

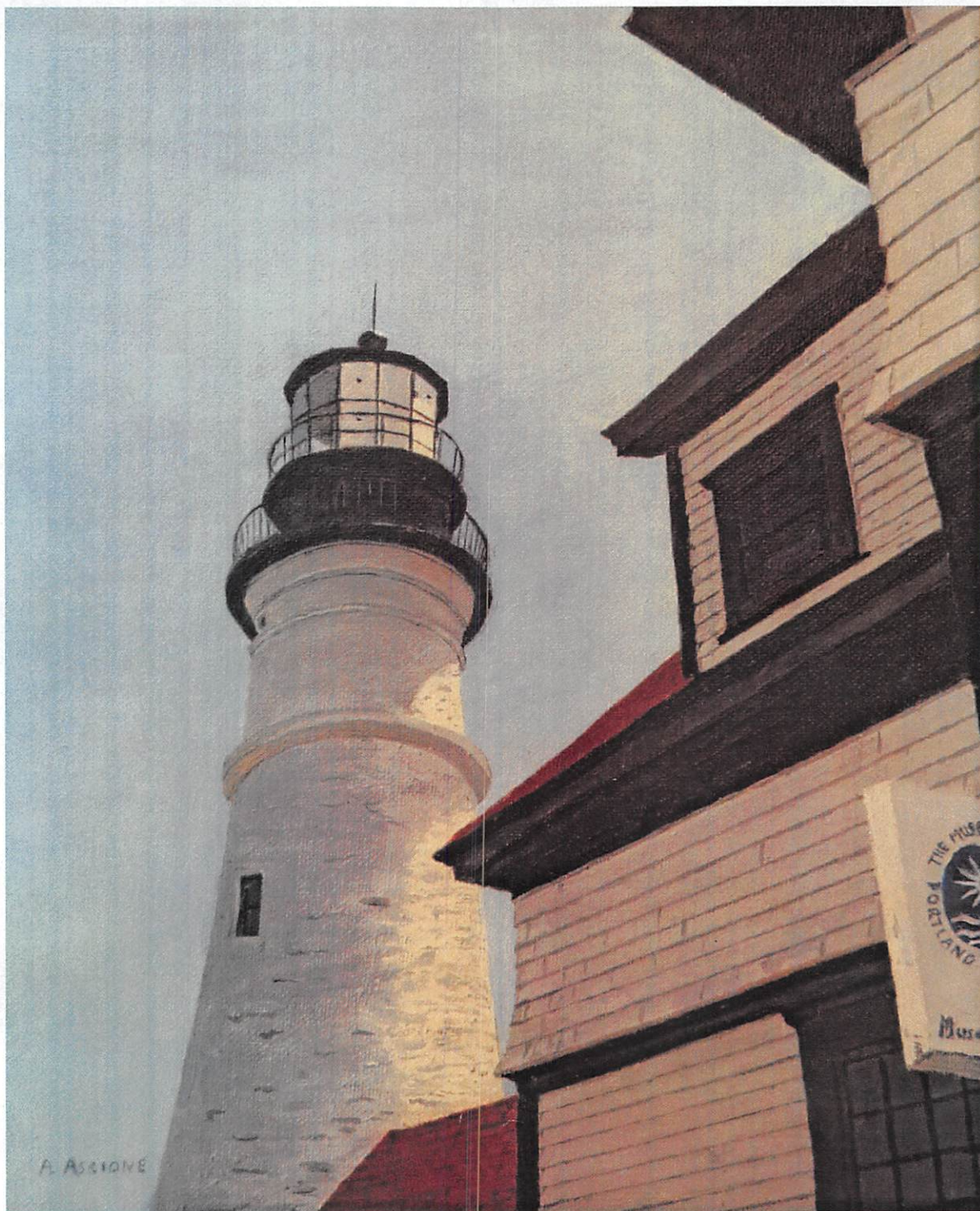
**The Osher Lifelong Learning Institute
at the University of Connecticut
Waterbury Campus**

2016 Summer at OLLI (May 31 – June 30)

Visit us online at www.oli.uconn.edu



UConn
WATERBURY



Portland Lighthouse by OLLI Member, Anna Ascione

2016 Summer at OLLI!

WHAT IS OLLI at UCONN?

The Osher Lifelong Learning Institute (OLLI) at the University of Connecticut (UConn) is a member-driven, community-responsive program offering non-credit learning experiences (courses, lectures, and special events) for older adults who want to engage socially and intellectually with their peers as teachers and learners. Programming is centered on classes developed and taught by members who volunteer their time to share their knowledge and experience with other members. The OLLI program also sponsors special events featuring noted authors, scholars and experts in respected professional fields. Situated on the University's intimate, state-of-the-art Waterbury campus, with traditional-age students and research faculty, OLLI at UConn also provides fertile ground for an intergenerational interaction and exchange of ideas. The urban campus reaches out to a diverse region which provides opportunities for partnership with other cultural, educational, and arts organizations.

