(OLLI) at the University of Connecticut, Waterbury Campus

Lifelong Learning | Providing older adults with opportunities to engage in intellectual development, cultural stimulation, and social interaction.

SPRING 2016
February 19 - April 29

Spring Registration Begins: Thursday, January 21, 2016 at 9:00 AM
Visit our website for more information: olli.uconn.edu
Contact Us: Call (203) 236 – 9924 OR email osher@uconn.edu

SUMMER 2016
Save the Dates: May 31 - June 30

*During the Fall 2015 session, nearly 40 UConn Waterbury undergraduate students actively engaged with OLLI members, in and outside of the classroom. Pictures of UConn students, alongside OLLI members, can be viewed throughout this brochure.
From the OLI Coordinator

The Osher Lifelong Learning Institute at UConn Waterbury has invigorated the lives of lifelong learners from over 80 (almost half!) of Connecticut’s towns for 9 years. We are proud of our accomplishments and of meeting goals that we set for ourselves over the years. We have experienced growth in membership as well as the scope and breadth of OLI curricula.

Classes and activities are held year-round. There is always something 'going on' at OLI. Whether it’s a local or overnight trip, a get-together for games or favorite films, a committee meeting or a gathering to register for courses, our members are active in and out of class.

We maintain a curriculum stimulated by exciting new courses session by session, along with a strong body of existing courses that have stood the test of time. Courses and presenters that strengthen each curricular discipline and adhere to academic standards are what make OLI at UConn what it is to all of us – that place we want to join, to explore, to volunteer for, and to return to, week after week, year after year.

The University of Connecticut’s Waterbury Campus, our home, indeed our sanctuary, has thoughtfully and gracefully accommodated our every growth spurt, as our meetings, courses, lectures and special events have attracted more and more of you to walk these halls in search of knowledge. Each UConn department that we interface with sees us, approaches us and works with us as family, and we appreciate the efforts of all of our campus colleagues.

To our new members, welcome to OLI at UConn – we embrace and hope to fulfill your lingering curiosities. To our returning members and presenters, welcome back and enjoy another semester of growth!

We look forward to your participation in sustaining the OLI vision – to continue offering a program of learning for the community of Greater Waterbury and beyond. Find out how you can help by visiting The UConn Foundation via the “Support OLI” button on our website home page (olli.uconn.edu).

Finally, as Main Street Waterbury continues to celebrate 10 years of its focus on improving business and retail operations in the city, we encourage you to enjoy Downtown Waterbury. Please visit its restaurants and retail establishments before and after classes.

Enjoy your spring classes at OLI!

Aleta Staton, OLI at UConn Coordinator

“I am INSPIRED by the OLI members. They have reminded me how it feels to actually love learning.”

-Katlyn Sekorski, UConn undergraduate student and intergenerational course participant

Keep up with OLI on Facebook and Twitter!
ART & ART HISTORY
AH-419 | Beatniks Vs. Hippies? No Contest!
Alan Bisbort, Page 4
AH-426 | The Magic Behind the Footlights- Backstage Secrets of Waterbury’s Storied Palace Theater!
Lou Belloisy, Page 6
AH-429 | Five Great Artists, Five Different Styles
Lisa Smith Arnold, Page 5

COMPUTERS
CO-411 | Professional and Dynamic PowerPoint Presentations | Nancy Wallace, Page 4
CO-414 | iPads for Beginners
Sheila Lafferty, Page 7

CULTURE & LANGUAGE
CL-402 | Italian: Vita E Lingua (Part II)
Nunzio DeFilippis, Page 4, 5
CL-415 | Conversational French for Travelers
Mary Conseur, Page 3
CL-432 | Italian: Vita E Lingua (Part VI)
Nunzio DeFilippis, Page 5
CL-433 | Archaeological Frauds, Myths, and Mysteri
Bonnie Plourde, Page 7
CL-434 | Beyond Aladdin: Culture and Poetry of the Arab Lands | Raghdaa Barmo & Peter Mulholland, Page 7

