

The Osher Lifelong Learning Institute (OLLI) at the University of Connecticut (UConn)

FALL 2016 | Session Dates:

September 6, 2016 – November 16, 2016

Open House: Friday, August 26, 2016

9:30 AM – 2:00 PM



UConn
WATERBURY

Registration Begins:

Tuesday, August 2, 2016 @ 9:00 AM

Lifelong Learning

Providing older adults with opportunities to engage in intellectual development, cultural stimulation, and social interaction.

OLLI at UConn - The "most studious attendees of any venue," and the "most appreciative and able to look at the good."

- OLLI at UConn Course Instructor



Save the Dates:

OLLI at UConn Winter Session: January 13, 2017 – February 9, 2017

OLLI at UConn Spring Session: February 17, 2017 – April 28, 2017

Welcome

Welcome to the Osher Lifelong Learning Institute (OLLI) at the University of Connecticut (UConn), where we come to expand our minds and connect with other seasoned learners. As an OLLI member, you open the door to endless opportunities for intellectual and social stimulation. Whether you are here solely to take classes, or want to partake in the myriad of other OLLI activities, you are in for a treat. We are glad you've discovered us!

Who We Are

OLLI at UConn is a member-driven, community-responsive program offering non-credit learning experiences (courses, lectures, and special events) for older adults who want to engage socially and intellectually with their peers as teachers and learners. Programming is centered around classes developed and taught by members who volunteer their time to share their knowledge and experience with other members. The OLLI program also sponsors special events featuring noted authors, scholars, and experts in respected professional fields.

Situated on an intimate, state-of-the-art University campus, with traditional-age students and research faculty, OLLI also provides fertile ground for an intergenerational interaction and exchange of ideas. The urban Waterbury campus reaches out to a diverse region which provides opportunities for partnership with other cultural, educational, and arts organizations.

Contact Us: OSHER@UCONN.EDU | (203) 236 – 9924 / 9925

Keep up with OLLI
on

Facebook and
Twitter!



From the OLLI Director's Office

Dear OLLI Members and Friends,

It is my privilege to welcome you to another exciting Fall session at OLLI at UConn! Your enthusiasm for learning and social engagement brings a new energy to UConn's Waterbury campus, year after year. As the summer season comes to a close, I hope you will join us for an incredible variety of educational, cultural, and social opportunities at OLLI at UConn during the approaching months.



Throughout the upcoming Fall session, OLLI members may take advantage of:

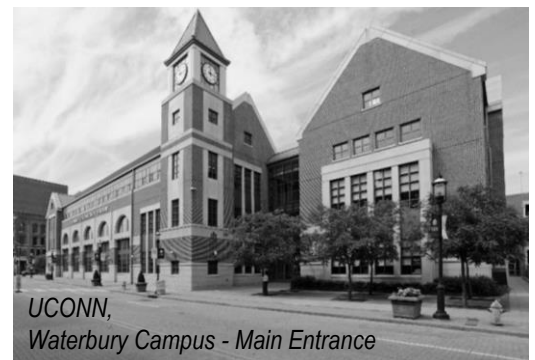
- Nearly **50** unique course offerings
- Several OLLI-sponsored special events / research lectures
- **Free** computer and technology training from UConn undergraduate student-mentors (more info on page 1 of yellow insert)
- **Free** "community borrower" UConn library privileges
- **Discounted** membership rates for OLLI-sponsored day or overnight trips
- Unlimited opportunities to contribute by joining OLLI-sponsored **clubs and committees**
- **Discounted** UConn parking fees (olli.uconn.edu/parking-and-directions/)

In addition to the many benefits and opportunities available for OLLI members, I am equally pleased to announce that OLLI at UConn will, for the first time ever, be offering a complete slate of **early evening course offerings**. In doing so, we aim to better serve the intellectual and social cravings of adults who are interested in learning for the joy of it, but may be unable to attend daytime classes, due to work or other obligations (See pages 3-4!).

Whatever your previous level of involvement with OLLI or the UConn Waterbury campus, we look forward to your participation with us this Fall. We are eager to receive the energy and enthusiasm that OLLI has become known for, and look forward to seeing you and your friends here on campus in a few weeks!

Warm Regards,

Jonathan R. Draper, OLLI at UConn Interim Director



UConn,
Waterbury Campus - Main Entrance

ART & ART HISTORY

AH-421 | *Art and History at the Mattatuck Museum*
Bob Burns, Page 3

AH-426 | *The Magic Behind the Footlights – Backstage Secrets of Waterbury's Storied Palace Theater*
Louis Belloisy, Page 6

AH-431 | *Drawing and More Drawing*
Lisa Arnold, Page 7

AH-432 | *Nature Painters – Art History Lecture*
Lisa Arnold, Page 7

AH-436 | *The Art in Painting – A Workshop*
Thelma Appel, Page 3

CULTURE & LANGUAGE

CL-422 | *Italian: Vita E Lingua III*
Nunzio De Filippis, Page 5, 6

CL-437 | *Holy Moly!&#%#A!: A History of Swearing*
Gabriella Brand, Page 5

CL-438 | *Italian: Vita E Lingua VII*
Nunzio DeFilippis, Page 7

CURRENT EVENTS

CE-008 | *Gender and Sexuality 101*
Bilal Tajildeen & Elizabeth Neuwirth, Page 8

HEALTH & WELLNESS

HW-405 | *Reiki Level 1*
Barbara Schafer, Page 8

HW-450 | *Dreaming with the Muse*
Judith Dreyer, Page 7

HW-451 | *To Plant a Garden is to Believe in Tomorrow*
Judith Dreyer, Page 5

HW-452 | *The Holistic Lifestyle: Contemporary Science Discovers Ancient Wisdom* | Dr. James Prado, Page 3

