

OLLI.UCONN.EDU
(203) 236-9924
OSHER@UCONN.EDU



UCONN
WATERBURY

**FEATURING
33 NEW
COURSES
& 13 NEW
INSTRUCTORS!**

REGISTRATION OPENS
January 21st @ 9:00 AM

LEARNING FOR ADULTS AGE 50+

SPRING 2019

COURSE CATALOG

Not retired yet? No problem!
Look inside for early-evening
course options.



SESSION DATES:
FEBRUARY 22 - MAY 3

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OLLI ukulele players;
Photo by Sarah Alegi

What's the best way to register for courses?

#1: Online @ olli.uconn.edu

Convenient self-registration at your fingertips, immediate confirmation, easy to pay by credit card

#2: By Mail

Mailed registrations will be processed in the order in which they are received, beginning on Registration Day. Payment: Check ONLY. Mail to address on the back cover.

#3: In Person

Visit the OLLI Office (Room 103, M-F 10am-3pm) on or after Registration Day. Drop-off registrations are handled the same as mail-ins and will be placed in the first-come, first-served queue. Payment: Check ONLY.

STAY CONNECTED!



www.facebook.com/olliatuconnwaterbury



Head to olli.uconn.edu to subscribe to our "Weekly What's Happening" e-newsletter to stay in the know about course updates, upcoming events, and other OLLI news!

SAVE THE DATES

February 8th	Spring Open House
February 20th.....	Mark Nordstrom Reed Fellow Lecture
February 22nd.....	Spring Session begins
March 3rd.....	Waterbury Symphony Orchestra Event
March 13th.....	Bob Werner Reed Fellow Lecture
April 2nd.....	AARP Smart Driver Session #1
April 10th.....	Deborah Leipziger Reed Fellow Lecture
April 19th.....	Good Friday - OLLI Closed
May 2nd.....	AARP Smart Driver Session #2
May 3rd.....	OLLI Appreciation Day*
*All lunchtime classes cancelled	
May 3rd.....	Spring Session ends
June 11th - July 8th.....	Five Points Gallery Exhibit

COURSE COLOR KEY

To help you organize your course schedule, we've color-coded each class to indicate the number of weeks that it meets. If a course has no colored box, it is a standard 10-week class.

"First 5 Weeks"

"Second 5 Weeks"

Unique Schedule



FROM THE DIRECTOR'S DESK

One of the most outstanding features of OLLI is the remarkable commitment and passion of members, staff, and the University of Connecticut. We all give in many different ways, but for the same reason: to expand the joy of lifelong learning for everyone. This is a lofty and sometimes challenging goal, but I believe it inspires us to be ever-more creative and dedicated as we develop and respond to the needs of our community.

As you look through our 2019 course catalog, you'll see the continued commitment to that goal. Whether our expanded curriculum, new clubs, or special lecture series catch your eye, I hope you'll find something that will inspire and engage you this Spring. Every aspect of the new semester has been created based on feedback from the OLLI community. My promise to you is that we will always endeavor to honor what you want from your OLLI.

As we move into a new year, please enjoy browsing through the many options available to you. I wish you a lively and invigorating 2019!

In friendship,
Fiona de Merell, Director



FROM THE COORDINATOR'S DESK

Each semester, I am astounded by the incredible classes offered at OLLI at UConn. As course proposals flood my inbox, I'm delighted to see the fantastic variety of subjects before me: from hands-on creative arts, to fascinating and timely current events, to exploring the depths of another country's culture and language. OLLI instructors never fail to deliver, and always foster an optimal learning environment for their students time and time again. Whether you are a new or existing member, I am confident we have at least one course, special event, presentation, or club that will surely spark your interest this Spring!



This session, we are excited to announce that we have 30+ new courses, are welcoming 13 new instructors to the OLLI family, and are unveiling a brand-new course category, Animal Science. Feel free to enjoy a classic OLLI class, dip your toes into something new, or both! Alfred Mercier once said, "What we learn with pleasure, we never forget." With that same attitude, Fiona and I invite you to seize the opportunity to continue learning for the simple enjoyment of it!

If you or someone you know is interested in teaching a course at OLLI in a future semester, please don't hesitate to reach out to me directly. I am here to offer teaching support, resources, and guidance.

Welcome to another fantastic OLLI session, and I look forward to seeing you around campus!

Kind regards,
Jenna Ryan, Coordinator

To RSVP:

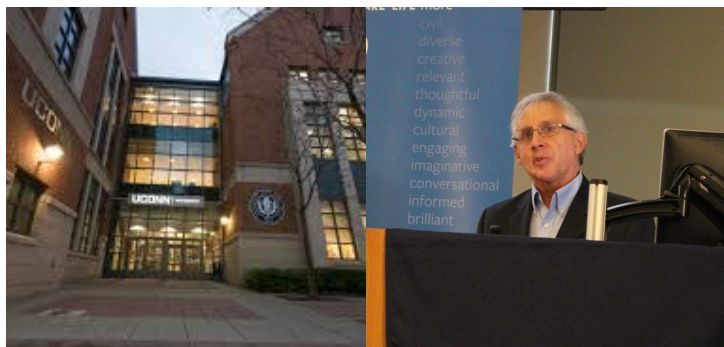
osher@uconn.edu
203-236-9924
olli.uconn.edu

SPECIAL EVENTS

SPRING 2019

All About OLLI!

SPRING OPEN HOUSE FRIDAY, FEBRUARY 8TH



9:30 AM - 12:30 PM / ROOMS 113-119

Enjoy a FUN and FREE day of sample course sessions, refreshments, and an engaging keynote presentation by **Larry Rifkin**, podcast host and producer of *America Trends!* BRING YOUR FRIENDS!

**STEPPING BACK (BUT NOT AWAY) FROM THE MIC:
QUIETING DOWN A LIFE LIVED OUT LOUD**

Chock full of inspiration about attacking this wonderful, new stage of life with all the same gusto, energy and creativity that we put into our working days.

OLLI APPRECIATION DAY FRIDAY, MAY 3RD



12:00 PM - 1:30 PM / ROOMS 113-119

Join us for an afternoon celebration honoring our outstanding OLLI instructors, volunteers, and students on the last Friday of the Spring 2019 session.

Fun! Free! Food! Don't miss out!

Music & Art

WATERBURY SYMPHONY ORCHESTRA EVENT

MARCH 3RD, 2019



**3:00 PM @ NVCC Fine Arts Center,
750 Chase Pkwy, Waterbury, CT 06708**

Join us for a presentation and performance featuring the music of Berlin, Gershwin, and Copland! OLLI members get **50% off** ticket orders and access to a private pre-concert gathering in the NVCC Black Box. Just show your OLLI Member Card (available for pick-up at the OLLI Office) to qualify for the discount. Discount is available until February 28th at 4:00 pm.

3 To learn more, visit <http://waterburysymphony.org/>

FIVE POINTS GALLERY EXHIBIT

JUNE 11th THROUGH JULY 8th



Artwork and photography produced by OLLI art classes throughout the '18-'19 academic year will be on display at Five Points Gallery. Stop by and check out all of the hard work our members have put into their masterpieces!

The gallery is located at the address below:
33 Main St, Torrington, CT 06790

To learn more, visit
<http://www.fivepointsgallery.org/>

Fascinating Talks: Free and Open to the Public!





REED FELLOW LECTURE SERIES:

Politics and Human Rights in Global Supply Chains

LUNCHTIME (12:30 PM) @ ROOMS 113 - 119



In Fall 2014, David and Joan Reed created the *David and Joan Reed Faculty Fellowship* to bring UConn Storrs faculty to teach at the Waterbury campus. This year, **Shareen Hertel, Ph.D** (UConn Storrs, Dept. of Political Science & Human Rights Institute) has been awarded the Reed Fellowship, one of UConn's top teaching honors, and has collaborated to organize a series of public lectures at the UConn Waterbury campus. This year's series centers on *Politics and Human Rights in Global Supply Chains*. Join us for this fascinating Spring lecture series, sponsored by OLLI at UConn, the UConn Waterbury administration and the UConn Center of Excellence for Teaching (CETL), as we engage in high-level discussions on issues related to managing global supply chains, business ethics and compliance, innovative design for social and environmental sustainability, and related challenges.