CURRENT EVENTS
CE-007 | China’s Friends and Foes
Dr. Roger Levy, Page 3
CE-008 | Gender and Sexuality 101
Bilal Tajildeen and Elizabeth Neuwirth, Page 5

INTRODUCING: A NEW and CREATIVE UConn Waterbury Intergenerational Learning Opportunity
The Writers Workshop of Waterbury UCONN, led by acclaimed writer, Professor Thomas Dulack, and his daughter, actress, teacher and filmmaker, Ilvi Duluck, is a non-credit program for highly motivated writers who are looking to develop and refine their work. The workshop meets weekly to read and discuss new work and to review projects in production. Writers of prose, plays and screenplays are welcome. From the page to the stage, screen or website, this workshop is where highly determined and self-motivated individuals will find the support, artistic challenge and the hands on skills they need to advance their writing to the next level. These workshops are open to everyone on campus, including students, staff and faculty, alumi,ae, and OLLI members. The atmosphere of the sessions is informal and non-judgmental. Don’t miss out on this exciting intergenerational learning opportunity!

MW-001 UConn Waterbury Creativity Workshop
Dates: Wednesdays, January 27 – March 30
Time: 4:30 – 6:30PM
Room: 102
Cost: $56

HEALTH & WELLNESS
HW-405 | Reiki (Level 1)
Barbara Schafer, Page 6
HW-417 | Introduction to the Alexander Technique | Peter Anderheggen, Page 6
HW-446 | Alexander Technique: The Next Steps | Peter Anderheggen, Page 3
HW-450 | Dreaming with the Muse
Judith Dreyer, Page 5
HW-451 | To Plant a Garden is to Believe in Tomorrow | Judith Dreyer, Page 5
HW-452 | The Holistic Lifestyle: Contemporary Science Discovers Ancient Wisdom | Dr. James Prado, Page 3
HW-453 | The Power of Nutrition for Health
Jane Sirginyan, Page 6
HW-454 | Chinese Medicine: Acupressure
William Courtland, Page 6

HISTORY
HS-476 | Indiana Jones? Nope… Just a Real Archaeologist | Bonnie Plourde
Page 6
HS-478 | How to do Archaeology Without Ever Lifting a Trowel | Bonnie Plourde
Page 6
HS-485 | The Mystery of Old Testament Authorship | Dr. Walter Brooks, Page 5
HS-489 | The Case Against Abraham Lincoln | Avi Isseroff, Page 3

LITERATURE & WRITING
LM-403 | In So Many Words 2.0
Cindy Eastman, Page 4
LM-423 | For the Love of Children’s Literature | Christine Guiditta, Page 5
LM-451 | Searching for Moby Dick
Dr. James Farnham, Page 5
LM-452 | Verse, Form, and Pattern: A Workshop Where Form is Fun!
Peter Mulholland, Page 7
LM-453 | "A Mob of Scribbling Women" - Gender in American Popular Fiction
Sarah Sherman, Page 7
LM-454 | Unpacking Poetry Through Discussion
Bilal Tajildeen, Page 4

MATH & SCIENCE
MS-427 | DNA – The Cell’s Information Storehouse | Douglas Welsh
Page 7
MS-428 | Cancer, The Inside Story
Douglas Welsh, Page 7
MS-429 | Planet Earth: Our Place In The Universe | James Hannon, Page 5

MUSIC
MU-438 | Name that Tune! (ALL NEW)
Donna Obarowski, Page 4
MU-442 | Songwriting: Sharing Life’s Memories | Steve Bustamante, Page 5
MU-443 | Music to Enhance Well-being
Julie Cook, Page 6

PERFORMING ARTS
PA-423 | IL Mio Donizetti e il suo Bel Canto (Opera) | Nunzio DeFilippis
Page 7
PA-424 | A Comedy Tonight!
Paul Hammer, Page 7
PA-425 | Engage, Entertain & Inspire…
A Look into the International Festival of Arts & Ideas | Chad Herzog, Page 3