HW-456 | *Healthy Eating on a Budget*
Jane Sirignano, Page 3

HW-457 | *Retirement Planning Today*
Tyler Westcott, Page 3

HW-459 | *Chinese Medicine: Acupressure Part Two*
William Courtland, Page 6

HW-460 | *The Alexander Technique: Balance, Posture, and Movement* | Peter Anderheggen, Page 6

HW-461 | *Mental Health and Aging*
Deirdre Wright, Page 7

HISTORY

HS-473 | *Economic Development of East Asia* | Dr. Roger Levy, Page 3

HS-491 | *Remarkable Men and Women Who Made a Difference in Connecticut History* | Dr. Jon Purmont, Page 4

HS-492 | *John Adams – Up Close and Personal* | Dr. Raymond Sullivan, Page 5

HS-493 | *Evolution of European Relations in the 20th and 21st Centuries*
Dr. David Reed, Page 6

HS-494 | *Were Our Best Presidents Also Our Worst Ones?* | Avi Isseroff, Page 6

HS-495 | *The Supreme Court's Greatest Hits* | Elizabeth Neuwirth, Page 7

HS-496 | *Give Peace a Chance: A History of the Modern Antiwar Movement*
Alan Bisbort, Page 7

LITERATURE & WRITING

LW-001 | *UConn Waterbury Creativity Workshop* | Ilvi Dulack, Page 3

LW-455 | *The Glorious Metaphor*
Amy Johnson, Page 3

LW-456 | *Lyrics as Poetry*
Paul Marino, Page 4

LW-457 | *Let's Write*
Nancy Whitney, Page 5

LW-458 | *World Short Story Masters*
John Percivalle, Page 7

LW-459 | *Women Writing Now: Fiction "Hot off the Press"* | Mary Sharnick, Page 4

MATH & SCIENCE

MS-430 | *Planetary Systems: Ours and Many, Many Others* | Arnold Heiser, Page 5

MS-431 | *Investigating Neurological Diseases* | Muhammad Abubakar, Page 4

Learning

for the JOY of it!!

MUSIC

MU-443 | *Music to Enhance Well-Being*
Julie Cook, Page 5

MU-445 | *Circle Singing*
Julie Cook, Page 5

MU-446 | *Songwriting: Writing Every Day*
Steve Bustamante, Page 7

MU-447 | *There's More to "Messiah" Than Meets the Ear*
Donna Obarowski, Page 7

PERFORMING ARTS

PA-426 | *Opera: A Passion for the Ages*
Nunzio DeFilippis, Page 8

PHILOSOPHY & RELIGION

PR-415 | *The Death of Jesus*
Dr. Walter Brooks, Page 6

PR-422 | *Reading the Gospels Side by Side* | Reverend Jim Bradley, Page 3

PR-423 | *Notions of God Part II: The Christian West from the Dark Ages to the Enlightenment* | Vincent Casanova, P. 5

PR-424 | *The Divine Comedy – From Here to Eternity* | Douglas Welsh, Page 7

TRAVEL

TR-401 | *"Bucket List" Travel: Is Exploring the Ends of the Earth for You?*
Diane Stone, Page 7

TR-402 | *European History for Travelers: Western Europe's "Greatest Hits"*
Diane Stone, Page 6

VISUAL ARTS

VA-415 | *An Enriching Experience with Acrylic Painting* | Judy Jaworski, Page 6

VA-432 | *Mandalas as Art and Personal Relaxation* | Rose-Ann Chrzanowski, P. 6

VA-440 | *A Comparative Analysis of King's and Kubrick's "The Shining"*
Paul Marino, Page 6

VA-441 | *The Double Digit Oscar Club*
Paul Marino, Page 8

Conflict of Interest Policy: The Osher Lifelong Learning Institute at the University of Connecticut Waterbury campus does not endorse any products, services, or outside organizations. OLLI presenters and speakers are prohibited from promoting products, services, or organizations while in service to OLLI (during teaching or presenting for scheduled OLLI classes or events). OLLI presenters and speakers cannot require the purchase of specific books, educational materials, or supplies from which they will benefit. OLLI does maintain partnerships with other organizations for the purpose of furthering its educational mission for members. OLLI members and presenters are encouraged to share information about educational and cultural activities outside the classroom in order to promote intellectual stimulation and expansion of the OLLI learning community beyond the University and the campus.

Please Note: Given the tendency for room assignments to change throughout the OLLI registration period, they have not been included in this Fall catalog. Room assignments will be made available online as the Fall semester approaches. Up-to-date room charts will also be available for pick-up at the OLLI information table on the first day of classes.

MONDAY CLASSES

PR-422 | Reading the Gospels Side by Side | Reverend Jim Bradley | \$28 | 5 Weeks (9/12 – 10/10) | 10:30AM – 12:00PM

This course is an inquiry into the distinctions between the four gospels (Matthew, Mark, Luke, and John). Most people conflate them – we will distinguish them.

HS-473 | Economic Development of East Asia | Dr. Roger Levy | \$24 | 5 Weeks (9/12 – 10/10) 12:15PM – 1:30PM

We will survey the history, present conditions, and challenges ahead for the economic development of China, Taiwan, Japan, and South Korea. For each of the four countries, we will examine the geographical, demographic, cultural, and political factors at play.

LW-455 | The Glorious Metaphor | Amy Johnson | \$20 | 5 Weeks (9/12 – 10/10) | 4:45PM – 5:45PM

What's in a metaphor? A lot! Come join us as we explore the art of writing the perfect metaphor and watch your writing go from good to great, striking, jaw-dropping, notable, and award-winning! We will read examples of great metaphors in literature and contemporary writing, poetry and nonfiction, then write and critique each other's work. Bring your favorite metaphors to read aloud to your peers.

TUESDAY CLASSES

HW-452 | The Holistic Lifestyle: Contemporary Science Discovers Ancient Wisdom | Dr. James Prado | \$28

5 Weeks (9/6 – 10/4) | 10:15AM – 11:45AM

This course involves an exploration of contemporary research supporting a low-tech, natural approach to lifestyle modifications as a means of reducing the physical, social, and economic burden of chronic disease.

