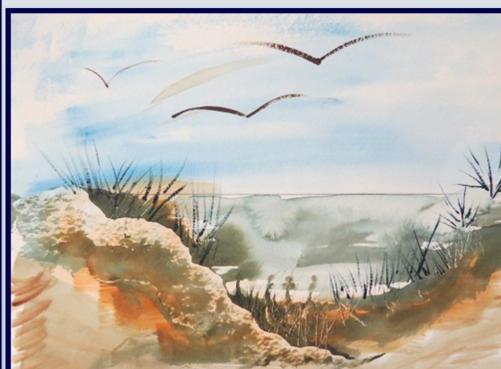


The Osher Lifelong Learning Institute (OLLI) at the University of Connecticut (UCONN)



Celebrating
YEARS

*And looking
forward to
many more!*



*“OLLI at UConn has inspired me and shown me that
it is never too late to learn!”* - OLLI Member, 2016

SPRING SESSION 2017

Session Dates: February 16 - May 5, 2017

Registration Begins: January 17, 2017 at 9:00 AM

Welcome

Welcome to the Osher Lifelong Learning Institute (OLLI) at the University of Connecticut (UConn), where we come to expand our minds and connect with other seasoned learners. As an OLLI member, you open the door to endless opportunities for intellectual and social stimulation. Whether you are here solely to take classes, or want to partake in the myriad of other OLLI activities, you are in for a treat. We are glad you've discovered us!

Who We Are

OLLI at UConn is a member-driven, community-responsive program offering non-credit learning experiences (courses, lectures, and special events) for older adults who want to engage socially and intellectually with their peers as teachers and learners. Programming is centered around classes developed and taught by members who volunteer their time to share their knowledge and experience with other members. The OLLI program also sponsors special events featuring noted authors, scholars, and experts in respected professional fields.

Situated on an intimate, state-of-the-art University campus, with traditional-age students and research faculty, OLLI also provides fertile ground for an intergenerational interaction and exchange of ideas. The urban Waterbury campus reaches out to a diverse region which provides opportunities for partnership with other cultural, educational, and arts organizations.

Contact Us: OSHER@UCONN.EDU | (203) 236 – 9924 / 9925

**From the Director's Office**

Dear OLLI Members and Friends,

For nearly ten years UConn's Osher Lifelong Learning Institute has served the intellectual and social cravings of adult learners from across the state. In this time, OLLI at UConn has sprouted countless enduring friendships, achieved a reputation for volunteerism and giving back to the community, and has proven that learning does not end with retirement.

OLLI at UConn continues to provide an unprecedented opportunity for older adults to unlock their true potential beyond retirement age. Through stimulating classes and events, rewarding volunteer opportunities and service projects, the Osher Lifelong learning Institute at the University of Connecticut has something for anyone looking to expand their mind, meet other motivated adult learners, or wanting to give back to the community.

We continue to strive to meet the needs of a diverse adult learning community throughout the state by offering a dynamic range of courses every weekday (Monday - Friday). I encourage you to take a few moments to browse through this catalog and explore new opportunities for personal and intellectual growth. For returning OLLI at UConn members, I look forward to seeing you again this Spring, and invite you to attend our 10-year anniversary celebration on Friday, April 28th.

And for new inquiring minds, I invite you to join our vibrant learning community. I welcome you to experience a taste of OLLI by attending our Spring open house on Wednesday, January 11, 2017. There is much to look forward to as we close out the first decade of OLLI at UConn's Waterbury Campus this Spring. We hope you will join us for this landmark session!

Warm regards,

Jonathan Draper, Interim OLLI at UConn Director

May the new year bring you great joy and surpassed expectations!



UConn, Waterbury Campus - Main Entrance (E. Main St.)

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AH-439 | Watercolor Painters
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and Movement | Peter Anderheggen, Page 5

HW-461 | Mental Health and Aging
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HW-462 | All You Wanted to Know About Hypnosis: From its
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HW-463 | Chinese Medicine: Acupressure Part III
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HS-498 | Paper Bullets: Propaganda in American History
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HS-500 | The Supreme Court's Greatest Hits Volume 2
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Judy Jaworski, Page 5

VA-432 | Mandalas as Art and Personal Relaxation Rose-Ann
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AT-A-GLANCE: MONDAY - THURSDAY COURSE OFFERINGS