ABOUT THE SPEAKERS



FEBRUARY 20: *Respect for Human Rights: An Imperative that Makes Good Business Sense* with **Mark Nordstrom**

Mark Nordstrom graduated from Colgate University in 1973, obtained a Master's Degree in Public Administration from S.U.N.Y and graduated from Albany Law School, where he was a member of the Albany Law Review. After law school, he served as Labor Counsel for GE's Lighting Business in Cleveland, Ohio, in 1985 and 1986. After that, he left GE to work at McCarter & English in Newark, NJ. In 1989, Mark joined GE's Corporate Legal Staff. Until April 1, 2016, when he retired, Mark served as Sr. Counsel – Labor and Employment Law with global responsibility for the legal aspects of GE's human resource policies and practices. Mark also led GE's global practices pertaining to Human Rights. Mark served as Chairman of the Pro Bono Partnership for six years until 2017 and remains a Board member. He also served on the Board of the American Employment Law Council until 2017, and was a member of the UN Global Compact Human Rights Working Group while at GE. Mark continues to consult on various labor and employment law and human rights matters.



MARCH 13: *Business and Human Rights: The View From the Field* with **Bob Werner**

Bob Werner is retired from a multi-faceted, 45-year career in international business. During that career he spent almost 20 years with Timex (successor to the Waterbury Clock Co.) where he served as CFO Asia (resident in the Philippines), Treasurer of the Corporation, VP-International Development and as Chairman of its publicly traded Indian subsidiary. He was a long-serving Executive Board Member of the US-India Business Council in Washington and is Advisory Board Chair of UConn's Center for International Business and Education Research (CIBER). Bob currently teaches international business at the undergraduate and graduate levels as an adjunct professor in the UConn School of Business and has lectured on international business, particularly developing economies, at various universities including USC and Thunderbird.



APRIL 10: *Human Rights and Business: Creating a Lexicon and Blueprint for Transformation* with **Deborah Leipziger**

Deborah Leipziger advises companies around the world on human rights and business. She is a Senior Fellow in Social Innovation at the Lewis Institute at Babson College. She has served as a Lecturer in the Bard MBA in Sustainability Program. Deborah serves on the Editorial Advisory Board of the Journal of Corporate Citizenship. She is the author of *The Corporate Responsibility Code Book*, now in its third edition (Greenleaf, 2015). She is a co-author of *Creating Social Value: A Guide for Leaders and Change Makers*, (Greenleaf, 2014), *Living Corporate Citizenship* (FT, 2002), and *Corporate Citizenship: Successful Strategies of Responsible Companies*, (FT, 1998). She is the author of *Social Accountability 8000: The Definitive Guide to the New Social Standard* (FT Prentice Hall, 2001). Her books have been translated into Portuguese, French, Korean, and Chinese. She has served on several boards including the Global Responsible Investment Advisory and Oversight Committee of Aviva plc; the Sustainable Futures Advisory Committee of Alliance Trust Investments in the UK; the International Board of Advisors of Instituto Ethos in Brazil; and the Advisory Board for the Center for Ethics at Manhattanville College, USA. Ms. Leipziger played a key role in the development of the social standard, Social Accountability 8000, and its first Guidance Document. Born in Brazil, Ms. Leipziger has a Masters in Public Administration from Columbia University and a Bachelor of Arts from Manhattanville College in Economics and International Studies.

GETTING INVOLVED: CLUBS & COMMITTEES

SPRING 2019

Committees and clubs add an invaluable element to the OLLI experience, and are at the heart of OLLI's social engagement component.



BOOK CLUB

Book Club is open to all active OLLI members and meets on the third Monday of each month, January through November. *Interested?* Contact Nancy Via (nvia@sbcglobal.net). Check the OLLI Newsletter for a book list!



FILM CLUB

Film Club is open to all active OLLI members and meets once a month during Fall and Spring semesters. *Interested?* Contact Joe Gambini (j.gambini@att.net), Ralph Famiglietti (ralphf52@aol.com), or Nunzio De Filippis (nonnonunzio@comcast.net). Check the Info Table for the Spring '19 film schedule!



PHOTOGRAPHY CLUB

NEW Attend monthly meetings with photographic challenges and critiques as well as advice on composition, exposure and contrast as well as creating black and white images. No experience needed! *Interested?* Contact Timothy Padgett (t.padgett@hotmail.com).



GENEALOGY CLUB

NEW This club has been formed to support and encourage you to explore and celebrate your family's history. The Genealogy Club is open to all members of the OLLI Community who would like to help organize one or two events a year. These events might include: speakers, offering hands-on activities, and providing information about genealogy research. Look for more information in the Weekly Newsletter about meetings and events. *Interested?* Contact Diane Ciba (dianeciba@gmail.com).



CURRICULUM DEVELOPMENT COMMITTEE

The Curriculum Development Committee identifies topics of interest to members, recruits new presenters, and helps develop OLLI's educational goals. *Interested?* Contact Rosalie Griffin (rogriff@att.net) or Richard Albro (ralbro@optonline.net).



OLLI CAFÉ COMMITTEE

The OLLI Café Committee finds and schedules speakers for OLLI's lunchtime presentation series. *Interested?* Contact Mila Limson (joemila2000@yahoo.com) or Julie Fernandez (juliefernanandez2387@sbcglobal.net).



MEMBERSHIP COMMITTEE

The Membership Committee recruits new members through outreach, and provides support and hospitality to existing members. *Interested?* Contact Merle Arcovio (merleka@optonline.net) or Timothy Padgett (t.padgett@hotmail.com).



EDITORIAL COMMITTEE

The Editorial Committee coordinates "Voices and Visions," a publication which showcases original writings, art work, and photography of the OLLI membership. *Interested?* Contact Nancy Whitney (wrdsworth@att.net). Ask the OLLI Office about submitting your own work!



NEWSLETTER COMMITTEE

The Newsletter Committee gathers announcements and information and writes news stories for the OLLI Newsletter. *Interested?* Contact Bob Grady (yvoorg@aol.com) or Nancy Blomstrom (nblomstrom@aol.com).



TRAVEL COMMITTEE

The Travel Committee coordinates travel activities and events of educational interest and enjoyment to OLLI members. *Interested?* Contact Ann Rompre (annrompre@sbcglobal.net).



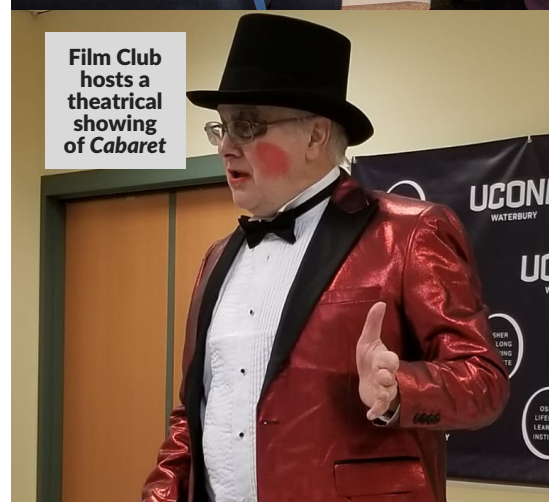
CLUBS & ACTIVITIES COMMITTEE

The Clubs & Activities Committee identifies, establishes, and coordinates clubs and activities, with an educational element, which may be of interest and enjoyment for the OLLI membership. *Interested?* Contact Nancy Via (nvia@sbcglobal.net) or Delma Way (delvilway@aol.com).

**Have an idea for a new OLLI club or activity?
Contact the Clubs & Activities Committee!**



OLLI Leadership Council gathers



Film Club hosts a theatrical showing of Cabaret



Book Club meets to discuss their latest reading



Members take a trip organized by the Travel Committee

Every act of kindness plants a seed. We need YOUR help to grow!

Our goal for 2019 is to provide more of what you want:

Outstanding learning and social experiences, opportunities to expand your knowledge, and chances to share your interests in a diverse community that is united by a desire to keep learning and enjoying life.

The act of giving makes a huge difference to us all. Between the diverse contributions of the University of Connecticut, volunteer contributions of instructors and leaders, fees from members, the Osher endowment, and philanthropic gifts from members, we're able to continue offering an OLLI in which you can take pride.

It isn't the amount of your contribution that matters most – it is the willingness to act and demonstrate your support that is most profound and valuable.

Your donations go directly to OLLI!

Please show your support by visiting olli.uconn.edu and clicking "SUPPORT OLLI" in red on the right of the screen.

There are two funds: *The OLLI Sustainability Fund* and *The John & Joyce DeCesare Renaissance Fund*. Choose either, as ALL funds go directly to OLLI!

