

OLLI.UCONN.EDU
(203) 236-9924
OSHER@UCONN.EDU



UCONN
WATERBURY

**FEATURING
36 NEW
COURSES!**

REGISTRATION OPENS

Monday, July 29th
@ 9:00 AM

LEARNING FOR ADULTS AGE 50+

FALL 2019

COURSE CATALOG

**SESSION DATES:
SEPTEMBER 3 - NOVEMBER 11**

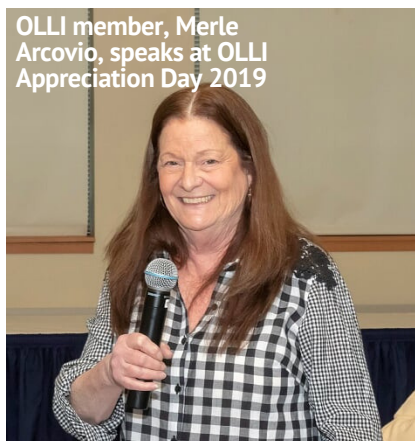




OLLI Garden Project
Coordinators gather at a community event on campus



OLLI Ukulele Adventure
students showcase their skills



OLLI member, Merle Arcovio, speaks at OLLI Appreciation Day 2019

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SAVE THE DATES!

JULY

26: Open House

30: Fall registration opens

SEPTEMBER

3: Fall session starts

10: AARP Session #1

25: Renaissance Lecture

26: Reed Lecture #1

OCTOBER

10: AARP Session #2

24: Reed Lecture #2

NOVEMBER

11: Fall session ends

21: Reed Lecture #3

COURSE COLOR KEY

To help you organize your course schedule, we've color-coded each class to indicate the number of weeks that it meets. If a course has no colored box, it is a standard 10-week class.

"First 5 Weeks"

"Second 5 Weeks"

Unique Schedule

What's the best way to register for courses?

#1: Online @ olli.uconn.edu

Convenient self-registration at your fingertips, immediate confirmation, easy to pay by credit card

#2: By Mail

Mailed registrations will be processed in the order in which they are received, beginning on Registration Day. Payment: Check ONLY. Mail to address on the back cover.

#3: In Person

Visit the OLLI Office (Room 103, M-F 10am-3pm) on or after Registration Day. Drop-off registrations are handled the same as mail-ins and are placed in a first-come, first-served queue. Payment: Check ONLY.

STAY CONNECTED!



www.facebook.com/olliatuconnwaterbury



Head to olli.uconn.edu to subscribe to our "Weekly What's Happening" e-newsletter to stay in the know about course updates, upcoming events, and other OLLI news!



My promise to you is that we will always endeavor to honor what you want from your OLLI. As we move into a new year, please enjoy browsing through the many options available to you. I wish you a lively and invigorating 2019!

**- FIONA DE MERELL,
OLLI DIRECTOR**



Whether you are a new or returning member, I am confident we have at least one course, special event, presentation, or club that will surely spark your interest this Fall!

**- JENNA RYAN,
OLLI COORDINATOR**

FROM THE TEAM....

The OLLI team extends a warm welcome to new and existing members as we dive into the Fall 2019 semester! In this new academic year, the energy and commitment of OLLI volunteers shine through every page. We have a record number of new courses for you, wonderful Café presentations, and a wide variety of clubs to interest you. We also have more lectures and classes from UConn faculty as OLLI and UConn work together to add to our quality programming.

This semester will also see the inaugural John and Joyce DeCesare Renaissance Lecture on the Environment as we honor the memory of John DeCesare, a founding member of OLLI at UConn. John was a strong advocate of lifelong learning and environmental awareness, and we hope this annual lecture will continue his legacy. The lecture is co-sponsored by Connecticut law firm, Pullman & Comley, celebrating 100 years of service to the community and the environment.

Whatever you do at OLLI this Fall, enjoy your lifelong learning! We are proud to be inclusive and welcoming to all older adults – if you're 50 or over, you have a home here at OLLI – where learning never retires.

On a personal note, we'd like to say a fond farewell to OLLI staff members, Laura Rendon and John Sarandrea. Laura and John certainly raised the bar with their dedication and professionalism, and we are so grateful for their contributions to OLLI. We wish them well as they continue their education at the Storrs campus.

**- The OLLI Team:
Fiona, Jenna, Damaris, Leslie, and Victoria**

This catalog is dedicated to student workers

*Laura Rendon and John Sarandrea for their outstanding contributions to OLLI.
Wishing you the best of luck on each of your journeys!*

FALL 2019

Open
House

KEYNOTE PRESENTERS:

"The 3 Amigos"

RABBI ERIC POLOKOFF,
MONSIGNOR JOSEPH DONNELLY,
AND IMAM GAZMEND AGA

Discussing "Creation," faith, and
community from the point of view of
Judaism, Catholicism, and Islam.

SAVE THE DATE: FRIDAY, JULY 26TH
9:30 AM - 12:30 PM

FREE | FREE PARKING | SAMPLE SESSIONS | AGE 50+ | LIGHT
REFRESHMENTS | CLUBS | COMMITTEES | VOLUNTEER OPPORTUNITIES

To RSVP:
osher@uconn.edu
203-236-9924
olli.uconn.edu

SPECIAL EVENTS

FALL 2019

INAUGURAL RENAISSANCE LECTURE ON THE ENVIRONMENT

Restoration of the Naugatuck River: Past, Present, and Future

SPEAKER:

STEVE GEPHARD

Supervising Fisheries Biologist with the Connecticut Department
of Energy and Environmental Protection Fisheries Division

**RESTORING MIGRATORY FISH
TO THE NAUGATUCK RIVER**

FEATURING

GARY B. O'CONNOR, ESQ. Pullman & Comley

& KEVIN ZAK Naugatuck River Revival Group



STEVE GEPHARD

John and Joyce DeCesare were founding members of the Osher Lifelong Learning Institute at the University of Connecticut and have been longtime community leaders. John's passion for learning throughout his life modeled OLLI's philosophy of lifelong learning. He was a noted advocate of environmental conservation, which is why we were inspired to create an annual lecture series about what was most important to him. John was a true Renaissance man and, as such, the name of the fund is truly fitting. Donations to this fund provided the means necessary to hold this inaugural lecture with Mr. Gephard.

SPONSORED BY:

**PULLMAN
& COMLEY** **100 YEARS**

**CELEBRATING 100
YEARS OF DEDICATION
TO ENVIRONMENTAL
CONSERVATION**

SEPTEMBER 25TH | 5:00 - 7:30 PM | FREE | ROOMS 113-119



FALL 2019
REED FELLOW
LECTURE SERIES

POLITICAL SCIENCE FICTION

4:00-
7:00 pm
Room
113-119

SEPTEMBER 26:
ARRIVAL

OCTOBER 24:
BLADE RUNNER

NOVEMBER 21:
STAR TREK II: WRATH OF KHAN

In Fall 2014, David and Joan Reed created the David and Joan Reed Faculty Fellowship to bring UConn Storrs faculty to teach at the Waterbury campus. This year, **Professor Stephen Dyson** (Dept. of Political Science) has been awarded the Reed Fellowship, one of UConn's top teaching honors, and has collaborated to organize a series of public lectures at the UConn Waterbury campus.

Join us for this fascinating Fall film series (sponsored by OLLI at UConn, the UConn Waterbury administration and the UConn Center of Excellence for Teaching) presenting science fiction through a Political Science lens! Each film will include a pre-screening introduction explaining the real-world social and political themes illuminated by the movie. The lectures will be presented by Professor Dyson, who will be teaching at the Waterbury campus this Fall in addition to his teaching and scholarship responsibilities on the Storrs campus.



