-504** Which is the Write Side of Your Brain? Let's Write and Find Out  
*Nancy Whitney, Page 8*  
**\*NEW\*** **LW-508** Family Portraits: A Course in Writing Personal Memoir  
*Gabriella Brand, Page 6*

## MATH AND SCIENCE

**MS-428** Cancer - The Inside Story  
*Douglas Welsh, Page 12*  
**MS-441** What Color Are Your Genes?  
*Douglas Welsh, Page 13*

## MUSIC

**\*NEW\*** **MU-415** FROM DIRTY HARRY TO DUNE - Film Music Composers from the 70s Until Today  
*Emanuel Abramovits, Page 6*  
**\*NEW\*** **MU-417** "L'Orfeo" and the Birth of Opera  
*Donna Obarowski, Page 14*  
**\*NEW\*** **MU-418** Classical Music in International Waters  
*Deirdre Wright, Page 8*

**\*NEW\*** **MU-419** Music for Radiant Health and Happiness  
*Julie Cook, Page 11*

## PERFORMING ARTS

**PA-437** Opera: A Passion for the Ages: Verismo  
*Nunzio DeFilippis, Page 11*

## PERSONAL DEVELOPMENT

**\*NEW\*** **PD-456** How to Declutter: Where To Start & What To Do First When  
*Jamie Novak, Page 6*

## PHILOSOPHY & RELIGION

**\*NEW\*** **PR-418** Interpreting the New Testament as an Esoteric Christian Allegory  
*William Courtland, Page 11*  
**\*NEW\*** **PR-420** Biblical Barfight  
*Rev. Michael Carroll, Page 7*

## SOCIAL SCIENCES

**\*NEW\*** **SS-006** Christopher Columbus and the Age of Exploration: His Defamation, the Facts and 'Cancel Culture'  
*Vincent Casanova, Page 10*  
**\*NEW\*** **SS-009** Contemporary Economic Policy Issues  
*Jon Haveman, Page 6*

## VISUAL ARTS

**VA-415** An Enriching Experience With Acrylic Painting  
*Judy Jaworski, Page 10*  
**VA-432** Mandalas As Art and Personal Relaxation  
*Rose-Ann Chrzanowski, Page 11*  
**VA-456** Fundamentals of Drawing  
*Thelma Appel, Page 12*  
**VA-461** The Art In Painting: Learning To See - A Workshop  
*Thelma Appel, Page 14*  
**\*NEW\*** **VA-483** Mothers and Daughters; Fathers and Sons  
*Joe Gambini, Page 14*

## MONDAY COURSES

**\*NEW\*** PD-456 | **How to Declutter: Where To Start & What To Do First When** with Jamie Novak

1 session | 9/12 | 11am - 12:30pm | \$5 | Online

If you can't open your drawers, clutter topples out of closets, and paperwork covers your tabletops, then log on for this course! Join Organizing humorist and bestselling author Jamie Novak as she shares her laugh-out-loud funny approach for what to do with all the stuff – without getting overwhelmed. Wondering what to keep, toss, share or sell, and how to let it all go? She'll share all her insider secrets and a complete list of helpful resources.

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**\*NEW\*** SS-009 | **Contemporary Economic Policy Issues** with Jon Haveman

4 sessions | 10/3 - 10/24 | 1:45pm - 3:15pm | \$23 | Online; Recorded

Economics plays a central role in the functioning of every aspect of society. This course will address a set of prominent policy issues where economics is at their core. We will explore their origins as policy matters, the underlying data and evidence, and what policy levers are available to deal with them. Each lecture will be taught by a different subject matter expert.

## TUESDAY COURSES

**\*NEW\*** MU-415 | **FROM DIRTY HARRY TO DUNE - Film Music Composers from the 70s Until Today**

with Emanuel Abramovits

8 sessions | 9/20 - 11/8 | 10am - 11:30am | \$45 | Online; Recorded

Join me for eight weekly classes on the why of film music and the philosophies that dictate its use today. With the support of superb audiovisuals, stories and anecdotes, we'll understand the process, the show-biz aspects and the significance of film composing. We'll explore the music of Jerry Goldsmith (Alien), Howard Shore (Lord of the Rings), James Horner (Titanic), Danny Elfman (Edward Scissorhands), Justin Hurwitz (La La Land), this year's Academy Awards winner, Hans Zimmer (Dune), and many more.