Visit our website – www.oli.uconn.edu - to learn more about OLLI and to register for membership and courses.

Visit our Facebook Page [www.facebook.com \(Osher Lifelong Learning Institute – UConn Waterbury\)](http://www.facebook.com/OsherLifelongLearningInstitute-UConnWaterbury) to keep up with OLLI and Campus news/events.

Call us at **203.236.9924 / 9925** or email us at osher@uconn.edu with your questions!

From the OLLI at UConn Staff

Another summer is upon us, bringing warm weather, clear skies, and cheerful days that sharply contrast the dullness of the winter months.

While Fall and Spring at OLLI at UConn remain the more robust sessions we offer, Summer grants lifelong learners a chance to continue their education while enjoying a relaxed campus atmosphere in the heart of bustling downtown Waterbury. Fewer undergraduate students on campus means more available campus space, and greater flexibility for our lifelong learning program. Whether you would like to continue taking courses on Fridays or branch out to other days of the week, or take classes at later times in the day, the 2016 OLLI at UConn summer session surely hosts something akin to the interests of all lifelong learners.

While we thoroughly enjoy the company of current OLLI members, we encourage all members to reach out to a friend or relative who may be interested in becoming involved with the uniqueness of OLLI at UConn. The shorter summer session allows newcomers to gauge their fondness for the program before making the decision to continue during the longer fall and spring sessions. We are confident that those new to OLLI at UConn, and lifelong learning in general, will highly enjoy their experience.

As always, we thank you for keeping OLLI in your life, and look forward to seeing you this summer!

A Call for OLLI Presenters!

OLLI at UConn is actively seeking passionate instructors to present OLLI courses throughout next academic year.

Are you interested in leading an OLLI Course?

Do you know any qualified individual(s) who might be interested in leading an OLLI Course?

Please give Interim OLLI Director, Jonathan Draper a call at **(203) 236-9881** OR jonathan.draper@uconn.edu

The deadline for submitting a course proposal for OLLI's upcoming Fall Session is fast approaching! Don't miss out!

Fall 2016 Submission Deadline: **Friday, May 6, 2016**

SUMMER 2016 COURSES

Courses by Day(s) of the Week

Monday:

LW-446 Writing as a Transformative Art

VA-436 Fabric Painting

Wednesday:

AH-430 Needle Work and Textile Arts – The Old and the New

HS-490 Dixie Rising: The South in American History

HW-455 How Foods Fight Diabetes

Thursday:

PD-438 Living la Dolce Vita: Bring the Passion, Laughter, and Serenity of Italy into Your Daily Life

CL-436 Understanding Islam

Tuesday & Thursday:

CL-435 Student Selected Cinema

VA-436 The Art in Painting – A Workshop

Friday:

CO-418 Learn to Create Professional Documents Using Microsoft Word 2013

MU-444 Come and Strum

For more information on Summer 2016

OLLI at UConn course offerings, please visit

us online at: www.oli.uconn.edu

SAVE THE DATES!

OLLI Fall Session

September 6 – November 16, 2016

OLLI Winter Session

January 13 – February 9, 2017

Art History

AH-430

Needle Work and Textile Arts – The Old and the New

Presenter: Deirdre Wright

4 Classes: Wednesdays, 12:30-2:00 PM

June 1, 8, 15, 22 \$23

Room #TBA

This course will take a journey through the world's museum's collections to examine the history of textile and needle work arts. A sample view of works from the America's, Europe, Africa, and Asia will be viewed and discussed using videos, internet, and interviews with artists. A work in progress may be brought to class.

Computers

CO-418

Learn to Create Professional Documents Using Microsoft Word 2013

Presenter: Nancy Wallace

4 Classes: Fridays, 10:00-11:30 AM

June 3, 10, 17, 24 \$23

Room #TBA

This Microsoft WORD is a word-processing program. It will allow you to create professional-quality documents. You will learn to write, edit and revise letters, memos, articles and mailing labels. Students must have basic computer skills. This course is designed for PC's, not Mac's or iPads.

Culture and Language

CL-435

Student Selected Cinema

Presenter: Paul Marino

9 Classes: Tuesdays and Thursdays,

1:30-3:45 PM | May 31, June 2, 7, 9, 14, 16,

21, 23, 28 \$75

Room #TBA

This course will feature an entertaining and analytical review of 5 feature films TBD selected through discussion and voting by the students themselves, such that the maximum length of any film nominated will not exceed 150 minutes. Any students who sign up for the course are encouraged to email the presenter at jgbwtby77@yahoo.com with a single nomination for the first film. The presenter will select the first from the films with the most nominations in the event of a tie. The

other 4 films will be nominated, debated, and voted on in class. The facilitator will introduce each film and facilitate in-depth student-based discussions during and following each on their cultural significance, major themes, character interactions, crucial scenes, etc.

