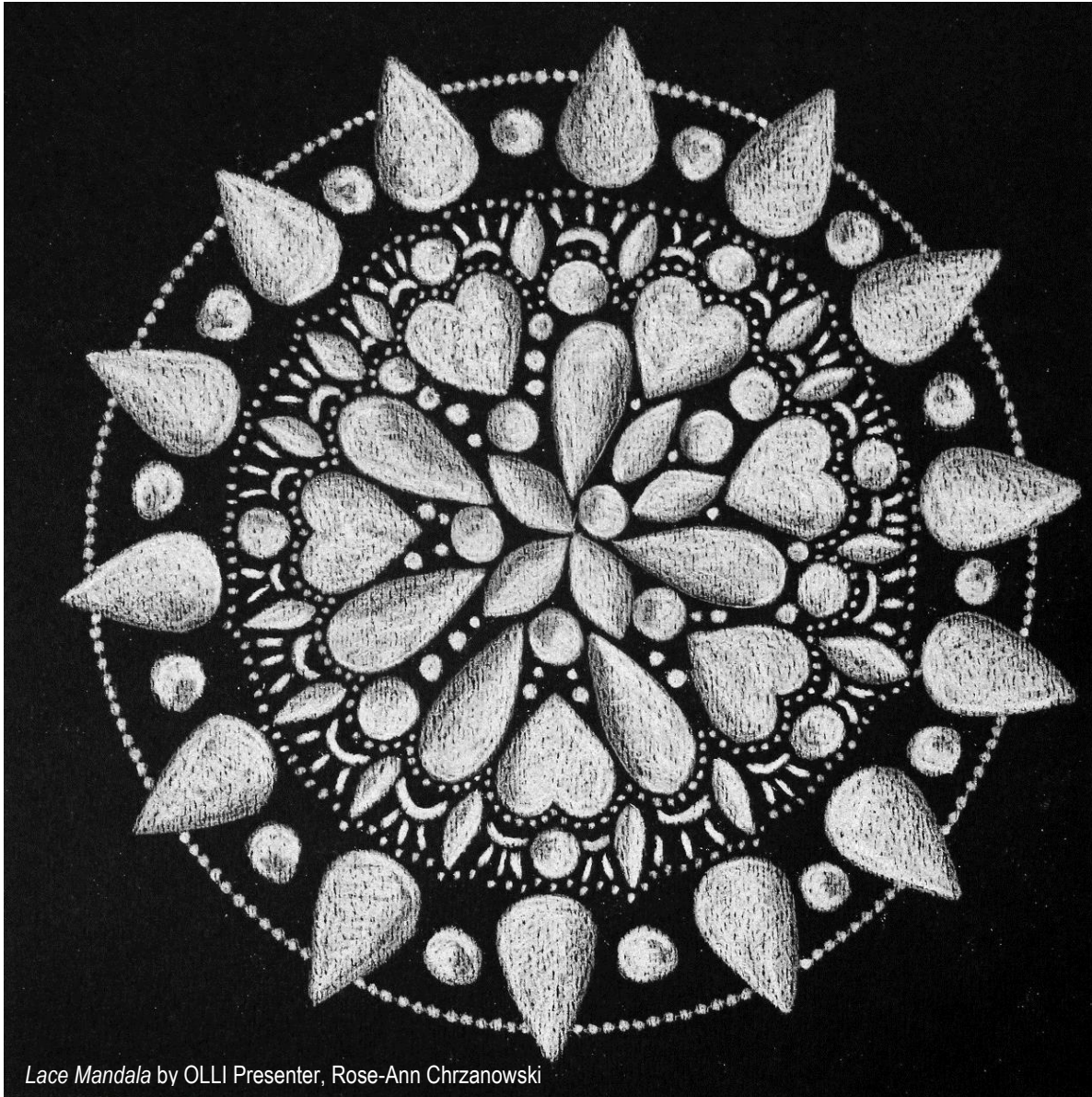


(OLLI) at the University of Connecticut, Waterbury Campus

Lifelong Learning | Providing older adults with opportunities to engage in intellectual development, cultural stimulation, and social interaction.



OLLI



Lace Mandala by OLLI Presenter, Rose-Ann Chrzanowski

CHALLENGE for the MIND!

"OLLI challenges my mind and expands my capacity for learning and for enjoying life!"

– OLLI Member

Visit our website for more information
olli.uconn.edu

FALL 2015

SEPTEMBER 11 – NOVEMBER 13

REGISTRATION BEGINS

JULY 29, 2015 AT 9:00 AM

2015 OLLI OPEN HOUSE

TUESDAY, AUGUST 18

WINTER 2016 – 4 WEEKS

JANUARY 22, 29, FEBRUARY 5, 12

WELCOME TO UCONN

What's New?

from the University, the Campus Administration, and the OLLI at UConn . . .

Before we know it, OLLI will round the corner into 10 years of operations here at the University of Connecticut. In this, our ninth season, we continue to respond to a changing world and changing University. While print materials continue to diminish in the world of higher education, we currently see value in providing a brochure for OLLI members. In this new design, we are providing the critical information you need about OLLI courses--the core of lifelong learning. You can also find the same and additional information online. Please visit our webpage – **olli.uconn.edu** – to guide you to all of the remaining information you may need.

Keep up with OLLI
on

Facebook and
Twitter!



UConn, Waterbury Campus
Main Entrance

Open House: The 2015 Open House has been reformatted to provide more learning opportunities and to reach many who do not yet know OLLI. Our goal is to have each OLLI member in attendance reach out and bring at least one potential new member to the event. We have added an orientation session for these special guests -- your friends and family members.

Class Meeting Times: Based on member feedback and enrollment trends, we have changed the OLLI class schedule slightly. Classes in fall will be at 9 AM, 10:45 AM, 12:30 PM, and 2:15 PM. OLLI Café is now at 12:15 PM. This should address some of the concerns related to traveling during morning and afternoon rush hours.

Days of the Week: We have begun to expand our course offerings into non-Fridays, this too is a wave of the future at OLLI.

Parking: For the first time in 12 years, Parking Services at the Main UConn Campus in Storrs, CT will be managing all parking at UConn Waterbury, rather than the campus. We will provide more information about how this impacts OLLI, as soon as more details become available.