You can also mail your gift to:
The University of Connecticut Foundation, Inc.
2390 Alumni Drive, Unit 3206
Storrs, CT 06269-3206

Checks should be made payable to: University of Connecticut Foundation, Inc. Be sure to note your fund of choice (one of the two above) on your check.

Benefits of Giving to OLLI at UConn:

- Recognition in our Annual Report.
- The opportunity to underwrite a special event (with donations of \$500 or more during an academic year).
- The opportunity to underwrite a course (with donations of \$250 or more during each academic year).
- The knowledge that you've made a meaningful contribution to positive aging and learning!

Which giving level will you strive for this year?

BENEFACTOR



\$501 +

FRIEND

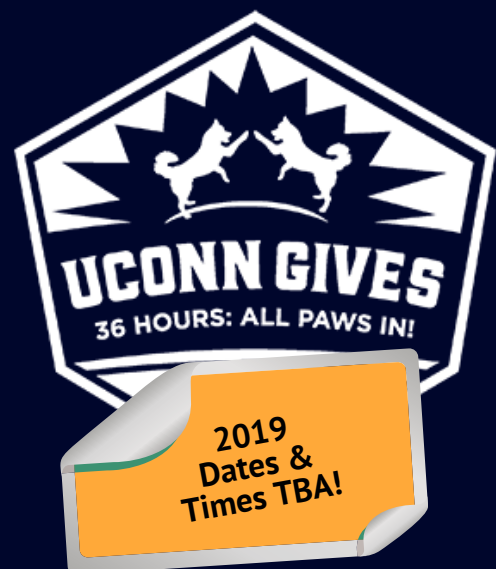


\$251 - \$500

SUPPORTER



\$5 - \$250



Don't forget to join in on UConn's second annual Giving Day this April!

Details coming soon!



Menopause The Musical®

The Hilarious Celebration of Women and The Change!®

MARCH 23
PALACE THEATER

Four women at a lingerie sale have nothing in common, but a black lace bra AND memory loss, hot flashes, night sweats, not enough sex, too much sex and more!

This hilarious musical parody set to classic tunes from the '60s, '70s and '80s will have you cheering and dancing in the aisles!

PALACE THEATER 203.346.2000 | PALACETHEATERCT.ORG
100 EAST MAIN STREET, WATERBURY CT

Advertise with OLLI!

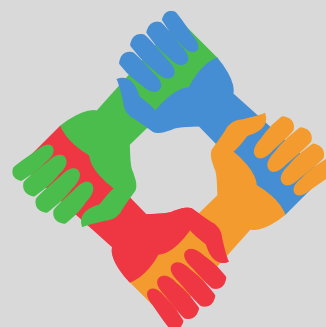
Reach thousands by advertising in an OLLI at UConn course catalog! Discounted rates are available for community partners. To learn more, email osher@uconn.edu



Our Partnerships

OLLI at UConn's community partners are local organizations we work jointly with throughout the year in various capacities including course and special-event collaboration.

Visit <https://olli.uconn.edu/partnerships/> for a list of our current partners.



Shakespeare in the Litchfield Hills



A Shakesperience Production

The Comedy of Errors



www.shakesperience.org/summer

SPRING 2019 COURSE LISTINGS

ANIMAL SCIENCE

***NEW* AS-001** Nature's Perfect Predator: Cougars in the Northeast
William Betty, Page 10

***NEW* AS-002** A Pet's Perspective: Foundations of Intuitive
Animal Communication, *Kim Tallcouch, Page 11*

ART & ART HISTORY

AH-436 The Art in Painting - Learning to See: A Workshop
Thelma Appel, Page 10

AH-443 Fundamentals of Drawing, *Thelma Appel, Page 10*

***NEW* AH-444** Humanities and the African Diaspora
Deirdre Wright, Page 17

AH-422 The Palace Theater: History, Myth and Lore!
Louis Belloisy, Page 9

COMPUTERS

CO-426 Computers for Beginners: Navigating Windows
Timothy Padgett, Page 11

CULTURE & LANGUAGE

***NEW* CL-450** Parliamo Italiano IV, *Nunzio De Filippis, Page 12*

***NEW* CL-451** Understanding Islam and the Middle East
Gerald O'Connell, Page 17

***NEW* CL-452** Lotus Lantern Craft Class,
Younhee Shin, Page 10

***NEW* CL-453** Are You Calabrese, Pugliese, Siciliana... or Italiano?
Angela Buzzelli, Page 12

CURRENT EVENTS

CE-014 Russia: Partner or Adversary? *Sergei Kambalov, Page 11*

***NEW* CE-016** Contemporary Issues in U.S. Constitutional Law
David Corbett, Page 15

***NEW* CE-018** Contemporary Issues, *David Corbett, Page 13*

***NEW* CE-019** Globalization Reassessed, *Roger Levy, Page 9*

HEALTH & WELLNESS

HW-405 Reiki Level One, *Barbara Schafer & Rosemary Toletti, & Sr. Cecilia Baranowski, Page 15*

HW-417 The Alexander Technique: An Introduction to Posture, Balance,
Breathing, and Movement, *Peter Anderheggen Page 9*

HW-460 The Alexander Technique: Posture, Balance, Breathing, and
Movement, *Peter Anderheggen, Page 9*

HW-481 Swing Into Health, Balance, and Strength with FFXP
Naida Rodriguez-Rosado, Page 11

***NEW* HW-484** EFT: Finding Joy Through Awareness
Stacey Altomari, Page 9

***NEW* HW-485** Movement to the Classics (MTC), *Tamari Witkin, Page 11*

***NEW* HW-486** Chinese Medicine: The Experiencing of Spirit in the East
and the Western Idea of Evil, *William Courtland, Page 13*

HISTORY

HS-505 European History for Travelers: Five Fascinating Leaders
and What They Left Behind, *Diane Stone, Page 12*

HS-512 Major Trends in American Religion: Past, Present, and Future
Vincent Casanova, Page 15

***NEW* HS-521** La Storia D'Italia: The History of Italy Part II
Nunzio De Filippis, Page 13

***NEW* HS-522** Genealogy 101, *Diane Ciba, Page 9*

***NEW* HS-523** Advanced Topics in Genealogy, *Diane Ciba, Page 9*

HORTICULTURE

HC-404 From Planting to Harvest to Table: The Greening of Waterbury:
Nunzio De Filippis, Page 14

LITERATURE & WRITING

LW-469 The Real Frankenstein, *Douglas Welsh, Page 17*

LW-473 Igniting Passion: Writing From Life, *Jack Lewis, Page 17*

LW-475 African American Poets, *Deirdre Wright, Page 17*

***NEW* LW-479** Learn How to Write Your Story, *Martin Herman, Page 9*

***NEW* LW-480** Law and Literature, *Mary Werblin, Page 9*

***NEW* LW-481** Writing with the Write Side of Your Brain
Nancy T. Whitney, Page 13

***NEW* LW-482** Books as Medicine: Reading, Writing, and Reflecting on
Therapeutic Reading and its Histories, *Mary Mahoney, Page 10*

***NEW* LW-483** Do You Haiku? *Jack Lewis, Page 14*

***NEW* LW-484** Neighborhoods of Time and Space
Emily Mattina & Linda Gordon, Page 14

MUSIC

MU-450 Dylan, *Walter Brooks, Page 13*

MU-455 The Jazz Scenes, *Fran McIntyre, Page 17*

MU-458 The Jazz Scenes & BEYOND, *Fran McIntyre, Page 17*

MU-459 The Ukulele Adventure: For Beginners, *Nina Lesiga, Page 13*

MU-460 The Ukulele Adventure: Beyond the Basics, *Nina Lesiga, Page 17*

***NEW* MU-463** Learn to Play Guitar in a Day! *Marlene Hutchinson, Page 9*

***NEW* MU-464** Introduction to Latin Jazz / Afro Cuban Music
Juan Santiago, Page 17

***NEW* MU-465** Hey, What's the Score? *Donna Obarowski, Page 13*

PERFORMING ARTS

***NEW* PA-431** Act One: A Class for Beginner Actors, *Nancy Schuler, Page 17*

***NEW* PA-432** Viva Verdi: Il Mio Piu Grande Amore (My Greatest Love)
Nunzio De Filippis, Page 17

PERSONAL DEVELOPMENT

PD-415 Investment Portfolio Management, *Jessica Kott, Page 15*

***NEW* PD-442** Retirement (Or Semi-Retirement) Planning Today
Evan Levine, Page 10

PHILOSOPHY & RELIGION

PR-424 The Divine Comedy: From Here to Eternity, *Douglas Welsh, Page 13*

SOCIAL SCIENCES

***NEW* SS-002** Race: What Is It and Why Does It Matter? Part II
Maurice B. Mosley, Page 10

***NEW* SS-003** Gender: What It Is, What It Isn't, and What We Think We
Know About It, *Elizabeth Neuwirth, Page 14*

VISUAL ARTS

VA-443 Creative Photography 101, *Timothy Padgett, Page 11*

VA-415 An Enriching Experience with Acrylic Painting, *Judy Jaworski, Page 13*

VA-432 Mandalas As Art and Personal Relaxation
Rose-Ann C. Chrzanowski, Page 13

VA-449 Creative Photography: Cell Phones & Compact Cameras 101
Timothy Padgett, Page 13

