

The Osher Lifelong Learning Institute (OLLI) at the University of Connecticut is an academic cooperative that provides older adults with opportunities for intellectual development, cultural stimulation, and social interaction

## Breaking New Ground at OLLI at UConn: An Invitation to OLLI Members

Monday, November 2, 2015—9:30 AM to 10:45 AM, Multipurpose Room

*Light refreshments will be served.*

OLLI at the University of Connecticut is engaged in an important, intergenerational service learning course. This means that UConn undergraduate students who are enrolled in **HDFS 2200: Adulthood and Aging** (taught by Dr. Laura Donorfio) are engaged in several projects and activities related directly to learning about and assisting OLLI at UConn. As part of the project, on Monday, November 2, 2015 interviews will be conducted with OLLI members related to positive aging, enrichment, and specifically engagement in lifelong learning activities. If you have been touched in a meaningful way by lifelong learning within OLLI and beyond please consider volunteering for this activity. This outcome of these interviews could contribute to the way OLLI at UConn “tells its story” and it could even contribute to national discussions on the topic of lifelong learning and enrichment in the lives of seasoned adults in the United States. Even if you are new to OLLI, we want to hear from you!

OLLI at UConn has led many intergenerational activities since its inception in 2007. Individuals such as Rosalie Griffin and Aleta Staton have led intergenerational OLLI courses, Drs. Laura Donorfio and Ruth Glasser have led intergenerational UConn courses and activities, and the OLLI gardens and the OLLI office have always engaged people of multiple generations. OLLI has been recognized for its intergenerational activities since inception in 2007 by being asked to present nationally on this topic. This project, is likely “the first of its kind” as it engages 40 UConn undergraduate students in OLLI at UConn all at the same time!

If you would like to submit your name for potential selection for participation, please email [osher@uconn.edu](mailto:osher@uconn.edu) or call 203-236-9924/9925 as soon as possible and by **Monday, October 19, 2015 at 12 Noon**. Please include your full name and indicate that you are willing to participate on Monday, November 2, 2015 at 9:30 AM. You must be a current OLLI member in order to be considered for participation.

Thank you!

**Laura Donorfio, Ph.D.**, Associate Professor,  
Department of Human Development and Family Studies

**Brian G. Chapman, Ed.D.**, Instructor,  
Human Development and Family Studies and  
Director, Osher Lifelong Learning Institute at  
The University of Connecticut

## Palace Theater Offers Unique Course Mixed With Community Service

The fall, 2015 students of the OLLI 5-week course on the history of the Palace Theater, presented by Lou Belloisy and members of the staff of the Palace. This session, OLLI members were joined by volunteers who conduct tours at the Palace who wanted to brush up on their history, as well as people who were interested in becoming tour guides.



If you are interested in learning more about The Palace, or their tour guide program, keep your eyes open for a listing of this unique course!

### OLLI Newsletters Go Internet

OLLI newsletters are available on our web page at <http://olli.uconn.edu/weekly-newsletters/>

Then click on the left-hand index that says "Newsletters." They are available in PDF format. If you don't have the free reader, you can get it at [www.adobe.com](http://www.adobe.com) and click on the box that says "READER."

**The Newsletter** is always looking for content from our readers. This may be in the form of original work or items you have found interesting and may wish to pass on to others. We always welcome any suggestions you may have to improve the newsletter or criticisms of it. The Newsletter exists to inform and entertain our readers.

Contact **Bob Grady** at [yvoorg@aol.com](mailto:yvoorg@aol.com) or any presenter or staff member

### OLLI POETRY COFFEE HOUSE

2nd Thurs at John Bale Bookshop -10:00am

For more information:

Contact Denise Whelan ([denisewhelan@yahoo.com](mailto:denisewhelan@yahoo.com))

### OLLI BOOK CLUB

Contact: **Nancy Via** at [nvia@sbcglobal.net](mailto:nvia@sbcglobal.net)

All meetings of the book club will be held in room 102D, UConn, Waterbury at 1:00 PM 3rd Monday

**October 19 Olive Kitteridge Elizabeth Sprout**

### Factoids for OLLI Members:

"Due to the fact that Parking Services is aware of the need to switch the decal BETWEEN vehicles--they adhered the stickers to hanging tags for your convenience!"