We look forward to your participation in sustaining the OLLI vision – to continue offering a program of learning for the community of Greater Waterbury and beyond. Find out how you can help by visiting The UConn Foundation via the “Support OLLI” button on our website home page (**olli.uconn.edu**).

Finally, as Main Street Waterbury continues to celebrate 10 years of its focus on improving business and retail operations in the city, we encourage you to enjoy Downtown Waterbury. Please visit its restaurants and retail establishments before and after classes.

Enjoy your fall classes at OLLI!

OLLI Staff can be reached by calling: **203.236.9924** or **203.236.9925** OR by emailing: **osher@uconn.edu**

OLLI OPEN HOUSE 2015

Each One, Reach One at OLLI's 2015 Open House!

August 18, 2015, 9:00 AM to 1:00 PM (with downtown lunch discounts following Open House)

In keeping with the goal of Open House, we encourage current members to bring a friend with you for the day. We plan to offer current members a session related to OLLI and University updates and for our guests (potential new members) a session focused on introducing individuals to the OLLI at UConn Program. For more information, see the OLLI Open House Schedule of Events on the center insert of this brochure or by visiting our website (**www.olli.uconn.edu**).

SAVE THE DATES!

OLLI Winter Session, 2016: January 22nd - February 12th

OLLI Spring Session, 2016: February 19th - April 29th

COURSE CATEGORIES

Art & Art History**AH-428** *Introduction to The Harlem**Renaissance, Multiple Instructors (p.6)***AH-421** *Art and History at the Mattatuck**Museum, Museum Director and Curatorial staff (p.8)***AH-426** *Palace Theater: Looking Back — Moving Forward, Louis Belloisy (p.6)***Computers****CO-409** *Create Professional Flyers and**Newsletters Using Microsoft Word 2013,**Nancy Wallace (p.3)***CO-416** *An Introduction to Dynamic Websites,**Nancy Wallace (p.3)***CO-414** *iPads for Beginners, Sheila Lafferty**(p.5)***Culture & Language****CL-415** *Conversational French for Travelers,**Mary Conseur (p.3)***CL-427** *Looking Back at the Musicals (Part II):**The 60's to the 20's, Paul Marino (p.3)***CL-401** *Italian: Vita e Lingua (Part I),**Nunzio DeFilippis (p.4)***CL-428** *Lost in Translation: A Short Story of**Words That Got Away, Gabriella Brand (p.6)***CL-429** *Italian: Vita e Lingua (Part V),**Nunzio DeFilippis (p.6)***CL-430** *Baltic Lithuania: Language, History and**Culture, Eric Karpavicius (p.7)***Health & Wellness****HW-417** *Introduction to the Alexander**Technique, Peter Anderheggen (p.3)***HW-446** *Alexander Technique: The Next Steps**Peter Anderheggen (p.3)***HW-447** *Family Caregiving 101: The Essentials**When Creating a Caregiver Plan,**Denna Chenette (p.3)***HW-448** *The Power Within: Improving Body and**Mind, Cindy Mazzaferro (p.3)***HW-445A** *When in Doubt – Breathe Out,**Michaela Hauser-Wagner (p.5)***HW-445B** *When in Doubt – Breathe Out,**Michaela Hauser-Wagner (p.5)***HW-438** *Gentle Yoga to Restore the Mind and**Body, Clementine Delaney (p.4)***HW-422** *Kickstart Your Health!, Jane Sirignano**(p.5)***HW-433** *Reiki Level II, Barbara Schafer (p.6)***HW-449** *Chinese Medicine: The Evil We Do To**Ourselves, William Courtland (p.7)***History****HS-475***Great Decisions in American Foreign Policy,**Ted Welsh (p.4)***HS-476** *Indiana Jones? Nope... Just a Real**Archaeologist, Bonnie Plourde (p.3)***HS-477** *American History (Part II): Dutch**Manhattan and the French and Indian War,**Penny O'Connell (p.3)***HS-478** *How to do Archaeology Without Ever**Lifting a Trowel, Bonnie Plourde (p.3)***HS-479** *World War I: Middle and End,**Penny O'Connell (p.5)***HS-480** *From Religious Dissent to Democracy in**America, Dr. Raymond Sullivan (p.4)***HS-481** *A Century of Espionage: Its Impact on**History, Dr. David Reed (p.6)***HS-482** *Connecticut in the 20th Century,**Dr. Jon E. Purmont (p.6)***HS-467** *Genealogy 101: Tracing Your Family**History, Sheila Lafferty (p.5)***HS-483** *Connecticut Icons, Charles Monagan**(p.7)***HS-484** *Inside Lincoln's Heart and How it**Informed His Decisions, Avi Isseroff (p.8)***HS-485** *The Mystery of Old Testament**Authorship, Walter Brooks (p.5)***HS-486** *The History of Goree Island,**Souleymane T. Ndiaye (p.7)***Literature & Writing****LW-445** *Writing on the "Write" Side of Your**Brain, Nancy Whitney (p.3)***LW-448** *O Captain, Whose Captain?: Literary**Resistance Through Poetry, Bilal Tajildeen (p.5)***LW-449** *The Proud Sonnet: Silly Stuff or**Supreme Poetry?, Brian Denyer (p.6)***LW-435** *American Short Story Masters,**John Percivalle (p.5)***LW-450** *Techniques in Contemporary Poetry: A**Workshop, Peter Mulholland (p.7)***Math & Science****MS-424** *Galaxies and the Milky Way in the**Observable Universe, Arnold Heiser (p.4)***MS-425** *Demographics: Doomsday or an**Amazing Planning Tool, John Westcott (p.7)***MS-426** *The Holistic Lifestyle: Contemporary**Science "Discovers" Ancient Wisdom,**Dr. James T. Prado (p.8)***Music****MU-434A** *Singing in the Shower – Together, Julie*
*Cook (p.4)***MU-434B** *Singing in the Shower – Together, Julie*
*Cook (p.4)***MU-438** *Name that Tune! (ALL NEW),**Donna Obarowski (p.4)***MU-439** *Come Pick and Strum!**Elizabeth Hanahan (p.6)***MU-416** *Bump Diddy Strum, Elizabeth Hanahan**(p.7)***MU-440** *Rock and Roll and the Human Condition,**Walter Brooks (p.7)***MU-441** *French Opera, A Love Fest,**Nunzio DeFilippis (p.7)***Performing Arts****PA-421** *Passion Play 2.0, Paul Hammer (p.7)***Personal Development****PD-435** *Handwriting Analysis: Venture In Self-**Discovery, David Dewitt (p.8)***PD-436** *Introduction to Handwriting Analysis: 8**Basic Steps to Self-Discovery, Patricia Senich (p.4)***Philosophy & Religion****PR-417** *Our Visions of God: From Stone Age to**New Age, Vincent Casanova (p.5)***PR-418** *Encountering The So-Called "Gnostic"**Christians, Rev. Jim Bradley (p.5)***Sports****SP-402** *How the Game is Played,**Edward Conlan (p.3)***Travel****TR-401** *"Bucket List" Travel: Is Exploring to the**Ends of the Earth For You?, Diane Stone (p.5)***Visual Arts****VA-415** *An Enriching Experience with Acrylic**Painting, Judy Jaworski (p.4)***VA-431** *A Century of Incredible Movies (Part II):**The 70's To Today, Paul Marino (p.6)***VA-432** *Mandalas As Art And Personal Relaxation,**Rose-Ann Chrzanowski (p.8)***VA-433** *You Too, Can Batik, Souleymane T.**Ndiaye (p.7)*

