

OLLI.UCONN.EDU
(475) 222-6261
OSHER@UCONN.EDU

OSHER
LIFELONG
LEARNING
INSTITUTE

UCONN
WATERBURY

**FEATURING
26 NEW
COURSES!**

ONLINE SESSION

REGISTRATION OPENS

Monday, February 1
@ 9:00 AM

LEARNING FOR ADULTS AGE 50+

SPRING 2021

COURSE CATALOG

**SESSION DATES:
FEBRUARY 15 -
APRIL 30**



HOW TO REGISTER

VISIT OLLI.UCONN.EDU

Convenient self-registration at your fingertips, immediate confirmation, easy to pay by credit card. Step-by-step directions are located on page 21.

STAY CONNECTED!



www.facebook.com/olliatuconnwaterbury



Head to olli.uconn.edu to subscribe to our "Weekly What's Happening" e-newsletter to stay in the know about course updates, upcoming events, and more!

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COURSE COLOR KEY

To help you organize your course schedule, we've color-coded each class to indicate its date sequence and the number of weeks it meets. If a course has no colored box, it is a standard 10-week class.

"First 5 Weeks"

"Second 5 Weeks"

Unique Schedule



IMPORTANT DATES

February 1: Spring registration opens

April 2: Good Friday - No classes

April 30: Spring semester ends



WELCOME, LIFELONG LEARNERS!

FROM THE PRESIDENT MILA LIMSON

I am thrilled to welcome you to our Spring 2021 online semester. For 13 years, our mission at OLLI has been to provide quality lifelong learning experiences to all older adults who want to engage intellectually and socially with their peers. Despite the challenges and uncertainty of the pandemic, we remain committed to that mission. Thanks to all of you and our invaluable volunteers the Fall semester was very successful! I am grateful for all returning and new members who adjusted to a new way of learning and have joined us on our online learning journey.

As you browse the Spring catalog, I think you will agree – this semester is even better and bigger than the Fall semester.

Not only is the class selection outstanding, we also have a schedule of fantastic special events which are included with your membership. One very special event is a talk by Martha Hall Kelly, author of the *New York Times* best seller, *Lilac Girls*! So, as we all continue to shelter safely in place, let the joy of learning bring you hope. As Desmond Tutu said, “Hope is being able to see that there is light despite all of the darkness.” Thank you for your support, and I look forward to seeing you in the coming months.



OLLI STAFF CONTACTS

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GIVING BACK

Spring 2021: Hope. Challenges. Opportunities.

DEAR FRIENDS,

Throughout these turbulent times, OLLI has remained steadfast, offering outstanding learning and social experiences, and many opportunities to share interests in a diverse community united by the desire to keep learning and growing. Many of our members have shared their joy and gratitude for these efforts, and described them as “creative and social lifelines” during these long months sequestered at home.

To make sure we stay strong, we are undertaking a fundraising effort to ensure that OLLI will always be there for you. When it is safe again, we will gather in person – but until then, we will find creative, collaborative ways to help keep everyone involved, mentally invigorated and socially active.

In 2020, OLLI members helped us reach our \$10,000 Vision for the Future fundraising goal. **In 2021, we're raising the bar to \$12,500.** Your financial contributions will help us meet programming costs, strengthen membership, explore new courses and special events, expand virtual programs to provide lifelong learning across Connecticut and beyond, and better prepare for our eventual return to in-person classes.

We know that with your financial support, regardless of size, we can meet this goal and meet members' needs, today and tomorrow. Please show your support by visiting olli.uconn.edu and clicking "**DONATE TO OLLI**" in red on the right of the screen. Your donations go directly to OLLI!

BENEFITS OF GIVING TO OLLI AT UCONN

- Ensuring OLLI remains properly funded during periods of economic stress
- Recognition in our Annual Report.
- The opportunity to underwrite a special event (with donations of \$500 or more during an academic year).
- The opportunity to underwrite a course (with donations of \$250 or more during each academic year).
- Participation in a dedicated donor-recognition event.
- The knowledge that you've made a meaningful contribution to positive aging and learning!

**With gratitude, The OLLI Fundraising
Innovation Team (F.I.T.)**

FEBRUARY EVENTS

Story Power

*Performance and
Presentation*

WITH
NINA LESIGA

TUESDAY, FEBRUARY 23
10:30 AM – 11:45 AM
ONLINE, FREE FOR MEMBERS,
\$10 FOR NON-MEMBERS
REGISTRATION: [OLLI.UCONN.EDU](https://olli.uconn.edu)

CONNECTICUT'S AFRICAN AMERICAN *Heroines*

W

CONNECTICUT
WOMEN'S
HALL OF FAME

EDUCATE • INSPIRE

WEDNESDAY, FEBRUARY 24
ONLINE, 7:00 PM
FREE FOR MEMBERS, \$10 FOR
NON-MEMBERS
REGISTER: [OLLI.UCONN.EDU](https://olli.uconn.edu)

MARCH EVENTS

an exclusive
talk with

MARTHA HALL KELLY

author of
Lilac Girls,
Lost Roses, and the
forthcoming
Sunflower Sisters



Friday, March 12, 2021
@ 7:00 pm

FREE FOR MEMBERS,
\$10 FOR NON-MEMBERS

REGISTER @ [OLLI.UCONN.EDU](https://olli.uconn.edu)

MARCH EVENTS

Powerful

Voices

Connecticut Women Changing Democracy

Online, 12:00 pm
Wednesday, **March 24th**
Free for members,
\$10 for non-members
Register: olli.uconn.edu



Celebrating Women Artists and Composers Across the Centuries

Online, 7:00 pm
Monday, March 29th
Free and open to the public.
Register: olli.uconn.edu

**WATERBURY
SYMPHONY ORCHESTRA**
LEIF BJALAND, MUSIC DIRECTOR & CONDUCTOR
THE JANE HARKNESS SENDZIMIR MUSIC DIRECTOR'S CHAIR

APRIL EVENTS

WITH PROFESSOR TAYLOR HAGOOD OF
FLORIDA STATE UNIVERSITY

THE ROMANCE, WRITING, AND ART OF F. SCOTT & ZELDA FITZGERALD

REGISTER: [OLLI.UCONN.EDU](https://olli.uconn.edu)
THURSDAY, APRIL 8 @ 1:00 PM ONLINE
FREE FOR MEMBERS, \$10 FOR NON-MEMBERS

AN EXCLUSIVE
OLLI ONLINE EVENT

VIRTUAL CONCERT WITH HEATHER PIERSON

FRIDAY, APRIL 30, 7:00 PM
FREE FOR MEMBERS,
\$10 FOR NON-MEMBERS
REGISTRATION: [OLLI.UCONN.EDU](https://olli.uconn.edu)

MAY EVENTS

OLLI AT UCONN &
THE WATERBURY SYMPHONY ORCHESTRA
PRESENT:

CHAMBER MUSIC IN THE COURTYARD

Saturday, May 22nd, 2021 1:00 PM

**FREE EVENT - MEMBERS AND
INVITED GUESTS ONLY**

**UConn Waterbury Courtyard
99 East Main Street
(In-person & socially distanced)**

REGISTER: olli.uconn.edu



UCONN
WATERBURY

EVENT INFORMATION

FEBRUARY EVENTS

STORY POWER: PERFORMANCE AND PRESENTATION

with Nina Lesiga

The power of stories to connect, to learn, to entertain and to heal is more relevant today than ever before. Nina Lesiga will share a performance of true personal stories, explain how storytelling for adults is trending, and how to join in on the fun! Many personal storytelling events have gone virtual, sparking new opportunities to enjoy the art of stories shared through the oral tradition.