MONDAY	<p>AH-436 The Art in Painting: Learning to See - A Workshop Thelma Appel 10 Weeks (2/20- 4/24) 1:45 - 3:15 PM \$56 In this course participants will learn how to observe and analyze the basic structure of all forms, by drawing and painting from a still-life (or photographs). You will learn about volume and pattern, primary colors, their complementaries and values, how to properly mix colors to achieve these variations, and create a unique dynamic painting.</p>	<p>CE-007 China's Friends and Foes Dr. Roger Levy 5 Weeks (3/27 - 4/24) 12:15 - 1:30 PM \$24 This course will examine the People's Republic of China's foreign policy.; in particular, its relations with the U.S., Japan, Russia, and India, anticipation of changes in American-Chinese interactions under the Trump administration; discussion of the tensions arising from China's recent territorial claims in the South China Sea and its on-going conflict with Taiwan. Also to be explored are: consequences of the Middle Kingdom's intentions to build a new "Silk Road," review of the country's odd relationship with Pakistan, and its evolving ties with the Koreas.</p>
TUESDAY	<p>HW-465 Qigong for Stress Reduction: Exercise Rooted in Chinese Medicine Maureen Goss 8 Weeks (2/21 - 4/11) 9:30 - 11:00 AM \$45 In this class participants will learn 7 simple exercises rooted in Chinese Medicine that will help you to deeply relax and energize. You will use gentle movement, breath awareness, mental focus, stillness and sound. Please wear comfortable and loose clothing.</p>	
WEDNESDAY	<p>AH-437 Behind the Scenes Tour and More Bob Burns 5 Weeks (2/22 - 3/22) 1:45PM - 3:15 PM \$28 Mattatuck Museum curators, educators, and other staff members will enlighten participants with an exploration of "special" exhibitions and its permanent "Masterpiece" collection. Students will also get the special treat of behind-the-scenes tours, and lively art and history conversations. Classes will be led by Dr. Cynthia Roznoy, Director Bob Burns, Director of Education Heather Whitehouse, Archivist Michael Dooling, and a "surprise" visiting collector.</p> <p>VA-445 Home-fired Ceramics Steven Kobylenski 10 Weeks (2/22 - 4/26) 10:15 - 11:15 AM \$38 Participants will explore the basic hand-building techniques using clay that fires between 1400 and 1800 degrees. Work will be fired in a class-made garbage can kiln. Charcoal firing will result in primitive, permanent pottery.</p> <p>LW-001 UConn Waterbury Creativity Workshop Ilvi Dulack 10 Weeks (2/22 - 4/26) 3:30 - 6:00 PM \$56 Led by actress, teacher and filmmaker, Ilvi Dulack , this workshop meets weekly to read and discuss new work, and to review projects (prose, plays and screenplays) in production. These workshops are open to everyone on campus, including students, staff and faculty, alumnae, and OLLI members. The atmosphere of the sessions is informal and non-judgmental.</p>	<p>LW-423 For the Love of Children's Literature Christine Guiditta 5 Weeks (3/29 - 4/26) 12:15 - 1:30 PM \$24 Do you have a love of children's literature, or do you want to learn more? This course offers an opportunity to revisit a wide variety of books for young readers. You will enjoy reading a selection of genres, engaging in activities utilizing books to present to a wide range of readers (pre-school to seniors), and examining their illustrators. *PLEASE NOTE: Participants should read the following books before the start of the course: <i>Charlotte's Web</i> by E.B. White and <i>The One and Only Ivan</i> by Katherine Applegate.</p>
THURSDAY	<p>PA-427 The Insiders' Broadway - A Peek at Broadway Musicals from Behind the Footlights Dr. Stuart Brown 4 Weeks (2/16 - 3/09) 10:00 - 11:00 AM \$20 In collaboration with the Palace Theater, Outer Critics Circle reviewer and host of the On Broadway radio program on WRTC for 20+ years, Stuart Brown will offer his breadth of knowledge about the making of the following Broadway musicals with an overview of the creative and production process: <i>Cinderella</i>, <i>The Sound of Music</i>, <i>Once</i>, and <i>Phantom of the Opera- Part I</i>.</p> <p>VA-432 Mandalas as Art and Personal Relaxation Rose-Ann Chrzanowski 10 Weeks (2/23 - 4/27) 10:15 - 11:45 AM \$56 Mandalas have a rich history and an artistic appeal, as well as relaxation and healing qualities. No specific artistic ability is required as this art comes from your heart and soul and explores many different art materials.</p> <p>CE-010 Making Sense of American Foreign Policy in the Middle East Ted Welsh 5 Weeks (3/9 - 4/6) 10:15 - 11:45 AM \$28 Donald Trump claims that Barack Obama "created ISIS". Israel is a long time US strategic ally, but the Israeli Prime Minister regularly snubs the American President. We will sort out these and other questions in this highly participatory class.</p>	<p>HS-497 The Civilization of Ancient Rome: Its Brilliance, Legacy, Rise and Fall Vincent Casanova 10 Weeks (2/23 - 4/27) 10:15 - 11:45 AM \$56 This course will examine the overwhelming scope of Roman civilization (i.e. its institutions, culture, and world views). The legacy of Rome, its rise and fall, and the importance of understanding Roman history today will also be explored. The course material will be explored in greater depth than that of the presenter's previous Roman civilization course.</p> <p>HW-462 All You Wanted to Know About Hypnosis: From its History to its Practice Salvatore Martone 5 Weeks (3/30 - 4/27) 12:15 - 1:30PM \$24 In this course, students will learn hypnosis, from inducing trance and deepening; to the practice. Learn about hypnosis and using the unconscious mind to create the moment behavior changes! Students will learn to master self-hypnosis as well.</p>