**Learn more about the Fall 2015 OLLI*
Presenters by visiting us online at:

olli.uconn.edu/presenter-bios/

FRIDAY CLASSES

9:00 AM – 10:30 AM

First 5 Weeks (September 11 - October 9)	8-10 Weeks (September 11 – November 13)	Last 5 Weeks (October 16 – November 13)
CO-409 Create Professional Flyers and Newsletters Using Microsoft Word 2013 Nancy Wallace Room 317 / \$28 Participants will learn how to create informational flyers and family newsletters using WORD tables. This is not for beginners. Participants must be comfortable working in WORD and know computer basics. NOTE: This course is designed for PCs, not MACs.	LW-445 Writing on the “Write” Side of Your Brain Nancy Whitney / 10 classes Room 318 / \$56 Writing. Something we do every day, but writing is more than words on paper. Come and write and we'll toss ideas, thoughts, fears, stories, poems, and share the results. We'll make a meal of words, a banquet of writing. Come and be open to be surprised and write!	SP-402 How the Game is Played Edward Conlan Room 210 / \$28 This course will include a brief synopsis on how the game of football is played, the rules of the game, and how they are enforced. We will also discuss how the offense and defense are set up.
HS-476 Indiana Jones? Nope... Just a Real Archaeologist Bonnie Plourde Room 218 / \$28 What does an archaeologist actually do, and why? How does archaeology relate to understanding everyday life? This course will discuss the fundamentals of archaeology by examining four actual archaeological and historic sites. A trip to a historic site will be taken during the last week of class.	HS-477 American History (Part II): Dutch Manhattan and the French and Indian War Penny O'Connell / 10 classes Room 119 / \$56 Our examination of American History continues with a close look at Dutch Manhattan and then a thorough investigation of the causes of the French and Indian War, its course and its far-reaching consequences. We will also discuss James Fenimore Cooper's <i>The Last of the Mohicans</i> .	HS-478 How to do Archaeology Without Ever Lifting a Trowel Bonnie Plourde Room 218 / \$28 Many people believe that in order to do any archaeological research one must excavate. This simply is not true! This course will discuss what can be learned by the historical records and the material objects archaeologists study.
HW-417 Introduction to the Alexander Technique Peter Anderheggen Room 102 / \$28 Participants in this course will be introduced to the basic principles of the Alexander Technique. Students will learn how to shed harmful habits that cause pain and limit mobility, and develop beneficial habits of improved psychophysical integration and mindful movement. There will be short readings and discussion.	CL-427 Looking Back at the Musicals (Part II): The 60's to the 20's Paul Marino / 10 classes Room 323 / \$56 This course will include an analytical review of the presenter's favorite films of the first five decades of movie musicals, beginning with the 1960's and continuing back to the 1920's. The facilitator will introduce each film and facilitate an in-depth student discussion following each.	HW-446 Alexander Technique: The Next Steps Peter Anderhegan Room 102 / \$28 This course will help students deepen their awareness of long-standing habits of movement and constriction. Taking what they have learned in previous courses and lessons, students will be aided to employ the Alexander Technique principles: inhibition, direction, and mindful achievement of goals.
HW-447 Family Caregiving 101: The Essentials When Creating a Caregiver Plan Denna Chenette Room 203 / \$28 This workshop series is designed to offer potential family caregivers basic information and important tools while providing helpful resources and innovative solutions to those individuals currently caring for a loved one. Upon course completion, each student will have determined specific caregiver needs and completed an inventory of available resources necessary to create a caregiver action plan.	HW-448 The Power Within: Improving Body and Mind Cindy Mazzaferro / 10 classes (9/11 – 11/20)* No Class 10/09* Room 113 / \$56 This program will cover the effects of Positivity vs Negativity, self-esteem, self-love, impact of past memories/wounds, present beliefs and fears, living in the NOW, affirmation statements, energy and treatment therapy, and how to create the life that you desire. This powerful, transformative program is a combination of lecture, demonstration, discussion, interactive and self-introspection. *NOTE: Special Dates	CO-416 An Introduction to Dynamic Websites Nancy Wallace Room 317 / \$28 Participants in this course will be presented with an introduction to various social and interactive websites, including Shutterfly, Blogger, Facebook, and several handy everyday websites. Please Note: This class is designed for PCs, not MACs or iPads.

CL-415 Conversational French for Travelers

Mary Conseur / 10 classes

Room 213 / \$56

In this course, students will learn to navigate through airports, hotels, restaurants, shops, and train stations in French. Students will also explore aspects of French culture and lifestyle.