CL-436

Understanding Islam

Presenter: Raghdaa Barmo

4 Classes: Thursdays, 11:45-1:15 PM

June 2, 9, 16, 23 \$23

Room #TBA

This course will serve as a brief survey of the origins of Islam and will track the development of the religion into modern day. Additionally, this course will compare and contrast the tenets of Islam to the culture and traditions of Muslim-majority countries. Participants will emerge with an understanding of the structure and function of the Qur'an, the Gospels as observed by Muslims, and the feminist qualities of the religion's early stages.

Health and Wellness

HW-455

How Foods Fight Diabetes

Presenter: Jane Sirignano

4 Classes: Wednesdays, 12:30-2:30 PM

June 1, 8, 15, 22 \$40

Room #TBA

Learn simple, practical strategies and healthy meals to prevent diabetes from developing and that may also help improve blood sugar levels and prevent complications. Nutrition DVD's by Neal Barnard.

History

HS-490

Dixie Rising: The South in American History

Presenter: Alfred Hunt

4 Classes: Wednesdays, 10:30 AM- 12 PM

June 1, 8, 15, 22 \$23

Room #TBA

These lectures will survey the unique role that the South has had, and continues to have, on American history; from "Uncle Tom's Cabin" to the novels of Harper Lee.

SUMMER 2016 COURSES

Literature and Writing

LW-446

Writing as a Transformative Art

Presenter: Dorothy Sterpka

**4 Classes: Mondays, 11:45 AM-1:15 PM
June 6, 13, 20, 27**

\$23

Room #TBA

In this fun and interactive course, you will use free writing, meditation, and creative writing techniques to help you to support your creativity in memoirs, stories, and poems.

Music

MU-444

Come and Strum

Presenter: Elizabeth Hanahan

**4 Classes: Fridays, 11:45 AM-1:15 PM
June 3, 10, 17, 24**

\$23

Room #TBA

Brush up on your mountain dulcimer playing skills and have fun playing tunes with others. This class is for players who have previously taken one of the other OLLI dulcimer classes.

Personal Development

PD-438

Living la Dolce Vita: Bring the Passion, Laughter, and Serenity of Italy into Your Daily Life

Presenter: Raeleen Mautner, PhD

**4 Classes: Thursdays, 2:30-3:45 PM
June 2, 9, 16, 23**

\$20

Room #TBA

This personal development course is based on the Italian approach to joyful living. The content coordinates with my book of the same title (published by Sourcebooks), and includes ideas for improving relationships, following a Mediterranean approach to nutrition, attaining wealth that goes beyond money, rediscovering spirituality, and fostering your unique creativity.

Visual Arts

VA-436

The Art in Painting – A Workshop

Presenter: Thelma Appel

**9 Classes: Tuesdays and Thursdays,
4:30-6:00 PM | June 2, 7, 9, 14, 16, 21, 23,
28, 30**

\$50

Room #TBA

In these sessions you will explore the fundamentals of drawing and painting. How to analyze the structure of all forms, by drawing and painting directly from observation, utilizing a classroom still life, photography, or working outdoors. You will learn how to achieve volume and perspective, mix colors, use values, and organize your composition in a dynamic way to create a unique work of art.

VA-435

Fabric Painting

Presenter: Souleymane Ndiaye

**4 Classes: Mondays, 10:00-11:30 AM
June 6, 13, 20, 27**

\$23

Room #TBA

In this course, students will learn to use stencils and hand painting to paint designs and motifs directly onto fabric.

SUMMER & FALL 2016 TRAVEL OPPORTUNITIES

**The Springfield Museums, Springfield,
MA
Thursday, May 12th**

**Lancaster, PA
Monday through Wednesday,
June 20th – 22nd**

**The Thomas Edison National Historic
Park and Montclair Art Museum, NJ
Wednesday, June 29th**

**Music on the Mountain, Mohonk
Mountain, NY
Wednesday, September 7th**

**Washington DC
Saturday through Monday,
September 17th – 19th**

**America's Music Cities, Nashville and
Memphis, TN and New Orleans, LA
Friday through Friday,
November 4th – 11th**

Trips are open to current OLLI members on a first come, first served basis. They also become open to non-members at a later date, if room allows, for a surcharge of \$10 for day trips and \$20 for overnight excursions. For reservations or questions, call Friendship Tours at 860-243-1630 (please do not call the OLLI office).

For more information on OLLI Trips, please visit: olli.uconn.edu/olli-trips