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**\*NEW\*** LW-508 | **Family Portraits: A Course in Writing Personal Memoir** with Gabriella Brand

10 sessions | 9/6 - 11/8 | 10:15am - 11:45am | \$56 | Online

Students will learn to write engaging essays and/or vignettes involving their parents, siblings, in-laws, foster family or extended family. Work can be submitted to the instructor for weekly critique and suggestions. Students may choose to read their work aloud during class discussions. Each week a different writing technique will be presented.



HS-525 | **Palace Theater - Behind the Scenes** with Bruce Hirsch

4 sessions | 10/18 - 11/8 | 11am - 12:30pm | \$23 | In-Person (Off-Site)

This course will provide you with details of the evolution of the Palace Theater. An architectural tour, technical tour, historical slide show, and discussion on the business of running a theater are among the topics that will be covered each week.

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HS-550 | **What's Made Us Laugh for A Hundred Years** with Abraham Vorensky

5 sessions | 9/6 - 10/4 | 1:45pm - 3:15pm | \$28 | Online

What makes us laugh? This course covers comedy within the last 100 years. Topics will include: vaudeville, film, radio and television, along with a class detailing comedians who learned craft entertaining in nightclubs and Catskill Mountain hotels. Classes will also include commentary on comedy's role in our political and social thought.

## WEDNESDAY COURSES

**\*NEW\*** PR-420 | **Biblical Barfight** with Rev. Michael Carroll

5 sessions | 9/7 - 10/12 (*No Class on 9/14*) | 10:15am - 11:45am | \$28 | Online

The rough consensus among archaeologists, historians and biblical textual scholars concerning the reliability and historical value of the biblical narrative was shattered in the late 20th century. This course will introduce some of the major disputants and narratives at issue. At stake in the controversies, which still rage today, are professional reputations, millions of dollars in support for archaeological digs, geopolitical claims, and long-standing interpretations of revered texts.

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**\*NEW\*** HW-509 | **Healing the Mind Body Connection** with Stacey Altomari

10 sessions | 9/7 - 11/9 | 10:15am - 11:45am | \$56 | Online

What is here for you to heal? How does your mind work to heal your body? What is the connection between the mind/body, and how do we start the healing?

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LW-504 | **Which Is the Write Side of Your Brain? Let's Write and Find Out** with Nancy Whitney

10 sessions | 9/7 - 11/9 | 12pm - 1:30pm | \$56 | Online

Let's get together and discover which side of your brain likes to write. We'll let words flow on the page. Your own words, ideas, thoughts, memories, stories, and poetry. Using your own words is important. Let yourself be on the page as you write. Enjoy the journey. No prior writing experience necessary, just a willingness to try. We'll have fun, too! Let the adventure begin!

**\*NEW\*** CE-001 | **Russian Invasion-Ukrainian Response-UN Engagement** with Joseph Baxer & Alex Kuzma

4 sessions | 9/7 - 9/28 | 1:45pm - 2:45pm | \$15 | Online; Recorded

The war in Ukraine has passed the 100 day mark. Images of devastation fill the media. Peace negotiations seem stalled. Millions of refugees have left Ukraine; three million Ukrainians live under Russian occupation. The United Nations coordinates some humanitarian efforts and struggles with a diplomatic solution. This course will offer an exploration of the present moment with background information.

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**\*NEW\*** MU-418 | **Classical Music in International Waters** with Deirdre Wright

10 sessions | 9/7 - 11/9 | 1:45pm - 3:45pm | \$75 | Online

Let's meet the classical music world that includes a little diversity. The true classical music world is a rather diverse place; Hispanic, African and African Americans have been participants in the classical music world since the beginning. Come meet the old and the new voices, musicians, composers, conductors and singers. Come have your spirits uplifted and learn something new. Classical music belongs to everyone. Class outline: 1. 10 presentations inclusive of old and contemporary classical music elements - opera, ballet, conductors, symphonies and historical documentaries; 2. class discussion; 3. email following class with additional articles and videos.

## THURSDAY COURSES

HW-481 | **\*Swing Into Health, Balance & Fitness with FFXP** with Naida Rodriguez-Rosado

10 sessions | 9/8 - 11/10 | 9am - 10am | \$38 | Online

This is a cardio, strength and balance course. The cardio portion will be directed by dance moves to 60s, 70s, & 80s music from a variety of genres for a healthy, safe and appropriate cardiovascular conditioning. The strength portion will utilize light-to-medium weights (if none are available, then we will get creative using filled water bottles, canned goods, etc.). The balance portion deals with engaging the core with abdominal exercises along with posture, breathing and specific footwork for balance and coordination. *\*Please Note: This course has required supplies.*

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**\*NEW\*** AS-005 | **Coyotes and Coexistence** with Dana Goin

1 session | 9/15 | 10:15am - 11:45am | \$5 | Abbreviated; Online

There are few species in North America as misunderstood and maligned as the coyote. Yet to many, they are a symbol of resilience and a subject of admiration, a North American mascot and vital member of our ecological team. In this program, the Wolf Conservation Center's Wildlife Outreach Specialist, Dana Goin, will discuss eastern coyotes, their history and ecology, and what we can do to best coexist with them. Attendees will leave with a better understanding of the behavior and benefits of the eastern coyote and how to empower our community with the tools, information, and resources we require to peacefully coexist with this misunderstood predator.