HW-456 | Healthy Eating on a Budget | Jane Sirignano | \$50 | 5 Weeks (9/6 – 10/4) | 5:30PM – 7:15PM

Limited time to cook? Each Healthy Basics class will provide you with information about simple and tasty dietary choices that may lead to good health and possibly reduce your grocery bills. Food ingredients in these classes are available at most grocery stores and the recipes support evidence-based eating plans that have been used in the prevention and survival of certain types of cancer, as well as prevention, management, and reversal of chronic diseases such as heart disease, Type II diabetes and weight loss. There will be discussion, learning exercises, fast food and cooking demonstrations, and a naturally delicious light supper.

WEDNESDAY CLASSES

AH-421 | Art and History at the Mattatuck Museum | Bob Burns | \$28 | 5 Weeks (9/7 – 10/5) | 10:15AM – 11:45AM

(Please note: This course is held at the Mattatuck Museum: 144 W. Main Street, Waterbury)

Join Mattatuck Museum staff members, including Director Bob Burns, Curator, Dr. Cynthia Roznoy, Archivist, Michael Dooling and Director of Education, Stephanie J. Coakley for guided gallery tours of a different art and/or history exhibition each week. Students will gain behind-the-scenes access with museum professionals introducing them to the various fine art and history exhibitions on view this fall.

LW-001 | UConn Waterbury Creativity Workshop | Ilvi Dulack | \$56 | 10 Weeks (9/7 – 11/9) | 4:30PM - 7:00PM

The Writers Workshop of Waterbury UCONN, led by acclaimed writer, Professor Thomas Dulack, and his daughter, actress, teacher and filmmaker, Ilvi Dulack, is a non-credit program for highly motivated writers who are looking to develop and refine their work. The workshop meets weekly to read and discuss new work, and to review projects in production. Writers of prose, plays and screenplays are welcome. From the page to the stage, screen or website, this workshop is where highly determined and self-motivated individuals will find the support, artistic challenge, and the hands on skills they need to advance their writing to the next level. These workshops are open to everyone on campus, including students, staff and faculty, alumnae, and OLLI members. The atmosphere of the sessions is informal and non-judgmental. Don't miss out on this exciting intergenerational learning opportunity!

AH-436 | The Art in Painting – A Workshop | Thelma Appel | \$56 | 10 Weeks (9/7 – 11/9) | 4:30PM - 6:00PM

In these sessions, we will explore the fundamentals of drawing and painting. You will learn how to analyze the structure of all forms, by drawing and painting directly from observation, utilizing a classroom still life, photography, or working outdoors. You will also learn how to achieve volume and perspective, mix colors, use values, and organize your composition in a dynamic way to create a unique work of art.

*Please note: Special supplies recommended for this course.

HW-457 | Retirement Planning Today | Tyler Westcott | \$23 | 6 Weeks (10/5 – 11/9) 5:30PM – 6:30PM

Whether you are just beginning to develop a retirement plan or are quickly approaching retirement, this course blends financial education with life planning to help you build your wealth, align your money with your values, and achieve your lifestyle retirement goals. This comprehensive course will cover various financial topics including: life planning goals, retirement needs and expenses, retirement road blocks and mistakes, retirement income sources, investments, asset protection, and estate planning.

THURSDAY CLASSES

HS-491 | Remarkable Men and Women Who Made a Difference in Connecticut History | Dr. Jon Purmont | \$23**5 Weeks (10/13 – 11/10) | 12:15PM – 1:30PM**

There are several individuals, whose lives may not be familiar to many, but who left important legacies to Connecticut. Do the names Mary Fish Silliman, Roger Sherman Baldwin, Isabella Beecher Hooker, or Venture Smith sound familiar? If not, perhaps this class will interest you! Particular emphasis will be placed on their connection to the larger historical narrative of the Land of Steady Habits in the 18th and 19th centuries.

LW-456 | Lyrics as Poetry | Paul Marino | \$38 | 5 Weeks (9/8 – 10/6) | 10:00AM – 12:00PM

The deep analysis of song lyrics as poetry will include a complete audio review of each song, a full read, then thorough breakdown of lyrics. Each poem (about 4 per class) will be assessed for symbolism, story, artist's intent, student's and presenter's interpretation. Students are encouraged to suggest pieces that they would like analyzed (please email suggestions to jgwty77@yahoo.com).

MS-431 | Investigating Neurological Diseases | Muhammad Abubakar | \$28 | 5 Weeks (10/13 – 11/10) | 1:45PM – 3:15PM

This course will focus on the causes, symptoms, signs, and outcomes of several of the most fascinating neurological diseases. Each week a different disease will be discussed and the group will be presented with the various signs and impairments of the disease and will have to determine how a person's life may be impacted because of it. Current treatment and research and what the future might hold for these diseases will also be investigated.

LW-459 | Women Writing Now: Fiction "Hot off the Press" | Mary Sharnick | \$56 | 10 Weeks (9/8 – 11/10) | 4:30PM – 6:00PM

Participants will read and discuss the work of women writing now. Stories by Strout, Minot, Gaige, Acevedo, Ferrante, among others, will comprise course content. *Please note: There are recommended books for this course.

AARP SMART DRIVERS COURSE

OLLI at UConn hosts the AARP 4-hour Smart Drivers Course for older drivers to help refresh driving skills and learn a few new tips. The cost is \$15 for AARP members and \$20 for non-members. Payment by check (to AARP) due at the start of the course. State law mandates a minimum discount of 5% on your liability insurance for 2 years for drivers 60 and over who take the course. **OLLI membership not required to register.**

Choose one of the following sessions:

Session 1: Tuesday October 11, 2016; 9AM – 1:30PM with Fran Escott

OR

Session 2: Monday November 14, 2016; 9AM – 1:30PM with Diana MacKenzie

**Introducing: FREE Computer/Technology Training for OLLI Members**

OLLI will once again be partnering with Dr. Laura Donorfio, Associate Professor of Human Development and Family Studies, for another groundbreaking **intergenerational learning** experience!