WITH PROFESSOR STEPHEN DYSON

BEYOND THE CLASSROOM

Committees and clubs add an invaluable element to the OLLI experience, and are at the heart of OLLI's social engagement component.



BOOK CLUB

Book Club is open to all active OLLI members and meets on the third Monday of each month, January through November. Interested? Contact Nancy Via (nvia@sbcglobal.net). Check the OLLI Newsletter for a book list!



FILM CLUB

Film Club is open to all active OLLI members and meets once a month during Fall and Spring semesters. Interested? Contact Joe Gambini (j.gambini@att.net), Ralph Famiglietti (ralphf52@aol.com), or Nunzio De Filippis (nonnonunzio@comcast.net). Check the Info Table for the Fall '19 film schedule!



PHOTOGRAPHY CLUB

Photography Club meets the last Friday of each month. Join us for photographic challenges and critiques as well as advice on composition, exposure and contrast as well as creating black and white images. No experience needed! Interested? Contact Timothy Padgett (t.padgett@hotmail.com).



GENEALOGY CLUB

Open to all members of the OLLI Community who would like to learn more about your family history, to plan events and activities, provide answers to questions, and discover service projects in genealogy. Look for more information in the Weekly Newsletter about meetings and events. Interested? Contact Diane Ciba (dianeciba@gmail.com).



CURRICULUM DEVELOPMENT COMMITTEE

The Curriculum Development Committee identifies topics of interest to members, recruits new presenters, and helps develop OLLI's educational goals. Interested? Contact Rosalie Griffin (rogriff@att.net) or Richard Albro (ralbro@optonline.net).



OLLI CAFÉ COMMITTEE

The OLLI Café Committee finds and schedules speakers for OLLI's lunchtime presentation series. Interested? Contact Mila Limson (joemila2000@yahoo.com) or Julie Fernandez (juliefernan2387@sbcglobal.net).



MEMBERSHIP COMMITTEE

The Membership Committee recruits new members through outreach, and provides support and hospitality to existing members. Interested? Contact Merle Arcovio (merleka@optonline.net) or Timothy Padgett (t.padgett@hotmail.com).



CLUBS & ACTIVITIES COMMITTEE

The Clubs & Activities Committee identifies, establishes, and coordinates clubs and activities, with an educational element, which may be of interest and enjoyment for the OLLI membership. Interested? Contact Nancy Via (nvia@sbcglobal.net) or Delma Way (delvilway@aol.com)



NEW REIKI CLUB

Reiki uses energy to heal different parts of the body physically, mentally, and emotionally. This Reiki practice club is open to anyone who has had Reiki Level One or Two whether at OLLI or elsewhere. During our meetings we will practice on each other, or bring a friend who would benefit from a Reiki session. Meetings are the first Monday of each month. Interested? Contact Barbara Schafer (barbara.schafer@comcast.net)



VOICES & VISIONS EDITORIAL COMMITTEE

The *Voices & Visions* Editorial Committee coordinates *Voices & Visions*, a publication which showcases original writings, art work, and photography of the OLLI membership. Interested? Contact Nancy Whitney (wrdsworth@att.net) or Liz Hanahan (lizhanahan@aol.com). Ask the OLLI Office about submitting your own work!



NEWSLETTER COMMITTEE

The Newsletter Committee gathers announcements and information and writes news stories for the OLLI Newsletter. Interested? Contact Bob Grady (yvoorg@aol.com) or Nancy Blomstrom (nblomstrom@aol.com).



TRAVEL COMMITTEE

The Travel Committee coordinates travel activities and events of educational interest and enjoyment to OLLI members. Interested? Contact Ann Rompre (annrompre@sbcglobal.net) or Pollyann Merriman (3195pam@gmail.com).

GIVING BACK

**EVERY ACT OF KINDNESS
PLANTS A SEED. WE NEED
YOUR HELP TO GROW!**

OLLI offers outstanding learning and social experiences, opportunities to expand your knowledge, and chances to share your interests in a diverse community united by a desire to keep learning and enjoying life. The act of giving makes a huge difference to us all. Between the diverse contributions of UConn, volunteer contributions of instructors and leaders, fees from members, the Osher endowment, and philanthropic gifts from members, we're able to continue offering an OLLI in which you can take pride.

It isn't the amount of your contribution that matters most – it is the willingness to act and demonstrate your support that is most profound and valuable.

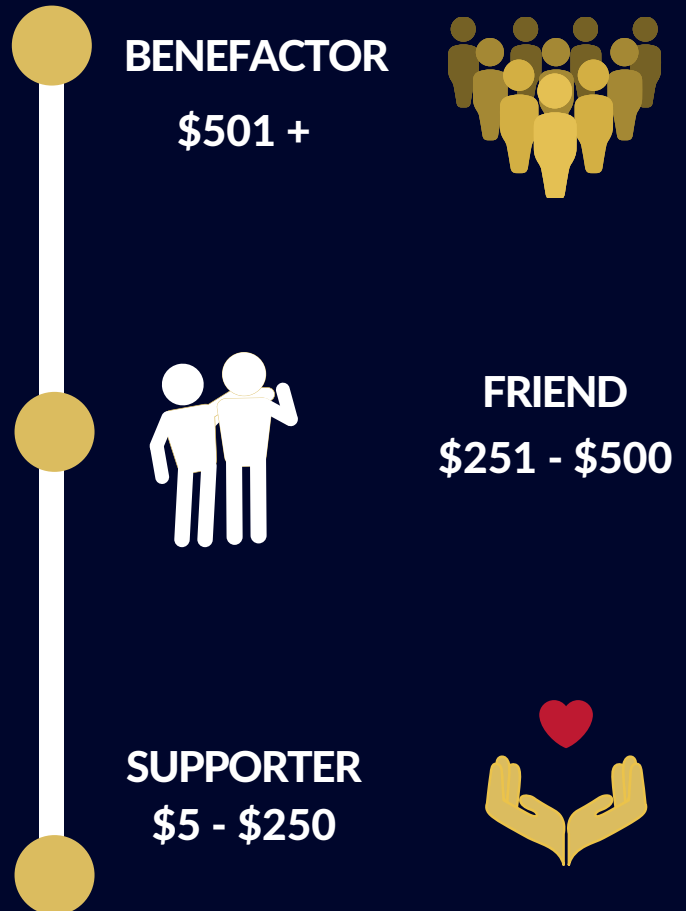
**YOUR DONATIONS GO
DIRECTLY TO OLLI!**

Please show your support by visiting olli.uconn.edu and clicking "DONATE TO OLLI" in red on the right of the screen. There are two funds: The OLLI Sustainability Fund and The John & Joyce DeCesare Renaissance Fund. Choose either, as ALL funds go directly to OLLI!

You can also mail your gift to:
The University of Connecticut Foundation, Inc.
2390 Alumni Drive, Unit 3206
Storrs, CT 06269-3206

Checks should be made payable to: University of Connecticut Foundation, Inc. Be sure to note your fund of choice (one of the two above) on your check.

**WHICH GIVING LEVEL WILL
YOU STRIVE FOR THIS
YEAR?**



**BENEFITS OF GIVING TO
OLLI AT UCONN:**

- Recognition in our Annual Report.
- The opportunity to underwrite a special event (with donations of \$500 or more during an academic year).
- The opportunity to underwrite a course (with donations of \$250 or more during each academic year).
- The knowledge that you've made a meaningful contribution to positive aging and learning!