**\*NEW\*** HW-530 | **Issues in Food Safety: Should I Worry?** with Kenneth Hinga

6 sessions | 10/13 - 11/17 | 10:15am - 11:45am | \$34 | Online; Recorded

We will look at a variety of natural and human-induced hazards that may be carried in or on the foods we eat. We will examine the difference between "organic foods" and regular foods as well as look at the risks and benefits of crops produced through genetic engineering (GMOs). We'll examine how "safe" is determined in setting food safety standards.

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AH-456 | **Riverside Cemetery: Museum of Art, History and Nature** with Martin Begnal

5 sessions | 9/8 - 10/6 | 12pm - 1:30pm | \$28 | In-Person (Off-Site)

Riverside Cemetery was dedicated in 1853 in Waterbury as part of the rural cemetery design movement of the mid-19th century and is the resting place of industrialists and inventors, artists and architects, soldiers and suffragettes, abolitionists, politicians and the men and women who changed the region and the world. This course will expose students to the evolution of the American cemetery, Victorian cemetery art and architecture, the Industrial Revolution, Waterbury's contribution to the Civil War as well as the personal stories of many of the people resting at Riverside.

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**\*NEW\*** CE-030 | **"Future Perfect"** with Douglas Stowell

1 session | 10/27 | 12pm - 1:30pm | \$5 | Abbreviated; Online; Recorded

Remember the book 1984 and how THAT was the future?! How about 2000, the new millennium, and how THAT was the future?! We've lived through all of those, so, what's the next "future"? One thing we know is that the pace of technological change has accelerated. Let's look ahead, but not too far (maybe 10 years). We'll also take a quick look back just to set the "stage." Remember how you did "things" prior to the Smart Phone? Now, what's likely to happen by 2030 driven by technology? We'll look ahead at autos, airplanes, railroads, space travel, highways, healthcare, education, climate and environment, energy generation, etc. (Are you ready for pilot-less airliners?) Will this be "Future Perfect"?

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**\*NEW\*** AH-420 | **Let's Talk Art! Season 2** with Deirdre Wright

10 sessions | 9/8 - 11/10 | 1:45pm - 3:45pm | \$75 | Online

Season 2 has arrived! There will be a new focus with new artists - contemporary art and artists, some elders and definitely the new young artist. This course will begin with Georgia O'Keeffe and culminate with what is new in the contemporary art world. Let's see what happens in this new world of art. Outline of material to be covered in class: 1. Eight artist and two historical documentaries; 2. Eight artist interviews; 3. Email materials that include articles and videos; 4. Facilitated conversation as class summary.

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6 sessions | 10/13 - 11/17 | 1:45pm - 3:45pm | \$45 | Online; Recorded

The French Revolution is described by historians, those who study societies and cultures and students of history, as the following: the most significant historical event since medieval times; a mess; the harbinger of what was to come with progress towards the modern age; and the logical cataclysm to follow The American Revolution. Whichever label you attach to this most significant event, delving into it, understanding it, and exploring how, when traveling in France, you can actually "see" the stage on which it played out, will be action-packed. Join us for an interesting voyage filled with excitement, tragedy, blood, sweat and tears. It wasn't all about liberty, equality and fraternity by any means.

## FRIDAY COURSES (EARLY MORNING)

VA-415 | **\*An Enriching Experience with Acrylic Painting** with Judy Jaworski

10 sessions | 9/9 - 11/18 | 9:30am - 11:30am | \$75 | In-Person

Students will be guided to develop composition, learn technique, style and expertise working with acrylic medium to create individual paintings meaningful to each. *\*Please Note: This course has required supplies.*

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**\*NEW\*** SS-006 | **Christopher Columbus and the Age of Exploration: His Defamation, the Facts and 'Cancel Culture'** with Vincent Casanova

10 sessions | 9/9 - 11/18 | 10am - 11:30 | \$56 | In-Person

This course serves as a refutation of current "Revisionist History" and will be a critical examination of revisionist political propaganda vs. mainline scholarly research.