HS-475 Great Decisions in American Foreign Policy

Ted Welsh / 9 classes (9/11 – 11/06)*

Room 207 / \$70.50

This class will examine 8 critical issues facing American Foreign Policy makers in the world today. The *Great Decisions* curriculum series has been developed by the Foreign Policy Association as a discussion forum since the 1950s for Americans interested in learning about and engaging in many of the important questions involved in the United States' relationship with the world. ***NOTE: Special Dates**

**Course fee includes required course materials.*

CL-401 Italian: Vita e Lingua (Part I)

Nunzio DeFilippis / 10 classes

Room 326 / \$112

This course is an introduction to Italian language, enhanced by cultural experience. The course will consist of basic Italian for the first hour and a half, followed by an enhanced Italian cultural experience which will include customs and discussions of everyday life, as well as viewing Italian films and operas.

Please Note: this course is a double-session (9:00 AM - 12:15 PM).

10:45 AM – 12:15 PM**First 5 Weeks****(September 11 - October 9)****MS-424****Galaxies and the Milky Way in the Observable Universe**

Arnold Heiser

Room 323 / \$28

Some of the topics for discussion in this course include a brief history of the discovery of galaxies and the Milky Way, the physical properties of our Milky Way and other galaxies, the observable universe's large scale structure, "dark matter" and "dark energy," the "Big Bang" scenario, and the first stars and galaxies and their subsequent evolution.

8-10 Weeks**(September 11 – November 13)****CL-401****Italian: Vita e Lingua (Part I)**

Nunzio DeFilippis / 10 classes

Room 326 / \$112

This course involves an introduction to Italian language, enhanced by cultural experience. The course will consist of basic Italian for the first hour and a half, followed by an enhanced Italian cultural experience to include customs and discussions of every-day life, as well as viewing Italian films and operas. **Please Note: this course is a double-session (9:00-12:15).**

Last 5 Weeks**(October 16 – November 13)****HS-480****From Religious Dissent to Democracy in America**

Dr. Raymond Sullivan

Room 323 / \$28

This course traces the Voice of the people, from early religious dissent to the English settling of America. We then move from the autocratic nature of early Puritanism to the establishment of Democracy and our present form of Constitutional Government.

MU-434A**Singing in the Shower - Together**

Julie Cook

Library, Room 227G / \$28

Explore the fun of making up our own music-in-the-moment with vocal improvisation! Sing lullabies, blues, and ballads while supported by your fellow singers using playful games, and easy patterns. Step-by-step guidance will have you developing your musicality and opening your heart!

PD-436**Introduction to Handwriting Analysis: Eight Basic Steps to Self-Discovery**

Patricia Senich / 10 classes

Room 213 / \$56

This course involves the study of Personality and Character through analysis of any given handwriting sample for the purpose of personal and professional development, career position, interpersonal relationships, teaching children, or where communication is required.

**A booklet will be available for purchase during the first class meeting (approx. \$20).*

HW-438**Gentle Yoga to Restore the Mind and Body**

Clementine Delaney / (10/23-11/20)*

Room 102 / \$28

Gentle yoga is a lesson on learning to let go, releasing tensions, letting go of stress through deep stretching, and learning the art of proper breathing. It is a calm, slow practice, restoring the body gently and bringing the mind into stillness. Participants should bring a yoga mat and appropriate clothing. ***NOTE: Special Dates**

MU-438**Name that Tune! (ALL NEW)**

Donna Obarowski

Room 217 / \$28

Find out how much classical music you actually know in the ALL NEW "Name that Tune!" Each week we will focus in on several pieces of music that are widely known outside of the classical music world because they have been adapted for other uses. It's a little bit of music appreciation, a little bit of history, a little bit of culture, and a little bit of fun!

VA-415**An Enriching Experience with Acrylic Painting**

Judy Jaworski / 10 classes

Room 318 / \$56

In this course you will learn to develop your own style and technique, using the medium to create an individual work of art. You will compose a color chart for reference and complete a personal finished painting.

MU-434B**Singing in the Shower - Together**

Julie Cook

Library, Room 227G / \$28

Explore the fun of making up our own music-in-the-moment with vocal improvisation! Sing lullabies, blues, and ballads while supported by your fellow singers using playful games, and easy patterns. Step-by-step guidance will have you developing your musicality and opening your heart!