This Fall, nearly forty (40) UConn undergraduate students enrolled in Dr. Donorfio's *Adulthood and Aging* course will be actively involved in various service learning activities at OLLI at UConn. Among these service learning activities will be the unique opportunity for a limited number of OLLI members to receive FREE individualized computer technology training.

(See yellow insert for more information)

*Space is VERY limited. If interested, you should contact OLLI staff immediately to reserve a spot for this one-of-a-kind opportunity.

**Calendar of Events / Important Dates**

AUGUST	August 2: Fall Registration Opens @ 9:00 AM	August 26: 2016 Open House
SEPTEMBER	September 6: First day of Fall classes	
OCTOBER	October 10: Columbus Day – OLLI classes in session	October 12: Yom Kippur – OLLI classes in session
NOVEMBER	November 1: Event: "Wallace Stevens in Sound and Music"	November 18: Fall 2016 session ends – Make-up day
DECEMBER		
JANUARY	January 13: OLLI Winter Session 2017 Begins	January 19: Spring Registration Opens @ 9:00AM
FEBRUARY	February 9: OLLI Winter Session 2017 Ends	February 17: OLLI Spring Session 2017 Begins

FRIDAY CLASSES

8:30 AM – 10:00 AM

First 5 Weeks (September 9 – October 7)

MU-445 | Circle Singing**Julie Cook | \$20****(Please note: This is a 4-week course 9/9 – 9/30)****(Please note: Start time of 9AM)**

We gather together to create a choral community and make facilitated vocal improvised music. The circle is ever-changing as the leader gives parts to a circle of singers, who in turn, support individual solos (if you choose). It's fun, creative, and no sheet music training is required. The group makes you sound great as you find your voice and make a joyful noise.

Last 5 Weeks (October 14 – November 11)

CL-437 | Holy Moly!&#%#A!: A History of Swearing**Gabriella Brand | \$28**

Swear words are powerful weapons, but in Modern American society, they might be losing their potency. Like all parts of the human language, cuss words evolve with time and change with usage. But, where do our blankety-blank words come from? Where, linguistically, are they going? From early Norse texts to Chaucerian puns, we'll look at obscenities and curse words as they enter and exit the English language. We'll also look at the richness of swear words in a few foreign languages. Not a course for those who blush easily.

HS-492 | John Adams – Up Close and Personal**Dr. Raymond Sullivan | \$24****(Please note: Start time of 8:45AM)**

This course offers an intimate look at the life of our second president, including the varied issues, the happy times, and the sad times omitted from the wealth of literature, written on this famous personage and his family.

*Please note: There are recommended books for this course.

10 Weeks (September 9 – November 11)

LW-457 | Let's Write | Nancy Whitney | \$47 | (Please note: Start time of 8:45AM)

Everyone writes in their own voice. This class will help you find or refine that voice on the page. It is your self-expression, endlessly fun and rewarding. Step up to the challenge, if only for yourself. We'll explore our own voice in fiction, non-fiction and poetry. Let's write!

*Please note: There is a recommended book for this course.

PR-423 | Notions of God Part II: The Christian West from the Dark Ages to the Enlightenment | Vincent Casanova | \$56

A modest survey tracing the Christian tradition in Europe, its development, changes, and divisions over time. We will explore Christian Europe through the middle ages, Renaissance Reformation, and Enlightenment. Part I of this course is not a prerequisite.

CL-422 | Italian: Vita E Lingua III | Nunzio DeFilippis | \$112 (Please note: This course is a double session: 9AM – 11:45AM)

A continuation of Italian II; We will review the textbook (completely), read short stories, write (very) short stories, and most importantly, speak Italian. This will be followed by an enhanced Italian cultural experience to include customs and everyday life discussions as well as viewing of segments of Italian films and operas.

10:15 AM – 11:45 AM

First 5 Weeks (September 9 – October 7)

HW-451 | To Plant a Garden is to Believe in Tomorrow**Judith Dreyer | \$28**

Turning lawn into meadow creates a more sustainable tomorrow. Meadows repair soil and prevent erosion, are drought resistant, support abundant wildlife species and even provide edible and medicinal plants. This program will focus on easy steps to turn a portion of lawn into wildflower landscape and highlight common meadow plants for their edible and medicinal properties. Holistic, sustainable practices for soil and water conservation will also be highlighted.

*Please note: Book recommended for this course.

Last 5 Weeks (October 14 – November 11)

MS-430 | Planetary Systems: Ours and Many, Many Others**Arnold Heiser | \$28**

Planetary systems consist of a central star, in our case the Sun, and any number of planets that revolve around that central star. Our planetary system, and others, contain not only planets but other celestial objects such as moons and comets. The discovery of thousands of planets around other stars during the last twenty years or so, has raised a multitude of questions about the formation, and subsequent evolution, of all planetary systems.

MU-443 | Music to Enhance Well-Being**Julie Cook | \$28**

Through discussion and hands-on experience, members will explore how music boosts our physical and emotional well-being and reduces stress. Subjects include: multicultural healing practices, chant, the power of voice, deep listening, and choosing a daily life playlist.

Meet Your OLLI Instructors!

Visit us online

(olli.uconn.edu/presenter-bios/)

10:15 AM – 11:45 AM

First 5 Weeks (September 9 – October 7)

HS-494 | Were Our Best Presidents Also Our Worst Ones?**Avi Isseroff | \$28**

What criteria do historians use to rate our presidents? Which ones have been rated our best or near best ones? What evidence is there that some of these are arguably our worst? The course has a fun quiz, lecture, and discussion format.