### ATTENTION! There is still time to register for Fall 2015 OLLI courses!

The following courses start as early as next week!

**Tuesdays (October 13 – November 10)**

**MS-426** The Holistic Lifestyle: Contemporary Science Discovers Ancient Wisdom

**Instructor:** James T. Prado, DC, Chiropractic Physician

**Thursdays (October 15 – November 12)**

**PD-435** Handwriting Analysis: Venture in Self-Discovery  
**Instructor:** David Dewitt

**Fridays (October 16 – November 13)**

**SP-402** How the Game is Played

**Instructor:** Ed Conlan

**HS-478** How to do Archaeology Without Ever Lifting a Trowel

**Instructor:** Bonnie Plourde

**HW-446** Alexander Technique: The Next Steps

**Instructor:** Peter Anderhegan

**HW-445B** When in Doubt - Breathe Out

**Instructor:** Michaela Hauser-Wagner

**TR-401** Bucket List Travel: Is Exploring To The Ends Of The Earth For You?

**Instructor:** Diane Stone

**HS-482** Connecticut in the 20th Century

**Instructor:** Dr. Jon E. Purmont

**CL-428** Lost in Translation: A short Story of Words That Got Away

**Instructor:** Gabriella Brand

**MU-416** Bump Diddy Strum - Intro to the Mountain Dulcimer

**Instructor:** Elizabeth Hanahan

**MU-439** Come Pick and Strum!

**Instructor:** Elizabeth Hanahan

**Sign up in the OLLI office or online TODAY!**



## OLLI CAFE

Friday, October 16  
The role of the patient advocate  
Liza Lavado Kaye

This presentation will focus on the different responsibilities and services that a patient advocate provides. This includes: What is a patient advocate?, patient-centered care, using an advocate (getting started), accompanying patients to doctor appointments, and reviewing insurance claims and questionable charges. Medicare, Medicaid, and the Affordable Care Act will also be discussed.

For a complete list of services please go to  
[www.lighthousehealthcareadvocacy.com](http://www.lighthousehealthcareadvocacy.com)

October 23

**Predicting and Planning for the Future by Examining the Past**  
Wayne Mattox

### CAMPUS SPECIAL EVENTS

*RSVP by calling 203-236-9924*

#### **The Wall and Settlements in Israel-Palestine**

Speakers – Gideon Levy, Suhail Khalilleh, Aleen Murad Masoud Wed 10/21 /15 12:00

RSVP by Wed 10/14

#### **Ruins Reborn: Revitalizing Postindustrial Cities**

Speaker Hugh Bailey, CT Post Reporter

Wed. 10/28/15 12: 00

RSVP by 10/21

#### **Irish Masculinity, Fatherhood, and Cinematic Representations of**

#### **“The Troubles” in Northern Ireland**

Speaker: Nicole McClure, Asst. Prof of English at University of Pennsylvania, Kutztown

Thurs. 11/12 6:30– 7:45

RSVP by 11/05

#### **The Harlem Renaissance Revisited**

Speaker Dr. Jeffrey O. G. Ogbar, UConn Professor of History/Founding Director of the Center for the study of Popular Music

Fri. 11/20 1-2pm RSVP by 11/13



### ~A Suggestion to our OLLI Travelers ~

When reserving a seat for one of our day trips, it is very important for you to get your reservations in as early as possible. If they have not received an adequate number of people (usually 35 or 40) for a day trip, Friendship Tours is required to start a cancellation process about 2 weeks ahead of the date of that trip. That means that, although we know many of our trips are popular and were planned because many members suggested them, if many people wait until the last two weeks, the trip you are calling for may already be cancelled. So please make sure to reserve trips early to make sure you get the trips you want.

(Just a note – Of course, overnight trips need to be reserved much earlier.)

### **Ann Rompre, Co-Chairperson of Travel**

#### Upcoming OLLI Travel

**10/21/2015** – 9/11 Museum – NYC - \$74pp (sold out)

**6/20-22/2016** – Lancaster PA (Sight & Sound Theatre (overnight) - \$427pp dbl

**9/17-19/2016** – Washington DC/ChantillyVA/Mount Vernon – price TBA

**All prices are member prices. Non-members are charged a slight surcharge. Call Friendship Tours for information and reservations. (1-800-243-1630). Mention OLLI Travel**

Friday, November 13th is

## OLLI ARTS DAY!!

**WE KNOW WHAT WE'RE DOING!**

After his return from Rome, Will couldn't find his luggage in the airport baggage area. He went to the lost luggage office and told the woman there that his bags hadn't shown up on the carousel.