FALL 2019 COURSE LISTINGS

ART & ART HISTORY

- AH-436** The Art in Painting: Learning to See - A Workshop, *Thelma Appel, Page 9*
AH-443 Fundamentals of Drawing
Thelma Appel, Page 9
***NEW* AH-445** Psyche and Eros: The Most Beautiful Love Story Ever Told
Carol Rizzolo, PhD, Page 10

CURRENT EVENTS

- CE-014** Russia: Partner or Adversary?
Dr. Sergei Kambalov, Page 13
CE-017 Wake Up, Sheeple! How Conspiracy and Propaganda Have Shaped American History, *Alan Bisbort, Page 13*
***NEW* CE-021** Silk Roads for the 21st Century: China's Grandiose Projects
Roger Levy, Page 8
***NEW* CE-022** Social and Political Trends in America: Listen and Discuss
Larry Rifkin, Page 12

CULTURE & LANGUAGE

- *NEW* CL-455** Making Sense of Asian Characters 理解, *Gabriella Brand, Page 8*
***NEW* CL-456** The Hidden Treasures of Northern Italy, *Angela Buzzelli, Page 11*
***NEW* CL-457** Classic Diners of Connecticut
Garrison Leykam, Page 15
***NEW* CL-458** A Little Yiddishkeit
Elizabeth Neuwirth, Page 12
CL-401 Italian: Vita e Lingua, Part I
Nunzio De Filippis, Page 11
***NEW* CL-459** Parliamo Italiano V
Nunzio De Filippis, Page 13

COMPUTERS

- CO-426** Computers for Beginners: Navigating Windows
Timothy Padgett, Page 8
***NEW* CO-427** PowerPoint Basics
Diane Ciba, Page 8
***NEW* CO-428** Self-Publishing Using Blurb
Diane Ciba, Page 8

FACULTY COURSE

- *NEW* FC-001** Fall 2019 Faculty Course
Various UConn Faculty Members, Page 16

HISTORY

- HS-525** The Magic Behind the Footlights: Backstage Secrets of Waterbury's Storied Palace Theater, *Louis Belloisy, Page 8*
***NEW* HS-526** Hail Caesar: Lives and Times of the Great Emperors, *Vincent Casanova, Page 13*
***NEW* HS-527** Case Studies in Genealogy
Diane Ciba, Page 8

- *NEW* HS-528** Astronomy Through the Ages
Arnold Heiser, Page 12
***NEW* HS-529** Postcards from the Highway of Life, *Garrison Leykam, Page 16*
HS-530 European History for Travelers: Truth is Stranger Than Fiction: Great Stories in European History, *Diane Stone, Page 11*
***NEW* HS-531** Women of the American Revolution
Raymond E. Sullivan, MD, Page 11

HEALTH & WELLNESS

- HW-405** Reiki Level One, *Barbara Schafer, Rosemary Toletti & Sr. Cecilia Baranowski, Page 13*
HW-417 The Alexander Technique: An Introduction to Posture, Balance, Breathing, and Movement
Peter Anderheggen, Page 15
HW-481 Swing Into Health, Balance, & Strength with FFXP, *Naida Rodriguez-Rosado, Page 10*
HW-485 Movement to the Classics
Tamari Witkin, Page 10
***NEW* HW-490** Laugh for the Health of It: Creating Healthy Lifestyles Through Laughter
Trevor Smith, Page 9
***NEW* HW-493** The Mind Body Connection: Awakening Your Awareness, *Stacey Altomari, Page 7*
***NEW* HW-494** Chinese Medicine: Emotion as the Ascending Path to Spirit or a Descending Path to Disease, *William Courtland, Page 12*
***NEW* HW-496** POUND Pro
Naida Rodriguez-Rosado, Page 9
HW-497 Bugs: Bacteria and Viruses in Human Health, *Douglas Welsh, Page 15*
***NEW* HW-498** Gentle Hatha Yoga
Tamari Witkin, Page 10
HW-499 Everything You Wanted to Understand About Hypnosis, *Salvatore Martone, Page 13*

LITERATURE & WRITING

- LW-483** Do You Haiku?
Jack Lewis, Page 10
***NEW* LW-486** Orwell Matters,
Bill Blair, Section 1 - Page 11, Section 2 - Page 12
LW-487 Writing Your Life, Continued: A Course in Memoir Writing
Gabriella Brand, Page 8
***NEW* LW-488** Who We Are: Stories of Becoming
Catherine Capuano, Page 7
LW-489 Learn How to Write Your/Perfect/Publish Your Own Story
Martin Herman, Page 9
***NEW* LW-490** The Divine Comedy: Paradise
Douglas Welsh, Page 12
***NEW* LW-491** Do You Have Writer's Itch? Let this Class Help You Scratch that Itch!
Nancy Whitney, Page 11
***NEW* LW-492** Writers and Playwrights of the African Diaspora
Deirdre Wright, Page 15

MUSIC

- MU-450** Dylan, *Walter Brooks, Page 12*
MU-455 The Jazz Scenes, *Fran McIntyre, Page 16*
MU-459 The Ukulele Adventure: For Beginners
Nina Lesiga, Page 12
MU-465 Hey, What's the Score?
Donna Obarowski, Page 15
MU-467 The Ukulele Adventure: Playalong/Advanced Beginners, *Nina Lesiga, Page 15*
***NEW* MU-468** Adult Beginners' Keyboard/Piano for Enjoyment, Memory & Health
Tamari Witkin, Page 10

PERFORMING ARTS

- PA-433** Sounds of Broadway at the Palace Theater, *Stuart Brown, Page 9*
***NEW* PA-434** Opera: A Passion for the Ages - The Bel Canto, *Nunzio De Filippis, Page 16*

PERSONAL DEVELOPMENT

- PD-415** Investment Portfolio Investment
Jessica Kott, Page 13
***NEW* PD-443** Audacious At Any Age
Garrison Leykam, Page 16
***NEW* PD-444** Financial Education
Maria Xavier and Peter Ryan, Page 7

PHILOSOPHY & RELIGION

- *NEW* PR-429** A Faith Forgotten: Discovering the Lost Internal Message of Christianity
William Courtland, Page 15
***NEW* PR-430** The Three Amigos: A Priest, Rabbi, and Imam Discuss... *Rabbi Eric Polokoff, Monsignor Joseph Donnelly & Imam Gazmend Aga, Page 9*

SOCIAL SCIENCES

- *NEW* SS-004** Adulthood & Aging
Dr. Laura Donorfio, Page 9

VISUAL ARTS

- VA-415** An Enriching Experience with Acrylic Painting, *Judy Jaworski, Page 12*
VA-432 Mandalas as Art and Personal Relaxation, *Rose-Ann C. Chrzanowski, Page 12*
VA-449 Creative Photography: Cell Phones and Compact Cameras 101, *Timothy Padgett, Page 12*
VA-450 Creative Photography: SLR and Mirrorless Cameras 101, *Timothy Padgett, Page 16*
***NEW* VA-463** Immigrants in Film
Joseph Gambini, Page 16
VA-464 Contemporary Documentary Films
John Long, Page 9
***NEW* VA-465** Creative Darkroom Photography
Timothy Padgett, Page 8
***NEW* VA-466** Introductory Art House and Independent Films, *Deirdre Wright, Page 15*

MONDAY

NEW HW-493

The Mind Body Connection: Awakening Your Awareness

Stacey Altomari

10 sessions | 10:15 AM - 11:45 AM

9/9 - 11/11 | \$56

Through EFT, awaken your awareness. Discover how your mind and body work together. Learn a healing technique to expand your awareness and heal your body.

NEW LW-488

Who We Are: Stories of Becoming* **Catherine Capuano**

5 sessions | 10:15 AM - 11:45 AM

10/7 - 11/4 | \$28

Reading and reflecting upon Jacqueline Woodson's book, *Brown Girl Dreaming*, we will explore the factors and feelings associated with becoming who we were, are, and might yet be. There will be in-class discussions and opportunities for writing and sharing our stories. *Please read the Woodson book before the first class session. *Required supplies

NEW PD-444

Financial Education

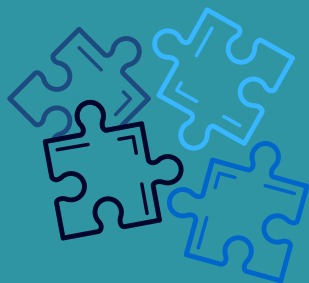
Maria Xavier & Peter Ryan

4 sessions | 10:15 AM - 11:45 AM

9/9 - 9/30 | \$23

A series of financial education sessions covering the following topics: *Retirement: Making Your Money Last, What Happens After the Paychecks Stop? A Retirement Income Primer, Preparing Your Estate Plan*, and more!