HW-445A When in Doubt – Breathe Out Michaela Hauser-Wagner Room 102 / \$28 Breathing is an unconscious and automatic activity as well as a learned skill. In this course you will explore the anatomical and physiological facts of breathing and you will practice and experience your individual breath as it changes and adapts to your activities in any given moment. You will breathe more deeply, more consciously, and more confidently!	LW-448 O Captain, Whose Captain?: Literary Resistance through Poetry Bilal Tajildeen / 10 classes Room 210 / \$56 This course will funnel the idea of resistance literature through the poetic form (on the page, spoken, and sung). We will look at artists that are not often found in anthologies because we will seek to understand poetry that has been written against the grain.	HW-445B When in Doubt – Breathe Out Michaela Hauser-Wagner Room 217 / \$28 Breathing is an unconscious and automatic activity as well as a learned skill. In this course you will explore the anatomical and physiological facts of breathing and you will practice and experience your individual breath as it changes and adapts to your activities in any given moment. You will breathe more deeply, more consciously, and more confidently!
HS-479 World War I: Middle and End Penny O'Connell / 10 classes Room 119 / \$56 Our examination of World War I continues through the course of the war to allied victory and the Treaty of Versailles. We will read <i>All Quiet on the Western Front</i> by Erich Maria Remarque and <i>Paris 1919</i> by Margaret MacMillan.		
HS-485 The Mystery of Old Testament Authorship Walter Brooks / 10 classes Room 203 / \$56 Put on your Sherlock Holmesian hats. There is a mystery we are going to try to solve. Who wrote the Old Testament? When? Why? The game is afoot!		
PR-417 Our Visions of God: from Stone Age to New Age Vincent Casanova / 9 classes (09/11-11/13)* <i>No Class 10/02*</i> Room 218 / \$50.50 This course will take a modest historical survey of the many notions of God held throughout Western History. Various conceptualizations of God will be traced from the primitive through the Ancient, Medieval, Modern, and Contemporary eras. *NOTE: Special Dates		
12:30 PM – 2:00 PM		
First 5 Weeks (September 11 - October 9)	8-10 Weeks (September 11 – November 13)	Last 5 Weeks (October 16 – November 13)
HS-467 Genealogy 101: Tracing Your Family History Sheila Lafferty Room 317 / \$28 Learn how to start searching for your family history and how the resources of the internet can provide clues about your family origins. The class includes: genealogy software, online resources (free and subscription), census records, vital records, church records, immigration and more!	PR-418 Encountering the So-Called “Gnostic” Christians Rev. Jim Bradley / 10 classes Room 218 / \$56 Christianity was much more diverse in the first three centuries than we ever knew until the discovery of the Nag Hammadi literature in 1947. Come encounter that Christian literature.	CO-414 iPads For Beginners Sheila Lafferty Room 213 / \$28 This five-week workshop will cover the basics of using your iPad, keeping the system up-to-date, purchasing Apps, using the camera, connecting with friends using email and social networks, searching the web, listening to music and podcasts and watching videos. You must own or borrow an iPad and bring it to class. Limited enrollment.
HW-422 Kickstart Your Health! Jane Sirignano Room 102 / \$40 Food power for your health! Power of your plate, break the food seduction, healthy blood pressure, digestive health and more. Fun recipe demos along with a take-home packet of easy and affordable recipes. *Course fee includes cost of food samples. Please Note: This class will end at 2:15 PM.	LW-435 American Short Story Masters John Percivalle / 10 classes (09/18-11/20)* Room 210 / \$56 Some of the best short fiction over the last century has come out of the U.S. Building on the foundation established by Irving, Hawthorne, and Poe, American short story specialists have pushed the genre to its present form. This chronological, discussion-oriented course will focus on writers best known for their short fiction and will include a special look at J.D. Salinger, whose work done in “exile” is scheduled for release this year. *NOTE: Special Dates	TR-401 “Bucket List” Travel: Is Exploring To The Ends Of The Earth For You? Diane Stone Room 207 / \$28 Traveling to the planet’s remote destinations yields great rewards, but the research, planning, and self-awareness necessary to plan such trips can be very challenging. If you’ve dreamed of exploring the remote corners of the world, join us and learn about the informational resources available and the questions that you need to answer to decide on the who, what, when, and whether to go.



**EXPERIENCE THE JOY OF
LEARNING FOR THE FUN OF IT!**

HS-481**A Century of Espionage: Its Impact on History**

Dr. David Reed / 10 classes

Room 203 / \$56

This course presents a review of espionage, its techniques and application over the last century and how the acquisition of intelligence data has affected history over this period.

HW-433**Reiki Level II**

Barbara Schafer / 8 classes (09/11-10/30)*

Library, Room 227G / \$45

After a brief review Level One students will learn the mental/emotional treatment, long-distance healing, legal and ethical issues, Reiki II symbols and receive a Reiki II attunement. This is a hands-on experience with time for demonstration and practice. At the successful completion of this level, the graduate becomes a Reiki Practitioner.

NOTE: Special Dates*CL-429****Italian: Vita e Lingua (Part V)**

Nunzio DeFilippis / 10 classes

Room 326 / \$56

This is a continuation of the course on Italian language and culture. This course will primarily be a conversation course in elementary-intermediate Italian. Participants will read Italian short stories and will also practice writing them in Italian.

HS-482**Connecticut in the 20th Century**

Dr. Jon E. Purmont

Room 217 / \$28

This course is an overview of the major political, social, and economic developments that characterized Connecticut in the context of the dynamic 20th century.

CL-428**Lost in Translation: A short Story of Words That Got Away**

Gabriella Brand

Room 324 / \$28

Translation is an art, not a science. When you read a book in translation, do you ever wonder what you are missing? This course examines untranslatable words, computer translation, funny gaffes made by professional translators, Mark Twain's skillfully fractured French, a West African look at Hamlet, and more.

MU-439**Come Pick and Strum!**

Elizabeth Hanahan

Room 102 / \$28

Brush up on your mountain dulcimer playing skills and learn new ones as you have fun playing tunes with others! Instruments are available on loan from the instructor.

AH-428 Introduction to the Harlem Renaissance

Aleta Staton, Peter Mulholland, Phil Benevento, Bilal Tajildeen, Elizabeth Neuwirth / 10 classes

Room 323 / \$56

From the end of the First World War through the 1930's, Harlem became the center of African-American creativity and intellectual life. Rapid social changes and political cross-currents defined a generation and seeped into cultural life. The "Renaissance" produced a rich outpouring in literature, music, dance, theater and art. This course will have multiple presenters, each taking an aspect of this period in twentieth century America.

2:15 PM – 3:45 PM

First 5 Weeks**(September 11 - October 9)****AH-426****Palace Theater: Looking Back — Moving Forward**

Louis Belloisy

Palace Theater / \$28.00

The Palace Theater, in collaboration with OLLI presents an historical and entertaining course on the Palace Theater, Waterbury's historic landmark and cultural gem. Topics will include the storied history of the venue from 1922 to the present day, the architectural details, the lore and myth associated with the theater, a Q & A session with the CEO and COO, and an actual behind the scenes tour to places the public normally doesn't have access to.

8-10 Weeks**(September 11 – November 13)****VA-431****A Century of Incredible Movies (Part II): The 70's to Today**

Paul Marino / 10 classes

*Please Note: This is a two hour class (2:15-4:15)***Room 323 / \$72**

This course will include an analytical review of the presenter's favorite films of the last 5 decades, beginning with the 70s and continuing to the 2010's. The facilitator will introduce each film and facilitate in-depth student-based discussions during and following each on their cultural significance, major themes, character interactions, crucial scenes, etc.

Last 5 Weeks**(October 16 – November 13)****LW-449****The Proud Sonnet: Silly Stuff Or Supreme Poetry?**

Brian Denyer / (10/23 – 11/13)*

Room 217 / \$28

This course will involve a historical, analytical, and creative study of the sonnet form. From Renaissance Italy to America's 20th Century, the course requires an inquisitive mind to explore the poetic details, historical perspective, and poetic creativity. Course consists of four regularly scheduled class meetings and a one-on-one meeting between each student and the instructor.