VA-450 Creative Photography: SLR & Mirrorless Cameras 101,
Timothy Padgett, Page 17

VA-453 Creative Photography: Lightroom and Photoshop 101,
Timothy Padgett, Page 11

***NEW* VA-460** Movies with Music, Not Musicals, *Joseph Gambini, Page 17*

***NEW* VA-462** American Films, American Families, *John Long, Page 11*

COURSE DESCRIPTIONS

MONDAY & TUESDAY CLASSES

SPRING 2019

MONDAY

***NEW* MU-463**

Learn to Play Guitar in a Day! ✓

Marlene Hutchinson

1 class | 10:00 AM - 3:00 PM

3/11 | \$12 class, \$30 material fee

Stop dreaming and start playing guitar right away! *Learn to Play Guitar in a Day!*, as seen on PBS, is a unique one day workshop for busy adults who would like to learn to play the guitar quickly and easily. *Students provide their own acoustic guitar for the workshop. The \$30 material fee is to be paid to the instructor on the day of class.

✓ **Abbreviated course: Low cost, low commitment! Check out the other classes marked with an orange check!**

***NEW* LW-480**

Law and Literature*

Mary Werblin

6 classes | 10:15 AM - 11:45 AM

2/25 - 4/1 | \$34

This course will explore the intersection between law and literature. Literature is important for understanding law because it teaches a certain way of thinking - one that is synthetic, creative, and comfortable with ambiguity and ambivalence. Each class will explore one or more interrelated topics through a variety of literary and philosophical works of short to moderate length. This course will provide an opportunity to think about the law in a new way, read engaging works of fiction and non-fiction, and examine the law from a humanistic and legal perspective.

*Required & recommended reading

***NEW* HW-484**

EFT: Finding Joy Through

Awareness

Stacey Altomari

10 classes | 12:00 PM - 1:30 PM

2/25 - 4/29 | \$56

In this course, we will delve into the stories we tell ourselves and how they shape our lives. You will learn how to become more aware of yourself, your thoughts and your triggers. You will learn the art of loving yourself and find that inner joy that has been missing. You will learn how to find peace in every area of your life with every person you encounter. If it's 90 minutes of beautiful tranquility you're looking for - please join me.

TUESDAY

***NEW* HS-523**

Advanced Topics in Genealogy*

Diane Ciba

10 classes | 10:15 AM - 11:45 AM

2/26 - 4/30 | \$56

Held in the computer lab, this course will focus on a specific topic each week including: Handwriting Analysis, Occupations, and Creating a Book. Genealogy 101 or its equivalent are prerequisites for this course. *Required supplies

***NEW* HS-522**

Genealogy 101*

Diane Ciba

10 classes | 1:45 PM - 3:15 PM

2/26 - 4/30 | \$56

Using Ancestry online, this class will help students discover their family history and learn to use online sources to expand their family trees. Held in a computer lab that has Windows-based computers, students may bring their own laptops or iPads, if they wish. *Required supplies

HW-460

The Alexander Technique: Posture, Balance, Breathing, and Movement*

Peter Anderheggen

5 classes | 12:00 PM - 1:30 PM

4/2 - 4/30 | \$28

A continuation of "The Alexander Technique: An Introduction." Participants will further be shown how to learn improved balance, posture, and movement. This course is open to previous students and those who took the introductory course in the first five weeks. *Required supplies

***NEW* CE-019**

Globalization Reassessed

Roger Levy

5 classes | 10:15 AM - 11:45 AM

4/2 - 4/30 | \$28

Globalization has advanced by leaps and bounds and, over time, under the leadership of different states. In this course, we survey the history of globalization and discuss its effects on the economy, national cultures and political entities. We also evaluate alternatives to globalization such as nationalism and regionalization. The question we end up asking is: should globalization be reversed, slowed down, or accelerated, and will our answer depend on which part of the world we live?

HW-417

The Alexander Technique: An Introduction to Posture, Balance, Breathing, and Movement*

Peter Anderheggen

5 classes | 12:00 PM - 1:30 PM

2/26 - 3/26 | \$28

Students will learn improved balance, posture, and movement and be shown methods of restorative rest and dynamic ways to sit, stand, walk, and use tools. With readings, discussion, and brief lectures, active participation is encouraged. Each student will have at least one individual lesson. *Required supplies

***NEW* LW-479**

Learn How to Write Your Story

Martin Herman

10 classes | 12:00 PM - 1:30 PM

2/26 - 4/30 | \$56

Most of the world's population - past, present, future - have expressed a desire to "someday" write their story. However, a relatively small group has ever done anything to turn that desire into a reality. By the end of the first class you WILL have written your first sentence and by the end of the last class you COULD be well on your way to completing your first manuscript.

AH-422

The Palace Theater: History, Myth, and Lore!

Louis Belloisy

5 classes | 10:15 AM - 11:45 AM

3/12 - 4/9 | \$28

This is a fascinating five-week class that delves into the storied history of this landmark theater. From the eclectic architectural styles presented in the magnificent 1922 building to the various entertainments genres and celebrities of by-gone eras that have performed on the stage, the class is a rich tapestry of information, anecdotes, and lore embellished by slides and handouts. *This course is held at the Palace Theater. *This course is also open to non-OLLI members. Contact the Palace Theater to find out more!

COURSE DESCRIPTIONS

WEDNESDAY CLASSES

SPRING 2019

WEDNESDAY

AH-443

Fundamentals of Drawing*

Thelma Appel

10 classes | 10:00 AM - 11:30 AM
2/27 - 5/1 | \$56

In this course, you will learn basic perspective, the relationship of objects to each other, and how to energize your composition by the use of line only. You will learn to express volume with shading and explore the dramatic possibilities of contrasting light and dark dynamics. *Required supplies

AH-436

The Art In Painting: Learning to See - A Workshop*

Thelma Appel

10 classes | 12:30 PM - 2:30 PM
2/27 - 5/1 | \$75

In this workshop, you will learn to analyze the basic structure of all art forms and how they relate to each other. Additionally, you will learn to mix primary colors and their complementaries for contrasts in tone and values. We will use still-life, old Master paintings, and photographs as references. Learn how colors and forms activate pictorial space to create your own dynamic composition.

*Required supplies

***NEW* CL-452** ✓

Lotus Lantern Craft Class

Younhee Shin

1 class | 1:45 PM - 3:15 PM
4/17 | \$5

The lotus grows in a swamp or pond, is not tainted by the mud, and has a clear, subtle fragrance. This natural characteristic has been used as a symbol of purity, nobility and sublimity. The members of Korean Spirit and Culture Promotion Project will be on hand to help you make a lovely lotus flower lantern using colorful paper and wire frames.

***NEW* SS-002** ✓

Race: What Is It and Why Does It Matter? Part II

Maurice B. Mosley

2 classes | 12:00 PM - 1:30 PM
4/3, 4/10 | \$10

In this course, we will explore the following: Why are Americans in diverse settings reluctant to talk about race? Why are the most important positions in government and in the private sector held by Caucasians? Is the Affordable Housing Crisis affected by race? Is the educational achievement gap affected by race? What are some of the benefits of eradicating the racial hierarchy?

***NEW* PD-442** ✓ ✓

Retirement (Or Semi-Retirement) Planning Today

Evan Levine

1 class | 5:15PM - 6:45 PM
3/20 | \$5

Do you ever worry you will outlive your retirement nest egg? With life expectancy and the cost of living both increasing, planning ahead for your retirement income is essential. In this class, you will learn how to plan for 20+ years of income (and factor in inflation, too!). For those who are retiring soon or recently retired, learn about investment portfolio construction, healthcare and custodial care management, estate planning and more.