AT-A-GLANCE: FRIDAY COURSE OFFERINGS

8:30 - 10:00 AM

**5 Weeks
(February 17 – March 17)**

**5 Weeks
(March 24 – April 28)**

**CL-436 | Understanding Islam I Raghdah Barmo
8:30 - 10:00 AM | \$28**

This course will serve as a brief survey of the origins of Islam and will track the development of the religion into modern day. Participants will emerge with an understanding of the Abrahamic tradition as observed by many Muslims and the roles and importance of the prophets in Islam as well as the feminist qualities of the religion's early stages. This class is the first half of the two-part course. Participants who previously took this course can choose to only register for Understanding Islam II offered the last 5 weeks of the semester.



**CL-439 | Understanding Islam II | Raghdah Barmo
8:30 - 10:00 AM | \$28**

This course is the second part of a two-part course which will continue to track the development of the Islamic religion into modern day. Participants will learn about the structure and function of the Qur'an and will be able to compare and contrast the tenets of Islam to the culture and traditions of Muslim-majority countries. This course will thoroughly investigate serious topics like the concepts of sin and forgiveness, heaven and hell, etc. Participants will emerge with an understanding of day-to-day Muslim customs, rituals, and lifestyle habits.

**MU-429 | Name that Tune! Classical Music Clichés
Donna Obarowski | 8:30 - 10:00 AM | \$28**

Don't think you know much classical music? Think again! You know plenty of classical music because it's been used in movies, commercials, even cartoons – some of it so much that it's become a cliché. Each week we will examine several pieces of classical music that are already familiar because they've been used in other contexts. Find out what you already know about classical music (and what you don't know!). It's a little bit of music history, a little bit of pop culture, and little bit of fun, all in one!

**HC-405 | How to Become a Beekeeper
Alphonse Avitable | *8:45 - 10:00 AM | \$24**

Learn the fundamentals required to start your own bee colonies. Course includes three indoor sessions and two Saturday field trips to visit active bee yards.

8 - 10 Weeks (February 17 – April 28)

CL-423 | Italian: Vita E Lingua - Part IV | Nunzio DeFilippis | 10 Sessions: 2/17 - 4/28 | 9:00 - *11:45 AM | \$103

In this continuation of Italian III, we will review the textbook (completely), read short stories, write very short stories, and most importantly, practice speaking Italian. This will be followed by an enhanced Italian cultural experience to include customs and everyday life discussions, as well as viewing of segments of Italian films and operas.

Please Note: Given the tendency for room assignments to change throughout the registration period, we have not included them in this Spring catalog. Room assignments will be made available online as the Spring semester approaches. Up-to-date room charts will also be available for pick-up at the OLLI information table on the first day of classes.

AARP SMART DRIVERS COURSE



OLLI at UConn hosts the AARP 4-hour Smart Drivers Course for older drivers to help refresh driving skills and learn a few new tips. The cost is \$15 for AARP members and \$20 for non-members. Payment may be made by check (to AARP) at the start of the course. State law mandates a minimum discount of 5% on your liability insurance for 2 years for drivers 60 and over who take the course. *OLLI membership not required to register.

Choose one of the following sessions:

Session 1: Thursday April 20, 2017 • 9 AM - 1:30 PM **OR** **Session 2 :** Tuesday May 16, 2017 • 9 AM - 1:30 PM