INTERGENERATIONAL CONNECTIONS



Dr. Laura Donorfio, Associate Professor of Human Development and Family Studies and longtime OLLI faculty liaison and supporter, is once again implementing her unique design of intergenerational interaction for undergraduate students at UConn. Watch out for exciting intergenerational opportunities and fun events throughout the Fall semester!

NEW Sign up to attend Professor Donorfio's class for FREE. See details on page 9. Space is limited!

**DON'T MISS THEIR PRESENTATION ON FRIDAY, NOVEMBER 8TH!
12:00 - 1:30PM, ROOMS 113-119**



TUESDAY

NEW* CL-455 Making Sense of Asian Characters 理解
Gabriella Brand

5 sessions | 8:45 AM - 10:00 AM
9/3 - 10/1 | \$23

Have you ever wondered about the characters used in Chinese and Japanese writing? Where do they come from? What do they mean? How do they function with today's iPhone and computer keyboards? Are they cumbersome or elegant, fast or slow? How does a child learn the ABC's if there are no A's, or B's or C's? This is not a course for learning a language, but rather an exploration of one of the world's most fascinating writing systems. *Required supplies

CO-426
Computers for Beginners:
Navigating Windows
Timothy Padgett

10 sessions | 12:00 PM - 1:30 PM
9/3 - 11/5 | \$56

Need help navigating your personal laptop? This computer class for beginners is perfect for those looking to get a better handle on Windows 10 or older. We will cover the basics, including photo-editing software that comes with Windows. Bring your own device to class so we can tailor your learning to what you have. Handouts will be given so you can learn more about your at-home devices, too.

***NEW* CO-428**
Self-Publishing Using Blurb*
Diane Ciba

5 sessions | 1:45 PM - 3:15 PM
10/8 - 11/5 | \$28

Bring your laptop and create a beautiful book with Booksmart software from Blurb.com. Learn how to use the software to create and edit page layouts, add photos, and use backgrounds, ornaments, and other page embellishments to create paperback or hardcover books.

*Required supplies

***NEW* HS-527**
Case Studies in Genealogy*
Diane Ciba

10 sessions | 10:15 AM - 11:45 AM
9/3 - 11/5 | \$56

Students will explore online sources and research historic locations, neighborhoods, and events to expand information for their family trees.

*Required supplies

***NEW* CE-021**
Silk Roads for the 21st Century:
China's Grandiose Projects
Roger Levy

5 sessions | 10:15 AM - 11:45 AM
9/3 - 10/1 | \$28

In 2013, Chinese President Xi Jinping announced one of the most ambitious global infrastructure building projects ever conceived. Now known as the Belt and Road Initiative (BRI), according to the United Nations Development Program, it is "an international cooperation initiative that aims to advance global and regional connectivity. Its main objective is to increase connectivity between China and other countries." The People's Republic of China (PRC) will plan, finance and build highways, rail lines, pipelines, fiber-optic networks, power plants, commercial ports, etc. in Eurasia, Africa, and South America. The course will focus on the geopolitical impacts of those projects.

***NEW* CO-427**
PowerPoint Basics*
Diane Ciba

5 sessions | 1:45 PM - 3:15 PM
9/3 - 10/1 | \$28

PowerPoint software can be used to tell a story. This overview will focus on creating different types of slides that include text, bulleted lists, tables, photos, maps, and charts about a person or place. Students will also learn to use slide transitions, animations and recorded narration to create a webpage or pack-and-go presentation. *Recommended supplies

***NEW* VA-465**
Creative Darkroom Photography*
Timothy Padgett

10 sessions | 10:15 AM - 11:45 AM
9/3 - 11/5 | \$56

Enjoy OLLI's new darkroom set-up as we take creative photos, develop the film, and watch the prints come to life before our eyes. *Required supplies

HS- 525
The Magic Behind the Footlights:
Backstage Secrets of Waterbury's
Storied Palace Theater
Louis Belloisy

5 sessions | 10:15 AM - 11:45 AM
9/3 - 10/1 | \$28

Experience a detailed tour of the theater including backstage, dressing rooms, and the flyway over the stage. Enjoy a slideshow of restoration photos, old theater photos, and the life of Sylvester Z. Poli, builder and operator of the Poli chain of theaters. Class will meet with the theater's CEO and COO to discuss theater operation and future plans. *Note: Class held at Palace Theater (100 East Main St., Waterbury, CT)

LW-487
Writing Your Life, Continued: A
Course in Memoir Writing
Gabriella Brand

8 sessions | 1:45 PM - 3:15 PM
9/3 - 10/15, NO CLASS 10/22 or 10/29, Final class 11/5 | \$45

We all have life-stories to tell. When we take the time to write memoirs, we ensure that our descendants will know who we were and how we lived. The atmosphere of the course will be supportive and encouraging, with opportunities for reading and sharing. Each week the instructor will offer guidance, structured writing exercises and prompts. She will be available for one-on-one writing advice after class. *Please note: there is a two-week hiatus during which students will write at home, then return for a final class to share their work.

See an asterisk (*) next to your course title? That means there are required/recommended books and/or special supplies needed for that course.

Check the yellow insert for a Books & Supplies list.

WEDNESDAY

***NEW* PR-430**

The Three Amigos: A Priest, Rabbi, and Imam Discuss...

**Rabbi Eric Polokoff,
Monsignor Joseph Donnelly,
& Imam Gazmend Aga**

5 sessions | 10:15 AM - 11:30 AM
9/4, 9/11, 9/18, 9/25, 10/23 | \$23

Representatives of three Abrahamic faiths (Christianity, Judaism and Islam) share their learning, friendship, humor and values on a variety of religiously-oriented subjects.

AH-436

The Art in Painting: Learning to See - A Workshop*

Thelma Appel

10 sessions | 12:30 PM - 2:30 PM
9/4 - 11/6 | \$75

In this workshop, you will learn to analyze the basic structure of all art forms and how they relate to each other. Additionally, you will learn to mix primary colors and their complementaries for contrasts in tone and values. We will use still-life, old Master paintings, and photographs as references. Learn how colors and forms activate pictorial space to create your own dynamic composition.

*Required supplies

***NEW* HW-496**

POUND Pro

Naida Rodriguez-Rosado (FFXP)

10 sessions | 4:00 PM - 5:00 PM
9/4 - 11/6 | \$38

POUND® transforms drumming into an incredibly effective way of working out. Designed for all fitness levels, POUND® provides the perfect atmosphere for letting loose, getting energized, toning up and rockin' out! The workout is easily modifiable and the alternative vibe and welcoming philosophy appeals to men and women of all ages and abilities.

***NEW* SS-004**

Adulthood & Aging

Dr. Laura Donorfio

10 sessions | 12:15 PM - 2:15 PM
9/4 - 11/6 | FREE!

Join a class of undergraduate UConn students for the lecture portion of *Adulthood & Aging*, a unique intergenerational service learning course. Space is limited!