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CL-401 | **\*Italian I Vita e Lingua** with Nunzio DeFilippis

10 sessions | 9/9 - 11/18 | 10am - 11:30am | \$56 | In-Person

This course serves as Italian for beginners. Elementary Italian, grammar, vocabulary and conversation will be covered. Italian culture is a very important aspect of the course, including history, movies, operas, etc. *\*Please Note: This course has required supplies.*

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HS-531 | **Forgotten Women of the American Revolution** with Raymond Sullivan, MD

5 sessions | 10/21 - 11/18 | 8:30am - 10am | \$28 | In-Person

History has forgotten most of the women who, each in their own way, bravely served the cause of liberty during the American Revolution. This course will explore the little known lives of those who aided the cause of Independence and a few who resisted it.



**\*NEW\*** MU-419 | **Music for Radiant Health and Happiness** with Julie Cook

5 sessions | 10/21 - 11/18 | 9am - 10am | \$23 | In-Person

Music has the power to bring us joy, soothe everyday stress, and connect us to one another. Join me as we learn about specific elements of music while we engage in simple, playful practices such as: drumming and small percussion, humming and chanting, deep listening, creative play with music, poetry and music, and much more. Studies have shown that group music making is good for our bodies and brains— and feels good too! No previous music experience is necessary.

## FRIDAY COURSES (LATE MORNING)

LW-402 | **\*A Touch of Shakespeare (Section 1)** with Bill Blair

8 sessions | 9/9 - 11/18 | 10:15am - 11:45am | \$45 | In-Person

In this course we examine both the genius of Shakespeare as it is manifested in "Macbeth" and "Hamlet." We will also view how various film directors portray crucial scenes from these plays in order to advance their interpretations - interpretations that will not always please the student. *\*Please Note: This course has required supplies. Also, there may not be any class on 11/11.*

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VA-432 | **Mandalas as Art and Personal Relaxation** with Rose-Ann Chrzanowski

10 sessions | 9/9 - 11/18 | 10:15am - 11:45am | \$56 | In-Person

This course is an invitation to connect with your creativity to create mandalas in various media and styles. It's art that comes from your heart, no artistic ability needed. There are no rules, just freedom to create!

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**\*NEW\*** PR-418 | **Interpreting the New Testament as an Esoteric Christian Allegory** with William Courtland

10 sessions | 9/9 - 11/18 | 10:15am - 11:45am | \$56 | Online

This course will examine the inner meaning of what is written in the New Testament, which was not meant to be read literally, but instead as a book of instruction for those who wish to engage in the work required for their spiritual evolution.

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PA-437 | **Opera: A Passion for the Ages: Verismo** with Nunzio DeFilippis

10 sessions | 9/9 - 11/18 | 11:45am - 1:45pm | \$75 | In-Person

This course will take a voyage into verismo, from "Carmen" to "Porgy and Bess."

MS-428 | **Cancer - The Inside Story** with Douglas Welsh

5 sessions | 10/21 - 11/18 | 10:15am - 11:45am | \$28 | In-Person

This course will present an in-depth look at cancer; how does it start and who is at risk? The new and exciting field of individualized treatment for cancer will also be discussed. Douglas Welsh, the instructor for this course, has an undergraduate degree in Biology from Boston College and a doctorate in Molecular Biology from Rutgers University. He was a Damon Runyon Foundation fellow at SUNY Stony Brook and taught Molecular Biology for 26 years at Princeton University.

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**\*NEW\*** CE-012 | **Global Conflicts – A Geopolitical Approach** with Roger Levy

4 sessions | 10/28 - 11/18 | 10:15am - 11:45am | \$23 | In-Person

The Council on Foreign Relations' Global Conflict Tracker identifies 26 conflicts around the world of concern to the United States. The Russian invasion of Ukraine, which is one of them, currently eclipses most, if not all, of the other ones. In this course, we will examine major recent, on-going, and potential trouble areas in Africa, the Americas and Eurasia, emphasizing geographic factors that caused or contributed to hostilities.

## FRIDAY COURSES (MIDDAY)

**\*NEW\*** HS-557 | **Ellis Island and the Search for Living Relatives** with Eric Lanzieri

4 sessions | 9/9 - 10/7 | 12pm - 1:30pm | \$23 | In-Person

This course will cover the interpretation of Ellis Island arrival records and show how those records can be the first step in gathering information about our ancestors. This course will also suggest methods for using those records as part of the process of discovering living relatives in the ancestors' country of origin.