***NEW* LW-482** ✓

Books as Medicine: Reading, Writing, and Reflecting on Therapeutic Reading and its Histories

Mary Mahoney

5 classes | 5:15PM - 6:45 PM
4/3 - 5/1 | \$28

This course centers on bibliotherapy: the use of books as medicine. We will discuss the rich history of bibliotherapy, from asylums in the 1800s, to World War I, to present day ideas about what makes for a healing book. Our examination of the past will serve as inspiration for life writing exercises that invite participants to write and reflect on their own experiences.

***NEW* AS-001** ✓

Nature's Perfect Predator: Cougars in the Northeast*

William Betty

3 classes | 1:45 PM - 3:15 PM
3/6, 3/13, 3/20 | \$17

This class will provide students with basic information about mountain lion biology and behavior. The thesis that dispersing mountain lions from four eastern Canadian Provinces are recolonizing the Northeast will be explored. Tips and techniques on what to do when confronting pumas in New England will be of special interest to rural residents as well as hikers, hunters, birders and other outdoor enthusiasts. *Recommended reading

See an asterisk (*) next to your course title? That means there are required/recommended books and/or special supplies needed for that course. Check the yellow insert for a Books & Supplies list.



OLLI "Swing Into Health" class;
Photo provided by
Naida Rodriguez-Rosado

COLOR KEY REMINDER:

"First 5
Weeks"

"Second
5 Weeks"

Unique
Schedule

No color =
Normal 10
week class

COURSE DESCRIPTIONS THURSDAY CLASSES

SPRING 2019

THURSDAY

NEW HW-485

Movement to the Classics (MTC) **Tamari Witkin**

5 classes | 12:00 PM - 1:00 PM
2/28 - 3/28 | \$19

Culturally enriching, engaging and super fun low impact interval training and strength building work out to classical music – short backgrounds on the more famous compositions – calorie torching and easy to follow!

NEW AS-002

A Pet's Perspective: Foundations of Intuitive Animal Communication **Kim Tallcouch**

5 classes | 1:45 PM - 2:45 PM
2/28 - 3/28 | \$19

Students will examine some of the basic elements and techniques of intuitive animal communication. When an individual becomes more deeply connected with their pet, they can help improve and strengthen the bonds they have with them, as well as increase their own awareness of the pet's physical and emotional well-being. Intuitive animal communication can help us to better understand our pet's perspectives including their methods of coping with fear, pain, anxiety, and past trauma.

CO-426

Computers for Beginners: Navigating Windows **Timothy Padgett**

10 classes | 10:15 AM - 11:45 AM
2/28 - 5/2 | \$56

Need help navigating your personal laptop? This computer class for beginners is perfect for those looking to get a better handle on Windows 10 or older. We will cover the basics, including photo-editing software that comes with Windows. Bring your own device to class so we can tailor your learning to what you have. Handouts will be given so you can learn more about your at-home devices, too.



Committed to work and/or other responsibilities during the day? Check out the early evening options marked with a green check!

HW-481

Swing Into Health, Balance, & Strength with FFXP

Naida Rodriguez-Rosado

10 classes | 1:45 PM - 2:45 PM
2/28 - 5/2 | \$38

We are presenting a complete (Fitness Fury) Health and Wellness Fitness Program designed to fit your lifestyle, composed of all five components (warm-up, cardiovascular conditioning, strength, cool down, and stretching) for a complete workout. Guaranteed fun, enthusiasm, laughter, and sense of accomplishment!

CE-014

Russia: Partner or Adversary? **Dr. Sergei Kambalov**

10 classes | 5:15PM - 6:45 PM
2/28 - 5/2 | \$56

This course will focus on understanding Putin's actions. Is confrontation with Russia in the United States' strategic interests?

VA-443

Creative Photography 101 **Timothy Padgett**

10 classes | 5:15PM - 6:45 PM
2/28 - 5/2 | \$56

A little bit of everything! This course is designed for those who want to understand digital photography without the science behind the lens, and find their inner artist. After all, "photography" means "to paint with light."

NEW VA-462

American Films, American Families **John Long**

5 classes | 1:45 PM - 4:00 PM
4/4 - 5/2 | \$42

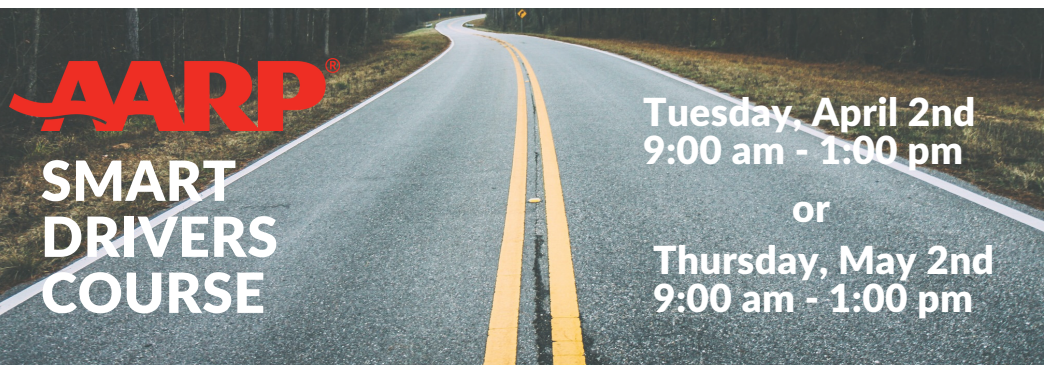
This course considers films that focus on families in American sub-cultures from filmmakers that are part of the community. We will view and discuss the films as art, entertainment, and descriptions of culture. There will be online readings in preparation for viewing the films. Films under consideration: Smoke Signals - Native American; To Sleep With Anger - African-American in California; Mississippi Masala - Indian-American in the south; Eat A Bowl of Tea - Chinese-American in New York; Real Women Have Curves - Mexican-American in California.

VA-453

Creative Photography: Lightroom and Photoshop 101 **Timothy Padgett**

10 classes | 12:00 PM - 1:30 PM
2/28 - 5/2 | \$56

A photography course for beginners to intermediates. Learn how to import, edit, and save your photo files to several devices. Also learn how to create your own website using these tools.



OLLI at UConn hosts the AARP 4-hour Smart Drivers Course - the oldest and most successful program for older drivers to help refresh driving skills and learn a few new tips. The cost is **\$15** for AARP members and **\$20** for non-members. Payment may be made by check (to AARP) at the start of the course. State law mandates a minimum **discount of 5%** on your liability insurance for 2 years for drivers 60 and over who take the course. *OLLI membership is not required to register! Call **203-236-9924** to sign up or circle your desired date on the registration form.

COURSE DESCRIPTIONS

FRIDAY CLASSES

SPRING 2019

8:30 AM - 10:00 AM

NEW CL-453

Are You Calabrese, Pugliese, Siciliana... Or Italiano?

Angela Buzzelli

5 classes | 8:30 AM - 10:00 AM
2/22 - 3/22 | \$28

Did you ever wonder where some of the traditions passed down from your Italian grandparents come from? Did they refer to themselves as Napolitano instead of Italian? "Campanilismo" is a very important aspect of life in Italy symbolizing a sense of identity, pride, and belonging to the place of your birth, a feeling which is usually much stronger to an Italian than any sense of national identity. We will explore the culture and traditions of some of the Italian regions beginning with Campania, Puglia and Calabria and others based on class interest.

NEW CL-450

Parliamo Italiano IV
Nunzio De Filippis

10 classes | *9:00* AM - 11:00 AM
3/1 - 5/10 | \$75

This course is a continuation of Parliamo Italiano III. Conversational Italian for all - that is, for most people who have had a few or many courses of Italian, those who have spoken Italian in the house, or those who spoke Italian as children. All are welcome! We will learn from each other. Every effort will be made to speak **ONLY ITALIAN** in the class. Solamente in Italiano!

HS-505

**European History for Travelers:
Five Fascinating Leaders and What
They Left Behind**

Diane Stone

5 classes | *8:15* AM - 10:00 AM
3/29 - 5/3 | \$28

This course will focus on five of Europe's most famous and fascinating leaders whose personalities, accomplishments, legacies, whether positive or horrific, are at the core of many of the tourist sites travelers to Europe want to visit most. By examining the lives of Henry VIII, Louis XIV, Marie Antoinette, Napoleon and Josephine, and Adolf Hitler, you will gain the context which will help you fully understand what you're seeing when you visit the places they inhabited.



