All right, OLLI members, it's payback time. Remember that hour of sleep you got last November when we changed the clocks to fall back – well, you've got to give it back this Sunday. Most of the United States changes clocks on the second Sunday in March and again in November. Most people mistakenly believe that this was done for the benefit of farmers. Not true. DST started on April 30, 1916, when Germany instituted it as a way of preserving coal during World War I. Since that time more than 100 years ago many countries are beginning to question the need for DST. Studies have shown that it does not save that much energy. Indiana, after doing a study of residential electricity consumption in the state, found that usage of electricity was actually increased by a percent during DST. It actually counteracted the original purpose which was for saving energy. This study found that this was due to the increased usage of air conditioning in the hot summer days.

It is interesting to note that DST depends on where you live in the world. For those who live close to the equator the hours of day and night are equally about 12 hours each. The closer one lives to the north or south poles, the longer they have daylight during the summer. For that reason DST during the summer is not beneficial in the tropical areas so those close to the equator do not shift clocks and all.

According to the Philadelphia Inquirer, DST is a scam. "First proposed by Ben Franklin (with tongue firmly in cheek) in 1784 as a way of conserving candlepower, DST does not save energy or produce any other measurable benefits, but does impose real costs to many people around the world, forcing them for no good reason to turn their clocks and watches back and forth by one hour twice every year."

They go on to say that DST was used during the two World wars during the 20th century as a way of giving defense plant workers an extra hour of sunshine the end of the day shift since these facilities operated around the clock. "Springing forward" became a way of life in the United States during the energy crisis of the 1970s. DST supposedly would seem energy and reduce oil dependency from unfriendly nations of the Middle East.

"Standard Time for US times, it should be emphasized, were not decreed by the government, were established by the railroads early on to coordinate train departure and arrival times. Today, however, time zone boundaries and DST's scheduling are regulated US Department of Transportation."

Less than 40% of the countries in the world use DST. Many states have tried to not use DST but legislatures usually do not listen. So, I guess DST is here to stay – like it or not! Spring forward Sunday.
Just For Laughs

Two old guys, Fred and Sam, went to the movies. A few minutes into the film, Fred noticed Sam searching for something under his seat. "What are you doing?" Fred asked. "Well" – Sam sounded aggravated – "I had a candy in my mouth, but it fell out." "Forget it. It'll be dirty by now." "I’ve got to find it – my teeth are in it!"

A man visits his aunt in a nursing home. It turns out that she's taking a nap, so he sits by her bed, flips through a few magazines and munches on some nuts. Eventually the aunt wakes up, and her nephew notices he's finished the entire bowl of nuts. "I'm sorry, auntie, I've eaten all of your peanuts," he says. "That's okay, dear," replies the aunt. "I don't really like them that much, not after I sucked the chocolate off."

Isn't this comforting to know? Now this is the solution that we have been looking for! Ever walk into a room with some purpose in mind, only to completely forget what that purpose was? Turns out, doors themselves are to blame for these strange memory lapses. Psychologists at the University of Notre Dame have discovered that passing through a doorway triggers what's known as an event boundary in the mind, separating one set of thoughts and memories from the next. Your brain files away the thoughts you had in the previous room and prepares a blank slate for the new locale. Thank goodness for studies like this. It's not our age, it's that damn door!

OLLI Café

Today: March 6, 2020
12:15 - 1:30pm, Room 113

Kim Tallcouch: The Wonders of Feather

Feathers create the power of flight and possess the wisdom of the skies. For thousands of years, bird feathers of all kinds have been considered sacred objects by many people and cultures. Kim Tallcouch will discuss some of the spiritual and metaphysical significance of feathers and the roles they can play in our own lives. She will explain the "do's and don'ts" of feathers, how to care for, clean, and store them in addition to showing ways to incorporate feathers into your home and healing practice.

NEXT WEEK, 3/13: Patty Wahlers: A Happy Ending Horse Rescue
VOICES and VISIONS
Enrolled in an art, photography, or writing course? The OLLI Editorial Committee invites you, as an OLLI student, to submit your work to our yearly literary and arts publication, Voices and Visions. Have you wondered what Voices and Visions is? Voices and Visions is a yearly publication created by OLLI members that showcases your writing skills, your interests, or your creative works in the form of artwork of any kind. We want to see what you have created and what you would like to share with the OLLI community. If you are an OLLI member this year, and have taken classes, you are eligible to submit your work. As your Editorial Committee, we meet and go over the submissions to find places for them in Voices and Visions. If needed, we will get in touch with you about any editing that might need to be gently done. We have a photographer who will work with you to be sure we get photos of your artwork to look its best. Guidelines and submission forms are online. If possible, we ask you to submit your forms online to LizHanahan@aol.com OR leave them in the OLLI office, though an email to Liz is highly preferable. DEADLINE: June 15th, 2020.