Tues, Feb 23, 10:30 am - 11:45 am; online

Free for members; \$10 for non-members

CONNECTICUT'S AFRICAN AMERICAN HEROINES

with Connecticut Women's Hall of Fame

African Americans have played a major role in the development of our state, our nation and our world. African American women from Connecticut are no exception! Join us for an interactive multi-media program by the Connecticut Women's Hall of Fame and learn about some of Connecticut's most remarkable African American heroines. From women's rights advocate Maria Miller Stewart and legendary contralto and Civil Rights catalyst Marian Anderson to pioneering journalist Adrienne Baughns-Wallace and former State Treasurer Denise L. Nappier, you'll be inspired as we explore the important contributions of African American women in Connecticut.

Wednesday, Feb 24, 7:00pm; online

Free for members; \$10 for non-members

MARCH EVENTS

AN EXCLUSIVE TALK WITH MARTHA HALL KELLY

Author of *Lilac Girls*, *Lost Roses*, and *Sunflower Sisters*

Join us for a special event with the acclaimed author of *Lilac Girls*, the NY Times bestselling novel that revealed the incredible story of World War II heroine, Caroline Ferriday who lived in Bethlehem, Connecticut. Its prequel, *Lost Roses* is inspired by Ferriday's mother, and celebrates the unbreakable bonds of female friendship. In her new book, *Sunflower Sisters*, which comes out on March 30th, Kelly tells the story of Ferriday's ancestor Georgeanna Woolsey, a Union nurse during the Civil War. In her OLLI talk celebrating Women's History month, Martha Hall Kelly will address the breadth of all three novels, and the remarkable women who inspired them. Martha Hall Kelly is a native New Englander and lives in Litchfield County.

Friday, Mar 12, 7:00 pm; online

Free for members; \$10 for non-members

POWERFUL VOICES: CONNECTICUT WOMEN CHANGING DEMOCRACY

with Connecticut Women's Hall of Fame

Connecticut's history is filled with remarkable women who achieved extraordinary things! Join us for an interactive multi-media program by the Connecticut Women's Hall of Fame and learn about some of the state's powerful female voices for change in our democracy. Discover the power your own voice can have by exploring the inspirational stories of suffrage advocates like Alice Paul and Isabella Beecher Hooker, prominent female firsts like Ella Grasso and Denise Nappier, and social activists like Helen Keller, Anne Stanback and Estelle Griswold.

Wednesday, Mar 24, 12:00 pm; online

Free for members; \$10 for non-members

CELEBRATING WOMEN ARTISTS AND COMPOSERS ACROSS THE CENTURIES

with Maestro Leif Bjaland, Robert Cinnante, Vincent de Luise, M.D.

To celebrate Women's History Month, Leif, Robert and Vincent will highlight the extraordinary life and works of several of the greatest women artists and composers in the Western Canon, among them: Artemisia Gentileschi, Plautilla Nelli, Fede Galizia, Elizabeth Vigee-Lebrun, Frida Kahlo and Georgia O'Keeffe (pictorial art); and Hildegard von Bingen, Barbara Strozzi, Francesca Caccini, Fanny Mendelssohn, Clara Schumann, Nadia Boulanger and Amy Beach (music). The talk will include examples of their art and excerpts of their music, and will highlight the many obstacles these women surmounted to actualize their genius and their craft.

Monday, Mar 29, 7:00 - 8:15 pm; online

Free for members & non-members

EVENT INFORMATION

APRIL EVENTS

**THE ROMANCE, WRITING, AND ART OF
F. SCOTT & ZELDA FITZGERALD**
with Taylor Hagood

Friday, April 8, 1:00 pm; online
Free for members; \$10 for non-members

F. Scott Fitzgerald is well known as the voice of the jazz age, and his wife Zelda was the quintessential flapper. While Scott's writing has long been lauded, Zelda's writing and art are only now beginning to be appreciated fully. Research has shown that Zelda's own writing informed Scott's from the beginning of his career, even as his own writing offered him the path to claim her hand. The Fitzgeralds' adult lives eerily reflected two drastically different decades—where their star had beamed with the Roaring '20s, they both descended into poor physical and mental health during the Great Depression of the 1930s. This lecture will trace the lives and love of these two larger-than-life figures, focusing especially on the way their relationship drove and furnished material for their writing and art.

VIRTUAL CONCERT - BACK BY POPULAR DEMAND!
with Heather Pierson

Friday, April 30, 7:00 pm; online
Free for members; \$10 for non-members

This virtual concert presents Heather Pierson, a pianist, multi-instrumentalist, singer/songwriter, and performer, whose inspiring live performances and growing catalog of releases delve into Americana, Blues, New Orleans Jazz, vocal chants, instrumental piano, and poignant folk. Best known for her virtuosity at the piano and her bell-tone vocals, Heather's songs and musicianship embody joy, honesty, and a desire to share from the heart. In 20 years on her own record label, Vessel Recordings, she has released 12 CDs of original music.

MAY EVENTS

CHAMBER MUSIC IN THE COURTYARD
with The Waterbury Symphony Orchestra

Saturday, May 22, 1:00 pm; in-person
Rain Date: Sunday, May 23
Free - MEMBERS AND INVITED GUESTS ONLY

The Waterbury Symphony Orchestra presents an afternoon of chamber music featuring faculty and staff from UConn School of Music and WSO Cultural Ambassador, Dr. Vincent de Luise.

Founded in May 1938 under the direction of Maestro Mario DiCecco, the Waterbury Symphony Orchestra (WSO) has spent the past several decades promoting the understanding, appreciation and enjoyment of symphonic and orchestral music. Originally incorporated as the Waterbury Civic Orchestra (1940), the Symphony and its mission have grown in both vision and artistic merit, expanding from a community orchestra to the Waterbury Symphony Orchestra (1956). For the past 20 seasons, the WSO has been led by Maestro Leif Bjaland.

Vincent P. de Luise, M.D. is the Cultural Ambassador of the Waterbury Symphony Orchestra. In this role, Dr. de Luise offers several of each season's pre-concert insights, area lectures on music, and chamber music recitals, and is a program annotator for the Symphony. Dr. de Luise is also President of the Connecticut Summer Opera Foundation, serves on the Board of the Connecticut Virtuosi Orchestra and writes frequently about music and the arts.

Committees and clubs add an invaluable element to the OLLI experience, and are at the heart of OLLI's social-engagement component. **While we aren't meeting in-person and on campus like we used to, most committees and a number of clubs are continuing to meet virtually. Reach out to the contact person of any club/committee (listed below) to find out what they're doing!**

BEYOND THE CLASSROOM

Don't forget - you need an up-to-date membership to join our clubs and/or committees.



CLUBS & ACTIVITIES COMMITTEE

Approves and supports our extracurricular educational and social groups (see below for a list of clubs and contact information).

Interested? Contact Nancy Via (nvia@sbcglobal.net) or Delma Way (delvilway@aol.com)



BOOK CLUB

Contact Nancy Via (nvia@sbcglobal.net)



FILM CLUB

Contact Joe Gambini (j.gambini@att.net)



GENEALOGY CLUB

Contact Diane Ciba (dianeciba@gmail.com)



ITALIAN CLUB

Contact Roger Foley (roger.foley@uconn.edu)



PHOTOGRAPHY CLUB

Contact Timothy Padgett (t.padgett@hotmail.com)



REIKI CLUB

Contact Barbara Schafer (barbara.schafer@comcast.net)

CURRICULUM DEVELOPMENT COMMITTEE



Identifies topics of interest to members, recruits new presenters, and helps develop OLLI's educational goals.

Interested? Contact Rosalie Griffin (rogriff@att.net) or Richard Albro (ralbro@optonline.net)



OLLI CAFÉ COMMITTEE

Finds and schedules speakers for OLLI's lunchtime presentation series.

Interested? Contact Julie Fernandez (juliefernandez2387@sbcglobal.net) or Marion Varanelli (MariaAnnawchs@yahoo.com)



FUNDRAISING INNOVATION TEAM (F.I.T.)

Develops fundraising campaigns best suited to the needs of OLLI; engages and encourages donor support and involvement.

Interested? Contact Vickie Nardello (vonardello@gmail.com)



MEMBERSHIP COMMITTEE

Recruits new members through outreach, and provides support to existing members.