UPCOMING: ***NEW*** UConn Faculty-Arranged Course

Register for a special OLLI course taught by UConn Waterbury faculty, focused on STEM core subjects. Three classes, three professors, three fascinating lectures!

Details coming soon!
Look for updates in the
OLLI at UConn Weekly
What's Happening
e-newsletter, on our
Facebook page, and on
flyers around UConn
Waterbury.



COURSE DESCRIPTIONS

FRIDAY CLASSES

SPRING 2019

10:15 AM - 11:45 AM

MU-450

Dylan

Walter Brooks

10 classes | 10:15 AM - 11:45 AM
2/22 - 5/3 | \$56

Bob Dylan is an enduring musical and literary (Pulitzer Prize) phenomenon. In this class we will listen to his songs and discuss his utterly compelling lyrics in the context of his personal background and the historical periods in which he worked.

VA-432

Mandalas As Art and Personal Relaxation

Rose-Ann C. Chrzanowski

10 classes | 10:15 AM - 11:45 AM
2/22 - 5/3 | \$56

We will explore a variety of mediums to create mandalas, including sand, mosaic tiles, found objects, paint, shells, and sea glass, to name a few. All artistic abilities are welcome. This art comes from your heart!

NEW CE-018

Contemporary Issues

David Corbett

10 classes | 10:15 AM - 11:45 AM
2/22 - 5/3 | \$56

An examination of the issues facing our country and the world that substantially affect our lives. It is believed that issues dealing with foreign policy, education, criminal justice and health care, will predominate. The students' input on possible topics will initially be sought.

*Not to be confused with *Contemporary Issues in U.S. Constitutional Law* (pg 15)

NEW HW-486

Chinese Medicine: The Experiencing of Spirit in the East and the Western Idea of Evil
William Courtland

8 classes | 10:15 AM - 11:45 AM
3/8 - 5/3 | \$45

This course will examine our Western idea of evil, the many subtle ways it begins in the individual's psyche, and why it is becoming so prevalent today. It will also explore Spirit's neutralizing effect on evil's power to destroy.

NEW HS-521

La Storia D'Italia:

The History of Italy Part II

Nunzio De Filippis

10 classes | *11:15* AM - 1:15 PM
3/1 - 5/17 | \$75 *No class 5/3

This course will cover the history of Italy: from Charlemagne's conquest of Italy (800); to the creation of City States in 800-1200 (Firenze, Torino, Milano, Venezia, Napoli, Roma, Genova e Palermo); to Regional States in 1200-1860 (Papal, Piemonte, Napolitan, Sicilian, Two Sicilian, Venetian, Genovese, Florentine and Milanese); to the unification of Italy (1860 - 1870) to Modern Italy (1870 - 2018).

VA-415

An Enriching Experience with Acrylic Painting*

Judy Jaworski

10 classes | 10:15 AM - 11:45 AM
2/22 - 5/3 | \$56

In this course, students will learn to develop expertise in the medium to create a personal finished painting. You will also compose a color chart for future reference. *Required supplies

MU-459

The Ukulele Adventure: For Beginners*

Nina Lesiga

8 classes | 10:15 AM - 11:45 AM
2/22 - 4/26 *No class on 3/29 | \$45

Yes, you can play the ukulele! Learn chords, strumming patterns, and ten great songs. This workshop's unique design enables students to take it multiple times to master core skills. No musical instrument experience is required. *Required supplies

PR-424

The Divine Comedy: From Here to Eternity*

Douglas Welsh

10 classes | 10:15 AM - 11:45 AM
2/22 - 5/3 | \$56

Dante's *Divine Comedy* has been called the greatest poem ever written. After a brief review of *Inferno*, we will read and discuss *Purgatorio*, the second part of the *Divine Comedy*, how it relates to both the world of Dante and to our world. *Required reading

NEW MU-465

Hey, What's the Score?

Donna Obarowski

5 classes | 10:15 AM - 11:45 AM
3/29 - 5/3 | \$28

You don't have to go to a concert hall to hear great classical music. You might hear it right on your favorite movie channel or at the local multiplex theater. That's because some great pieces of classical music have been a part of many movie scores - and they are worth hearing in their own right! Let's take a closer look at some of the music that has "made it" into the movies. What are the musical characteristics that make these pieces so distinctive and appropriate for various film scores? Why use these classical pieces rather than newly composed music? And how can we better enjoy this music in its own right?

NEW LW-481

Writing with the Write Side of Your Brain*

Nancy T. Whitney

8 classes | 10:15 AM - 11:45 AM
2/22 - 4/12 | \$45

Writing. It can be fun. Come along and see how your brain works with writing of all kinds: fact, fiction, poetry, and memoir. Take this class to rewire and reconnect with the side of your brain that wants to write. No experience necessary, but willingness, adventure, and humor are encouraged.

*Recommended reading

VA-449

Creative Photography: Cell Phones & Compact Cameras 101

Timothy Padgett

10 classes | 10:15 AM - 11:45 AM
2/22 - 5/3 | \$56

Join us for a photography course on how to create works of art with the camera you always have with you.

Turn the page for more
10:15 - 11:45 AM
classes!

COURSE DESCRIPTIONS

FRIDAY CLASSES

SPRING 2019

10:15 AM - 11:45 AM CONTINUED

***NEW* LW-484**

Neighborhoods of Time and Space
Emily Mattina & Linda Gordon

10 classes

10:00 AM - 11:00 AM

2/22 - 5/3 | \$38

This writing course is developed from the popular Shakesperience program, *Waterbury Interactive: Our City, Our Neighborhoods*, which showcases Waterbury's unique history through written and performed memoir, and has now expanded to do the same for the personal narratives of its participants. Throughout this course, writers will have three main paths to choose from: 1. Discovering the history of Waterbury and writing about it - your own story and stories of others, 2. Self-discovery through memoirs/autobiography and possible performance by a Shakesperience resident actor - or even by the author, 3. Writing plays and monologues to be performed by Shakesperience actors. Optional FREE Lab at Shakesperience on Tuesdays, 9-11. If you are interested in having your piece performed, or performing it yourself, or recording it aurally, feel free to join Director Emily Mattina and her resident artists as frequently as you would like.

***NEW* LW-483**

Do You Haiku?
Jack Lewis

5 classes | 10:15 AM - 11:45 AM

2/22 - 3/22 | \$28

Join us for a 5-week journey exploring Japanese haiku. We will start with a brief look at the history of Japanese poetry, including renga, tanka, waka, haikai and hokku, and we will then look at traditional haiku, with its seasonal words and imagery, its focus primarily on the natural world, and discipline. A side trip to visit the Zen poets might surprise you as we encounter the tradition of death poems. Finally we'll come up-to-date with the adoption of the haiku form into other languages and cultures, including our own. Along the way, we'll write our own haiku and share the insights these creations open up to us.

***NEW* SS-003**

Gender: What It Is, What It Isn't, and What We Think We Know About It

Elizabeth Neuwirth

5 classes | 10:15 AM - 11:45 AM

2/22 - 3/22 | \$28

Gender, sex, sexual orientation: these are concepts we may never have had to separate or think about until recently, when friends, family, co-workers, and neighbors may be open about their identities in ways that we aren't sure how to understand. This course is an introduction to gender using science, cross-cultural viewpoints, and critical thinking. One of our topics is the needs of transgender children and adolescents. It's a comfortable environment, questions are welcome, and there will be plenty of surprises.

Interested in teaching a course at OLLI?

Have you always wanted to teach and share your knowledge, but aren't sure where to start? Do you have years of teaching experience, but want to offer something new? This is your chance! If you'd like more information, please reach out to Jenna Ryan, OLLI Coordinator at jenna.ryan@uconn.edu

Please note that course proposal forms can be found on our website: <https://olli.uconn.edu/course-proposal-form/>



Connecticut
Community
Foundation



HC-404 From Planting to Harvest to Table: The Greening of Waterbury

Instructor: Nunzio De Filippis | Minimum commitment of three hours a week, on Tuesdays, Thursdays, and/or Saturdays | \$10

This is a one-of-a-kind learning opportunity to join a successful service learning project in support of the national focus on sustainable urban food production. This project is a partnership among the Osher Lifelong Learning Institute at UConn, Brass City Harvest, St. Vincent DePaul Soup Kitchen, and Greater Waterbury Interfaith Ministries Soup Kitchen. This project is partially funded by East Hill Woods Fund – Pathways for Seniors, Connecticut Community Foundation.