The Newsletter is always looking for content from our readers. This may be in the form of original work or items you have found interesting and may wish to pass on to others. We always welcome any suggestions you may have to improve the newsletter or criticisms of it. The Newsletter exists to inform and entertain our readers.

Contact Bob Grady at yvoorg@aol.com or any presenter or staff member.

Walking Activity
“Nature quiets the mind by engaging with an intelligence larger than our own.”

Come and walk in nature with some OLLI friends. Experience the beauty in our different communities. All walks are easy with some minor hill climbing. We will walk for approximately an hour. Third Wednesday at 10:00am. Meet at parking area. Bad weather will cancel the walk.

March 18th: Scovill Reservoir Loop in Wolcott Park. Park at St. Pius Church, 517 Woodtick Road. Flat 3.5-mile loop.

April 15th: DeDominicus Preserve, Old Lane, Cheshire. (Route 10 to Old Farms Road. At crest of hill there is a kiosk on left. Park on the side of the road. The trail is through the woods. More challenging, as it is not paved and there are hills. The beauty is well worth it! Hiking boots recommended.

May 20th: Hopbrook Trail, Naugatuck. Parking at lot at the intersection of Routes 63 and 188.

Questions? Diane Visconti (203)215-8548 or email Vis1795@aol.com

Upcoming OLLI Travel

SPRING 2020
4/22/2020: Harlem, NYC – member cost $109
6/5/2020: NYC Philharmonic - Copland & Nico Muhly conducted by Jaap VanZweden - member cost $122 pp

Flyers available at the OLLI Information Table. All prices are member prices. Non-members are charged a slight surcharge that is listed on all flyers. Call Friendship Tours for information and reservations at 1-800-243-1630. Mention OLLI Travel. (Please do not call the OLLI Office.)

Please Note – All OLLI trips will depart from and return to the Chase Parkway DOT Commuter Lot, Waterbury. Maps of this Departure Area are available on the OLLI Information Table.

REMINDER TO OLLI TRAVELERS FOR THE PHILHARMONIC TRIP
Reservations for the Philharmonic Day Trip, June 5, 2020, need to be in by the end of MARCH. Please make sure to reserve this trip early.

TECHNOLOGY CLINIC
with Timothy Padgett
3/6, 3/20, 4/3, & 4/17 in Rm 317
12:00 pm - 1:00 pm, FREE!

Need some help figuring out your laptop, smartphone, or iPad/tablet? Would you like to make a PowerPoint presentation for your family photos? Do you want to understand the online games your grandchildren play? Do you want to play games on your computer or phone? We can show you how! Walk-ins welcome!
OLLI Book Club
The Book Club meets the third Monday of every month in Room 102 @ 1:00pm. Come by!

March 16: Lost Roses by Martha Hall Kelly
April 20: The Island of Sea Women by Lisa See
May 18: The Great Alone by Kristin Hannah
June 15: Unsheltered by Barbara Kingsolver
July 20: Warlight by Michael Ondaatje
August 17: Tobacco Road by Erskine Caldwell
September 21: Appetite for America by Stephen Fried
Contact: nvia@sbcglobal.net

OLLI Genealogy Club
The Genealogy Club meets the second Tuesday of the month. This semester, we will meet on March 10 and April 14, 12:00 - 1:30pm in Room 317 (computer lab on third floor of main building).
Contact: dianeciba@gmail.com

OLLI Film Club
The next film club event will take place on Wednesday, March 25, 2020 @ Noon in Room 324 showing “The Lives of Others” (2006)

Bring your own lunch. Free popcorn will be provided!!

Missed a newsletter?
Find past issues online @ https://olli.uconn.edu/weekly-newsletters/

Find a full list of OLLI Clubs and Committees and their descriptions on Page 3 of the course catalog!

OLLI Leadership Council
Council Members
OLLI officers are part of the Leadership Council, which is the principal representative body of the OLLI membership.

President
Ira Mickenberg
Vice President
Mila Limson
Secretary
Mary Peitler
Asst. Secretary
Joyce Conlan

OLLI Photography Club
The Photography Club meets the last Friday of each month at 1:30pm in Room 102.
Contact: (t.padgett@hotmail.com).