***NOTE: Special Dates**

**MU-441****French Opera, A Love Fest**

Nunzio DeFilippis / 10 classes

Room 326 / \$56

This course will cover five French operas, including Gluck's "Orfeo ed Euridice" to Gounod's "Faust" to Offenbach's "La Belle Helene" to Saint-Saens' "Samson et Delila." This course is sure to take you on a voyage into the wonderful world of glorious French opera.

MU-416**Bump Diddy Strum**

Elizabeth Hanahan

Room 102 / \$28

In this class you will learn the basics of playing the mountain dulcimer, an American-grown instrument from the hills of Appalachia. You will be playing tunes by the end of the first session! Instruments are available on loan from the instructor.

HS-486**The History of Goree Island**

Souleymane T. Ndiaye

Room 201 / \$28

In this course, students will learn about the tragic history of Goree Island, which was the largest slave-trading center on the African coast.

MU-440**Rock and Roll and the Human Condition**

Walter Brooks / 10 classes

Room 203 / \$56

"Rock and Roll" raises the most critical, complex, and defining issues of our human existence. It asks us to confront these issues honestly and gives us permission to "question" (Moody Blues) the answers of the past and to go on down our own path.

VA-433**You Too, Can Batik**

Souleymane T. Ndiaye

Room 102D / \$28

In this course, students will learn the art of resist dyeing, which is used to create batik designs. Classes will include information on the history of batik design, as well as the application of different techniques used to create authentic frame-able designs.

HW-449 Chinese Medicine: The Evil We Do To Ourselves

William Courtland / 8 classes (09/25-11/13)*

Room 218 / \$45

We may think others can be evil but never think we can commit evil acts ourselves. This course will use the principles of Chinese Medicine to show us how we unknowingly create evil in our mind and body and in doing so, damage our mental and physical health. It will also offer a number of suggestions, derived from this form of medicine that the individual can use to prevent this from happening. ***NOTE: Special Dates**

MS-425 Demographics: Doomsday or An Amazing Planning Tool

John Westcott / 10 classes

Room 210 / \$56

Does the earth's population doom the planet? This course will study the role of demographics in our everyday lives and explore the factors affected by population. Special attention will be given to the various population cohorts in the USA from 1900 through today.

CL-430 Baltic Lithuania: Language, History and Culture

Eric Karpavicius / 10 classes

Room 207 / \$56

Experience the oldest Indo-European language, consisting of ancient Sanskrit roots. In this class, students will learn to speak, read, write, and translate rudimentary Lithuanian, as well as experience Lithuanian culture through multi-media presentations.

HS-483 Connecticut Icons

Charles Monagan / 10 classes

Room 324 / \$56

This course takes several dozen of the things we know best - the USS Nautilus, Wiffle balls, hot lobster rolls, Yale Bowl, Cornwall Bridge, Thimble Islands, etc. - and explores their often fascinating origins. The end result should be a better understanding and deeper appreciation for Connecticut and all the things that surround us.

LW-450 Techniques in Contemporary Poetry: A Workshop

Peter Mulholland / 10 classes

Room 213 / \$56

The focus of this course is to hone your skill in reading, writing, and editing poetry. Upon completion of this course you will emerge with a portfolio of four original, peer-edited poems as well as an understanding of the aesthetic concepts that drive successful poetry of today. This class will not only improve your writing, but also your poetic sensibility and your aptitude as a reader of poetry. The course ends with a one-on-one manuscript consultation and tips on how to get published!

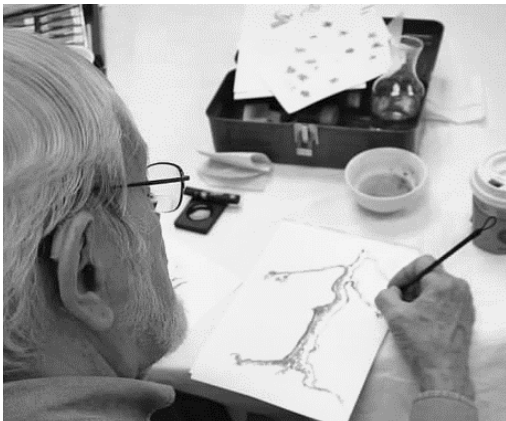
PA-421 Passion Play 2.0

Paul Hammer / 10 classes

Room 318 / \$56

Write a short play about something you're passionate about... a topical issue, a deep-seated belief, an experience in your life...your choice! Study the art of playwriting with an emphasis on works that convey a clear message. Work with fellow class members to develop your piece using improvisational theater techniques. *The course will end with a festival of short plays written and performed by students in the class.*

NON-FRIDAY CLASSES

Tuesday	Wednesday	Thursday
MS-426 The Holistic Lifestyle: Contemporary Science “Discovers” Ancient Wisdom James T. Prado, DC, Chiropractic Physician / 5 classes (10/13 – 11/10)* 10:00AM – 11:30AM Room 102 / \$28 This course involves an exploration of contemporary research supporting a low-tech, natural approach to lifestyle modifications as a means of reducing the physical, social, and economic burden of chronic disease. *NOTE: Special Dates	HS-484 Inside Lincoln’s Heart and How it Informed His Decisions Avi Isseroff / 5 classes (09/09 – 10/07)* 10:00AM – 11:30AM Room 102 / \$28 What were Lincoln’s views on religion, and God’s role in the War? How did he feel about the deaths of Confederates? Did Lincoln ever regret entering Civil War? How did the murders of black unarmed and wounded soldiers affect him? How much did ambition drive him? We will attempt to answer such questions in this class. *NOTE: Special Dates	VA-432 Mandalas as Art and Personal Relaxation Rose-Ann Chrzanowski / 10 classes (9/10-11/12)* 10:00AM – 11:30AM Room 102D / \$56 In this course you will explore creating mandalas with various materials, including sand. This creative process requires no particular artistic talent – it comes from your heart and soul, so has a high rate of success. Creating mandalas is a meditative experience that brings peace and relaxation. *NOTE: Special Dates
	AH-421 Art and History at the Mattatuck Museum Museum Director, Bob Burns and Curatorial staff / 5 classes (09/09 – 10/07)* 10:00AM – 11:30AM Mattatuck Museum / \$28 For this course, staff will present tours of a different temporary exhibition each week including, Dürer and Rembrandt: The Veneration of the Christ. Other weeks will include a behind-the-scenes tour of collections storage and a look at newly acquired objects which help to tell the history of manufacturing in Waterbury. *NOTE: Special Dates	PD-435 Handwriting Analysis: Venture In Self-Discovery David Dewitt / 5 classes (10/15 – 11/12)* 2:00PM – 3:30PM Room 102 / \$28 Discover your personal strengths and weaknesses through the way you put pen to paper! <i>*A booklet will be available for purchase during the first class meeting (approx. \$20).</i> *NOTE: Special Dates