Interested? Contact Merle Arcovio (merleka@optonline.net) or Timothy Padgett (t.padgett@hotmail.com).



NEWSLETTER COMMITTEE

Gathers announcements and information and writes news stories for the OLLI Newsletter.

Interested? Contact Bob Grady (yvoorg@aol.com).



TECH TEAM

Provides classroom support to all members and instructors taking classes on Zoom.

Interested? Contact Charles Lasky (cjl621@gmail.com)



TRAVEL COMMITTEE

Coordinates travel activities and events for OLLI members.

Interested? Contact Pollyann Merriman (3195pam@gmail.com)



VOICES & VISIONS EDITORIAL COMMITTEE

Coordinates *Voices & Visions*, a publication which showcases original writings, artwork, and photography of the OLLI membership.

Interested? Contact Nancy Whitney (wrdswoth@att.net) or Liz Hanahan (lizhanahan@aol.com)



MEMBER BENEFITS

IT'S MORE THAN GREAT CLASSES!



OPPORTUNITY TO REGISTER FOR
OLLI COURSES (IN-PERSON AND
ONLINE)



FREE ACCESS TO ALL SPECIAL
EVENTS (IN-PERSON AND ONLINE)



ACCESS TO OLLI CAFÉ LECTURES
(IN-PERSON ONLY)



ACCESS TO RECORDED CLASS
LECTURES



DISCOUNTED PARKING FOR UCONN
WATERBURY GARAGE



OPPORTUNITY TO PARTICIPATE IN
OLLI TRIPS AND CLUBS (IN-PERSON
AND ONLINE)



DISCOUNTS TO OLLI PARTNERSHIP
EVENTS (IN-PERSON AND ONLINE)



YEAR-ROUND NOTICES ABOUT
ADDITIONAL OLLI PROGRAMS AND
EVENTS



UCONN LIBRARY PRIVILEGES

SPRING 2021 COURSE LISTINGS

ANIMAL SCIENCE

AS-002 Foundations of Intuitive Animal Communication, *Kim Tallcouch, Page 13*

ART & ART HISTORY

NEW* AH-451 Jazz Documentary Films
Deirdre Wright, Page 17

NEW* AH-452 With an Artistic Vision:
Perception and the Arts
Vincent de Luise, Page 14

CULTURE & LANGUAGE

CL-401 Italian: Vita e Lingua, Part I
Nunzio DeFilippis, Page 20

NEW* CL-465 A Hidden Child's Family Says
Thank You to a French Abbey
Wendy Swain, Page 13

NEW* CL-466 Stories From the Attic: Finding
Treasure on the Tag Sale Trail
Greg Van Antwerp, Page 17

CURRENT EVENTS

NEW* CE-024 The Middle East: Promise and
Peril
Joseph Baxer, Page 16

HISTORY

HS-525 The Magic Behind the Footlights:
Backstage Secrets of Waterbury's Storied
Palace Theater (Section 1)
Louis Belloisy, Page 15

HS-525 The Magic Behind the Footlights:
Backstage Secrets of Waterbury's Storied
Palace Theater (Section 2)
Louis Belloisy, Page 16

HS-533 The War in Vietnam from Ground
Level
Charles McNair, Page 13

NEW* HS-539 Comedy: Origins and
Highlights *Abe Vorensky, Page 13*

***NEW* HS-540** European History for Travelers:
The French Revolution and How We Can "See
It" In Our Travels, *Diane Stone, Page 13*

NEW* HS-541 Lessons from the History of
Toilets, *Kimberly Worsham, Page 15*

NEW* HS-542 Connecticut's Hidden History:
1640-1848
Ramin Ganeshram & Nicole Carpenter, Page 15

NEW* HS-543 History and Me
Ted Welsh, Page 16

NEW* HS-544 Caroline Ferriday - A Life in 3
Acts, *Peg Shimer, Page 16*

NEW* HS-545 The Reverse Underground
Railroad: Slavery and Kidnapping in Pre-Civil
War America, *Richard Bell, Page 19*

NEW* HS-546 Sleuthing Through the Piles
of Paper: The International Military
Tribunal at Nuremberg
Betsy Pittman, Page 14

HEALTH & WELLNESS

HW-405 Reiki Level One, *Barbara Schafer,
Cecilia Baranoski, Rosemary Toletti, Page 19*

HW-481 Swing Into Health, Balance, &
Strength With FFXP
Naida Rodriguez-Rosado, Page 17

HW-489 Shamanism: A Bit of Ancient
Wisdom and Healing For Everyday Lives
Kim Tallcouch, Page 13

HW-514 International Cuisine on a Budget
Timothy Padgett, Page 17

NEW* HW-519 The Role of Suffering in
Early Esoteric Christianity
William Courtland, Page 15

NEW* HW-520 Inner Peace. The Art of Being
True to YOU
Stacey Altomari, Page 16

NEW* HW-521 Chinese Medicine: Anger,
Depression and the Energy of the Liver and
Lungs
William Courtland, Page 18

LITERATURE & WRITING

LW-498 Shall we Zoom? Shall we Write? Yes!
Let's Zoom & Write!!!
Nancy Whitney, Page 18

LW-499 Tell Your Story! A Memoir Writing
Course, *Gabriella Brand, Page 14*

NEW* LW-502 American Tragic Heroes
Joseph Gambini, Page 15

MUSIC

MU-469 Music: Chicken Soup for the Brain
Julie Cook, Page 18

MU-473 Play the Ukulele: Tuning the Four
Strings, *Nina Lesiga, Page 17*

MU-474 Play the Ukulele: Learn Some Basic,
Fun Chords, *Nina Lesiga, Page 17*

NEW* MU-479 The Accordion in American
Culture, *Peter Peluso, Page 15*

NEW* MU-480 Play the Ukulele: Strum More
Songs, *Nina Lesiga, Page 17*

NEW* MU-481 The Singers/ Songwriters of
Rock, *Robert Joyce, Page 17*

NEW* MU-482 Evenings at the Opera
*Vincent de Luise, Leif Bjaland,
& Robert Cinnante, Page 14*

NEW* MU-483 Birth of the Blues, *Robert
Joyce, Page 13*

PERFORMING ARTS

NEW* PA-440 Intro to Acting and Playwriting
Jack Levine, Page 16

PERSONAL DEVELOPMENT

PD-448 WISEWOMAN: Archetypes for Women
over 50, *Geralyn Cappabianca, Page 16*

NEW* PD-451 Creating Your Retirement
Paycheck: Strategies to Help You Live the Life
You've Earned, *Deborah Tata, Page 16*

PHILOSOPHY & RELIGION

PR-424 The Divine Comedy: From Here to
Eternity, *Douglas Welsh, Page 16*

VISUAL ARTS

VA-415 An Enriching Experience with Acrylic
Painting, *Judy Jaworski, Page 18*

NEW* VA-475 Photography for the Digital
Age, *Timothy Padgett, Page 15*

NEW* VA-476 Musical and Glitter in
1929/1930 Films, *Deirdre Wright, Page 20*

MONDAY

***NEW* MU-483**

Birth of the Blues

Robert Joyce

3 sessions | 9:30 AM - 11:00 AM
2/15 - 3/1 | \$17

When you explore American popular music genres of the 20th Century, nearly each one begins with The Blues. What started as a very simple African-American musical form with roots in African musical traditions, African-American work songs, and spirituals soon became the foundation of Jazz and Rock music in America. This special OLLI Talks lecture will present some interesting details about the beginning of The Blues, how it became a social as well as musical mechanism for other types of music, and will present music from some of the founding artists of this unique and special musical style. Musical examples, video and audio files will be presented.

HW-489

Shamanism: A Bit of Ancient Wisdom and Healing For Everyday Lives

Kim Tallcouch

4 sessions | 10:15 AM - 11:45 AM
3/15 - 4/5 | \$23

Shamanism is an ancient belief system that is rooted in virtually every culture on this planet and is often considered the foundation of faith-based practices throughout the world. "Living in harmony and balance with nature and the Creator" is the core essence of shamanism. This course will explain how shamanism continues to offer many tools which can help us navigate through our daily lives.