Last 5 Weeks (October 14 – November 11)

VA-440 | A Comparative Analysis of King's and Kubrick's "The Shining"
Paul Marino | \$38 (Please note: Early start time of 9:45)

This course is a deep dive into the similar, yet very different approaches to The Shining by Stephen King in his novel and its film adaptation by Stanley Kubrick. The film, and its documentary, Room 237, will be screened and discussed. The novel will be read as homework. Robust, open-minded discussions of varying points of view are anticipated during this thought-provoking, entertaining course.

*Please note: There is a required book for this course.

TR-402 | European History for Travelers: Western Europe's "Greatest Hits" | Diane Stone | \$28

London, Paris, Venice, Florence and Rome are the great tourist cities or Western Europe and on every traveler's "trips I must take" list. We live in a 240-year-old country and what we go to Europe to see is hundreds or even thousands of years old. Join us for this classroom journey through time so you can place what you'll see in social, cultural, and political context to make your travel experiences come alive with meaning.

AH-426 | The Magic Behind the Footlights – Backstage Secrets of Waterbury's Storied Palace Theater | Louis Belloisy | \$28
(Please note: Course begins on 10/21 – 11/18)

This course will consist of a detailed tour of the theater (backstage, dressing rooms, flyway over the stage), a slideshow of old theater and restoration photos, a look into the life of Sylvester Z. Poli (builder and operator of the Poli chain of theaters), and a meeting with the theater's CEO and COO.

8 - 10 Weeks (September 9 – November 11)

HW-459 | Chinese Medicine: Acupressure Part Two | William Courtland | 8 Weeks | \$45

(Please note: Session Dates: 9/23 – 11/11)

This course continues to examine this ancient form of bodywork and its effect of mental/physical health. Attendees will be shown how to increase their energy levels by using the Five Element Symbol and also by receiving hands-on demonstrations if they wish to receive them. Attending Part I is not a prerequisite for attending this course.

HS-493 | Evolution of European Relations in the 20th and 21st Centuries | Dr. David Reed | 10 Weeks | \$56

The course outlines the evolution of Europe from the pre-19th century when it was the center of the world stage, through the 19th century, when it was rivaled by outlying major powers, until the end of World War II, when it became divided into West and East, and lost its dominant role. Its major comeback occurred with the establishment of the European Union in the late 20th and 21st centuries. The impact of the EU will be discussed.

HW-460 | The Alexander Technique: Balance, Posture, and Movement | Peter Anderheggen | 10 Weeks | \$56

Participants will be given the opportunity to learn improved balance, posture, and movement. They will be presented with methods of restorative rest and dynamic ways to sit, stand, walk, and use tools. In addition to readings, discussion, and brief lectures, active participation in class is encouraged. Each student will have at least one individual lesson. The course will emphasize recovery from pain, avoidance of injury, and improved balance and well-being.

PR-415 | The Death of Jesus | Dr. Walter Brooks | 10 Weeks | \$56

The course will undertake a literary and historical inquiry into the Passion Narratives. We, as forensic examiners, will attempt to discover what happened at the end of Jesus's life: his arrest, trial(s), execution, and burial. *Please note: There is a required book for this course.

VA-432 | Mandalas as Art and Personal Relaxation | Rose-Ann Chrzanowski | 10 Weeks | \$56

In this course, you will explore creating mandalas with various materials, including sand. This creative process requires no particular artistic talent; it comes from your heart and soul, so it has a high rate of success. Creating mandalas is a meditative experience that brings peace and relaxation.

*Please note: Special supplies recommended for this course.

CL-422 | Italian: Vita E Lingua III | Nunzio De Filippis | 10 Weeks | \$112 | (Please note: This course is a double session: 9AM – 11:45AM)

A continuation of Italian II; We will review the textbook (completely), read short stories, write (very) short stories, and most importantly, speak Italian. This will be followed by an enhanced Italian cultural experience to include customs and everyday life discussions as well as viewing of segments of Italian films and operas.

VA-415 | An Enriching Experience with Acrylic Painting | Judy Jaworski | 10 Weeks | \$56

In this course, students learn to develop expertise and use the medium to create an individual work of art. You will compose a color chart for reference and complete a personal finished painting. *Please note: Special supplies required for this course.

10:15 AM – 11:45 AM

10 Weeks (September 9 – November 11)

LW-458 | World Short Story Masters (New Course) | John Percivalle | \$56

(Please note: This course will begin on 9/16 and run through 11/18)

Short Story Masters goes international! In the hands of some of the world's finest writers, these stories shape the ever-evolving art form, explore the human condition, and reveal the unique national character of their countries of origin. Ten weeks, ten authors, ten countries – a special literary journey.

PR-424 | The Divine Comedy – From Here to Eternity | Douglas Welsh | \$56

Dante's Divine Comedy has been called the greatest poem ever written. After a brief review of Inferno, in this course, we will read and discuss Purgatorio, the second part of the Divine Comedy, and how it relates to both Dante's world and our world. *Please note: Book required for this course.

12:15 PM – 1:30 PM

First 5 Weeks (September 9 – October 7)

AH-431 | Drawing and More Drawing | Lisa Arnold | \$24

This course is a chance for students to develop drawing and sketching techniques, working from a still-life arrangement. Demos will be given by the instructor to show different techniques as well as shading and value. All levels welcome. *Please note: Special supplies required for this course.

HW-450 | Dreaming with the Muse | Judith Dreyer | \$24

Dreams, illusive and intriguing, guide us, yet we are not taught to use them in everyday life. The muse, our imagination, invites us to explore the world of symbols and story usually our own. How can we decode our dreams to bring understanding into everyday life? We will discuss a structure and form for understanding our dreams, a technique for dream sharing that brings the messages of our dreams into our lives in practical ways. We will spend time on exploring the meaning of participants' dreams in every class. Bring a journal, night time dream, or a dream of the heart.

**HW-461 | Mental Health and Aging
Deirdre Wright | \$24**

This course will introduce students to the most up-to-date research and treatment information in the area of aging. Topics to be discussed include depression and treatment with the most recent DSM-5. Self-assessment is important to maintain a healthy state of mind.