OLLI Reiki Club
Meetings are the first Monday of each month at 1:00pm in Room 102.
Contact: barbara.schafer@comcast.net

Course Proposal Deadlines
The submission deadline is Friday, April 17th, 2020 for Summer proposals (6/1 - 6/26) and Friday, May 29th, 2020 for Fall proposals (9/8 - 11/13).
Submit online: https://olli.uconn.edu/course-proposal-form/

PARKING INFORMATION
OLLI members with University-issued parking decals may park in the following locations on the following days:

Fridays, any time: UConn’s attached ramp garage (entrance on North Elm St.) or Scovill Street Garage (33 Scovill Street)
Monday - Thursday, morning - 5:00pm: Scovill Street Garage
Monday - Thursday, 5:00pm or later: UConn’s attached ramp garage or Scovill Street Garage

If you would like to utilize OLLI at UConn’s parking options, you must submit an application for a parking permit at: park.uconn.edu/olli-parking-permit-application/

If you do not want to purchase a permit, find other local parking areas here: http://www.waterburyparking.com/pricing/
Celebrating Women Artists (and Suffrage)

Museums love anniversaries. No wonder - there is a built-in theme for an exhibition and the curators can run with it. Today's museum is not your grandmother's! Remember the Museum of Natural History in New York where we went on field trips as kids? It always seemed to me as if it were acres of stuffed birds and one dusty diorama depicting primitive man. Contemporary museums curate interesting and timely exhibits complete with coordinating series of lectures, hands-on activities for children, song, dance, film, discussions, cabarets - you name it. No more dusty birds!

1920. Ring a bell? It's the year women in the United States achieved suffrage. To celebrate this remarkable centennial milestone many museums and institutions throughout the country, indeed the world, have mounted celebratory and commemorative exhibitions. One of my favorite museums, the New Britain Museum of American Art (NBMAA), has begun a year-long celebration, entitled “2020/20+ Women at NBMAA Celebrating the Impact of Female-Identifying Artists throughout American History.”

The first of these exhibitions, “Kara Walker: Harper’s Pictorial History of the Civil War (Annotated),” is a series juxtaposing prints from Harper’s book (1862) with the silhouette art of a contemporary African American woman, Kara Walker. Walker has chosen fifteen of these drawings and put them into offset lithograph and silkscreen on paper. During the Civil War photography was in its infancy stages, so the way for most Americans to see and get a feel for the action was to have artists actually sketch battle scenes, etc., as they were happening, and then send them back to their editors where they were published in newspapers and books. The artist has produced a portfolio that looks at experiences of racism toward African Americans that were either “absent or only alluded to in historical representations” of the war. In other words, the true horror of what African Americans experienced was pretty much ignored at the time because of the attitudes of the day. Walker has taken each woodcut plate, enlarged it and overlaid it with silk screen cutout figures rendered in solid black silhouette. Words can’t adequately describe the way these pieces of art depict the pathos and indeed outrage at the injustice, not only of the real conditions of slavery, but of the way it was portrayed at the time. It is up to the viewer to interpret what the silhouettes are doing and how they relate to and expose the historical prints.

The museum has scheduled quite a few events and activities in conjunction with this exhibition. A panel discussion, “Reflections on Race and the Power of Art,” will take place next Sunday, March 15 from 3 to 5 pm. It will be moderated by Frank Mitchell, Executive Director of the Amistad Center for Art and Culture at the Wadsworth, who facilitates conversations on racism, bigotry, violence, history, politics and other topics using art as a platform. According to the museum, you should “come with questions and leave with an understanding of the past and the power of art to call attention to the critical issues of our day.” ($10 members/$15 non-members.)

Free events include two docent-led “Gallery Talks and Curatorial Conversations” which are scheduled for Wednesdays, March 11 and April 1 from 1 to 1:45. On April 8 there will be a curatorial conversation with Lisa Williams, Associate Curator. The museum will also offer a studio class in portrait silhouettes for children ages 8 to 13 on all Wednesdays in April from 4 - 5:30. Silhouettes are always fascinating to children. I remember having mine done in New York City when I was about eight years old on copper paper by a street artist. I still have it! This could be a perfect opportunity not only to take a grandchild to this beautiful museum, but also to explore the topics of racism in history and in our present time. Walk-in tours of this exhibition are also available every Saturday from 1 to 2. If you arrive at the NBMAA before noon on Saturdays admission is free. Look around, have lunch in their terrific cafe (the food is always good) and then enjoy the tour. What a bargain! This exhibition runs until April 19. It will make you think, and I strongly urge you to take advantage of this opportunity. The New Britain Museum of American Art, 56 Lexington Street. NBMAA.org.
Have you ever wondered who was the model for Citizen Kane? which is the largest city in Switzerland? What was the backkicking dance that originated in the 1920s in South Carolina? Which boy’s name, signaled in Morse code, would be represented by six dashes? To which fish family do pilchards and sardines belong? Join us at Trivia on March 17 at noon in the MPR.

- Joe and Ray