***NEW* CL-465** ✓

A Hidden Child's Family Says Thank You to a French Abbey

Wendy Swain

1 session | 10:15 AM - 11:45 AM
3/22 | \$5

Wendy Swain will share her personal journey to thank an abbey in France for saving her cousin during the war. And she will also talk about her return three years later to attend the awards ceremony for the heroine of this story.

***NEW* HS-539**

Comedy: Origins and Highlights

Abe Vorensky

5 sessions | 10:15 AM - 11:45 AM
2/15 - 3/15 | \$28

What makes us laugh? This course covers comedy and its origins dating back to ancient Greece. Topics will include vaudeville, film, radio and television, along with a class detailing comedians who learned their craft entertaining in nightclubs and Catskill mountain hotels. Selected classes will also include commentary on comedy's role in our political and social thought.

HS-533

The War in Vietnam from Ground Level

Charles McNair, M.D.

5 sessions | 12:00 PM - 1:30 PM
2/15 - 3/15 | \$28

Presentation of a history of the war with emphasis on the treatment of the wounded, medical organization, types of surgeries and their outcomes.

AS-002

Foundations of Intuitive Animal Communication

Kim Tallcouch

4 sessions | 10:15 AM - 11:45 AM
2/15 - 3/8 | \$23

This course will examine some of the basic elements and techniques of intuitive animal communication. When one becomes more deeply connected with their pet, they can help improve and strengthen the bonds they have with them as well as increase their own awareness of the pet's physical and emotional well being. Intuitive animal communication can help us to better understand our pets' methods of coping with fear, pain, anxiety and past trauma, and what we as their caretakers can do to help them.

***NEW* HS-540**

European History for Travelers: The French Revolution and How We Can "See It" In Our Travels

Diane Stone

5 sessions | 1:45 PM - 3:15 PM
3/29 - 4/26 | \$28

The French Revolution is described by historians, those who study societies and cultures, and students of history as all of these: the most significant historical event since medieval times, a mess, the harbinger of what was to come with progress towards the modern age, and the logical cataclysm to follow, The American Revolution. Whichever label you attach to this most significant event, delving into it, understanding it, and exploring how when traveling in France you can actually "see" the stage on which it played out, will be action-packed. Join us for an interesting voyage filled with excitement, tragedy, blood, sweat and tears. It wasn't all about liberty, equality and fraternity, by any means.

PLEASE NOTE:

Your course may have required/ recommended reading and/or supplies.

Please see Page 25 to find out.



MONDAY CLASSES CONTINUED

LW-499

Tell Your Story! A Memoir
Writing Course

Gabriella Brand

10 sessions | 1:45 PM - 3:15 PM
2/15 - 4/19 | \$56

Everyone has a story to tell, a collection of memories floating around in their head. This course provides a framework for getting memories and past experiences down on paper, and a forum for sharing them. Each week participants will read short examples of effective memoirs in both prose and poetry. They will also receive writing prompts, tips, suggestions and writing exercises.

NEW HS-546

Sleuthing Through the Piles
of Paper: The International Military
Tribunal at Nuremberg

Betsy Pittman

1 session | 1:45 PM - 3:15 PM
3/15 | \$5

Just over 75 years ago, history was made in the historic city of Nuremberg, Germany. France, Britain, Russia and the United States worked together to hold the newly defeated Nazi regime accountable for war crimes. Months were spent in arguments and negotiations to work out the agreements, rules and regulations under which the "Major War Criminals" of Nazi Germany were to be charged. The trial took 18 months under stark conditions and was carried out in four languages and set international precedents. University of Connecticut archivist, Betsy Pittman, will provide a brief presentation of the highlights of the trial, illustrated by the primary resource materials created and collected by Thomas J. Dodd, Executive Trial Counsel for the United States.

NEW AH-452

With an Artistic Vision: Perception
and the Arts*

Vincent de Luise

4 sessions | 7:00 PM - 8:15 PM
4/5 - 4/26 | \$19

What makes a work of art beautiful? Are humans neurologically hardwired to perceive it? What does self-portraiture tell us about the artists themselves? Is Illness an obstacle, or an opportunity, for the genius of creativity? WSO Cultural Ambassador, Dr. Vincent de Luise, explores these and many other fascinating questions in this deep dive into the history, techniques, neuroscience, and mystery of artists and their creations.

**Please note: There are recommended supplies for this course.*

NEW MU-482

Evenings at the Opera*

**Vincent de Luise, Leif Bjaland,
& Robert Cinnante**

4 sessions | 7:00 PM - 8:15 PM
3/1 - 3/22 | \$19

Join leaders of the Waterbury Symphony Orchestra for four conversations on the history of opera, following its origins and development through the Renaissance, Baroque, Classical, and Romantic eras, from Monteverdi, Handel, Mozart, Puccini, Donizetti, Bellini and Verdi, and finally, Wagner. Enjoy this unique tour of some of the great operas and arias of these famed composers, including recorded and live performances! Discussions will explore how our most beloved, transformative, and monumental operas were created through drama, myth, comedy, and social commentary wrapped in sublime music. **Please note: There are recommended supplies for this course.*



where learning never retires

OLLI @ UConn

What's Happening?

Are you signed up for our weekly e-newsletter? Sign up now and never miss a thing! Each Monday, receive OLLI updates, course information, free online lectures, community events, fascinating article and video shares, photos, recipes, and more! [CLICK HERE TO SIGN UP.](#)

TUESDAY

NEW HW-519

The Role of Suffering in Early Esoteric Christianity

William Courtland

10 sessions | 10:15 AM - 11:45 AM
2/16 - 4/20 | \$56

This course will examine the two different types of psychological suffering. One of them is involuntary which results in negative consequences for us. The other is voluntary and can contribute to the mental health, growth and spiritual evolution of our psyche.

NEW MU-479

The Accordion in American Culture

Peter Peluso

1 session | 12:00 PM - 1:30 PM
3/23 | \$5

A lecture recital on the rise and fall and rise of the accordion in America.

NEW HS-541

Lessons from the History of Toilets

Kimberly Worsham

5 sessions | 1:45 PM - 3:15 PM
2/16 - 3/16 | \$28

This class will be an extended version of a one-off class entitled FLUSH which explored the history of toilets. In this 5-week course, we will dive deep into the lessons we can learn from the history of toilets. With these lessons, we will be able to help change the public dialogue about one of the most important parts of everyone's day, and how to make it more accessible for everyone, everywhere.

See an asterisk (*) next to your course title? That means there are required/recommended books and/or special supplies needed for that course. Check out Page 25 for a Books & Supplies list.

NEW VA-475

Photography for the Digital Age

Timothy Padgett

10 sessions | 10:15 AM - 11:45 AM
2/16 - 4/20 | \$56

This is a course that will make you want to share your photos, not just with friends and relatives, but enable you to enter competitions and take your hobby to the next level. From cell phones to SLRs, this is for beginners to advanced photographers.

NEW HS-542

Connecticut's Hidden History: 1640-1848

Ramin Ganeshram &

Nicole Carpenter

10 sessions | 1:45 PM - 2:45 PM
2/16 - 4/20 | \$38

This course explores notable events and periods in Connecticut history through untold or unknown stories of the people and places which participated. Presented by the Executive Director and Programs Director of Westport Museum for History & Culture, the hidden history of Connecticut comes alive through original objects, artifacts and archival materials from the museum's collection.

NEW LW-502

American Tragic Heroes

Joseph Gambini

4 sessions | 1:45 PM - 3:45 PM
3/16 - 4/6 | \$30

The program will focus on two plays by Arthur Miller (*All My Sons* and *Death of a Salesman*) and his treatment and development of the tragic heroes. Participants will view each of the plays and engage in a discussion of the nature of the hero in Miller's view and their own.