AT-A-GLANCE: FRIDAY COURSE OFFERINGS

10:15 - 11:45 AM	5 Weeks (February 17 – March 17)	5 Weeks (March 24 – April 28)
<p>HW-417 The Alexander Technique: An Introduction to Posture, Balance, Breathing, and Movement (Part 1) Peter Anderheggen \$28</p> <p>Participants will be given the opportunity to learn improved balance, posture, and movement. They will be presented with methods of restorative rest and dynamic ways to sit, stand, walk, and use tools. In addition to readings, discussion, and brief lectures, active participation in class is encouraged. Each student will have at least one individual lesson. The course will emphasize recovery from pain, avoidance of injury, and improved balance and well-being.</p>	<p>HW-460 The Alexander Technique: Posture, Balance, Breathing, and Movement Peter Anderheggen \$28</p> <p>As a continuation of the “The Alexander Technique: An Introduction” course, participants will further be given the opportunity to learn improved balance, posture, and movement. This course is open to previous students and those who took the introductory course in the First 5 Weeks.</p>	<p>HS-501 Conversations Between Giants on Mount Rushmore Avi Isseroff \$28</p> <p>Imagine if Washington, Jefferson, Lincoln, and Roosevelt conversed with one another. Listen, perhaps join in on five, 90 minute conversations as they candidly question and sometimes criticize one another.</p>
<p>MU-449 Thinking Like a Songwriter: Developing an Awareness of Your Own Style Steve Bustamante \$28</p> <p>In this course, you will spend time discovering your own personal style of writing, and using it to write from the place that always remembers what resonates with you, from you. You will be encouraged to use what you learn in class, in all aspects of your life. We will look at examples of songwriters past and present, and seek to understand what they have to say about writing that can be applied to our own writing. Let’s think like songwriters, so we can write.</p>	<p>MU-443 Music to Enhance Well-Being Julie Cook \$28</p> <p>Through discussion and hands-on experience, members will explore how music boosts our physical and emotional well-being and reduces stress. Subject include: multicultural healing practices, chant, the power of voice, deep listening, and choosing a daily life playlist.</p>	
<p>8 - 10 Weeks (February 17 – *May 5)</p>		
<p>HW-463 Chinese Medicine: Acupressure Part III William Courtland 8 Sessions: 3/3 - 4/28 *(No class 4/14) \$45</p> <p>This course continues to examine this ancient form of bodywork and its effect on mental/physical health. Attendees will be shown how to increase their energy level by using the Five Element Symbol and also by receiving hands-on demonstrations if they wish to receive them. Attending previous Acupressure courses is not a prerequisite for attending this one.</p>		
<p>CL-423 Italian: Vita E Lingua IV Nunzio DeFilippis 10 Sessions: 2/17 - 4/28 *(9:00 - 11:45 AM) \$103</p> <p>In this continuation of Italian III, we will review the textbook (completely), read short stories, write very short stories, and most importantly, practice speaking Italian. This will be followed by an enhanced Italian cultural experience to include customs and everyday life discussions, as well as viewing of segments of Italian films and operas. (See also page 4).</p>		
<p>LW-460 Poetry Workshop: Understanding the Art of Image Peter Mulholland 10 Sessions: 2/17 - 4/28 \$56</p> <p>Participants will engage in both writing and reading poetry in this course. We will focus on the craft of poetry by discussing various poetry techniques and by inquiring into how poems communicate. Students will produce a portfolio of four original poems at the end of the semester and will be given tips on how to publish!</p>		
<p>PR-425 The Problem of Old Testament Authorship Dr. Walter Brooks 10 Sessions: 2/17 - 4/28 \$56</p> <p>Put on your Sherlock Holmesian hats; there’s a mystery to be solved. We are going to solve it. Who wrote the Old Testament? When and why? The game is afoot.</p>		
<p>PR-426 The Divine Comedy: To Heaven and Back Douglas Welsh 10 Sessions: 2/17 - 4/28 \$56</p> <p>Dante’s Divine Comedy has been called the greatest poem ever written. After a brief review of <i>Inferno</i> and <i>Purgatorio</i>, we will read and discuss <i>Paradiso</i>, the third and last part of the Divine Comedy, how it relates to the world of Dante and to our own world.</p>		
<p>VA-415 An Enriching Experience with Acrylic Painting Judy Jaworski 10 Sessions: 2/17 - 5/05 *(No class 4/28) \$56</p> <p>In this course, students will learn to develop expertise in the medium to create a personal finished painting. You will compose a color chart for your future reference as well.</p>		

AT-A-GLANCE: FRIDAY COURSE OFFERINGS

12:15 - 1:30 PM

**5 Weeks
(February 17 – March 17)**

**5 Weeks
(March 24 – *May 5)**

CO-420 | Navigating Smart Phones | Jacqueline Savo \$24 | This course is an introduction to using smart phones. Participants will learn to navigate the app store and how to use various mobile applications.



AH-438 | Draw It Up! | Lisa Arnold | \$24
The more you draw, the better you get – it's actually true! Learn how to draw what you see and get drawing tips. Demos will be given by the instructor.

HS-500 | The Supreme Court's Greatest Hits, Volume 2 Elizabeth Neuwirth | \$24
The new President will have the possibility of at least three appointments to an already closely divided but increasingly conservative Court. We will look at old and new cases on antitrust, environmental law, property "takings" law, insider trading, freedom of religion, and the rights of terrorism detainees. *The Supremes' Greatest Hits Volume 1* is not a pre-requisite for this course.

8 - 10 Weeks (February 17 – *May 5)

HW-405 | Reiki Level One | Barbara Schafer | 8 Sessions: 2/17 - 4/07 | \$38
Reiki is a caring way of energizing, restoring, and balancing the energy in our bodies. It reduces stress and produces a profound deep level of relaxation that enhances health and prevents illness, improves mental clarity, increases creativity, and promotes a sense of deep peace and well-being. Anyone can do it.

CL-440 | Italian: Vita E Lingua VIII | Nunzio DeFilippis | 10 Sessions: 2/17 - 5/05 | \$47
This course will be a continuation of Italian VII, and will involve reading, writing, and most importantly, speaking Italian at the intermediate level.

MU-450 | Dylan | Dr. Walter Brooks | 10 Sessions: 2/17 - 5/05 | \$47
"I'm the first person who'll put it to you and the last person who'll explain it to you" - the words of someone who we have known all our lives; the poetry, the songs, the music, and the "cawing, derisive voice." Get to know Bob Dylan better—Make your list of your favorite Dylan songs and join us.!