She smiled and told him not to worry because they were trained professionals and he was in good hands.

Then she asked Will, "Has your plane arrived yet?"

.....

**AND A CHILD SHALL LEAD THEM...**

A police officer found a perfect hiding place for watching for speeding motorists.

One day, the officer was amazed when everyone was under the speed limit, so he investigated and found the problem.

A 10 years old boy was standing on the side of the road with a huge hand painted sign which said "Radar Trap Ahead."

A little more investigative work led the officer to the boy's accomplice: another boy about 100 yards beyond the radar trap with a sign reading "TIPS" and a bucket at his feet full of change.

...

[www.academictips.org/blogs/funny-short-stories/](http://www.academictips.org/blogs/funny-short-stories/)  
**WRONG EMAIL...**

A couple going on vacation but his wife was on a business trip so he went to the destination first and his wife would meet him the next day.

When he reached his hotel, he decided to send his wife a quick email.

Unfortunately, when typing her address, he mistyped a letter and his note was directed instead to an elderly preacher's wife whose husband had passed away only the day before.

When the grieving widow checked her email, she took one look at the monitor, let out a piercing scream, and fell to the floor in a dead faint.

At the sound, her family rushed into the room and saw this note on the screen:

*Dearest Wife:*

*Just got checked in. Everything prepared for your arrival tomorrow.*

*P.S. Sure is hot down here.*




---

## Osher Lifelong Learning Institute at UCONN, Waterbury

THE OSHER LIFELONG  
LEARNING INSTITUTE  
The University of Connecticut  
99 East Main Street  
Waterbury, CT 06702



NEWSLETTER CONTACTS  
Bob Grady 860 483-2014  
Email [yvoorg@aol.com](mailto:yvoorg@aol.com)  
or  
[nblomstrom@aol.com](mailto:nblomstrom@aol.com),

The Osher Lifelong Learning Institute (OLLI) programs are centered around classes developed and taught by members who volunteer their time and talents to share their knowledge, life passions, and interest with other members. The OLLI program also sponsors special events featuring noted authors, scholars, and experts in respected professional fields.

---

## OLLI Leadership Council

### Council Members

OLLI officers are part of the Leadership Council, which is the principal representative body of the OLLI membership.

### Council Officers

President - Chuck Miceli  
1st Vice President - Toni Escott  
2nd Vice President - Delma Way  
Secretary - Pat Fahey  
Assistant Secretary - Joyce Conlan



**We're on the web! [www.oli.uconn.edu](http://www.oli.uconn.edu)**



## FROM THE TRAVEL COMMITTEE:

LANCASTER, PA. (June 20 - 22, 2016) OLLI TRIP—One of the many things that people enjoy while visiting a new area is trying out the local cuisine. Those who choose to travel to Lancaster, Pa. with OLLI in June 2016 are in for several treats. Pennsylvania Dutch cuisine, found in and around Lancaster County, Pa., is one of the few regional foods in the United States that is actually consumed on a daily basis by the people who live in the region. The dishes reflect the influences of the Pennsylvania Dutch's German heritage, agrarian society, and rejection of rapid change. The foods of the Pennsylvania Dutch and the Amish are similar due to their common heritage. As a rule, they do not eat processed, store-bought foods. People are a mix of the 'plain' such as the Amish - descendants of the 18th and 19th century Anabaptist German immigrants - and the 'fancy' - descendants of Reformed and Lutheran German immigrants.

Our first night's (included) dinner will be 'family style' at the Plain and Fancy Restaurant (featured on Travel Channel's Man V. Food). Some of the items on the menu are rolls with apple butter, golden fried chicken, sausage, chicken pot pie with homemade noodles, browned butter noodles, 'real' mashed potatoes with gravy, and Shoo Fly pie.

Dinner on the second night (included) will be at Miller's Smorgasbord - an award winner that features American favorites as well as Heritage Pennsylvania Dutch dishes. They even have cocktails (not included) made from their own Genuine Shoofly Liqueur.