HS-525 (SECTION 1)

The Magic Behind the Footlights: Backstage Secrets of Waterbury's Storied Palace Theater

Louis Belloisy

4 sessions | 10:15 AM - 11:45 AM
4/6 - 4/20 & 5/4 | \$23

Detailed tour of the theater, consisting of backstage, dressing rooms, flyway over the stage. Slide show showing restoration photos, old theater photos and a look into the life of Sylvester Z. Poli, builder and operator of the Poli chain of theaters. A meeting with the theater's CEO and COO to discuss theater operation and future plans. Two of the four classes will be a heavy walking and standing tour.

*Note: There are two identical sections of this course, simply offered on two different days. Sign up for which day works best for you!

***Please note: This course is offered in conjunction with The Palace Theatre, and will be held in-person at The Palace. Therefore it is subject to cancellation based on State-issued Covid-19 precautions.**



Abbreviated course: Low cost, low commitment. Check out the other classes marked with an orange check!



Committed to work and/or other responsibilities during the day? Check out the early-evening options marked with a blue check!

WEDNESDAY

HS-525 (SECTION 2)

The Magic Behind the Footlights:
Backstage Secrets of Waterbury's
Storied Palace Theater

Louis Belloisy

4 sessions | 10:15 AM - 11:45 AM
4/7 - 4/21 & 5/5 | \$23

Detailed tour of the theater, consisting of backstage, dressing rooms, flyway over the stage. Slide show showing restoration photos, old theater photos and a look into the life of Sylvester Z. Poli, builder and operator of the Poli chain of theaters. A meeting with the theater's CEO and COO to discuss theater operation and future plans. Two of the four classes will be a heavy walking and standing tour.

*Note: There are two identical sections of this course, simply offered on two different days. Sign up for which day works best for you!

**Please note: This course is offered in conjunction with The Palace Theatre, and will be held in-person at The Palace. Therefore it is subject to cancellation based on State-issued Covid-19 precautions.*

NEW HS-543

History and Me

Ted Welsh

5 sessions | 10:15 AM - 11:45 AM
2/17 - 3/17 | \$28

In many ways certain key historical events of our time define our particular generation and often leave vivid, detailed memories. This class is a sharing of personal memories and experiences surrounding major historical events that have occurred over the last 75 years. The structure of the class will begin with a brief historical sketch of a particular important event followed by a large group sharing of memories and personal accounts of class members about their own experience and understanding of the event. During class, members will be encouraged to share these recollections. Examples to be discussed will include such events as the assassination of President John F. Kennedy, the Cuban Missile Crisis, the moon landing, the Korean War, the Civil Rights Movement and other sweeping historical moments.

PR-424

The Divine Comedy:
From Here to Eternity*

Douglas Welsh

10 sessions | 10:15 AM - 11:45 AM
2/17 - 4/21 | \$56

Dante's Divine Comedy has been called the greatest poem ever written. Purgatorio, the second part of the Divine Comedy, is in many respects the most original of the three cantos of this work. In this course we will read Purgatorio and discuss how it relates to the world of Dante and to our world. **Please note: There are required supplies for this course.*

NEW HW-520

Inner Peace: The Art of Being True to YOU

Stacey Altomari

10 sessions | 10:15 AM - 11:45 AM
2/17 - 4/21 | \$56

Inner Peace is not something you search for. Inner peace starts with the ability to be true to YOU and truly YOU. I invite YOU on your journey to inner peace.

NEW PD-451

Creating Your Retirement
Paycheck: Strategies to Help You
Live the Life You've Earned

Deborah Tata

5 sessions | 12:00 PM - 1:30 PM
3/24 - 4/21 | \$28

This class will help you make determinations on how much income will be needed in retirement, how to identify potential income sources and how to make savings last.

NEW PA-440

Intro to Acting and Playwriting

Jack Levine

5 sessions | 1:45 PM - 3:45 PM
2/17 - 3/17 | \$38

Students will be introduced to acting and playwriting and will work together to write a short play and perform it on Zoom!

PD-448

WISEWOMAN: Archetypes for Women Over 50*

Geralyn Cappabianca

5 sessions | 10:15 AM - 11:45 AM
3/24 - 4/21 | \$28

This course is for us, Wisewomen over 50!! We will explore the women's archetypes of maiden, mother and crone, and see where they have influenced our lives. We will empower ourselves to be the best version of ourselves that we can be in this Third Act of our lives, embracing mind, body and spirit. **Please note: There are recommended/required supplies for this course.*

NEW CE-024

The Middle East: Promise and Peril

Joseph Baxer

3 sessions | 1:45 PM - 3:15 PM
3/24 - 4/7 | \$17

The Middle East appears to be in disarray. The Arab Awakening is crushed by Arab autocrats. Consider Saudi Arabia! Sunni and Shia tensions continue. No settlement is on the radar screen for Israel and Palestine. Millions are displaced from a devastated Syria. Persian Iran is ambitious, Turkey in upheaval. Yemen is a humanitarian crisis. The Gulf States are accused of human rights abuses. In this patchwork perilous puzzle, what may be signs of hope, promise? Returning from visits to the Arab Gulf States and drawing on previous visits to Iran, Syria, Turkey, Egypt, Jordan and Israel, Dr. Baxer will reflect on this complex situation and invite a dialogue.

NEW HS-544

Caroline Ferriday: A Life in 3 Acts

Peg Shimer

1 session | 1:45 PM - 3:45 PM
3/10 | \$5

Martha Hall Kelly's NYT Best Seller *Lilac Girls* has brought the story of Caroline Ferriday to the attention of readers across the globe. In this course we will follow the inspirational life of Caroline Ferriday from young girl to adulthood and examine her legacy of service. We will delve into her passions - history, preservation, service, and gardening; and how these passions have inspired others.

THURSDAY

HW-481

Swing Into Health, Balance & Strength with FFXP*

Naida Rodriguez-Rosado

10 sessions | 9:00 AM - 10:00 AM
2/18 - 4/22 | \$38

We are presenting a complete (Fitness Fury) Health and Wellness Fitness Program designed to fit your lifestyle, composed of all five components (warm-up, cardiovascular conditioning, strength, cool down, and stretching) for a complete workout. Guaranteed fun, enthusiasm, laughter, and sense of accomplishment! **Please note: There are required supplies for this course.*

NEW CL-466

Stories from the Attic: Finding Treasures on the Tag Sale Trail

Greg Van Antwerp

1 session | 10:15 AM - 11:45 AM
4/1 | \$5

The importance of historic preservation is undermined by the nature of artifacts to remain hidden, lost and forgotten by previous owners. This one-day course will share some of the tips and tricks for finding lost history at tag, garage and estate sales through storytelling and demonstration.

HW-514

International Cuisine on a Budget

Timothy Padgett

10 sessions | 1:45 PM - 3:15 PM
2/18 - 4/22 | \$56

This is a cooking course with videos for you to download after the class so you can cook interesting meals using them at your own pace. These meals are not only budget friendly but have become favorites of the instructor and chef. Hopefully, they'll become favorites of yours, too.

MU-473

Play the Ukulele: Tuning the Four Strings*

Nina Lesiga

1 session | 10:15 AM - 11:45 AM
2/18 | \$5

Get ready to learn the ukulele by learning how to tune its strings. Practice tuning your ukulele in preparation for taking an OLLI online ukulele class. **Please note: There are required supplies for this class.*

NEW MU-480

Play the Ukulele: Strum More Songs*

Nina Lesiga

5 sessions | 10:15 AM - 11:45 AM
3/25 - 4/22 | \$28

Do you have experience strumming basic ukulele chords and chord changes? Learn to strum more songs of various genres in a welcoming, supportive and fun learning environment. We will work from a ukulele songbook supplemented by online ukulele song links provided at the first session. Please bring a tuned soprano, concert or tenor ukulele to class and a ukulele tuner. **Please note: There are required supplies for this class.*

NEW AH-451

Jazz Documentary Films

Deirdre Wright

5 sessions | 1:45 PM - 3:45 PM
3/25 - 4/22 | \$38

Five jazz documentaries. A little history and a lot of music. A view into the lives of five jazz greats.