AH-443

Fundamentals of Drawing*

Thelma Appel

10 sessions | 10:30 AM - 12:00 PM
9/4 - 11/6 | \$56

In this course, you will learn basic perspective, the relationship of objects to each other, and how to energize your composition by the use of line only. You will learn to express volume with shading and explore the dramatic possibilities of contrasting light and dark dynamics. *Required supplies

***NEW* HW-490**

Laugh for the Health of It: Creating Healthy Lifestyles Through Laughter

Trevor Smith

4 sessions | 1:45 PM - 3:15 PM
10/2 - 10/23 | \$23

Utilizing a series of experiential exercises and games, this program explores the use of laughter for stress management, community building, promotion of positive thoughts and feelings, and strengthening the immune system. The course will focus on the practices of Good Hearted Living where the presenter will place an emphasis on creating a supportive non-judgmental environment that encourages creativity and enjoyment.

PA-433

Sounds of Broadway at the Palace Theater

Dr. Stuart Brown

2 sessions | 1:30 PM - 2:45 PM
9/25 & 10/2 | \$10

The two session class will give an overview of the nationally touring Broadway shows being presented at the Palace Theater during the 2019 - 2020 season. Week 1 will cover *A Bronx Tale*, *The Play That Goes Wrong*, and *Les Miserables*. Week 2 will cover *Bandstand*, *Finding Neverland*, and *An American in Paris*.

LW-489

Learn How to Write / Perfect / Publish Your Own Story

Martin Herman

10 sessions | 12:15 PM - 1:45 PM
9/4 - 11/6 | \$56

In this 10-week course, a published author will give you individualized guidance in finding your "writing voice," from creating your own captivating beginning through to a strong conclusion. In addition, you will learn about the options and processes for bringing your story to market. Everyone has a story worth telling. No one is better equipped to tell your story than you.

VA-464

Contemporary Documentary Films

John Long

5 sessions | 1:45 PM - 4:00 PM
10/9 - 11/6 | \$42

There is an enormous variety of documentary films and videos available: shown in theaters as well as broadcast on public television, cable channels, streaming services or YouTube. The range of approaches and styles has expanded constantly so there is no one definition for documentary. This class will look at full-length documentaries that were nominated or won the Academy Award for Best Documentary. A documentary made by the instructor will also be shown so the class has the opportunity to have an inside look at how a documentary is made.



Friends chat over coffee just before an OLLI event

THURSDAY

LW-483 Do You Haiku?

Jack Lewis

7 sessions | 10:15 AM - 11:45 AM
9/5 - 10/17 | \$39

Join us for a journey exploring Japanese haiku. We will start with a brief look at the history of Japanese poetry, including renga, tanka, waka, haikai and hokku, and we will then look at traditional haiku, with its seasonal words and imagery, its focus primarily on the natural world, and discipline. A side trip to visit the Zen poets might surprise you as we encounter the tradition of death poems. Finally we'll come up-to-date with the adoption of the haiku form into other languages and cultures, including our own. Along the way, we'll write our own haiku and share the insights these creations open up to us.

NEW AH-445

Psyche and Eros: The Most Beautiful Love Story Ever Told

Carol Rizzolo, PhD
2 sessions | 1:45 PM - 3:15 PM
9/5 & 9/12 | \$10

The *Psyche and Eros* story is part of a longer hilarious work entitled *The Golden Ass* by 1st c. author Apuleius. Through humor and wit, this ancient author takes us on a laugh out loud romp through ancient Greece. Using paintings and other images, we will explore the imagery that has been inspired by this great work.

NEW HW-498 Gentle Hatha Yoga*

Tamari Witkin
10 sessions | 10:30 AM - 11:30 AM
9/5 - 11/7 | \$38

Join us for gentle, mindful yoga (non-'flow'), moving carefully from one position to the next for increasing flexibility, controlled breathing, and support for strengthening and lengthening the body. *Required supplies

NEW MU-468 Adult Beginners' Keyboard/Piano for Enjoyment, Memory & Health*

Tamari Witkin
10 sessions | 1:45 PM - 2:45 PM
9/5 - 11/7 | \$38

Have you always wanted to learn how to play the piano but just didn't have time for the daily discipline of practice? Didn't know where to start? Want to learn piano for agility, strengthening memory and managing arthritis in the fingers, wrist and arms? If you answered YES to any of these questions then this class is tailored for YOU! *Required supplies & Recommended reading

HW-485 Movement to the Classics (MTC)

Tamari Witkin
10 sessions | 12:00 PM - 1:00 PM
9/5 - 11/7 | \$38

Culturally enriching, engaging and super fun low impact interval training and strength building work out to classical music – short backgrounds on the more famous compositions – calorie torching and easy to follow! New playlist!

HW-481 Swing into Health, Balance & Strength

Naida Rodriguez-Rosado (FFXP)
10 sessions | 1:45 PM - 2:45 PM
9/5 - 11/7 | \$38
We are presenting a complete (Fitness Fury) Health and Wellness Fitness Program designed to fit your lifestyle, composed of all five components (warm-up, cardiovascular conditioning, strength, cool down, and stretching) for a complete workout. Guaranteed fun, enthusiasm, laughter, and sense of accomplishment!

COLOR KEY REMINDER:

"First 5
Weeks"

"Second
5 Weeks"

Unique
Schedule

No color =
Standard 10
week class

✓ **Abbreviated course: Low cost, low commitment. Check out the other classes marked with an orange check!**

AARP®

SMART DRIVERS COURSE

PICK ONE!

**Tuesday, Sept 10th
9:00 am - 1:00 pm**

OR

**Thursday, Oct 10th
9:00 am - 1:00 pm**

OLLI at UConn hosts the AARP 4-hour Smart Drivers Course - the oldest and most successful program for older drivers to help refresh driving skills and learn a few new tips. The cost is **\$15** for AARP members and **\$20** for non-members. Payment may be made by check (to AARP) at the start of the course. State law mandates a minimum **discount of 5%** on your liability insurance for 2 years for drivers 60 and over who take the course. *OLLI membership is not required to register! Call **203-236-9924** to sign up or circle your desired date on the registration form.

8:30 AM - 10:00 AM

HS-530

**European History for Travelers:
Truth is Stranger Than Fiction:
Great Stories in European History**
Diane Stone

5 classes | *8:15 AM* - 10:00 AM
9/6 - 10/4 | \$33

Once you accept the point of view that what makes history interesting is the people who made it, the stories that bubble around them illustrate that Mark Twain was right when he wrote: "Truth is stranger than fiction, but it is because fiction is obliged to stick to possibilities; truth isn't." Sit back and enjoy delving into some of European history's great stories that will make places you visit as a traveler even more interesting than they otherwise would be.

NEW LW-486

Orwell Matters SECTION #1*

Bill Blair

10 sessions | 8:30 AM - 10:00 AM
9/6 - 11/8 | \$56

George Orwell is arguably the most influential political writer in the English language. His *Animal Farm* and *Nineteen Eighty-Four* have been translated into scores of languages, sometimes to the dismay of politicians who have banned even the possession of these works as subversive. This course chiefly explores Orwell's anti-totalitarian works, with some attention given to the films they have generated as well as Orwell's global influence. *Required reading

NEW LW-491

**Do You Have Writer's Itch? Let this
Class Help You Scratch that Itch!**

Nancy T. Whitney

10 classes | *8:15 AM* - 10:00 AM
9/6 - 11/8 | \$66

No previous writing experience is needed for this course, just a willingness to scratch your inner *writer's itch*. We will talk, write, and explore all kinds of writing to help you find yourself on the page: poetry, verse, short story, and memoir. Come and let yourself have fun on the page.

NEW CL-456

**The Hidden Treasures of
Northern Italy**
Angela Buzzelli

5 classes | 8:30 AM - 10:00 AM
10/11 - 11/8 | \$28

Le Regioni d'Italia: The culture and traditions of the Northern Italian regions. In this course, we will continue to explore the traditions and cultures of the various Italian regions. We will get to know some of the lesser known regions of Northern Italy such as Trentino Alto Adige, Valle d'Aosta and Friuli Venezia Giulia. Would you know what you would be ordering if you saw *canederli* on the menu? Or, why a pasta would be named "*strangolapreti*" or when you would eat "*smacafam*"? Come to our class and all will be explained.