HW-464 | Healthy Eating and Thriving After 50 | Jane Sirignano | 8 Sessions: 3/03 - 5/05 *(No class 4/14 or 4/28)
***Class Time: 12:15 - 1:45 PM | \$55**
Enjoy a light lunch with many new, special recipes. Learn cooking and food preparation tips and nutrition facts – some especially for those over 50. Sessions 1-4 will focus on how to prevent and survive cancer. Sessions 5-8 will help you kick start your health.

OC-101 | OLLI Café Lunchtime Presentation Series | Presenters: See page 9 | 10 Sessions: 2/17 - 4/28 | 11:45 AM - 1:30 PM
Bring your lunch and we will provide the coffee and tea! OLLI Café presentations are open to all OLLI members. These are not courses, and cost no additional charge – OLLI Café is one of the benefits of your annual Membership. Pre-registration IS required. The weekly event features a guest speaker followed by a short Q&A session. *See page 9 for a complete Spring 2017 schedule.

Celebrating Ten Years... and Looking Forward to Many More

On Friday April 28, 2017, OLLI at UConn will hold a celebration for its 10-year anniversary. In an effort to allow all members the option to attend, all classes starting at 12:15 PM or later will not meet on Friday, April 28. Final class meetings have been scheduled for the following Friday: May 5, 2017. Thank you and we hope you can join us as we celebrate 10 years of friendship, giving, and learning at OLLI at UConn!

AT-A-GLANCE: FRIDAY COURSE OFFERINGS

1:45 - 3:15 PM	5 Weeks (February 17 – March 17)	5 Weeks (March 24 – *May 5)
<p>CO-421 Search Engines and Browsing the Web Alessia Palladino 1:45—3:15 PM \$28 Participants in this course will learn how to use web browsers on varying sites in order to search across the internet. You will also learn how to judge the accuracy of a source.</p>	<p>AH-439 Watercolor Painters Lisa Arnold 1:45 - 3:00 PM \$24 Learn about the lives and styles of five famous watercolorists—William Turner, Winslow Homer, John Singer Sargent, JM Whistler, and Paul Klee.</p>	<p>VA-446 Made in Japan: An Introduction to Japanese Films Stanley Sendzimir 1:45 - 4:15 PM \$47 The class will view five essential films to experience the mind and culture of Japan. Learn about heroism, society, identity, humanity through images, action, and narrative. Explore perspectives on a Japanese Mimesis. Guest appearances from Puccini, Gilbert, and Sullivan.</p>
<p>HS-425 European History for Travelers: Southern Italy and Eastern Europe Diane Stone 1:45 - 3:15 PM \$28 This course is a continuation of European History for Travelers: Western Europe. IT will focus on placing the leading sites in the main geographic areas from which the ancestors of most Waterbury area residents emigrated to America in social, historical, and cultural context.</p>	<p>AH-440 Needlework and Textiles Deirdre Wright 1:45 - 3:15 PM \$28 This course will take you on a journey through the world’s museums’ collections to examine the history of textile and needle work arts. Samples of works from The Americas, Europe, Africa, and Asia will be viewed and discussed using videos, Internet, and interviews with artists. Works in progress may be brought to class.</p>	<p>HW-461 Mental Health and Aging Deirdre Wright 1:45 - 3:15 PM \$28 This course will introduce students to the most up-to-date research and treatment information in the area of aging. Topics to be discussed include depression, treatments, and the most recent DSMI, along with group discussion. Self-assessment is important to maintain a healthy state of mind. Come learn about</p>
<p>VA-442 The Best Picture Musicals Part II: The 70’s to the 20-teens Paul Marino 1:45 - 4:45 PM \$56 In Part II of this non-prerequisite course, the presenter will lead class participants in an analytical review of musical films from the last 5 decades of the Academy Awards. In-class discussions will cover their cultural significance, major songs, major themes, character interactions, and crucial scenes, etc. Featured films include: Rob Marshall’s <i>Chicago</i> (2002), Fosse’s <i>Cabaret</i> (1972), Michael Apted’s <i>Coal Miner’s Daughter</i> (1980), Trousdale & Wise’s <i>Beauty and the Beast</i> (1991), and Tom Hooper’s <i>Les Miserables</i> (2012). The course will be held over five 180-minute classes.</p>	<p>HS-498 Paper Bullets: Propaganda in American History Alan Bisbort 1:45 - 3:15 PM \$28 Paul Revere may have been our first propagandist...and not because of any horse ride. Propaganda – the attempt to sway people to a particular world view – has played an important role in American history, both for good and bad. This course seeks to balance “good” propaganda (Revere, Thomas Paine, Harriet Beecher Stowe) with darker efforts (“Yellow Journalism”, Father Coughlin) in literature, visual arts, music and video. Participants are encouraged to bring an open mind.</p>	
8 - 10 Weeks (February 17 – *May 5)		
<p>CL-441 Love and Tarot Ann Marie Charest 8 Sessions: 2/17 - 4/07 1:45 - 3:15 PM \$45 Experience the joy of reading Tarot cards in a fun and interactive environment with interactive Tarot card reader Ann Marie Charest. Students will learn to interpret the meanings of major and minor Arcana Tarot cards and how to use their intuition to see beyond the basic meanings of the cards. Students will need to purchase a deck of Rider-Waite Tarot cards to use for class.</p>		
<p>CL-434 Beyond Aladdin: Culture and Poetry of the Arab Lands Raghdah Barmo and Peter Mulholland 10 Sessions: 2/17 - 5/05 1:45 - 3:15 PM \$56 This course will explore the rich culture of the land now known as the Middle East. Participants will be introduced to the origins of the Arab people and will learn about their traditions in poetry. Participants will emerge with an understanding of Arab customs and ways of life.</p>		
<p>PA-426 Opera: A Passion for the Ages Nunzio DeFilippis 10 Sessions: 2/17 - 5/05 1:45 - 3:45 PM \$75 This course will take participants on a voyage through the world of opera. The journey will begin with “Verismo” from Bizet’s “Carmen”, and move on to Mascagni’s “Cavalleria Rusticana” to Leoncavallo’s “I Pagliacci”, to Puccini’s “Il Tabarro”, to Giordano’s “Andrea Chenier”, to Cilea’s “Adriana Lecouvreur”, to Cilea’s “L’Arlesiana.”</p>		