MU-474

Play the Ukulele: Learn Some Basic, Fun Chords*

Nina Lesiga

4 sessions | 10:15 AM - 11:45 AM
2/25 - 3/18 | \$23

Learn to play great ukulele songs in a supportive and welcoming environment. This practical "how to" will help you master some of the basic chords such as Am, C, C7, D7, F, and G7. This class is suited to beginners and those who have taken a beginner ukulele class before and wish to improve chord changing skills. Bring a tuned soprano, concert or tenor ukulele and a ukulele tuner with you each week. Need to learn how to tune your ukulele with a Snark type tuner? Please attend the OLLI one-session "how to" class on tuning the ukulele. **Please note: There are required supplies for this class.*

NEW MU-481

The Singers/Songwriters of Rock
Robert Joyce

3 sessions | 6:00 PM - 8:00 PM
4/1 - 4/15 | \$23

In the early 1970's, folk music was slowly declining in popularity and rock fans were drawn to artists who wrote and performed their own material. This course will explore the most dynamic singers/songwriters of the decade when Rock became a major industry. The careers, music and extraordinary talents of Carole King, Elton John, James Taylor, Joni Mitchell, Bruce Springsteen and more will be explored.

"First 5 Weeks"

"Second 5 Weeks"

Unique Schedule

No color = Standard 10-week class

**COLOR KEY
REMINDER:**

10:15 AM - 11:45 AM

VA-415

An Enriching Experience with
Acrylic Painting*

Judy Jaworski

10 sessions | 10:00 AM - 12:00 PM
2/19 - 4/30, NO CLASS 4/2 (Good
Friday) | \$56

Students will develop expertise in
the medium, learning various styles
and techniques by using a personal
photographic reference as a guide.
Each will create an individual work
of art. **Please note: There are required
supplies for this course.*

LW-498

Shall We Zoom? Shall We Write?
Yes! Let's Zoom and Write!

Nancy T. Whitney

10 sessions | 10:15 AM - 11:45 AM
2/19 - 4/30, NO CLASS 4/2 (Good
Friday) | \$56

Are you ready for another new or
continuing writing adventure? We'll
Zoom together, write, read, talk, edit
and continue our writing practice
together, on Zoom! No experience
needed, but a willingness to try and
find yourself on the page in the
writing form of your choice. Come
and have fun on the page of your
own creation! Let's continue to play
with your writing skills. Just because
we are 'homebound' does not mean
we can't write. We'll Zoom!

***NEW* HW-521**

Chinese Medicine: Anger,
Depression and the Energy of the
Liver and Lungs

William Courtland

10 sessions | 10:15 AM - 11:45 AM
2/19 - 4/30, NO CLASS 4/2 (Good
Friday) | \$56

This course will examine the two
most prevalent negative emotions
experienced by the individual today.
We will explore those organs that
not only maintain our physical
health but can, through the proper
use of the energy in them, also
contribute to the maintenance of our
emotional and psychological health.

MU-469

Music: Chicken Soup for the Brain

Julie Cook

9 sessions | 10:15 AM - 11:15 AM
2/19 - 4/23, NO CLASS 4/2 (Good
Friday) | \$51

Music is one of the four elements
that stimulate neuroplasticity in our
brains, keeping us creative and
active throughout our lives. We'll
learn how to create new brain
connections with easy interactive
music activities, and find out how
music can help us navigate through
life by serving as a container for our
emotions. Listening, sharing, good
feelings, and no experience
necessary!

Important information about course registration deadlines

Effective February 1, 2021, the deadline to register for an online
course is 48 hours before the start date for that individual course. This
deadline allows us to get the Zoom link to you. Students who miss the
cut-off date can submit a request for late registration to
osher@uconn.edu with the understanding that there is no guarantee
they will be able to register.



IMPORTANT

**All Spring 2021 courses will be held
online. You will receive an email
with a Zoom invitation link prior to
your first class meeting.**

**See more information regarding
Zoom on Page 22.**

12:00 PM - 1:30 PM

HW-405

Reiki Level One

Barbara Schafer, Rosemary

Toletti, Cecilia Baranowski

8 sessions | 12:00 PM - 1:30 PM

2/19 - 4/16, NO CLASS 4/2

(Good Friday) | \$45

Reiki is a caring way of energizing, restoring, and balancing the energy in our bodies. It reduces stress and produces a profound, deep level of relaxation that enhances health and prevents illness, improves mental clarity, increases creativity, and promotes a sense of deep peace and well-being. Anyone can do it.

NEW HS-545

The Reverse Underground Railroad

Richard Bell

1 session | 12:00 PM - 1:15 PM

4/30 | \$5

Join us for a talk with Dr. Richard Bell, who will share the incredible story of five boys whose courage forever changed the fight against slavery in America. Philadelphia, 1825: five young, free black boys fall into the clutches of the most fearsome gang of kidnappers and slavers in the United States. Lured onto a small ship with the promise of food and pay, they are instead met with blindfolds, ropes, and knives. Over four long months, their kidnappers drive them overland into the Cotton Kingdom to be sold as slaves. Determined to resist, the boys form a tight brotherhood as they struggle to free themselves and find their way home. Their ordeal—an odyssey that takes them from the Philadelphia waterfront to the marshes of Mississippi and then onward still—shines a glaring spotlight on the Reverse Underground Railroad, a black market network of human traffickers and slave traders who stole away thousands of legally free African Americans from their families in order to fuel slavery's rapid expansion in the decades before the Civil War.

The Greening of Waterbury:

OLLI Garden Project



FREE! Minimum commitment of three hours a week, on Tuesdays, Thursdays, and/or Saturdays. Sign up under "Projects" on the online catalog!



Join our exciting project, now in its eighth year, for a unique social and learning experience! By participating in *The Greening of Waterbury*, you can expect a deeply rewarding experience in urban gardening. Enjoy time outdoors at the OLLI garden in Waterbury's Fulton Park, while learning about soil preparation techniques, planting, growing seedlings, and raised-bed gardening techniques.

All learning experiences in 2021 are socially-distanced. All produce is donated to local food banks and pantries. This year, do good and feel good!

*This project is funded by the Connecticut Community Foundation's
East Hill Woods Fund – Pathways for Older Adults.*

1:45 PM – 3:15 PM

***NEW* VA-476**

Musical and Glitter in 1929/1930 Films

Deirdre Wright

10 sessions | 1:45 PM - 3:45 PM

2/19 - 4/30, NO CLASS 4/2 (Good Friday) | \$75

Chill-out films in the afternoon. Viewing to relax after a week of COVID. Just plain laughter. Some of the best 1920 and 1930 films are in black and white. Come hang out in a blanket with wine and cheese in hand. Music and fashion were the highlight of many of the films. So come and enter into the past for a fun, relaxing afternoon.

CL-401

Italian: Vita e Lingua, Part I*

Nunzio DeFilippis

10 sessions | 1:45 PM - 3:45 PM

2/19 - 4/30, NO CLASS 4/2 (Good Friday) | \$75

An introduction to Italian language, enhanced by cultural experience. The course will consist of basic Italian during the first hour, followed by an enhanced Italian cultural experience to include custom, history and everyday life discussions.

**Please note: There are required supplies for this course.*

WANT TO TEACH FOR OLLI?