PHILOSOPHY & RELIGION
PR-409 | Reading the Gospel of John
Rev. Dr. Jim Bradley, Page 6
PR-417 | Our Visions of God: From Stone Age to New Age
Vincent Casanova
Page 3
PR-419 | The Historical Jesus
Dr. Walter Brooks, Page 6
PR-420 | What If A Machine Became Smarter Than A Human?
Charles Lasky, Page 4
PR-421 | Dante’s Inferno: To Hell and Back
Douglas Welsh, Page 5

TRAVEL
TR-401 | “Bucket List” Travel: Is Exploring To The Ends Of The Earth For You?
Diane Stone, Page 5

VISUAL ARTS
VA-415 | An Enriching Experience with Acrylic Painting | Judy Jaworski, Page 5
VA-432 | Mandalas as Art and Personal Relaxation | Rose-Ann Chrzanowski, Page 4
VA-433 | Introduction to Batik Design
Souleymane Ndiaye, Page 3
VA-434 | Advanced Batik Design
Souleymane Ndiaye, Page 7
VA-435 | Introduction to Fabric Painting
Souleymane Ndiaye, Page 3
VA-436 | The Art in Painting: A Workshop
Thelma Appel, Page 3
VA-437 | Now You See It, But You Don’t!
Dr. Virginia Bush, Page 3
VA-438 | The Aspects of Film Through 9 Great Movies
Paul Marino, Page 7
VA-439 | The Feature Films of Alejandro G. Iñárritu
Paul Marino, Page 4
### MONDAY CLASSES

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Instructor</th>
<th>Fee</th>
<th>Length</th>
<th>Start Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>CE-007</td>
<td>China’s Friends and Foes</td>
<td>Dr. Roger Levy</td>
<td>$28</td>
<td>5 Weeks</td>
<td>3/28 - 4/25</td>
<td>12:30PM – 2:00PM</td>
</tr>
<tr>
<td>VA-435</td>
<td>Introduction to Fabric Painting</td>
<td>Souleymane Ndiaye</td>
<td>$56</td>
<td>10 Weeks</td>
<td>2/22 – 4/25</td>
<td>2:15PM – 3:45PM</td>
</tr>
</tbody>
</table>

In this course, students will learn the art of resist dyeing, which is used to create batik designs. Classes will include information on the history of batik design, as well as the application of different techniques used to create authentic frameable designs.

This course will examine the People’s Republic of China’s foreign policy. In particular, we will analyze its current relations with the US, Japan, Russia, and India. We will discuss the tensions arising from China’s recent territorial claims in the South China Sea and its on-going conflict with Taiwan. We will explore the consequences of the Middle Kingdom’s intentions to build a new “Silk Road,” as well as review the country’s odd relationship with Pakistan and its evolving ties with the Koreas.

In this course, students will learn to use stencils and hand painting to paint designs and motifs directly onto fabric.

### TUESDAY CLASSES

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Instructor</th>
<th>Fee</th>
<th>Length</th>
<th>Start Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>CL-415</td>
<td>Conversational French for Travelers</td>
<td>Mary Conseur</td>
<td>$56</td>
<td>10 Weeks</td>
<td>2/23 – 4/26</td>
<td>9:00AM – 10:30AM</td>
</tr>
<tr>
<td>HW-452</td>
<td>The Holistic Lifestyle: Contemporary Science Discovers Ancient Wisdom</td>
<td>Dr. James Prado</td>
<td>$28</td>
<td>5 Weeks</td>
<td>3/29 - 4/26</td>
<td>10:45AM – 12:15PM</td>
</tr>
</tbody>
</table>

This course involves an exploration of contemporary research supporting a low-tech, natural approach to lifestyle modifications as a means of reducing the physical, social, and economic burden of chronic disease.