HC-404 FROM PLANTING TO HARVEST TO TABLE: THE GREENING OF WATERBURY

Presenter: Nunzio DeFilippis

Cost: \$25 (Special Project-Reduced Fee)

Questions: Contact OLLI presenter Nunzio DeFilippis at nonnonunzio@comcast.net or at 347-743-7499

This is a one-of-a-kind learning opportunity to join a successful service learning project in support of the national focus on sustainable urban food production. This project is a partnership among the Osher Lifelong Learning Institute at UConn, Brass City Harvest, St. Vincent DePaul Soup Kitchen, and Greater Waterbury Interfaith Ministries Soup Kitchen. This project is partially funded by East Hill Woods Fund—Pathways for Seniors, Connecticut Community Foundation.



By participating in this project, you can expect a rewarding, hands-on, learning project with an avid gardener-instructor, and a deeply rewarding experience in urban gardening. Learn about soil preparation techniques, planting, growing viable seedlings, and raised-bed gardening techniques. Participants will also be provided with the opportunity to provide fresh food to Waterbury residents, and even cook and serve if they choose.

As a registered participant, you are expected to participate from the pre-growing season, through growing season, to harvest. Individuals take vacations and have other commitments that will cause them to be absent at times. Reasonable absences can be arranged with the OLLI presenter. Due to the nature of live plants, the project will require a minimum commitment of three hours a week, on Tuesdays, Thursdays, and/or Saturdays. During the growing season (mid-May to mid-July) additional gardening hours are highly encouraged. New England weather will dictate some meeting times and locations, as determined by the University and/or the OLLI presenter. Please note that significant or late winter storms could impact access to Fulton Park Farm. Registered participants in this program are considered members and volunteers of OLLI at UConn.

This course begins in early Spring and continues through Summer and early Fall. An introductory class meeting will take place on Friday, March 3rd at UConn Waterbury—time and campus location TBA.

Get Involved - Join an OLLI Club or Committee Today!

COMMITTEES	MEETING SCHEDULE	CONTACT(S)
Clubs & Activities	1st Tuesday of each month	Nancy Via: nvia@sbcglobal.net OR Delma Way: delvilway@aol.com
Editorial Review	Meetings as needed	Nancy Whitney: wrdsworth@att.net
Newsletter	2nd Tuesday of February & April	Bob Grady: yvoorg@aol.com OR Nancy Blomstrom: nblomstrom@aol.com
OLLI Café	2nd Thursday of each month	Pat Diorio: pdiorio2@optonline.net
Travel	1st Wednesday of each month	Ann Rompre: annrompre@sbcglobal.net
CLUBS	MEETING SCHEDULE	CONTACT(S)
Book Club	3rd Monday of each month	Nancy Via: nvia@sbcglobal.net
Poetry Workshop	3rd Tuesday of each month	Harriet Fotter: harriETF@me.com

*For more information on clubs and committees, and all of the volunteer opportunities OLLI at UConn has to offer, please visit: www.oli.uconn.edu or call (203) 236 - 9924.