AARP Smart Drivers Course

OLLI at UConn hosts the AARP 4-hour Smart Drivers Course for older drivers to help refresh driving skills and learn a few new tips. The cost is \$15 for AARP members and \$20 for non-members. Payment by check (to AARP) at the start of the course. State law mandates a minimum discount of 5% on your liability insurance for 2 years for drivers 60 and over who take the course.

OLLI membership not required to register!

Thursday, September 17th • 9:00 AM – 1:30 PM • Room 119 • Instructor, Edward Conlan

OR

Tuesday, October 13th • 9:00 AM – 1:30 PM • Room 119 • Instructor, Fran Escott



Announcing . . . A First-ever Intergenerational Semester at OLLI!

Dr. Laura Donorfio, Associate Professor of Human Development and Family Studies and longtime OLLI faculty liaison and supporter has designed a unique experience for undergraduate students at UConn Waterbury. This is likely the first project of its kind in the national network of 117 Osher Institutes across the United States. Students enrolled in HDFS 2220—Adulthood and Aging will be involved in service learning activities at OLLI at UConn. This means that forty (40) students will be engaged learning about OLLI first hand and participating in small group projects that support the organizational goals of OLLI at UConn and enhance academic learning for undergraduates. If you see students engaged with OLLI members and presenters during fall 2014—you will know why!

OLLI CAFÉ PRESENTATIONS

Friday, September 11

The New England Accordion Museum: "Boxes of Memories"**Paul Ramunni**

Join us in learning about the NEAM, a Connecticut-based accordion museum. This presentation will include a display of accordions and memorabilia dating back to the early 19th century, featuring a live performance playing some of the instruments in the collection. You will find the presentation both informative and entertaining!

Friday, September 18

Dogs and the Elderly**Trisha Malfitano**

Come listen to Trisha Malfitano talk alongside her two deaf therapy dogs about the children's books she has written and the work they do together.

Friday, September 25

The Long Journey Home for Albert Afraid of Hawk**Nick Bellantoni**, former State Archaeologist, 27 years

In June 1900, Albert Afraid of Hawk, Oglala Lakota, was performing with Buffalo Bill's Wild West Show when he died of food poisoning in Danbury, CT. He was buried in an unmarked grave in Wooster Cemetery and lay there for 112 years. This presentation tells of the history of the Lakota people and the Afraid of Hawk family; the discovery of the grave by a local historian; the repatriation effort to bring Albert home; the archaeological removal of his remains; the forensic study to determine identity; and the final reburial at Pine Ridge Indian Reservation in South Dakota.

Friday, October 2

Raising The Curtain On A New Palace Theater**Frank Tavera**

Frank Tavera has been the CEO of the Palace Theater since May, 2002, and has been an integral part of the rebirth and renaissance of Waterbury's landmark theater. Come hear Frank discuss the intricacies that went in to reopening the Palace Theater.

Friday, October 9

Aphasia**Blanche S. Feero**

Blanche Feero presently teaches as an adjunct instructor of English at Naugatuck Valley Community College in Waterbury. Nearly 10 years ago Blanche suffered a ruptured brain aneurysm and developed Aphasia. In this presentation, she will explain how aphasia develops, various ways it presents itself in people, how to communicate with a person with aphasia, the differing activities that help a person to overcome it to various degrees, and the work of the Aphasia Support Group she started in Waterbury.

Friday, October 16

The Role of The Patient Advocate**Liza Lavado Kaye**

This presentation will focus on the different responsibilities and services that a patient advocate provides. This includes: What is a patient advocate?, patient-centered care, using an advocate (getting started), accompanying patients to doctor appointments, and reviewing insurance claims and questionable charges. Medicare, Medicaid, and the Affordable Care Act will also be discussed. For a complete list of services please go to www.lighthousehealthcareadvocacy.com

Friday, October 23

Predicting and Planning for the Future by Examining the Past**Wayne Mattox**

Wayne Maddox is a noted expert in areas of American furniture, decorative arts and folk art and has broad experience in all areas of Western art, antiques and collectibles. Wayne has served as a founding President of the Woodbury Antiques Dealer's Association and has served as a celebrity auctioneer for many large -scale fundraisers. Come listen to his humorous and informative "Antique Talk!"

Friday, October 30

Learning Meteorology**Sam Kantrow**

Sam Kantrow has been a meteorologist for six years, including four at WTNH in New Haven. Come listen to him discuss the ins and outs of meteorology, including the tools, the tricks, and what it's like to be on television.

Friday, November 6

Bravo Waterbury**Calida Jones**

Calida Jones is the Program Director of Bravo Waterbury, a cutting edge social development and music education program for students at Children's Community School and Brass City Charter School in Waterbury, Connecticut. Come listen to her update us regarding the students, who self-select into the Bravo Waterbury program. Most of these children are on free or reduced lunch and they work hard to participate in this program.

Friday, November 13

A Thirst For Home**Chris Ieronimo**

In this presentation, Plymouth, CT native and mother of four, Christine Ieronimo will discuss her very first children's book, *A Thirst For Home, A Story of Water Across the World*. The need for clean water in Ethiopia and around the world has become her passion and it is her hope that this story will inspire other children to want to learn more about this global problem. *A Thirst For Home* has been recognized by the National Children's Book Council as a Notable Social Studies Book for 2015. It has been embraced by students and recently inspired a third and fourth grade class in Connecticut to raise money to build a well in Uganda.