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**\*NEW\*** CE-006 | **Russia: Now What?** with Sergei Kambalov

10 sessions | 9/9 - 11/18 | 12pm - 1:30pm | \$56 | In-Person

This course will outline the history of Russia and of its present-day political, social and economic mechanisms and trends - all in an attempt to understand the roots, causes and actors of the current tragedy.

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VA-456 | **\*Fundamentals of Drawing** with Thelma Appel

10 sessions | 9/9 - 11/18 | 12pm - 1:30pm | \$56 | In-Person

In this course you will learn about basic perspective, the relationships of objects to each other, how to energize a drawing by use of light and dark dynamics, how to explore different drawing instruments to achieve various effects, how to best express volume, and how to work with outlines alone. *\*Please Note: This course has required supplies.*

LW-402 | **\*A Touch of Shakespeare (Section 2)** with Bill Blair

8 sessions | 9/9 - 11/18 | 12pm - 1:30pm | \$45 | In-Person

In this course we examine both the genius of Shakespeare as it is manifested in "Macbeth" and "Hamlet." We will also view how various film directors portray crucial scenes from these plays in order to advance their interpretations - interpretations that will not always please the student. *\*Please Note: This course has required supplies. Also, there may not be any class on 11/11.*

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**\*NEW\*** LW-431 | **Where I'm From** with Catherine Capuano

2 sessions | 10/7 - 10/14 | 12pm - 1:30pm | \$11 | In-Person

In this class, we will explore the connection between where we're from and who we are. We will use the poem "Where I'm From," by George Ella Lyon, as our anchor text. The class will include discussion, brainstorming, writing, and reading. Come join us as we each remember, reflect upon, and share where we're from.

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CE-022 | **Social and Political Trends in America** with Larry Rifkin

5 sessions | 10/21 - 11/18 | 12pm - 1:30pm | \$28 | In-Person

Using his podcast, [americatrendspodcast.com](http://americatrendspodcast.com), as the basis, Larry Rifkin will lead a discussion-based five-week course exploring issues emerging in our society. While the political and social landscape will serve as a backdrop, the issues addressed will deal with our health, environment and the economy, too. He will play segments of podcasts with leading authorities and open up the class to a discussion of those topics.

## FRIDAY COURSES (LATE AFTERNOON)

**\*NEW\*** HS-514 | **Foundations of Modern Europe-The Middle Ages** with Gerald O'Connell

5 sessions | 9/9 - 10/14 | 1:45pm - 2:45pm | \$19 | In-Person

The origins of Europe today stretch back to the twilight of the Roman Empire and the advent of what historians call the "Middles Age." Language, lore, government and legal institutions that we see today all stem from medieval Europe. These European characteristics resonate in contemporary America today. There will be a special focus on Britain, France, Spain, Germany, Italy and Russia. As a special feature, the instructor will point out a few famous Waterbury buildings that are directly influenced by medieval European architectural styles.

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MS-441 | **What Color Are Your Genes?** with Douglas Welsh

5 sessions | 9/9 - 10/14 | 1:45pm - 3:15pm | \$28 | In-Person

This course will give an introduction to the science of Genetics. We will present the current state of human genetics and the exciting new research in the field. Douglas Welsh, the instructor for this course, has an undergraduate degree in Biology from Boston College and a doctorate in Molecular Biology from Rutgers University. He was a Damon Runyon Foundation fellow at SUNY Stony Brook and taught Molecular Biology for 26 years at Princeton University.

VA-461 | **\*The Art In Painting: Learning To See - A Workshop** with Thelma Appel

10 sessions | 9/9 - 11/18 | 1:45pm - 3:15pm | \$56 | In-Person

In this workshop we will analyze the basics of organizing pictorial space to create a coherent painting. We will master painting in acrylics or oils by learning how to mix primary colors and dilute with white to show contrast between loud and muted values. We will use still life models, photographs, and study Old Master paintings for reference, and ultimately create a unique and dynamic work of art. *\*Please Note: This course has required supplies.*

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HS-459 | **World History for Travelers: The History of Antisemitism and How the World Bears Witness** with Diane Stone

6 sessions | 9/9- 10/21 | 1:45pm - 3:45pm | \$45 | In-Person

Because the time frame during which the systematic genocide of the Jews of Europe was carried out is close enough to our own lifetimes that it is present in modern consciousness, it is easy to think that antisemitism is something that hasn't always been around. Is it something that reared its ugly head in the mind of a madman during the 20th century, or can it be traced back much earlier in human history? During this course, we will take a look at antisemitism through the ages and across the world to explore how and where it has been expressed and what the arguments put forward to justify it have been. (If possible, this course will feature a trip to either The Holocaust Museum in Washington, DC or The Museum of Jewish Heritage in New York).