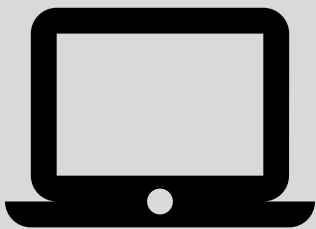
Have you always wanted to teach and share your knowledge, but aren't sure where to start? Do you have years of teaching experience, but want to offer something new? This is your chance! If you'd like more information, please reach out to Jenna Ryan, OLLI Coordinator at jenna.ryan@uconn.edu

Please note that course proposal forms can be found on our website:

<https://olli.uconn.edu/course-proposal-form/>



TO LEARN MORE ABOUT
ANY COURSE
INSTRUCTOR, VISIT:
[OLLI.UCONN.EDU/](https://olli.uconn.edu/)
INSTRUCTOR-BIOS



Online Registration Instructions

1 Go to olli.uconn.edu

Click the red "Take a Class or Join OLLI Now" button on the homepage.

2 Sign in OR create a new account

CREATE A NEW ACCOUNT

If you have NEVER been a member of OLLI, or you have not purchased a membership at any point, from Fall 2013 to present, you will need to create a new account by choosing "Create New Account" at the bottom-right of the Sign-In page. After you have created your account and are signed in, click the "Return to Course Catalog" button at the upper right of the screen to add an annual membership to your cart.

SIGN INTO EXISTING ACCOUNT

If you have purchased an OLLI at UConn membership at any point from Fall 2013 to present, you have an online account.

1. If you have previously used the online registration system at any point, please sign in using the username and password you have chosen.
2. If you are new to the online registration system, your username is most likely: `firstname.lastname` (e.g. `john.smith`). Please use this username to obtain a temporary password by following the steps at olli.uconn.edu/returning-members. If this doesn't work, contact the OLLI Office (osher@uconn.edu) to inquire about your username.

Once signed in, you will be prompted to change your password to something that is unique to you. Please do so, and then click the "Return to Course Catalog" button at the upper right of the screen to add a membership to your cart.

3 Add the OLLI at UConn membership course to your shopping cart.

Please skip to the next step (#4) if you already have a current, active membership. If your membership has expired, OR you are brand-new to OLLI at UConn, please:

1. Make sure you are signed into your account (see step 2 above).
2. Select "Membership" from the list of categories on the left of your screen.
3. Click on the Annual Membership, which is valid for 365 days from the date of purchase.
4. Click "Add to Cart." **Once you are signed in and have a membership in your cart you may start adding classes to your cart!**

4 Choose your classes.

Click the "Return to Course Catalog" button in the upper right hand corner of the shopping cart page. You are now ready to add individual classes to your schedule!

Search for courses, events, and other registration items by category, and add desired items to your shopping cart, clicking "Return to Course Catalog" after each one is added to your shopping cart. Repeat this step for each item you would like to add.

Not seeing the "Add to Cart" button for classes? One of two steps in the directions above has been missed. Remember, you must first sign into your account and either have a membership in your cart or have previously purchased an active membership to be able to see the "Add to Cart" button. Unsure about the status of your membership? Contact the OLLI Office at osher@uconn.edu and they can tell you if it has expired or not, and give you information about the last time you purchased one.

5 Review your selections.

You may review your class selections by clicking "View Cart" at the top-right of the screen. Before clicking the checkout button, confirm that you have the correct classes and that there is only one class per time slot chosen.

6 Submit your order.

Select "Checkout." You will then be prompted to fill in the "My Information" section of checkout. Please fill in the requested information, and then proceed to the billing information section. Be sure the person paying has his/her information in the payee section of the checkout. Once you submit your order, you will receive an email confirmation. Please review and make sure it reflects what you intended to order. If you made an error while registering, or need assistance at any time, please email our office at osher@uconn.edu or call (475) 222-6261.

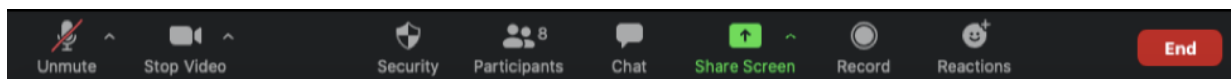
Zoom Use and Reminders

To download Zoom, visit: <https://zoom.us/download>

Prior to the first day of class, you'll receive an email from OLLI containing a Zoom link. On the first day of class, click the link. Once you've clicked on the link, you may be prompted to enter a password; if so, enter the password included in the email. Next, you will be let into a "waiting room" until the host of the meeting admits you. Then simply sit back and enjoy the class! Once the class wraps up, you'll click the red "Leave" button to exit the application. **Reminder:** If you'd like to test out Zoom prior to the first day of class, attend one of our orientation sessions or email us (osher@uconn.edu) to set up a one-on-one session with one of our Tech Team members.

Here are some useful tips to help ensure your class meetings go smoothly for all involved:

- **Getting ready:** Remember to give yourself 5-10 minutes prior to the start of the meeting to get yourself situated, making sure that your video and audio work, and that your Zoom application is fully functioning and up-to-date.
- **Task bar:** Most of the functions you will need are located on your task bar. For most, the task bar is located across the bottom or top of your Zoom screen and looks something like this:



*Can't see the Task bar? Toggle it on with the **Alt** key for Windows and Chrome, or **Ctrl+I** for Mac. This tip doesn't work for iPads :(*

- **Audio:** Click the microphone icon to mute/unmute yourself. It is a “rule of thumb” to keep your audio muted while someone else is talking. If you don’t, any background noise will be picked up by the rest of the class, and can be extremely distracting. If you don’t mute yourself, and this occurs, expect to be muted by the moderator!!
- **Video:** Click the video camera icon to start/stop your video. Have your video on unless you are experiencing connection issues.
- Have a plain background and avoid backlight from bright windows.
- Adjust your camera to be at around eye level if possible – especially take note of the angle of your laptop screen if using the built-in camera.
- If you have a question or a comment:
 - **Raise Hand feature:** On your task bar, click “Participants.” A list of participants should appear on your screen. Below the list of participants, find the “Raise Hand” button. The host will see a blue hand icon appear next to your name and call on you. Once your question is answered, click “Lower Hand” (located in the same spot as “Raise Hand”)
 - **Chat feature:** If you have a question or a comment but do not wish to share via your microphone, find “Chat” on your task bar. This will open up a chat box. Type a message and hit your “enter” key to send it.
 - **To Everyone:** If you have this option selected, the message will be sent to the entire participants' list.
 - **To individual class members:** If you'd like to send a private message to someone in the meeting, be sure to click their name to send a message privately.

Having difficulties? Go here for the Zoom Help Center: <https://support.zoom.us/hc/en-us>



VOLUNTEER OPPORTUNITY: ONLINE TEACHING ASSISTANTS NEEDED

**If you're an experienced Zoom user,*
use your skills to help online classes run
successfully!**

- We will provide you with everything you need to support instructors and students in a Zoom class.
- Responsibilities include hosting your assigned class every week, helping the instructor, time-keeping, ensuring distractions are kept to a minimum, helping students with Zoom controls.

Interested? Contact Charles Lasky, OLLI Tech Team Leader at cjl621@gmail.com

**Teaching assistants must have an up-to-date OLLI membership*



Frequently Asked Questions

For a complete list of FAQs, please visit: olli.uconn.edu/frequently-asked-questions

Where are OLLI classes held?

During the Spring 2021 semester, all courses (except for one off-site class at the Palace Theater) will be online using the video-conferencing application, Zoom.

How will online classes work?

In the week before the semester begins, you'll receive an email from the OLLI staff which will include a Zoom link to your course. Please note that each course has its own unique link, so if you signed up for multiple courses, you'll receive multiple emails with a unique link in each one. Each course's link remains the same each week; therefore, you will not receive new invitation links every week; you should simply refer back to the original email(s).

On the first day of class, click the Zoom link in the email you received for that class. Give yourself 5-10 minutes prior to the start of class to get yourself situated, making sure that your video and audio work, and that your Zoom application is fully functioning and up-to-date. Once you've clicked on the class link, you may be prompted to enter a password; if so, enter the password included in our email. Next, you will be let into a "waiting room" until the host of the meeting (that's us!) admits you. Then simply sit back and enjoy the class! Once the class wraps up, you'll click the red "Leave" button to exit the application.