Lunch (on your own) on DAY 2 will be at the Kitchen Kettle Village. There are over 40 local shops including a cafe, restaurant, jam and relish shop, and other shops featuring yarn, pretzels, baked goods, fudge, kettle corn, olive oil, quilts, ice cream, smokehouse products and much, much more.

The trip also includes a show, "Samson", at the Sight and Sound Theatre, a visit to an Amish home and farm, a visit to QVC Studio, and a presentation, 'Chalk Talk,' at the Plain and Fancy Restaurant.

Your hotel for the two nights will be at the Cork Factory Hotel, a luxury boutique hotel created from an actual factory in downtown Lancaster.

Please contact Friendship Tours, Overnight Dept. @ 860-243-1630 to reserve your seat. Pick up a flyer for this trip at the OLLI Hospitality Desk when you come in for class.

- Linda Lane

## From The Clubs and Activities Committee:

*It's October, and as we head toward the season of giving, we think of those in need. The OLLI Clubs and Activities Committee will again hold their annual food drive here at the University of Connecticut. We ask that OLLI members and presenters bring a non-perishable food item and deposit it at the member table. We will collect items for the remainder of the fall session. The Greater Waterbury Interfaith Ministries will distribute your donations to those in need in Greater Waterbury. We thank you in advance for your cheerful donations!*





## MEET YOUR PRESENTERS

Sheila Antworth Lafferty is a genealogist by avocation and an academic librarian by profession. She enjoys helping people in her genealogy classes at OLLI and elsewhere learning which resources, including online DNA services, can help them learn about their family histories.

While she “can’t join the DAR,” Sheila says, she has helped women interested in documenting their eligibility find the right tools to do valid searches.

She herself, she laughs, isn’t eligible for DAR membership because “we were on the wrong side” during the American Revolution. Some of her ancestors living in what became New York State were Loyalists, loyal to the British Crown, who ended up in jail for their activities. Many Loyalists ended up relocating permanently in Canada.

To become a member of the Daughters of the American Revolution, a candidate must prove “lineal descent from a patriot of the American Revolution,” per the DAR’s national website that defines a patriot as “one who provided service or direct assistance in achieving American independence.”

Sheila’s family moved from northern Maine to Southington, Connecticut when she was 14. She became “addicted at age 14 to genealogy” when she saw a family tree in the Bible that was given to her. She began writing to her paternal grandmother asking information about the family. With the passage of time, she broadened her research skills and become a self-taught genealogist.

Information on tombstones in cemeteries sometime give clues to relationships; diaries kept by relatives often yield treasure troves of information. She also stresses the importance of speaking to older relatives about their lives while they are still around.

Early on Sheila recognized that libraries are great source of information and she elected to pursue library science as a career. She earned her bachelor’s and master’s degrees in library science from Southern Connecticut State University and today is director of the Julia Brooker Thompson Library at UConn, Torrington.

Not surprisingly she is fascinated by technology, which is a key part of helping people who come to librarians to learn how to navigate the world of information available on Google and beyond. “You have to be comfortable with technology in the library field today,” she says. Librarians were “there from the beginning” working with data bases on CD Rom and so forth she says. She continues to love learning about new techniques that can be utilized in her library work and genealogy pursuits.

More and more people want to know about their past as they search for a sense of who they are, she says. In addition to her OLLI classes, Sheila teaches a one-credit genealogy course at the University of Connecticut, and has taught adult education classes at the Education Connection in Litchfield and Torrington High School.

An important part of research is helping people find good information on reliable sites. Interest in DNA testing is high, she finds. Kits may be purchased online and saliva samples are returned to the sponsoring company for testing. Sometimes people learn through DNA what their full ethnic background is; others are surprised to learn they were adopted.

DNA profiles done by competent labs also can inform people of links to relatives they never knew. Sheila herself has done a DNA test to learn more about her family.

Sheila hasn’t found any family scandals but has discovered many farmers in her family tree. But others she knows sometimes discover dark events. One of her students recently told of learning about a murderer among the relatives. Married since 1988, Sheila and her husband have two daughters. At home, she still quilts but finds sewing has given way to time spent for fun on the Internet.

—Mary Ann Martin