By participating in this project, you can expect a rewarding, hands-on, learning project with an avid gardener-instructor, and a deeply rewarding experience in urban gardening. Learn about soil preparation techniques, planting, growing viable seedlings, and raised-bed gardening techniques. Participants will also be provided with the opportunity to provide fresh food to Waterbury residents, and even cook and serve if they choose.

During the growing season (mid-May to mid-July) additional gardening hours are highly encouraged. New England weather will dictate some meeting times and locations, as determined by the University and/or the OLLI presenter. **Questions? Contact Nunzio De Filippis at nonnonunzio@comcast.net or 347-743-7499.**

COURSE DESCRIPTIONS FRIDAY CLASSES

SPRING 2019

12:00 PM - 1:30 PM

HW-405

Reiki Level One*

**Barbara Schafer, Rosemary Toletti
& Sr. Cecilia Baranowski**

8 classes | 12:00 PM - 1:30 PM

2/22 - 4/12 | \$45

Reiki is a caring way of energizing, restoring, and balancing the energy in our bodies. It reduces stress and produces a profound, deep level of relaxation that enhances health and prevents illness, improves mental clarity, increases creativity, and promotes a sense of deep peace and well-being. Anyone can do it.

*Recommended reading

CE-016

Contemporary Issues in U.S. Constitutional Law David Corbett

10 classes | 12:00 PM - 1:30 PM

2/22 - 5/10 *No class on 5/3 | \$56

We will begin with a brief overview of the U. S. Constitution and its historical antecedents, then we will examine the various contemporary issues in constitutional law by way of their historical development, decided cases, and subsequent societal impact. We will also consider approaches to interpreting the constitution. *Not to be confused with the general *Contemporary Issues* (pg 13)

PD-415

Investment Portfolio Management Jessica Kott

5 classes | 12:00 PM - 1:30 PM

3/29 - 5/10 *No class on 5/3 | \$28

Students will establish investment objectives and appropriate asset allocation, gain an understanding of various types of investments, and learn how to construct and monitor investment portfolios. A portion of each class will be devoted to answering investment questions from participants.



OC-101 OLLI Café

Fridays | 12:15 pm - 1:30 pm |
MPR (Rooms 113-119) | FREE

OLLI Café is a venue for the exchange of ideas and experiences. The goal is to present a potpourri of presentations that provide information and new knowledge to OLLI members. Bring your lunch and we will provide the coffee and tea! The weekly event features a guest speaker followed by a short question and answer session.

Registration for OLLI Café entitles you to a seat for the entire 10-week series, even if you cannot attend every lecture!

See presentation descriptions on Page 16.

HS-512

Major Trends in American Religion: Past, Present, and Future Vincent Casanova

10 classes | 12:00 PM - 1:30 PM

2/22 - 5/10 *No class on 5/3 | \$56

This course will survey the major trends and diversity of the American Religious Experience, with a focus on developments in the colonial period, modern and contemporary periods, and future projections.



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OLLI at UConn is always grateful for the support and generosity of the Osher Foundation, UConn Waterbury, and Campus Director, Dr. William Pizzuto.

OLLI CAFÉ DESCRIPTIONS

OLLI Café Presentations (OC-101): Fridays, 12:15 - 1:30 PM
MPR (Rooms 113-119)

SPRING 2019

FEBRUARY 22

Confessions of an Urban Archaeologist Greg Van Antwerp

If you have ever seen an episode of *The Antiques Roadshow* or *American Pickers*, it's clear we have an obsession with the value of the items we collect and keep. This is where Greg Van Antwerp, "The Urban Archeologist", is different. He sets aside the interest of monetary value to highlight the story behind each discovery. He will describe his fascination with journeying through the towns of Connecticut and New York for the opportunity to dig for items from the past at estate and tag sales. From the rare to the hilarious and the poignant to the pointless Greg enjoys connecting with audiences as he moves from item to item and adds his own brand of humor to each description. This is a fun, insightful and educational tour of American history through the eyes of a curious and successful digger.

MARCH 1

Connecticut Civilian Conservation Corps: History, Memories, and Legacy Martin Podskoch

Martin Podskoch will discuss his book, *Connecticut Civilian Conservation Corps Camps: Their History, Memories and Legacy*. The CCC was a public works program that operated from 1933-1942 as part of FDR's New Deal. Podskoch's book describes the history and projects of the twenty-two CC camps located in CT. Interviews and photos of camp life capture the vitality of the young men who worked to improve forests, which had been ravaged by fires, lumbering, and storms. Their labors created the woodlands and state parks that we continue to enjoy today.

MARCH 8

How Can the Akashic Record Help You Move Forward in Life

Jiayuh Chyan

This presentation is a condensed introduction to the *Akashic Records*. Akashic Records contain our soul's journey and the true essence of who we are. It is a powerful self-transformation resource connecting with our hearts and inner wisdom. Come join us and find out how the Akashic records can help you reach inner peace and joy even in the most difficult situation and how to become the best person you can be with the support of your own soul. Jiayuh Chyan is an Akashic Records teacher, Energy Medicine practitioner and the founder of Jiayuh Chyan. She is an award winning author of the international bestseller, *Your Key to the Akashic Records: A Step by Step Guidebook to Access the Akashic Records*.

MARCH 15

MATT on the Go Heather Whitestone

Enjoy a lively discussion about "What is Art" with Heather Whitestone. Paintings, sculptures, and artifacts from the Mattatuck Museum's permanent collection and special exhibitions will be examined and discussed. Is it a landscape? Is it a portrait? How did they create these one of a kind pieces? What were the functions of these odd looking artifacts. Do you look at art and sometimes think, "Why my grandkids could do that!" Heather will demystify all your curiosities about art today.



MARCH 22

The Museum That Would Not Quit John Ellsworth

Can you imagine the world without radio, television or computers? Our world would be completely different than it is today. Join us in learning about the history and development of the Vintage Radio and Communications Museum of Connecticut from its beginning in 1990 to the present. It's a fascinating story of how volunteerism and persistence resulted in a world-class attraction.

MARCH 29

Russia: Partner or Adversary? Dr. Sergei Kambalov

Dr. Sergei Kambalov was employed at the United Nations from 1989 to 2010. Prior to joining the UN, he was a First Secretary in the Ministry of Foreign Affairs of the USSR. Prior to that, he worked in academic research on international economic relations. Dr. Kambalov will focus his presentation on understanding Putin's policies and actions. He will provide a historical background and set the record straight on certain myths.

APRIL 5

Aging Happy: How to Make These the Best Years of Your Life

Raeleen Mautner, PH.D

Aging Happy is a presentation based on Dr. Mautner's latest book *Aging Happy: How to Knock Out the Nonsense and Make These the Best Years of Your Life* (Linden Publishing).

This presentation will cover the ten research-based principles that older adults could apply to their everyday lives to defy ageist stereotypes and experience more satisfaction and joy. Topics include: body image, health and fitness, friendship, money, leisure activities, and love.

APRIL 12

Tort Law, Trial by Jury Attorney Richard Newman

Richard L. Newman, Executive Director of the American Museum of Tort Law, will discuss the importance of trial by jury – its roots in the Constitution, and its role as a check on tyranny and corporate power. His presentation will also discuss tort law and its social benefits. Attorney Newman will provide information on the American Museum of Tort Law, a nationally acclaimed museum of law located in Winsted, Connecticut.

APRIL 26

United Nations: Past, Present and Future Joseph Baxer

Dr. Baxer will explore the creation of the United Nations after World War II, its present make up, and the issues surrounding its future development and relevance. As the one international institution where 193 nations gather, its strengths, weaknesses and vision will be illuminated. Joseph Baxer is President of the United Nations Association of Connecticut and Executive Director of the Intercultural Institute of Connecticut. He has worked to sustain cultural diversity and mediate cross-cultural conflicts. He has participated in international peace missions to Uganda, Tanzania, Ethiopia, Kenya and Nicaragua.

MAY 3

OLLI Appreciation Day A Celebration of YOU!

Join us for an afternoon celebration honoring our outstanding OLLI instructors, volunteers, and students on the last Friday of the Spring 2019 session.