OLLI TRAVEL / CLUBS & COMMITTEES

OLLI Travel

Enjoy day or overnight trips with OLLI members and friends planned by the OLLI Travel Committee and Friendship Tours.

All trips are open to OLLI members and non-OLLI members on a first come, first served basis. Members pay the member price listed with the trip. Non-members pay the member price plus a \$10 surcharge for day trips or a \$20 surcharge for overnight excursions. More information can be found online at the OLLI Travel Page: olli.uconn.edu/olli-trips, or by calling Friendship Tours, 860-243-1630, and inquiring about OLLI day trips or OLLI overnight excursions. (Please do not call the OLLI Office).

Clubs & Committees (olli.uconn.edu/clubs-and-committees)

OLLI VOLUNTEERS	Join a committee and be a VIP "Very Involved Person"	Call the OLLI Office: 203.236.9924
CLUBS & ACTIVITIES	Meets 1 st Tuesday of the month.	Nancy Via: nvia@sbcglobal.net or Delma Way: delvilway@aol.com
POETRY COFFEE HOUSE	Meets 2 nd Thursday of the month at John Bale Bookstore & Café.	Denise Whelan: deniseawhelan@yahoo.com
POETRY WORKSHOP	Meets 3 rd Wednesday of each month, Room 102D	Harriet Fotter: harriettf@me.com
OLLI TRAVEL	Meets 1 st Wednesday of each month – not in December or July.	Anne Rompre: annrompre@sbcglobal.net or Genevieve Delkescamp: gdelkescamp11@comcast.net
OLLI NEWS	Meetings as needed	Bob Grady: yvoorg@aol.com or Nancy Blomstrom: nblomstrom@aol.com
OLLI BOOK CLUB	Meets 3 rd Monday of each month, Room 102D.	Nancy Via: nvia@sbcglobal.net
OLLI CAFÉ	Meets 2 nd Thursday of each month.	Ned Conlan: econlan@snet.net
OLLI EDITORIAL BOARD/ VOICES & VISIONS	Meetings as needed in Spring	Chuck Miceli: charlesmiceli@gmail.com

CALENDAR OF EVENTS / IMPORTANT DATES

August

Tuesday, 4th: Fall Registration Opens **Tuesday, 18th:** OLLI Open House

September

Friday, 11th: First day of Fall classes **Monday, 14th - Tuesday, 15th:** Rosh Hashanah **Wednesday, 16th:** OLLI Trip, NY Botanical Gardens

Wednesday, 23rd: Yom Kippur **Thursday, 17th:** AARP Smart Drivers Course **Sunday, 27th:** OLLI Trip, Niagara Falls

October

Tuesday, 13th: AARP Smart Drivers Course **Wednesday, 21st:** OLLI Trip, 9/11 Memorial Museum

November

Friday, 13th: Fall Session Ends / Arts Day **Thursday, 26th:** Thanksgiving

December

OLLI not in session

January

Spring Registration Opens **Friday, 22nd:** Winter Session Begins

February

Friday, 12th: Winter Session Ends



UConn

WATERBURY

Osher Lifelong Learning Institute
The University of Connecticut
99 East Main Street
Waterbury, CT 06702

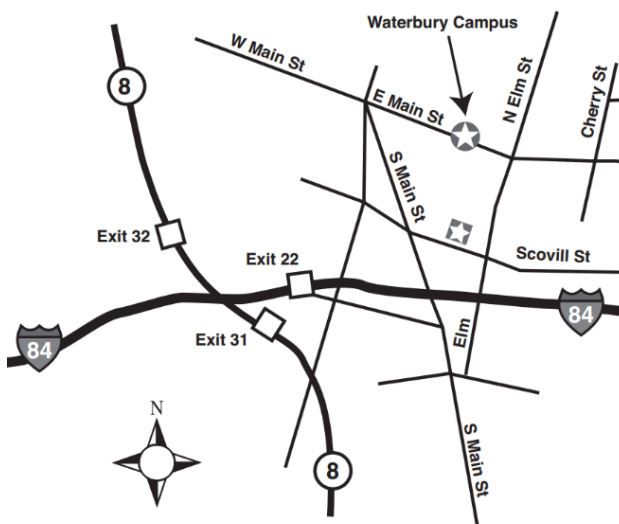
OLLI Photos Courtesy of Tom Kmetzo and UConn, Waterbury IT Department. Brochure Design: Aleta Staton and Jonathan Draper.



The University of Connecticut's Waterbury Campus serves more than 1,100 students annually. In more than sixty years of operation, UConn Waterbury has opened the doors to educational access and excellence to thousands of Connecticut residents, many of whom have distinguished themselves in the fields of community service, business, education, law and politics.

CONTACT US

For more information on OLLI, call 203.236.9924. Email: osher@uconn.edu or visit our website at www.oli.uconn.edu.



Appendix: Brochure Photos

Top Left, page 6: OLLI member attends class in one of the campus's hi-tech, state-of-the-art classrooms.

Top left, page 7: OLLI members relax at a special event.

Middle left, page 8: OLLI member draws an image in Art class.

Bottom right, page 10: OLLI members attend a trip to "Little Poland."

DIRECTIONS

The UConn campus is located at 99 East Main Street in Waterbury, across the street from the Palace Theater. Parking and directions to campus can be obtained from our website, www.oli.uconn.edu/parking-and-directions or by calling 203.236.9924.

PARKING OPTIONS FOR OLLI AT UCONN

Please Visit: <http://oli.uconn.edu/parking-and-directions/>

The parking information listed on the website will be updated for Fall 2015 during August, 2015.

UConn Waterbury Parking Garage

(NEW: now managed by UConn Parking Services Storrs, CT)

Scovill Street Municipal Garage

(Managed by the City of Waterbury)

Convenient, Privately Owned Street Level Parking

Outdoor, partially covered street-level parking lot is located between the campus building and the Moriarty Building on 141 East Main Street (across from the Palace Theater). This lot, named "State Parking," is not owned or operated by UConn. Currently this lot has reasonable daily rates.

Additional Information about Parking in Downtown Waterbury

Please visit: <http://www.waterburyparking.com/>