NEW HS-531

**Women of the American
Revolution**

Raymond E. Sullivan, MD

5 classes | 8:30 AM - 10:00 AM
10/11 - 11/8 | \$28

This course will explore the contributions made by women to the cause of liberty during the American Revolution. Some are well known and some are not so well known, but all made a significant difference in the ultimate outcome of the War to end all wars.

NEW CL-401

Italian: Vita e Lingua, Part I*
Nunzio De Filippis

10 classes | *9:30 AM - 11:30 AM*
9/6 - 11/8 | \$75

An introduction to the Italian language enhanced by a cultural experience. The course will consist of basic Italian for the first hour, followed by an enhanced Italian cultural experience to include customs and everyday life discussions as well as viewing of segments of Italian films and operas. Participants are strongly encouraged to register for Part II in the future. *Required reading

OLLI "Greening of
Waterbury" Garden student
tends to a plant bed



10:15 AM - 11:45 AM

***NEW* CL-458**

A Little Yiddishkeit Elizabeth Neuwirth

5 sessions | 10:15 AM - 11:45 AM
10/11 - 11/8 | \$28

Yiddishkeit literally means "Jewishness." Between 1880 and the start of World War I in 1914, about two million Yiddish-speaking Jews immigrated to the United States. They brought with them their very expressive, outrageous language, music, religion, politics, literature, and popular theater. The mass migration also spawned generations of Jewish comedians. Intended for Jews and non-Jews, this class will look at this culture in Europe and America. You are guaranteed to learn at least 10 useful Yiddish words or expressions and to feast on homemade challah bread at our final class.

***NEW* CE-022**

Social and Political Trends in America: Listen and Discuss Larry Rifkin

5 sessions | 10:15 AM - 11:45 AM
10/11 - 11/8 | \$28

Using a new format for OLLI, veteran broadcaster Larry Rifkin will lead a discussion group on topics from his podcast series, *America Trends*. Each class, you will listen to a 30-minute audio podcast and Larry will pose observations and questions based on the content. Topics may range from the debate over vaccines to the origins of fault lines in American politics to the possibility of a second Civil War. A survey at the first session will guide the topic selection for the other sessions.

***NEW* HW-494**

Chinese Medicine: Emotion as the Ascending Path to Spirit or a Descending Path to Disease William Courtland

10 sessions | 10:15 AM - 11:45 AM
9/6 - 11/8 | \$56

This course will examine the dual nature of the seven emotions in Chinese Medicine that can either be an assist to our spiritual evolution or become contributory factors in the formation of our mental, emotional, or physical disease.

***NEW* HS-528**

Astronomy Through the Ages Arnold Heiser

5 sessions | 10:15 AM - 11:45 AM
9/6 - 10/4 | \$28

Watching the sky is one of humankind's most absorbing and exciting practices. Prehistoric peoples have used the sun, the moon, and the stars to help with their lives and daily activities. Written records from early cultures, like Mesopotamia and the Mayans, showed their sky knowledge, for instance, by being able to determine the length of the year and to make eclipse predictions. Chinese, Indian, Greek, and Islamic astronomers contributed to furthering astronomical science. The making and use of telescopes led the way to our current understanding of the observable universe.

***NEW* LW-486**

Orwell Matters SECTION #2* Bill Blair

10 sessions | 10:15 AM - 11:45 AM
9/6 - 11/8 | \$56

George Orwell is arguably the most influential political writer in the English language. His *Animal Farm* and *Nineteen Eighty-Four* have been translated into scores of languages, sometimes to the dismay of politicians who have banned even the possession of these works as subversive. This course chiefly explores Orwell's anti-totalitarian works, with some attention given to the films they have generated as well as Orwell's global influence.

*Required reading

***NEW* LW-490**

The Divine Comedy: Paradise* Douglas Welsh

10 sessions | 10:15 AM - 11:45 AM
9/6 - 11/8 | \$56

Dante's *Divine Comedy* has been called the greatest poem ever written. This course will read and discuss the last part of the poem, *Paradise*, and how it relates to Dante's world and our own.

*Required reading

VA-449

Creative Photography: Cell Phones and Compact Cameras 101 Timothy Padgett

10 sessions | 10:15 AM - 11:45 AM
9/6 - 11/8 | \$56

Join us for a photography course on how to create works of art with the camera you always have with you.

MU-459

The Ukulele Adventure: For Beginners*

Nina Lesiga

8 sessions | 10:15 AM - 11:45 AM
9/20 - 11/8 | \$45

The ukulele is pure fun to learn and play in a group. Learn basic chords, strums and songs of different genres in a supportive, stress-free setting. This starter course's unique design enables taking it two or more times. Bring a tuned soprano, concert, or tenor ukulele with you and either a Snark type electronic tuner or smart phone app. Handouts will be provided. No experience is required. Need a ukulele? Shop local and get tips about which model and style is best suited for your hand size, style, and budget. Stores also help with tuning.

VA-415

An Enriching Experience with Acrylic Painting*

Judy Jaworski

9 sessions | 10:15 AM - 11:45 AM
9/20 - 11/22 (NO class 11/8) | \$51

In this course, students will learn to develop expertise in the medium to create a personal finished painting. You will also compose a color chart for future reference. *Required supplies

VA-432

Mandalas as Art and Personal Relaxation

Rose-Ann C. Chrzanowski

10 sessions | 10:15 AM - 11:45 AM
9/6 - 11/8 | \$56

We will be exploring various mediums to create mandalas. Participants are invited to connect with their creativity to design their mandalas. No artistic ability needed. This art comes from your heart and soul!

MU-450 Dylan

Walter Brooks

10 sessions | 10:15 AM - 11:45 AM
9/6 - 11/8 | \$56

In 2016, Bob Dylan was the recipient of the Nobel Prize in Literature "for having created new poetic expressions within the great American song tradition." In this course we will listen to these new poetic expressions and the music that accompanies them in the context of his life, his relationships, and the times in which he worked.

12:00 PM - 1:30 PM

***NEW* CL-459**

Parliamo Italiano Part V Nunzio De Filippis

10 sessions | *11:45 AM - 1:45 PM*
9/6 - 11/8 | \$75

This course is a continuation of Parliamo Italiano IV. Conversational Italian for all - that is, for most people who have had a few or many courses of Italian, or those who spoke Italian as children. All are welcome! We will learn from each other. Every effort will be made to speak ONLY ITALIAN in the class. SOLAMENTE IN ITALIANO!!

HW-405

Reiki Level One*

Barbara Schafer, Rosemary Toletti, & Sr. Cecilia Baranowski

8 sessions | 12:00 PM - 1:30 PM
9/6 - 10/25 | \$45

Reiki is a caring way of energizing, restoring, and balancing the energy in our bodies. It reduces stress and produces a profound, deep level of relaxation that enhances health and prevents illness, improves mental clarity, increases creativity, and promotes a sense of deep peace and well-being. Anyone can do it.

*Recommended reading

***NEW* HS-526**

Hail Caesar: Lives and Times of the Great Emperors Vincent Casanova

10 sessions | 12:00 PM - 1:30 PM
9/6 - 11/8 | \$56

This course is an up-to-date look at the lives of Rome's greatest emperors. This survey will include their brilliance, beliefs, accomplishments, failures, foibles, and legacy.