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**\*NEW\*** CL-403 | **Italiano Per Tutti** with Nunzio DeFilippis

10 sessions | 9/9 - 11/18 | 2pm - 4pm | \$75 | In-Person

If you have a knowledge of the Italian language, then we will welcome you to join us! There is only one requirement: we speak only Italian in class.

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**\*NEW\*** MU-417 | **"L'Orfeo" and the Birth of Opera** with Donna Obarowski

5 sessions | 10/21 - 11/18 | 1:45pm - 3:15pm | \$28 | In-Person

Claudio Monteverdi's 1607 masterpiece, "L'Orfeo," is generally considered the first true opera and the work that gave birth to the entire operatic genre. Based on the timeless myth of Orpheus, who tries to bring his beloved Euridice back from the dead, Monteverdi merged existing musical practices with his own innovations to create a work that is still frequently performed 400 years later. Through careful listening, we'll discover the remarkable inner workings of this landmark composition.

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**\*NEW\*** VA-483 | **Mothers and Daughters; Fathers and Sons** with Joe Gambini

4 sessions | 10/21 - 11/11 | 1:45pm - 4:15pm | \$38 | In-Person

This course will explore the unique relationships between mothers and daughters and fathers and sons in film. The films focus on these relationships and explore inter-generational struggles to discover identity.



# FALL 2022 OLLI CAFE LECTURES

- Lectures are held on Fridays in the Multi-Purpose Room (MPR) on the Waterbury UConn Campus. Doors to the MPR (Rooms 113 - 119) will open at 11:45am.
- To learn more about these OLLI Cafe sessions, visit: <https://olli.uconn.edu/olli-cafe-lecture-descriptions/>

September 9	<p><b>John Westcott presents <i>An Overview of Brazil</i></b></p> <p>This presentation will focus on various aspects of the history of Brazil which led to the development of Brazilian culture. There will be a discussion on the geography, the demographics, the climate, the geophysical aspects, and the economic features of the country.</p>
September 16	<p><b>Marci Montrose presents <i>USACE and the Flood of '55</i></b></p> <p>During this presentation you will be provided with historical information and photos of the flood of 1955 in the Naugatuck Valley Area as well as discuss the building of US Army Corps of Engineers (USACE) dams in the Naugatuck Valley.</p>
September 30	<p><b>Bill Cloutier presents <i>Apollo 17: Last Footsteps on the Moon</i></b></p> <p>The talk will review the United States' decade-long effort to put a man on the moon, the advances in lunar science as a result of the program, and subsequent robotic exploration. We will also discuss the current plans to return to the moon.</p>
October 7	<p><b>Janet Barrett presents <i>Comanche and His Captain - The Warhorse and The Soldier of Fortune</i></b></p> <p>Come learn about the tough Mustang, Comanche, and the courageous soldier of fortune, Captain Myles Keogh, both of whom survived against the fury of the Civil War and the challenges of securing the frontier.</p>
October 14	<p><b>Tom Forst presents <i>Second Act, From Corporate to Blues</i></b></p> <p>Tom Forst will discuss his long-range plan to quit his corporate job at Cox Communications to return to his passion, music. He is currently a full-time musician and has toured internationally and is a recent inductee into the Blues Hall of Fame. Tom's plan, issues and fears leading up to this major change will be discussed.</p>
October 21	<p><b>Officer Tiffany Healey presents <i>Waterbury Police Department on Personal Safety</i></b></p> <p>Officer Tiffany Healey is a Community Service Officer with the Waterbury Police Department who will lecture on maintaining personal safety in today's society.</p>
October 28	<p><b>Marty Podskoch presents <i>The Conn. Civilian Conservation Corps Camps: Their History &amp; Legacy</i></b></p> <p>Marty Podskoch will describe the history and projects of the 21 camps located throughout the State of Connecticut. The young men enrolled received good food, uniforms, and medical care and were able to both help their families and gain a sense of worth.</p>
November 4	<p><b>Bill Blair presents <i>North Korea: The Impossible State</i></b></p> <p>Victor Cha, former Director for Asian Affairs of the National Security Administration, has labeled North Korea with this tag in his book by the same name. This slide presentation examines on-the-ground evidence that the Kim dynasty has wrought on its people.</p>
November 11	<p><b>Martin Begnal presents <i>Riverside Cemetery: A Museum of Art, History &amp; Nature</i></b></p> <p>This presentation will examine the development of Riverside Cemetery and the rural cemetery movement, including Victorian cemetery art and symbolism, the 18th century context in which they were developed, and recent efforts at historic preservation at Riverside.</p>
November 18	<p><b>Mathew Duman presents <i>The Grotesque 10: Amazing Architectural Sculptures from Ten American Colleges &amp; Universities</i></b></p> <p>Mathew Duman presents a lecture about his book, "<i>The Grotesque 10</i>," and explains the use of gargoyles on a select group of American academic institutions and other interesting features of the Collegiate Gothic architectural style.</p>

# PARKING INFORMATION:

## FREE PARKING FRIDAYS!

In the fall 2022 semester, OLLI at UConn is offering "Free Parking Fridays" for any OLLI member taking a course and / or attending OLLI Café. This pilot program was made possible by your donations to OLLI over the past two years.