### WEDNESDAY CLASSES

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Instructor</th>
<th>Fee</th>
<th>Length</th>
<th>Start Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>HS-489</td>
<td>The Case Against Abraham Lincoln</td>
<td>Avi Isseroff</td>
<td>$28</td>
<td>5 Weeks</td>
<td>2/24 – 3/23</td>
<td>12:30PM – 2:00PM</td>
</tr>
<tr>
<td>VA-437</td>
<td>Now You See It, But You Don’t!</td>
<td>Dr. Virginia Bush</td>
<td>$28</td>
<td>5 Weeks</td>
<td>3/30 – 4/27</td>
<td>12:30PM - 2:00PM</td>
</tr>
<tr>
<td>PA-425</td>
<td>Engage, Entertain &amp; Inspire... A Look into the International Festival of Arts &amp; Ideas</td>
<td>Chad Herzog</td>
<td>$28</td>
<td>4 Wednesday Classes – UConn Waterbury</td>
<td>4/06 – 4/27</td>
<td>10:45AM – 12:15PM &amp; 1 Sunday Event – New Haven (4/03)</td>
</tr>
</tbody>
</table>

*Enrollees will receive a $15 discount on Prudencia Hart admission, originally $40.

### THURSDAY CLASSES

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Instructor</th>
<th>Fee</th>
<th>Length</th>
<th>Start Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>VA-436</td>
<td>The Art in Painting – A Workshop</td>
<td>Thelma Appel</td>
<td>$56</td>
<td>10 Weeks</td>
<td>2/25 – 4/28</td>
<td>12:30PM – 2:00PM</td>
</tr>
</tbody>
</table>

In this class you will create a dynamic painting – from a photograph or classroom Still Life. You will learn how to articulate pictorial space, use light and dark contrasts, learn mixing techniques for colors and their values, experiment with muted close values (tones) and contrasting high energy bright primaries to create your own unique work of art.

### AARP SMART DRIVERS COURSE

OLLI at UConn hosts the AARP 4-hour Smart Drivers Course for older drivers to help refresh driving skills and learn a few new tips. The cost is $15 for AARP members and $20 for non-members. Payment by check (to AARP) at the start of the course. State law mandates a minimum discount of 5% on your liability insurance for 2 years for drivers 60 and over who take the course. **OLLI membership not required to register.**

**Choose one of the following sessions:**

- **Tuesday, April 19th** • 12:30 PM – 5:00 PM • Instructor, Fran Escott
- **Wednesday, May 11th** • 9:00 AM – 1:30 PM • Instructor, Edward Conlan
In this course you will explore creating mandalas with various materials, including sand. This creative process requires no particular artistic talent; it comes from your heart and soul, so it has a high rate of success. Creating mandalas is a meditative experience that brings peace and relaxation.

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<tbody>
<tr>
<td>LW-445A</td>
<td>Writing On The Write Side Of Your Brain</td>
<td>Nancy Whitney</td>
<td>$28</td>
</tr>
<tr>
<td>LW-445B</td>
<td>Writing On The Write Side Of Your Brain</td>
<td>Nancy Whitney</td>
<td>$28</td>
</tr>
<tr>
<td>CO-411</td>
<td>Professional and Dynamic PowerPoint Presentations</td>
<td>Nancy Wallace</td>
<td>$28</td>
</tr>
<tr>
<td>MU-438</td>
<td>Name that Tune! (ALL NEW)</td>
<td>Donna Obarowski</td>
<td>$28</td>
</tr>
<tr>
<td>CL-402</td>
<td>Italian: Vita E Lingua (Part II)</td>
<td>Nunzio DeFilippis</td>
<td>$112</td>
</tr>
<tr>
<td>VA-439</td>
<td>The Feature Films of Alejandro G. Iñárritu</td>
<td>Paul Marino</td>
<td>$67</td>
</tr>
<tr>
<td>LW-403</td>
<td>In So Many Words 2.0</td>
<td>Cindy Eastman</td>
<td>$51</td>
</tr>
<tr>
<td>LW-454</td>
<td>Unpacking Poetry Through Discussion</td>
<td>Bilal Tajildeen</td>
<td>$56</td>
</tr>
<tr>
<td>VA-432</td>
<td>Mandalas as Art and Personal Relaxation</td>
<td>Rose-Ann Chrzanowski</td>
<td>$56</td>
</tr>
</tbody>
</table>