AT-A-GLANCE: SPRING 2017 OLLI CAFÉ SCHEDULE

OLLI Café Presentation Series (OC-101): Fridays, 12:15 - 1:30 PM (MPR Rooms 113-116)

February 17	February 24
<p>Louis XIV: The Man, His Strategic Plan and the Story of Versailles Diane Stone</p> <p>As a student of European History at both the undergraduate and graduate levels, Diane Stone became fascinated by Louis XIV. Her master's thesis was on the building of Versailles, during the preparation of which she spent three months there working with the curators. Come listen to Diane present about a personal passion of hers.</p>	<p>Carrie Welton: A Book Talk Charley Monagan</p> <p>Enjoy a book talk presentation from noted author and editor of Connecticut Magazine, Charley Monagan. Monagan returns to OLLI, after teaching a course on Connecticut Icons last fall, to discuss the captivating story of Carrie Welton, an iconic figure in the Greater Waterbury area, and the subject of his most recent book.</p>
March 3	March 10
<p>Black Bears in Connecticut Paul Coburn, DEEP</p> <p>This presentation focuses on the natural history of black bears in the state, an overview of black bear habitat, diet, behavior, reproduction and current research efforts. It also provides recommendations for optimal coexistence with our black bear population.</p>	<p>Kelly's Kids Inc. Kelly Cronin</p> <p>Kelly's Kids Inc. is a non-profit youth development program located in Prospect, Connecticut. It is an after school program that stresses respect for others, lessons for life, and appropriate behavior. Using farm animals as a tool, the program helps young people learn empathy, compassion and responsibility.</p>
March 17	March 24
<p>St. Patrick's Day Celebration—Trivia OLLI Clubs and Activities Committee</p> <p>OLLI's Clubs and Activities Committee members will be hosting a game hour of Irish trivial pursuits and competition. Included in this celebration of all things Irish will be an assortment of special refreshments designed to please one's palate and make us all "Irish for a day". Members are encouraged to join in this festive celebration by the "wearing of green"</p>	<p>The Grotesque Side of Yale University Matthew Duman</p> <p>Matthew Duman will highlight an extensive selection of gargoyles and grotesques found throughout the Collegiate Gothic buildings of the Yale University campus. Using original photographs from his book: An Education in the Grotesque: The Gargoyles of Yale University, Matthew explores the artistic, historic, architectural and even humorous significance of these decorative sculptures and their role in communicating the identity of Yale University as a dynamic place of learning and enlightenment.</p>
March 31	April 7
<p>Changing Face of Southern China Edward Cocchiola</p> <p>Edward Cocchiola will discuss the six weeks he spent living and teaching in Southern China. A PowerPoint will complement an interactive presentation on the dynamic and rapidly changing far Eastern superpower.</p>	<p>The Art of Daycation Nina Lesiga</p> <p>A daycation is a one-day getaway without needing to stay overnight. Travel Artisan and Storyteller Nina Lesiga will share ways to achieve experiential, authentic and intriguing trips. In this fast paced world it's essential to refuel and to rebalance personal perspective for well-being and personal happiness. Learn about day trip possibilities and ways to achieve that "gone away" feeling. Nina was featured in the June 2016 issue of Connecticut Magazine for her Art of Daycations.</p>
April 21	April 28
<p>Waterbury Interactive: Our City, Our Neighborhoods Shakesperience Productions</p> <p>An interactive, multigenerational, live performance featuring professional actors and OLLI members!</p>	<p>OLLI at UConn 10th Anniversary Celebration!</p> <p>Join us in celebrating 10 years of friendship, giving, and learning at OLLI at UConn. The 10-year milestone event will feature a keynote presentation, live band, refreshments, and more! You will not want to miss!</p>

Bring your lunch and we will provide the coffee and tea! OLLI Café presentations are open to all OLLI members. These are not courses, and cost no additional charge – OLLI Café is one of the benefits of your annual Membership. Pre-registration IS required. The weekly event features a guest speaker followed by a short Q&A session.

AT-A-GLANCE: MAJOR HAPPENINGS, SPRING 2017

Spring 2017 Open House

Wednesday, January 11, 2017

Schedule of Events:

9:30 AM | Arrival and refreshments

10:00 AM-11:15 AM | Formal “Welcome” to OLLI and UConn’s Waterbury campus followed by a presentation from Keynote Speaker—Tracy O’Shaughnessy, Associate Features Editor for the *Republican American*

11:30 AM-12:30 PM | Sample Courses

- ◆ Acupressure with William Courtland, Room 102
- ◆ Paper Bullets with Alan Bisbort, Room 201
- ◆ Italian with Nunzio DeFilippis, Room 210
- ◆ Hypnosis with Salvatore Martone, Room 217



Celebrating 10 Years!

Friday, April 28, 2017

12:00 - 3:00 PM

SAVE THE DATE!

Join us in celebrating 10 years of friendship, giving, and learning at OLLI at UConn. The 10-year milestone event will feature a keynote presentation, live band, refreshments, and more! You will not want to miss! Stay tuned for more information.

NOTE: In an effort to allow all members the option to attend, all classes that start at 12:15 PM or later will not meet on Friday April 28 and will instead have their final class meeting on Friday May 5, 2017. Thank you and we hope you can join us as we celebrate 10 years of friendship, giving, and learning at OLLI at UConn!

Clubs and Activities Presents:

A Screening of Alfred Hitchcock’s

North by Northwest

1:00 PM - 3:30 PM, Room 119

Popcorn and refreshments will be served.