If your instructor opted to hold a course-specific orientation session for your course, you'll receive a separate email from us with the details for it. Just show up at the designated time (by clicking the link provided to you) and meet your instructor and your classmates for a brief, informal orientation. If you do not receive a course-specific orientation invitation, just show up on the first day of class! If you'd like to test out Zoom prior to the first day of class, attend one of our orientation sessions (dates can be found in our weekly e-newsletter) or email us to set up a one-on-one session with one of our Tech Team members.

If I drop a course, do I receive a refund?

If you wish to drop a course, contact the OLLI office. A credit will be added to your OLLI at UConn account if you drop the course **before** its start date. Refunds are issued on a case-by-case basis only in exceptional circumstances.

What if my course gets cancelled completely?

If a course is cancelled, a credit for the full amount of the course is applied to your OLLI at UConn account. You can use this credit to pay for another course or towards a future semester.

How will I know if a class gets cancelled?

In most cases, members are notified by phone or email from OLLI staff or your instructor.

I received a credit for a cancelled Spring 2020 course during the pandemic. How do I redeem that credit?

To redeem the credit online, you must choose "Send a check" when prompted for your payment method. Then you must write a check for the total amount minus your known credit amount and mail it in to OLLI at UConn, 99 East Main St. Waterbury, CT 06702. Not sure of your credit amount? Email osher@uconn.edu to inquire in advance.

I'm pretty familiar with Zoom. Can I help in some way?

Contact the OLLI Tech Team Leader, Charles Lasky at cjl621@gmail.com for information on becoming a Teaching Assistant volunteer. Thank you!

FOR MORE INFORMATION, VISIT [OLLI.UCONN.EDU](https://olli.uconn.edu)

Cancellations & Emergencies:

olli.uconn.edu/emergencies

Conflict of Interest Policy:

olli.uconn.edu/conflict-of-interest-policy

Publications: olli.uconn.edu/publications

OLLI Travel: olli.uconn.edu/olli-trips

Online Course Catalog:

www.campusce.net/uconn/category/category.aspx

Parking & Directions: olli.uconn.edu/parking-and-directions

Instructor Bios: olli.uconn.edu/instructor-bios

Special Events: olli.uconn.edu/special-events

Facebook:

www.facebook.com/olliatuconnwaterbury/

UConn Waterbury homepage:

waterbury.uconn.edu

OR email osher@uconn.edu

Required/Recommended Books & Supplies

*Please check your course descriptions for a note indicating any required/recommended supplies or readings.

ART & ART HISTORY

AH-452 With An Artistic Vision Perception and the Arts | Vincent de Luise

The following readings are recommended:

~*The Eye of the Artist* by Michael Marmor and James Ravin.

1996 Mosby Pub 1996.

~*Vision and Art. The Biology of Seeing* by Margaret

Livingstone. Abrams Pub. reprint 2008.

~*Self Portraits. Looking at Paintings* by Peggy Roald. Hyperion Pub. 1993.

~*Wednesday is Indigo Blue: Discovering the Brain of Synesthesia* by Richard Cytowic et al, MIT Press. 2011.

~The instructor's blog: *A Musical Vision*

(www.amusicalvision.blogspot.com)

CULTURE & LANGUAGE

CL-401 Italian: Vita e Lingua, Part I | Nunzio De Filippis

~ *Learn Italian the Fast and Fun Way*, Barron's, Marcel Danesi, 4th edition, 2014. | ISBN: 978 1-4380-7496-2 | Required

HEALTH & WELLNESS

HW-481 Swing Into Health, Balance, & Strength With FFXP | Naida Rodriguez-Rosado

~Light hand weights (if you don't have any, we recommend using 2 filled water bottles, or 2 canned good items (veggies, beans, etc)).

~Non-rolling chair (no arms preferable)

~Hand towel

~Water to drink

~A ball (if you have one; otherwise we pretend to have one)

PERSONAL DEVELOPMENT

PD-448 WISEWOMAN: Archetypes for Women over 50 | Geralyn Cappabianca

~ Shinoda-Bolen, Jean, M.D., "Goddesses in Everywoman", 1984, 2004, Harper Collins Publishing | Recommended

~ Shinoda-Bolen, Jean, M.D., "Goddesses in Older Women", 2001, Harper Collins Publishing | Required

PHILOSOPHY & RELIGION

PR-424 The Divine Comedy - From Here to Eternity | Douglas Welsh

~ *Purgatorio - A Verse Translation* by Jean and Robert Hollander | ISBN: 978-0-385-49700-8 | Required

MUSIC

MU-473 Play the Ukulele - Tuning the Four Strings | Nina Lesiga

The following supplies are required:

~ Soprano, concert or tenor-sized ukulele. (Concert or Tenor size recommended for large or arthritic hands)

~ Snark-type electronic tuner.

MU-474 Play the Ukulele - Learn Some Basic, Fun Chords | Nina Lesiga

The following supplies are required:

~ A tuned soprano, concert or tenor-sized ukulele (concert or tenor sized preferred for large or arthritic hands)

~ A Snark-type electronic tuner

~ A ukulele method book: *Essential Elements for Ukulele* by Marty Gross, Hal Leonard Corp. (2014), \$9.99 (Amazon.com). | ISBN: 978-1-4803-9388-2

MU-480 Play the Ukulele - Strum More Songs! | Nina Lesiga

The following supplies are required:

~ A tuned soprano, concert or tenor ukulele

~ A Snark type electronic tuner

~ A ukulele songbook: *50 All Time Classics* by Thomas Balingier (2014), \$6.95 (Amazon.com). | ISBN: 978-1-4980-2252-3

MU-482 Evenings at the Opera | Vincent de Luise

The following readings are recommended:

~*Evenings At the Opera* by Jeffrey Langford

~*Handel* by Christopher Hogwood

~*Mozart's Operas* by Daniel Heartz

~*Verdi with a Vengeance* and *Wagner Without Fear*, both by William Berger

VISUAL ARTS

VA-415 An Enriching Experience with Acrylic Painting | Judy Jaworski

The following supplies are required:

~ Paints: Large tube of Titanium White

~ The following colors in 2.5 oz or 35 ml tubes: Cadmium yellow (light), Yellow Ochre or Oxide, Naples yellow, Cadmium red (light), Red oxide, Alizarin crimson, Cerulean blue, Ultramarine blue, Chromoxide green, Hookers green, Burnt sienna, Burnt umber, Ivory black or Payne's gray.

~ Brushes: Taklon, 1" Bright (Brown hair, synthetic bristles), No. 4 Round Detail Sable, 1/2" bright brush.

~ Other materials: Palette knife for mixing, bent blade, 9"x 12" palette, Masterson's, called a "Painter's Pal" palette cover with sponge and sheets; get an extra pack of sheets, acrylic matte medium and acrylic gloss medium (white liquid, 1 pint), plastic containers for water, medium soft wiping cloth. Stretched canvas (9"x12" or 11"x14"), adjustable table easel. Recommended Retailer: Ocean State Job Lot and Blick Art Supplies (Plainville, CT).

Where can I purchase my books and/or supplies?

For Art Supplies: Examples of retailers are included in the descriptions on this page.

For Books: Please note that the UConn Bookstore *does not* carry OLLI books. You must find and purchase them elsewhere, such as another bookstore or online retailer like Amazon.com.

Still have questions?

Contact the OLLI Office (osher@uconn.edu) and our staff will put you in touch with your instructor.

40+

online classes

- Monday through Friday options
- 1 - 10 meetings per class
- Classes starting at \$5
- Early-evening options

OLLI at UConn
**where
learning
never retires**

UConn Waterbury
Main Building



The University of Connecticut's Waterbury Campus serves more than 1,100 students annually. In more than 60 years of operation, UConn Waterbury has opened the doors to educational access and excellence to thousands of Connecticut residents, many of whom have distinguished themselves in the fields of community service, business, education, law, and politics.

OLLI at UConn extends a thank you to the Osher Foundation for continued support.