Last 5 Weeks (October 14 – November 11)

MU-446 | Songwriting: Writing Every Day | Steve Bustamante | \$24

The goal in this course is to write every day. We will do this through the use of in-class prompts and exercises, and homework to reinforce that writing every day can be fruitful. What we create inside and outside of class will take shape as we explore the tools of the songwriter.

*Please note: There is a recommended book for this course.

TR-401 | "Bucket List" Travel: Is Exploring the Ends of the Earth for You? | Diane Stone | \$24

Traveling to the planet's remote destinations yields great rewards, but the research, planning, and self-awareness necessary to plan such trips can be challenging. If you've dreamed of this kind of adventure, join us and learn about the informational resources available and the questions you need to answer to decide on the who, what, when, and whether to go. We will be travelling to: Sub-Saharan Africa, Antarctica, Peru's land of the Inca and the Upper Amazon, and Vietnam and Cambodia.

HS-495 | The Supreme Court's Greatest Hits | Elizabeth Neuwirth | \$24

Appointments to the Supreme Court have become so politicized that it is currently operating with only eight Justices. We will look at how important cases reach SCOTUS from the federal courts, which ones the Justices choose to hear, and the impact of a decision by the Court. We will review a selection of the Court's most pivotal cases, some of which have shaped American history and life in extraordinary ways.

10 Weeks (September 9 – November 11)

CL-438 | Italian: Vita E Lingua VII | Nunzio De Filippis | \$56

A continuation of Italian VI: Continuation of reading, writing, and most importantly, speaking in Italian at the intermediate level.

1:45 PM – 3:15 PM

First 5 Weeks (September 9 – October 7)

HS-496 | Give Peace a Chance: A History of the Modern Antiwar Movement | Alan Bisbort | \$28

Peace, as a historical subject, has been ignored, dismissed as misguided, or brushed aside in deference to the wars and military campaigns that have shaped the course of events. This class will refute that interpretation of modern history. Using a detailed timeline, original sources, video and music clips, the class treats the antiwar movement and its driving forces (Gandhi, MLK, Bonhoeffer, Dorothy Day) as serious historical subjects.

*Please note: There is a recommended book for this course.

AH-432 | Nature Painters – Art History Lecture | Lisa Arnold | \$28

Explore the different styles of painters who captured the beauty and power of nature. We will cover the world of Monet, Rousseau, O'Keefe, Constable, and Bierstadt – passionate painters of nature.

Last 5 Weeks (October 14 – November 11)

**MU-447 | There's More to "Messiah" Than Meets the Ear
Donna Obarowski | \$28**

G.F. Handel's baroque masterpiece "Messiah", with its iconic chorus "Hallelujah", is one of the most recognized and beloved of all musical works, and Handel occupies a unique place in musical history. So, how did this work come into being and why has it grown in popularity over 275 years? What are the "inner workings" that make it so powerful? Come, listen, and learn.

*Please note: There is a recommended book for this course.



1:45 PM – 3:15 PM

8 - 10 Weeks (September 9 – November 11)

HW-405 | Reiki Level 1 | Barbara Schafer | 8 Weeks | \$45 | (Please note: 8 Classes 9/9 – 10/28)

Reiki is a caring way of energizing, restoring, and balancing the energy in our bodies. It reduces stress and produces a profound deep level of relaxation that enhances health and prevents illness, improves clarity, increases creativity, and promotes a sense of deep peace and well-being. Anyone can do it. *Please note: There is a recommended book for this course.

CE-008 | Gender and Sexuality 101 | Bilal Tajildeen & Elizabeth Neuirth | 10 Weeks | \$56

Knowledge about sexuality and gender is being transformed. We will explore what was “known” about male and female homosexuality from the Middle Ages until now. Topics include a history of marriage, the lasting impact of Victorian attitudes about sexuality, responses to people whom we would now place on the LGBTQ continuum, prenatal/biological influences on sex, and the vocabulary of modern gender studies. We will devote some time to transgender children and teens and contemporary approaches to managing their unique issues.

PA-426 | Opera: A Passion for the Ages | Nunzio De Filippis | 10 Weeks | \$56 | (Please note: Later end time of 3:45PM)

Join us for an international voyage into opera: Italian, with Puccini’s “Manon Lescaut”; French with Massenet’s “Manon”; Russian, with Borodin’s “Prince Igor”; German, with Strauss’s “Die Fledermaus”; and American, with Gershwin’s “Porgy and Bess”.

VA-441 | The Double Digit Oscar Club | Paul Marino | 10 Weeks | \$94 | (Please note: Later end time of 4:15PM)

Only 5 movies in the history of the Academy Awards have won at least 10 Oscars: Gone with the Wind, Ben-Hur, West Side Story, Titanic, and The Lord of the Rings: Return of the King. The course will include the specifics of their Oscars and a lesson in filmmaking relevant to each piece. There will be student-based discussions on the films’ cultural significance, major themes, subtexts, character development, etc.

Recommended and Required Textbooks:

Course	Book Title	Author	Status	ISBN
Give Peace a Chance: A History of the Modern Antiwar Movement	Autobiography: The Story of My Experiments with Truth	Mohandas Karamchan Gandhi	Recommended	1481076043
The Death of Jesus	Synopsis of the Four Gospels	Kurt Aland	Required	0826705006
Songwriting: Writing Every Day	Writing Better Lyrics	Pat Pattison	Recommended	1582975779
To Plant a Garden is to Believe in Tomorrow	At the Garden’s Gate	Judith Dreyer	Recommended	9781460251454
There’s More to “Messiah” Than Meets the Ear	Any score of “Messiah”	Watkins Shaw	Recommended	0853602115
Reiki Level One	Reiki: The Healing Touch	William Lee Rand	Recommended	1886785031
Women Writing Now: Fiction “Hot off the Press” (2 Books)	Olive Kitteridge	Elizabeth Strout	Recommended	0812971833
	The Book of Unknown Americans	Cristina Henriquez	Recommended	0345806409
John Adams: Up Close and Personal (2 Books)	Abigail and John – Portrait of a Marriage	Edith Gelles	Recommended	0061354120
	John Adams	David McCullough	Recommended	0743223136
The Divine Comedy – From Here to Eternity	Purgatorio – A Verse Translation	Dante and Jean Hollander	Required	0385497008
Let’s Write!	Writing Down the Bones	Natalie Goldberg	Recommended	0877733759
A Comparative Analysis of King and Kubrick’s The Shining	The Shining	Stephen King	Required	0345806786