NOTE: Both events will take place at UConn’s Waterbury campus - Main Building

99 East Main Street, Waterbury, CT 06702

Calendar of Events / Important Dates

JANUARY	11: Spring 2017 Open House	13: Winter 2017 Session Begins
	17: Spring Registrations Opens (9 AM)	31: *Special Event - Syrian War Talk
FEBRUARY	8: Winter 2017 Session Ends	16: Spring 2017 Session Begins
MARCH	12: Daylight Savings Time	17: St. Patrick’s Day - Wear Green
APRIL	14: Good Friday - Campus is closed.	28: OLLI at UConn 10 Year Celebration
MAY	5: Spring 2017 Session Ends	

Interested in fun travel opportunities?

Visit www.oli.uconn.edu/oli-trips/ for a complete listing of OLLI trips, and take advantage of the discounted OLLI membership rate.

***Special Events:**

OLLI hosts celebrations, film premiers, author talks, special lectures, and other programs for OLLI members, and that are sometimes open to the general public. Visit www.oli.uconn.edu/special-events/ for a complete event listing.

Osher Lifelong Learning Institute
The University of Connecticut
99 East Main Street
Waterbury, CT 06702



CONTACT US: Phone: **203.236.9924** | Email: **osher@uconn.edu** | Website: **www.oli.uconn.edu**.

Conflict of Interest Policy The Osher Lifelong Learning Institute at the University of Connecticut Waterbury campus does not endorse any products, services, or outside organizations. OLLI presenters and speakers are prohibited from promoting products, services, or organizations while in service to OLLI (during teaching or presenting for scheduled OLLI classes or events). OLLI presenters and speakers cannot require the purchase of specific books, educational materials, or supplies from which they will benefit. OLLI does maintain partnerships with other organizations for the purpose of furthering its educational mission for members. OLLI members and presenters are encouraged to share information about educational and cultural activities outside the classroom in order to promote intellectual stimulation and expansion of the OLLI learning community beyond the University and the campus.

DIRECTIONS

The UConn Waterbury campus is located at 99 East Main Street in Waterbury, across the street from the Palace Theater. Parking and directions to the campus can be obtained from our website: www.oli.uconn.edu/parking-and-directions or by calling **203.236.9924**.

PARKING OPTIONS FOR OLLI AT UCONN

Please Visit: <http://oli.uconn.edu/parking-and-directions/>

UConn Waterbury Parking Garage

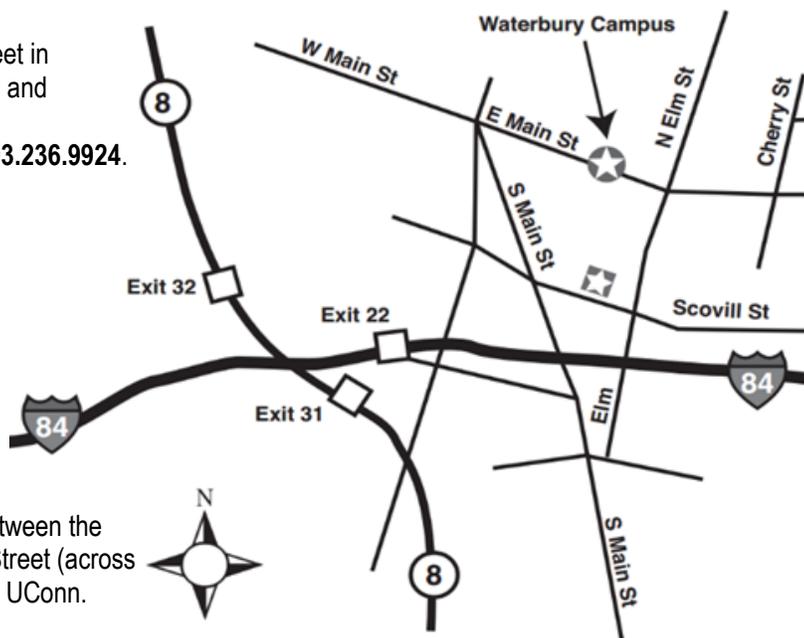
(Managed by UConn Parking Services, Storrs, CT)

Scovill Street Municipal Garage

(Managed by the City of Waterbury)

Convenient, Privately Owned Street Level Parking

Outdoor, partially covered street-level parking lot is located between the campus building and the Moriarty Building on 141 East Main Street (across from the Palace Theater). This lot is not owned or operated by UConn. Currently this lot has reasonable daily rates.



University-Issued Parking Decals: Parking Services, Storrs, CT has recently taken over management of parking at all UConn regional campuses. If you plan to park at the attached UConn ramp garage, OR the Scovill Street municipal garage (across the street), you must purchase a pass from Parking Services.

All Spring 2017 registrants will receive mail or email communication directly from Parking Services, Storrs, CT, before the start of the semester. If you will need a UConn parking pass during the Spring semester, you should submit the requested vehicle registration information directly to Parking Services.

*Note: UConn Parking Services - issued decals allow OLLI parking at the Scovill Street municipal garage Monday-Friday, and at the attached UConn ramp garage on Fridays only (2nd and 3rd floors).