CE-017

Wake Up, Sheeple! How Conspiracy and Propaganda Have Shaped American History Alan Bisbort

5 sessions | 12:00 PM - 1:30 PM
10/11 - 11/8 | \$28

Conspiracy theories and propaganda may now be part of everyday discourse, but neither are new concepts in American history. In fact, the nation has been profoundly influenced by both from the outset. This course will bring together material from Alan Bisbort's two previous courses on these concepts, offering fresh insights on everything from witch hunts and Know-Nothings to "fake news" and Russian collusion. This course requires a healthy skepticism and a sense of humor.

PD-415

Investment Portfolio Management Jessica Kott

5 sessions | 12:00 PM - 1:30 PM
10/11 - 11/8 | \$28

Students will determine investment objectives and appropriate asset allocation, gain an understanding of various types of investments, and learn how to construct and monitor investment portfolios. A portion of each class will be devoted to answering investment-related questions from participants.

CE-014

Russia: Partner or Adversary? Dr. Sergei Kambalov

10 sessions | 12:00 PM - 1:30 PM
9/6 - 11/8 | \$56

Is the current media hysteria regarding Russia warranted by facts? Is confrontation with Russia in the US strategic national interests?

HW-499

Everything You Wanted to Understand About Hypnosis with Salvatore Martone

5 sessions | 12:00 PM - 1:30 PM
9/6 - 10/4 | \$28

From the history to the practicality of using hypnosis in today's world and with today's demands to learning to use and practice hypnosis on self and demystifying myths of this ancient technique.



OC-101 OLLI Café

Fridays | 12:15 PM - 1:30 PM |
MPR (Rooms 113-119) | FREE

OLLI Café is a venue for the exchange of ideas and experiences. The goal is to present a potpourri of presentations that provide information and new knowledge to OLLI members. Bring your lunch and we will provide the coffee and tea! The weekly event features a guest speaker followed by a short question and answer session.

Registration for OLLI Café entitles you to a seat for the entire 10-week series, even if you cannot attend every lecture!

See presentation descriptions on
Page 14.

Interested in teaching a course at OLLI?

Have you always wanted to teach and share your knowledge, but aren't sure where to start? Do you have years of teaching experience, but want to offer something new? This is your chance! If you'd like more information, please reach out to Jenna Ryan, OLLI Coordinator at jenna.ryan@uconn.edu

Please note that course proposal forms can be found on our website:
<https://olli.uconn.edu/course-proposal-form/>

OLLI member with Risa Mickenberg,
screenwriter of the film *Egg* (2018) at
the 2019 OLLI @ UConn Gives event



OLLI CAFÉ DESCRIPTIONS

OLLI Café Presentations (OC-101): Fridays, 12:15 - 1:30 PM
MPR (Rooms 113-119)

FALL 2019

LEARN & ENJOY

Please note that the following are snapshot descriptions of our Friday lunchtime presentations. For more detailed descriptions on any of the lectures and presenter biographies, please go to olli.uconn.edu/olli-cafe

SEPT 6	DIANE STONE: BUCKET LIST TRAVEL: IS EXPLORING TO THE ENDS OF THE EARTH FOR YOU? <i>Expedition travel is exciting, but it's nothing like exploring American or European cities and countrysides. Join Diane Stone as she explores the thrills of "bucket list" travel so that you have all the information you need.</i>
SEPT 13	NINA LESIGA: UNTOLD STORIES – LEND ME YOUR EAR <i>What is the secret to getting people to listen? Nina Lesiga, a professional storyteller and chemist, will share tips on crafting and sharing a personal story.</i>
SEPT 20	ATTORNEY CARLA PERUGINI-ERICKSON: KEEPING THE GOLDEN YEARS GOLDEN <i>Do I need a will? What is a trust? Is it necessary to appoint a Power of Attorney? These questions, and many more topics of concern to senior citizens, will be answered by Carla Perugini-Erickson, an elder-law attorney.</i>
SEPT 27	JANET BARRETT: A WAR HORSE...THE U.S MARINES....AND THE KOREAN WAR <i>Come hear this inspiring story of a small Korean pony and her fellow marines, which speaks to an incredible human-horse connection and the power it unleashed.</i>
OCT 4	DR. CHARLES MCNAIR: SOLDIERS OF A FOREIGN WAR <i>Dr. McNair is a retired physician who served during the Vietnam war and the author of the novel "Soldiers of a Foreign War," which tells the story of the combatants of the Vietnam war, and the many hardships that they endured.</i>
OCT 11	GERALD O'CONNELL: ARE WE ROME? <i>This talk will focus on the impact Rome has had on United States political culture, law, architecture, holidays and even our day to day life. You'll even find out what ancient Roman symbols are here in Waterbury!</i>
OCT 18	JUAN SANTIAGO: BRIEF INTRODUCTION TO AFRO CUBAN/LATIN JAZZ MUSIC <i>Please come enjoy a live Afro Cuban/Latin Jazz performance by Juan Santiago who will provide a short history of this music detailing the origins of West African rhythms and how this music made its journey into Latin America and the United States.</i>
OCT 25	MARY DONNARUMMA SHARNICK: THREE FAMILIES, TWO COUNTRIES, ONE ARTIST – FROM FLESH AND BREATH TO CANVAS <i>What are the joys and challenges of writing a novel series? How does on-site research inform character and plot? What historical touchstones influence context? Join award-winning author Mary Donnarumma Sharnick as she explores those questions and reads from Orla's Canvas and Painting Mercy.</i>
NOV 1	HAMISH LUTRIS: CONNECTICUT AND THE REACTION TO THE CIVIL WAR <i>This presentation will focus on the reaction of Connecticut residents, government, and the media to the outbreak of the Civil War in 1861. The overwhelming outpouring of Union patriotism was both stimulating and dangerous, causing a massive wave of enlistments (for both sides!), as well as riots and a sudden and irreversible stepping up of the economic life in Connecticut.</i>
NOV 8	DR. LAURA DONORFIO & HER STUDENTS: ADULTHOOD & AGING <i>Dr. Laura Donorfio (Associate Professor, Human Development and Family Studies) has teamed up with OLLI in leading a one-of-a-kind intergenerational service learning opportunity. Come join us for a fascinating presentation, featuring students' findings and reflections on their involvement with OLLI!</i>

1:45 PM - 3:15 PM

HW-417

The Alexander Technique: An Introduction to Posture, Balance, Breathing, and Movement* **Peter Anderheggen**

10 sessions | 1:45 PM - 3:15 PM
9/6 - 11/8 | \$56

Students will learn improved balance, posture, and movement and be shown methods of restorative rest and dynamic ways to sit, stand, walk, and use tools. With readings, discussion, and brief lectures, active participation is encouraged. Each student will have at least one individual lesson.

*Required supplies

HW-497

Bugs: Bacteria and Viruses in Human Health **Douglas Welsh**

5 sessions | 1:45 PM - 3:15 PM
9/6 - 10/4 | \$28

Did you know that you have more bacteria in and on your body than you have human cells? Do you know why you need to finish all of the antibiotic that your doctor prescribes? Do you know why we may run out of effective antibiotics in the future? Do you know why you need to get a flu shot every year? These and other topics will be discussed when we talk about bugs - good and bad.

MU-467

The Ukulele Adventure: Play-a-long / Advanced Beginners* **Nina Lesiga**

8 sessions | 1:45 PM - 3:15 PM
9/20 - 11/8 | \$45

Do you play the ukulele? Know the basic chords? Familiar with changing chords within a song? Come increase your repertoire with songs of various genres in a supportive, fun environment. This class can be taken multiple times. *Required supplies

NEW PR-429

A Faith Forgotten: Discovering the Lost Internal Message of Christianity **William Courtland**

10 sessions | 1:45 PM - 3:15 PM
9/6 - 11/8 | \$56

This course will examine the original principles of esoteric Christianity that have been forgotten today and also show us the way we can discover, through these principles, a reflection of the divine that resides within our heart and mind.