### **How do I get free parking on Fridays?**

When you register for courses and / or OLLI Café lectures, you will be prompted to give information about the make, model, and license plate of your car. That's it! We will give your information to UConn Parking Services, and you'll be all set for the entire semester.

### **Where am I entitled to park?**

"Free Parking Fridays" applies to the UConn Waterbury attached garage located at 49 North Elm Street. It does not apply to any other parking lot or garage in the vicinity.

### **What if I don't want free parking on Fridays?**

If, for any reason, you do not want to utilize the free parking option, there are two payment options available:

- Purchase a parking permit online for the term through UConn's Parking Services department (<https://park.uconn.edu>)
- Use the new PayByPhone: Mobile Parking service

### **What if I come to campus any other day of the week?**

Parking is only free on Fridays.

**IMPORTANT! You will only be eligible for free parking if you register for a course and / or OLLI Café.**

Questions? Please contact the OLLI office at [osher@uconn.edu](mailto:osher@uconn.edu).

# Required/Recommended Books & Supplies

\*Please check your course descriptions for a note indicating any required/recommended supplies or readings.

## Art & Art History

### VA-456 Fundamentals of Drawing | Thelma Appel

*The following supplies are required:*

- 4b and 6b pencils, single blade pencil sharpener, soft dark charcoal and vine charcoal, several soft erasers, charcoal blenders or Q tips, and a fine tip sharpie pen.
- Sand paper for cleaning erasers, soft rag, medium filbert brush, and cheap watercolors for lightly painting basic shapes before drawing over them in detail with pencil or pen.

### VA-461 The Art In Painting: Learning To See - A Workshop | Thelma Appel

*The following supplies are required:*

- Acrylic paints: large tube of titanium white, burnt umber, lamp black, yellow ochre, burnt sienna, cadmium yellow, cadmium red light, alizarin crimson, thalo green, sap green, cobalt blue, cerulean blue, ultramarine blue, and acrylic matt or gloss medium.
- Brushes: Narrow and wide chisel shaped brushes, medium round filbert brush, pointed edge filbert, medium fan shaped brush, and large soft brush for washes (such as laying out large basic shapes or a whole area).
- Canvases: 10"X16" or preferably larger; tabletop or floor easel and mixing pallets such as: plastic egg cartons, trays, etc. Also, a soft rag and plastic cup for water.
- Retailers: Michaels Arts & Crafts, Hulls New Haven, Ocean State Job Lot, Amazon ([www.amazon.com/artsupplies](http://www.amazon.com/artsupplies)).

## Culture and Language

### CL-401 Italian I Vita e Lingua | Nunzio DeFilippis

*The following supplies are required:*

- *LEARN Italian The Fast and Fun Way* (FOURTH EDITION)
- ISBN: 978-1-4380-7496-2

## Health & Wellness

### HW-481 Swing Into Health, Balance & Strength with FFXP | Naida Rodriguez-Rosado

*The following supplies are required:*

- ~ Light hand weights (if you don't have any, we recommend using 2 filled water bottles, or 2 canned good items (veggies, beans, etc)).
- ~ A non-rolling chair (no arms preferable)
- ~ A hand towel
- ~ Water to drink
- ~ A ball (if you have one; otherwise we pretend to have one)

## Literature & Writing

### LW-402 A Touch of Shakespeare (Sections 1 & 2) | Bill Blair

*The following supplies are required:*

- Macbeth (Student's choice of edition)
- Hamlet (Student's choice of edition)

## Visual Arts

### VA-415 An Enriching Experience with Acrylic Painting | Judy Jaworski

*The following supplies are required:*

- Large tube: Titanium White 2.5 oz
- Tubes of Cadmium Yellow, Yellow Ochre or Oxide, Naples Yellow, Cadmium Red, Light Alizarian Crimson, Cerulean Blue, Ultra Marine Blue, Chromoxide Green, Hookers Green, Burnt Sienna, Burnt Umber, and Paynes Gray
- Brushes - synthethic Taklon: 1" bright, 1/2" bright, #4 round sable for details
- Palette knife with bent blade for mixing, 9"x 12 (Masterson's) palette with cover
- Palette sheets and sponge
- Acrylic matte medium and gloss medium to mix in covered container and water container
- Wiping cloth or paper towel, wooden or metal table easel, stretched canvas or canvas board, photographs as reference to paint