COURSE DESCRIPTIONS

FRIDAY CLASSES

SPRING 2019

1:45 PM - 3:15 PM

***NEW* PA-432**

**Viva Verdi: Il Mio Piu
Grande Amore (My Greatest Love)
Nunzio De Filippis**

10 classes | 1:45 PM - 3:45 PM

3/1 - 5/10 | \$75

Travel with me into the life and operas of Verdi, from his life to Nabucco, Ernani, Macbeth, Falstaff and a few others in between.

MU-455

The Jazz Scenes

Fran E. McIntyre

5 classes | 1:45 PM - 3:15 PM

2/22 - 3/22 | \$28

The objective of this course is to enhance the history, development, and enjoyment of different jazz performances and styles, as it answers the question, "What is this thing called jazz?"

MU-460

The Ukulele Adventure: Beyond the Basics*

Nina Lesiga

8 classes | 1:45 PM - 3:15 PM

2/22 - 4/26 *No class on 3/29 | \$45

If you've taken the OLLI Ukulele Adventure two or more times and mastered the basic chords and their transitions, take your skills to the next level. As a Music Maker, you'll expand your repertoire and technique with joy and a sense of adventure. *Required supplies

VA-450

Creative Photography: SLR and Mirrorless Cameras 101

Timothy Padgett

10 classes | 1:45 - 3:15 PM

2/22 - 5/3 | \$56

Get more out of your camera by taking control and stopping your use of automatic settings. Continue to learn how to create great compositions of any subject.

***NEW* PA-431**

**Act One: A Class for Beginner Actors
Nancy Schuler**

10 classes | 1:45 PM - 3:15 PM

2/22 - 5/3 | \$56

Learn the fundamentals of being on stage and portraying a variety of characters. The class will culminate with a performance of short skits and scenes.

LW-473

**Igniting Passion: Writing From Life
Jack Lewis**

5 classes | 1:45 PM - 3:15 PM

2/22 - 3/22 | \$28

Are you a newcomer to the world of writing? Or maybe an old-timer caught in the doldrums? Searching for an inexhaustible source of ideas? Join us as we release the creative passion inside each of us. Discover your unique voice and your own incredible stories.

MU-458

The Jazz Scenes & BEYOND

Fran E. McIntyre

5 classes | 1:45 PM - 3:15 PM

3/29 - 5/3 | \$28

In this course, we will go beyond the history of jazz and explore the "Freedom of Jazz Expression" by exploring Frank Sinatra, Louie Armstrong, Herbie Hancock, Ella Fitzgerald, Marty Q, and so many more. Why scat? Is today's music really jazz?

***NEW* CL-451**

Understanding Islam and the Middle East

Gerald O'Connell

5 classes | 1:45 PM - 3:15 PM

3/29 - 5/3 | \$28

The course examines the history of the Middle East, the religion of Islam and why the region is important to the United States.

LW-469

The Real Frankenstein*
Douglas Welsh

5 classes | 1:45 PM - 3:15 PM

2/22 - 3/22 | \$28

If you have only seen the movie, you don't know *Frankenstein*. Following the bicentennial year of its publication, we will read the original 1818 version of Mary Shelley's classic. We will discuss its various themes and the relevance of this gothic novel to today's world. Be prepared to be surprised. *Required reading

LW-475

African American Poets

Deirdre J. Wright

5 classes | 1:45 PM - 3:45 PM

3/29 - 5/3 | \$38

This course will be an introduction to the poets of African Diaspora, from the first Africans to write in European style forms to contemporary hip-hop poetry. You will have the opportunity to explore various questions such as "Is rap poetry?" This course will take you on a journey through time including the early colonial, Harlem Renaissance, Beat Generation, and contemporary times, to meet and hear the voices of some African poets.

***NEW* AH-444**

Humanities and the African Diaspora

Deirdre J. Wright

5 classes | 1:45 PM - 3:45 PM

2/22 - 3/22 | \$38

A survey of the arts of the African Diaspora. Experience the history of dance, theater, art, writers, film, and poetry that span Europe, Africa, the Americas and the West Indies. A treasure trove of talent waiting to be uncovered. A little reading, view a film, listen to a play. Find something new to tantalize your senses.

***NEW* MU-464**

Introduction to Latin Jazz / Afro Cuban Music

Juan Santiago

5 classes | 1:45 PM - 3:15 PM

2/22 - 3/22 | \$28

The evolution of Latin Jazz (also known as Afro Cuban Music) as it evolved from Africa to Cuba, South America, the US and Europe is the central topic of this course. There will be videos, internet links, and book links. Several dance forms derived from this music will also be discussed and viewed via multi-media.

***NEW* VA-460**

Movies with Music, Not Musicals
Joseph Gambini

5 classes | 1:45 PM - 4:00 PM

2/22 - 3/22 | \$42

Many films use music as an important role in telling their story, but are not in the strictest sense labeled as musicals as a genre. We will explore how these five films integrate music into their story-lines.

REMINDERS



Membership: OLLI provides memberships in 12-month cycles. The cycles extend from January to January OR July to July. Members may register for courses for all sessions that occur within their membership cycle. A member joining OLLI for the first time in Spring 2019 will have a membership cycle from January 2019 to January 2020. The cost is \$65.

Registration: Registrations are on a first-come, first-served basis. If you register online, you will receive an immediate confirmation email. If you register with a paper registration form, you will receive an email confirmation as soon as a staff member receives and processes your registration. Refunds and course credits will be issued on a case-by-case basis depending on the circumstance.

Where/when is my class? Given the tendency for room assignments to change throughout the registration period, we have not included them in this catalog. Double-check your course dates, times, and room assignments on the online course catalog the day before your first class - before you arrive to campus! Any unforeseen, last-minute changes will be listed on our Room Assignments chart in the main lobby or on the bulletin board outside the OLLI Office (Room 103).

Class times: The courses in this catalog are organized by time-slot. Not ALL courses in a particular time slot meet during that exact time-frame. Please pay close attention to each course description to note its meeting time and length, as it may differ slightly from the overarching time category.

"Sitting in" on OLLI Classes: Please remember that you are not permitted to sit in on an OLLI class if you are not officially registered for the class. There are three main reasons why this is not permitted: 1) Classrooms capacity limits, 2) Most presenters have a preferred class size, 3) It is simply unfair for a person who has not paid for a class to sit alongside students who have paid to be in the class. Even if a presenter has told you that it is okay for you to sit in, please refrain from doing so.

Classroom space: OLLI staff and instructors thank you for being mindful of the other classes using the classroom. Please leave in a timely manner in order to give each incoming instructor ample time and space to set up for his/her class.

Consideration for others: As always, please be considerate of your fellow students in the classroom, especially with regard to leaving and entering the classroom quietly, and also to those who may be allergic or sensitive to strong perfumes, fabric softeners, etc.

Participating in an OLLI Club or Committee: Please be reminded that you are not permitted to be part of an OLLI Club or Committee unless you have a valid, up-to-date membership.

Civility: OLLI is proud to offer courses that cover diverse and challenging subjects. Discussion of ideas is a core part of learning. Please remember that respect and a civil exchange of views are key to understanding each other.

Questions: If you have a question or issue, please refrain from going to the Student Services Suite on the second floor. Instead, please report to the OLLI Information Table on Fridays or the OLLI Office (Room 103) any day. We are better equipped to answer all your OLLI-related questions.

Cancellations: When UConn Waterbury cancels or delays due to weather, OLLI is cancelled. Check alert.uconn.edu or participating local news stations to check on the university's status. In the case that an OLLI instructor has to cancel class, due to illness, scheduling conflicts, or any other issues of a personal nature, all attempts will be made by the instructor and/or OLLI Staff to contact course members, via email and/or telephone. Last minute, unforeseen cancellations will be posted in the main lobby and on the bulletin board outside the OLLI office (Room 103).



Osher Lifelong Learning Institute
University of Connecticut
99 East Main St.
Waterbury, CT 06702



60+
classes

- Monday through Friday options
- Daytime & early-evening options
- 1 - 10 meetings per class
- Classes starting at \$5
- State-of-the-art campus

OLLI at UConn
**where learning
never retires**

UConn Waterbury
Main Building



The University of Connecticut's Waterbury Campus serves more than 1,100 students annually. In more than 60 years of operation, UConn Waterbury has opened the doors to educational access and excellence to thousands of Connecticut residents, many of whom have distinguished themselves in the fields of community service, business, education, law, and politics.