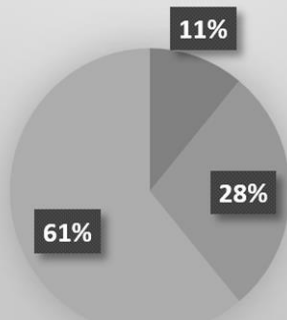
For recommended and required art supplies, please call the OLLI office at (203)-236-9924 or email osher@uconn.edu.

OLLI CAFÉ PRESENTATIONS (12:15 PM – 1:15 PM, MPR Rooms 113 – 116)

Friday, September 9	Friday, September 16
<p>Modern Ruins: Looking at Our Recent Past in a Different Light Robert C. Marsala A talk with accompanying photographs on finding the inherent beauty of decaying structures through the work of a modern day urban explorer. Under discussion are the buildings and their architectural significance in the context of when they were built, and the reasons for their abandonment – as well as methods for capturing these structures in both the visible light and infrared spectrum.</p>	<p>What Jewish Humor Says About Jews Rabbi Jon Haddon Is there one sentence that can capture the essence of Jewish humor? I'm afraid not. How could one statement encompass jokes about Jewish mothers, reckless and rude drivers in Israel, and antisemitism...As I hope to make apparent, Jewish humor reveals a great many truths about the Jews. Indeed, 150 years of Jewish jokes and 2000 years of folklore and witticisms have the uncanny ability to express truths that sociological or other academic studies usually miss. In one hour you will get a delicious "taste" of all of the above.</p>
Friday, September 23	Friday, September 30
<p>Public Safety George J. Pohorilak George's presentation will cover the history of 9-1-1 in Connecticut, the implementation of advanced 9-1-1 technology in Connecticut, how 9-1-1 calls are processed, what you should know about calling 9-1-1, the politics and cost of the 9-1-1 system and the future of 9-1-1 service in Connecticut.</p>	<p>Physics, Petroleum, and Pricing: The Science Behind our Present and Future Oil Crises Martin E. Cobern In his talk, Martin Cobern explains the science that controls the rate of oil production in a well, and its implications for prices. He will also share his view of the future of the oil and gas industry.</p>
Friday, October 7	Friday, October 14
<p>Social Security Explained Tyler Westcott Whether you are already retired, are approaching retirement or just want to get ready for the future, this presentation will help you prepare to make the best decision on how you want to use your Social Security benefits. Come learn about the benefits you are eligible to receive and retirement planning strategies.</p>	<p>Finding Brass Valley: A Place in Time that has Almost Vanished Emery Roth II Emery Roth II is the author of Brass Valley: The Fall of an American Industry, a photographic book that tells the story of brass manufacturing in the Naugatuck Valley through stories and vivid photographs. Come hear Emery Roth II talk about his book that tells the story of the last working brass mill, how the Brass valley came to be and through photographs, he shares stories of the men who made the Brass Valley. Roth has been taking photographs since childhood and studied at Carnegie-Mellon University, earning degrees in architecture and literature.</p>
Friday, October 21	Friday, October 28
<p>Louis XIV: The Man, His Strategic Plan and the Story of Versailles Diane Stone As a student of European History at both the undergraduate and graduate levels, Diane Stone became fascinated by Louis XIV. Her Master's Thesis was on the building of Versailles, during the preparation of which she spent three months there working with the curators. Come listen to Diane present about a personal passion of hers.</p>	<p>Fire Prevention: Stop the Flame Before it Starts Tony Cofrancesco Tony Cofrancesco retired as a Waterbury Fire Marshall after 26 years. As a training officer, he worked to educate students and adults on methods of fire prevention. Come and listen to his expertise in fire prevention and other related areas. Tony will host a 30-minute Q&A.</p>
Friday, November 4	Friday, November 11
<p>Hobart Victory Welton Carriage Shed: The Story of the Stone Arch Joy Brown Have you ever driven up Wolcott Street and wondered "What is that stone structure?" I'm sure you have waited for the bus there. Who built it? What was it used for? What did it look like back in the day? Let's take a stroll back in time and explore this piece of Waterbury history!</p>	<p>Adulthood and Aging Laura Donorfio For the second year in a row, Dr. Laura Donorfio (Associate Professor – Human Development and Family Studies) will team up with the Osher Lifelong Learning Institute in leading a one-of-a-kind intergenerational service learning opportunity. Throughout the Fall 2016 semester, nearly 40 UConn undergraduate students will be actively engaged, in various capacities, with OLLI members (See page 1 of yellow insert for more info). Come join us for a fascinating presentation, which will feature students' findings and reflections on their involvement with OLLI!</p>

OLLI at UConn Funding

- External Funds (Endowment Interest, Grants, and Donations) 11%
- Membership and Course Fees 28%
- UConn In-Kind Services (Donated Space and Services) 61%



Everyone Plays a Role in OLLI, Especially You! (s.uconn.edu/supportolli)

UConn and the Waterbury Campus: "Our Home"

All campus rooms, maintenance, electricity, technology, public safety, library services and some salaries are donated by the campus. When you see Dr. Pizzuto or any of his staff, please offer them a big "Thank you!"