## Where can I purchase my books and/or supplies?

**For Art Supplies:** Examples of retailers are included in the descriptions on this page.

**For Books:** Bookstores or online retailers.

**Still have questions?** Contact the OLLI Office (osher@uconn.edu) and our staff will put you in touch with your instructor.

***\*Please Note: Classes that require/recommend course materials may end up getting cancelled. It is up to you if you are going to buy the course materials before the class is confirmed to run.***

# GENERAL INFORMATION

## Online Registration Instructions

**New Members:** <https://olli.uconn.edu/new-members/>

**Returning Members:** <https://olli.uconn.edu/returning-members/>

**Instructors:** <https://olli.uconn.edu/presenters/>

## Vaccination Rules

*As we get closer to the start of the fall term, OLLI will continue to update our policies based on requirements from the State of CT and the University of Connecticut via e-blasts from our Constant Contact system. Thank you for your cooperation and continued support.*

## Frequently Asked Questions

Do you have questions that you'd like to ask us? Well, there's a good chance that someone has had that same question, too! To review some of our most frequently asked questions, please visit: <https://olli.uconn.edu/frequently-asked-questions/>.

## Zoom Use and Reminders

Are you interested in taking Zoom classes with us, but not sure where to start? We've got you covered! To learn more about Zoom and how to use it, visit: <https://olli.uconn.edu/zoom-use-and-reminders/>

**Questions? Please contact the OLLI office at [osher@uconn.edu](mailto:osher@uconn.edu).**



## Your donations and support keep us flourishing!

What a year 2022 has been! We've faced down a terrifying pandemic, returned to in-person classes and launched a new fundraising campaign, with a \$15,000 goal ("15 for 15!") to help commemorate OLLI at UConn Waterbury's 15th anniversary!

Last year we raised \$12,500 from our generous donors, and we're putting your money to work funding initiatives members have said are important to them, including free parking in the UConn Waterbury garage on Fridays during the fall semester; a new financial assistance pilot program being launched in August; and free coffee and refreshments at every OLLI Café this fall!

The financial assistance pilot is aimed at ensuring that the cost of joining OLLI isn't a deterrent for those in need. It's also aimed at helping us boost membership. Like most OLLIs across the country, our numbers dropped significantly during the pandemic, primarily due to fear of getting sick, member technology challenges, because Zoom classes weren't as popular as in-person classes, and, honestly, because people enjoy coming to campus, attending special events like the OLLI Café, musical programs, club activities and socializing with their fellow students and friends. If the pilot is successful, it will be offered again and possibly expanded in 2023. For further information, please go to <https://olli.uconn.edu> and click the "Financial Assistance" button.

Our fundraising efforts are an important requirement for sustaining our endowment from The Osher Foundation. If you've taken lifelong learning courses online or at a local school or college, you know that OLLI membership, at \$65 per year, is a bargain, as are the costs of attending the diverse variety of classes offered virtually and in-person, and the wide range of activities available to members.

Your donations, as well as our endowment and your membership dollars, are what runs OLLI, from offering events and publications, giving instructors honoraria, staff salaries, to paying for printing and mailing the fall course catalog so many members said they missed.

Mark your calendars, because OLLI's Fall Open House on August 5 and our 15th Anniversary Celebration on September 23 will be dynamic, fun, in-person, and not to be missed!

We are extremely fortunate to have so many dedicated members and supporters. We're hoping this year will prove again that, no matter the challenges, we are a community dedicated to lifelong learning, to remaining active and involved, and to pursuing new friendships and opportunities for personal growth, creativity and sustainability.

With gratitude, The OLLI Fundraising Innovation Team (F.I.T.)

# THANK YOU TO OUR 2022 DONORS (SO FAR!)

Sheila Acey  
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LECTURES



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For more information  
please visit  
**[olli.uconn.edu](http://olli.uconn.edu)**

UConn Waterbury  
Main Building



The University of Connecticut's Waterbury Campus serves more than 1,100 students annually. In more than 60 years of operation, UConn Waterbury has opened the doors to educational access and excellence to thousands of Connecticut residents, many of whom have distinguished themselves in the fields of community service, business, education, law, and politics.