MU-465

Hey, What's the Score? **Donna Obarowski**

5 sessions | 1:45 PM - 3:15 PM
10/11 - 11/8 | \$28

You don't need to go to a concert hall to hear great classical music. It may be a part of the movie score at your local movie theater or your movie streaming service. Classical music has been a part of movie scores from the very beginning of film history. In this class we'll learn to better appreciate examples of classical music that have been used in films, and better understand the people who created them.

VA-450

Creative Photography: SLR and Mirrorless Cameras 101 **Timothy Padgett**

10 sessions | 1:45 PM - 3:15 PM
9/6 - 11/8 | \$56

Get more out of your camera by taking control and stopping your use of automatic settings. Continue to learn how to create great compositions of any subject.

NEW VA-466

Introducing Art House and Independent Films **Deirdre J. Wright**

5 sessions | 1:45 PM - *3:45 PM*
9/6 - 10/4 | \$38

Learn to critique and review films. Art House and Independent films are off the traditional film track, shown for limited engagements and not seen in most cases by large audiences. Look inside The American Film Institute and the newly released Criterion app. Five sessions, five films.

NEW LW-492

Writers and Playwrights of the African Diaspora **Deirdre J. Wright**

5 sessions | 1:45 PM - *3:45 PM*
10/11 - 11/8 | \$38

An introduction to the works of an array of writers who have contributed to the literature of Black Africa, Europe, Latin America, the Caribbean and America. A little reading, some videos and of course some dialogue.

NEW CL-457

Classic Diners of Connecticut **Garrison Leykam**

1 session | 1:45 PM - *2:45 PM*
9/6 | \$5

Over 20,000 miles of highways and main streets crisscross the state of Connecticut, inviting hungry travelers and locals into the more than 100 diners that dot the roadways. Among these eateries are some of the most prized American classic diners manufactured by such legendary builders as DeRaffele, O'Mahony, Tierney and Kullman. Come learn to speak diner lingo and hear the stories about what makes each diner unique.

**Find more 1:45 PM classes
on the next page!**

1:45 PM - 3:15 PM Continued

NEW PA-434

Opera: A Passion for the Ages -

The Bel Canto

Nunzio De Filippis

10 sessions | *2:00 PM* - *4:00 PM*

9/6 - 11/8 | \$75

From Mozart's "Cosi' Fan Tutte" to Rossini's "Il Barbiere di Siviglia" and "La Cenerentola" to Donizetti's "L'Elisir D'Amore" and "Lucia di Lammermoor" to Bellini's "La Sonnambula" and "Norma". A journey into the development of the Bel Canto tradition. From Mozart (The father of Bel Canto) to Bellini (The Father of Wagner).

NEW VA-463

Immigrants in Film

Joseph Gambini

5 sessions | 1:45 PM - *4:15 PM*

9/6 - 10/4 | \$47

Participants will view 5 films that chronicle the experiences of immigrants in the United States, especially the cultural clashes. One film will show cultural clashes between the north and south.

NEW HS-529

Postcards from The Highway of Life
Garrison Leykam

1 session | 1:45 PM - *2:45 PM*

9/13 | \$5

Just like postcards capture and share in pictures the memories of a favorite road trip, this presentation captures in words and pictures the people, places, and things that have influenced Dr. Leykam on the experiential journey of his life. Whether it's contemplating how to handle life's stresses through musings over a malted milk, lamenting the lost art of letter writing, or humorously recalling the potential for pressure cookers to take Sunday dinners airborne, *Postcards from the Highway of Life* is both a rich essay about baby boomer values as well as a wake-up call to preserve an entire generation's identity.

NEW PD-443

Audacious At Any Age

Garrison Leykam

5 sessions | 1:45 PM - *2:45 PM*

10/11 - 11/8 | \$19

If you missed Dr. Leykam's presentation at the Palace Theater, this is your opportunity to be motivated and inspired to find your true vocation and be audacious at any age. Participants will learn how to identify their calling, define success on their own terms, create an action plan to realize their dream, and prototype their way to not just learning but living their dream.

MU-455

The Jazz Scenes

Fran E. McIntyre

5 sessions | 1:45 PM - 3:15 PM

9/6 - 10/4 | \$28

The Jazz Scenes explores the "birth" of Jazz from 1600s classical music, slavery, the Great Migration, prohibition, the Swing Era, and continuing to the Cool Jazz Era by highlighting outstanding musicians and vocalists. This is a jazz appreciation course.

TWO PROFESSORS. TWO FASCINATING LECTURES.

FC-001 FALL 2019

UConn

WATERBURY

FACULTY COURSE

The UConn Faculty Course returns with a focus on humanities. Details coming soon! Check our weekly e-newsletter, Facebook page, and flyers around campus.



REMINDERS



Ukulele Adventure students pose with Instructor Nina Lesiga and their instruments

Membership: OLLI provides memberships in 12-month cycles. The cycles extend from January to January OR July to July. Members may register for courses for all sessions that occur within their membership cycle. A member joining OLLI for the first time in Fall 2019 will have a membership cycle from July 2019 to July 2020. The cost is \$65.

Registration: Registrations are on a first-come, first-served basis. If you register online, you will receive an immediate confirmation email. If you register with a paper registration form, you will receive an email confirmation as soon as a staff member receives and processes your registration. Refunds and course credits will be issued on a case-by-case basis depending on the circumstance.

Where/when is my class? Given the tendency for room assignments to change throughout the registration period, we have not included them in this catalog. Double-check your course dates, times, and room assignments on the online course catalog (go to oli.uconn.edu) the day before your first class - before you arrive to campus! Any unforeseen, last-minute changes will be listed on our Room Assignments chart in the main lobby or on the bulletin board outside the OLLI Office (Room 103).

Class times: The Friday courses in this catalog are organized by time-slot. Not ALL courses in a particular time slot meet during that exact time-frame. Please pay close attention to each course description to note its meeting time and length, as it may differ slightly from the overarching time category.

"Sitting in" on OLLI Classes: Please remember that you are not permitted to sit in on an OLLI class if you are not officially registered and paid up for the class. There are three main reasons why this is not permitted: 1) Classrooms capacity limits, 2) Most presenters have a preferred class size, 3) It is simply unfair for a person who has not paid for a class to sit alongside students who have paid to be in the class. Even if a presenter has told you that it is okay for you to sit in, please refrain from doing so.

Classroom space: OLLI staff and instructors thank you for being mindful of the other classes using the classroom. Please leave in a timely manner in order to give each incoming instructor ample time and space to set up for his/her class.

Consideration for others: As always, please be considerate of your fellow students in the classroom, especially with regard to leaving and entering the classroom quietly, silencing your cell phones, and also to those who may be allergic or sensitive to strong perfumes, fabric softeners, etc.

Participating in an OLLI Club or Committee: Please be reminded that you are not permitted to be part of an OLLI Club or Committee unless you have a valid, up-to-date membership.

Civility: OLLI is proud to offer courses that cover diverse and challenging subjects. Discussion of ideas is a core part of learning. Please remember that respect and a civil exchange of views are key to understanding each other.

Questions: If you have a question or issue, please refrain from going to the Student Services Suite on the second floor. Instead, please report to the OLLI Information Table on Fridays or the OLLI Office (Room 103) any day. We are better equipped to answer all your OLLI-related questions.

Cancellations: When UConn Waterbury cancels or delays due to weather, OLLI is cancelled. Check alert.uconn.edu or participating local news stations to check on the university's status. In the case that an OLLI instructor has to cancel class due to illness, scheduling conflicts, or any other issues of a personal nature, all attempts will be made by the instructor and/or OLLI Staff to contact course members, via email and/or telephone. Last minute, unforeseen cancellations will be posted in the main lobby and on the bulletin board outside the OLLI office (Room 103).



OLLI members gather to enjoy a fascinating book talk in the Multipurpose Room

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