The Bernard Osher Foundation: "Our Major Benefactor"

The Bernard Osher Foundation has provided grants, an endowment, and the possibility of future funds. All direct donations count toward demonstrating to the Bernard Osher Foundation that there is local commitment. **Successful, direct fundraising from OLLI members and friends of OLLI is a requirement of obtaining future funding.*

University of Connecticut Foundation, Inc: "Our Bank"

They invest donated funds and support OLLI with fundraising initiatives. OLLI receives about \$50,000 a year in endowment interest. Donations to the *OLLI Sustainability Fund* and the *John and Joyce DeCesare Renaissance Fund* go directly to OLLI operations.

*YOU: "Our OLLI Family"

Your ideas, volunteerism, teaching, and belief in the richness of life are the lifeblood of OLLI. Every donation of every amount is valued and used efficiently for this low cost, high quality program.

If OLLI at UConn has positively impacted your life and you would like to make a donation in support of this program, please go directly to: s.uconn.edu/supportolli or contact the OLLI office at (203)-236-9924 / osher@uconn.edu to request a donation form and return envelope. **95 cents of every dollar goes directly to OLLI programming! Thank you!*

Clubs & Committees (olli.uconn.edu/clubs-and-committees)

CLUBS & ACTIVITIES	Meets 1 st Tuesday of each month	Nancy Via: nvia@sbcglobal.net or Delma Way: delvilway@aol.com
POETRY WORKSHOP	Meets 3 rd Tuesday of each month	Harriet Fotter: harrietf@me.com
OLLI TRAVEL	Meets 1 st Wednesday of each month	Ann Rompre: annrompre@sbcglobal.net or Genevieve Delkescamp: gdelkescamp11@comcast.net
OLLI NEWSLETTER	Meets 2 nd Tuesday of Feb & April	Bob Grady: yvoorg@aol.com or Nancy Blomstrom: nblomstrom@aol.com
OLLI BOOK CLUB	Meets 3 rd Monday of each month	Nancy Via: nvia@sbcglobal.net
OLLI CAFÉ	Meets 2 nd Thursday of each month	Ned Conlan: econlan@snet.net
EDITORIAL COMMITTEE/ VOICES & VISIONS	Meetings as needed	Chuck Miceli: charlesmmiceli@gmail.com

OLLI Travel

Enjoy day or overnight trips with OLLI members and friends planned by the OLLI Travel Committee and Friendship Tours. All trips are open to OLLI members, and non-OLLI members on a first come, first served basis. Members pay the member price listed with the trip. Non-members pay the member price plus a \$10 surcharge for day trips or a \$20 surcharge for overnight excursions. More information can be found online at the OLLI Travel Page: olli.uconn.edu/olli-trips, or by calling Friendship Tours, 860-243-1630, and inquiring about OLLI day trips or OLLI overnight excursions. (Please do not call the OLLI Office).



UConn

WATERBURY

Osher Lifelong Learning Institute
The University of Connecticut
99 East Main Street
Waterbury, CT 06702



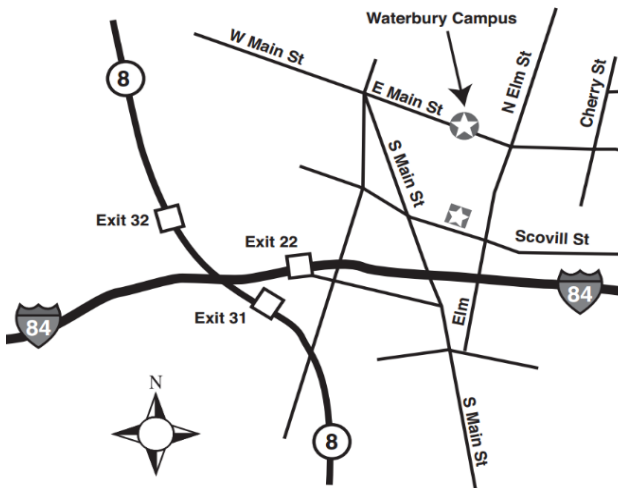
OLLI Photos Courtesy of OLLI Photographer, Ralph Famiglietti and UConn Waterbury IT Department. Brochure Design: Angel Katiewicz



The University of Connecticut's Waterbury Campus serves more than 1,100 students annually. In more than sixty years of operation, UConn Waterbury has opened the doors to educational access and excellence to thousands of Connecticut residents, many of whom have distinguished themselves in the fields of community service, business, education, law, and politics.

CONTACT US

For more information, call **203.236.9924**, email: osher@uconn.edu, or visit us online at www.ollu.uconn.edu.



University-Issued Parking Decals: Parking Services, Storrs, CT has recently taken over management of parking at all UConn regional campuses. If you plan to park at the attached UConn ramp garage, OR the Scovill Street garage (across the street), you must purchase a pass from Parking Services.

All Fall 2016 registrants will receive mail or email communication directly from Parking Services, Storrs, CT, before the start of the semester. If you will need a UConn parking pass during the Fall semester, you should submit the requested vehicle registration information directly to Parking Services.

DIRECTIONS

The UConn campus is located at 99 East Main Street in Waterbury, across the street from the Palace Theater. Parking and directions to the campus can be obtained from our website: www.ollu.uconn.edu/parking-and-directions or by calling **203.236.9924**.

PARKING OPTIONS FOR OLLI AT UCONN

Please Visit: <http://ollu.uconn.edu/parking-and-directions/>

UConn Waterbury Parking Garage

(Managed by UConn Parking Services, Storrs, CT)

Scovill Street Municipal Garage

(Managed by the City of Waterbury)

Convenient, Privately Owned Street Level Parking

Outdoor, partially covered street-level parking lot is located between the campus building and the Moriarty Building on 141 East Main Street (across from the Palace Theater). This lot is not owned or operated by UConn. Currently this lot has reasonable daily rates.

NOTE: If you do not have an up-to-date UConn parking decal, and plan to utilize either University parking options (UConn Waterbury Parking garage or Scovill Street garage), you must purchase one from Parking Services, Storrs, CT.

For additional Information about parking in Downtown Waterbury please visit:
www.waterburyparking.com