Please Note: While the content of this course is different from previous years, this IS a repeat of the latest installation of the course taught in Fall 2015.
<table>
<thead>
<tr>
<th>10:45 AM – 12:15 PM</th>
<th>Last 5 Weeks (April 1 - April 29)</th>
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</thead>
<tbody>
<tr>
<td><strong>First 5 Weeks (February 19 – March 18)</strong></td>
<td>**AH-429</td>
</tr>
<tr>
<td>**MS-429</td>
<td>Planet Earth: Our Place In The Universe**&lt;br&gt;James Hannon</td>
</tr>
<tr>
<td>**HW-450</td>
<td>Dreaming with the Muse**&lt;br&gt;Judith Dreyer</td>
</tr>
<tr>
<td>**LW-423</td>
<td>For the Love of Children’s Literature**&lt;br&gt;Christine Guiditta</td>
</tr>
<tr>
<td>8 - 10 Weeks (February 19 – April 29)</td>
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<tr>
<td>**HS-485</td>
<td>The Mystery of Old Testament Authorship**&lt;br&gt;Dr. Walter Brooks</td>
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<tr>
<td>**PR-421</td>
<td>Dante’s Inferno: To Hell and Back**&lt;br&gt;Douglas Welsh</td>
</tr>
<tr>
<td>**CL-402</td>
<td>Italian: Vita E Lingua (Part II)**&lt;br&gt;Nunzio DeFilippis</td>
</tr>
<tr>
<td>**LW-451</td>
<td>Searching for Moby Dick**&lt;br&gt;Dr. James Farnham</td>
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<td>**VA-415</td>
<td>An Enriching Experience with Acrylic Painting**&lt;br&gt;Judy Jaworski</td>
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<td>**CE-008</td>
<td>Gender and Sexuality 101**&lt;br&gt;Bilal Tajideen and Elizabeth Neuwirth</td>
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</tbody>
</table>
This ancient form of bodywork assists mind and body in maintaining mental and physical health. Each class will consist of a lecture defining the principles of Acupressure, the five elements, the energetic channels in the body, the internal organs, and a demonstration of the application of finger pressure to the body of any participant who wishes to receive it.

12:30 PM – 2:00 PM

First 5 Weeks (February 19 – March 18)

<table>
<thead>
<tr>
<th>Course</th>
<th>Description</th>
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<tbody>
<tr>
<td>HW-417</td>
<td>Introduction to the Alexander Technique</td>
</tr>
<tr>
<td>PR-409</td>
<td>Reading the Gospel of John</td>
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Last 5 Weeks (April 1 - April 29)

<table>
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<tr>
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<tbody>
<tr>
<td>HW-453</td>
<td>The Power of Nutrition for Health</td>
</tr>
<tr>
<td>AH-419</td>
<td>Beatniks Vs. Hippies? No Contest!</td>
</tr>
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8 - 10 Weeks (February 19 – April 29)

<table>
<thead>
<tr>
<th>Course</th>
<th>Description</th>
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<tbody>
<tr>
<td>HS-478</td>
<td>How to do Archaeology Without Ever Lifting a Trowel</td>
</tr>
<tr>
<td>HW-405</td>
<td>Reiki (Level 1)</td>
</tr>
</tbody>
</table>

This course will critically examine the gospels of the New Testament in a quest to find the historical Jesus who stands behind them.

CL-432 | Italian: Vita E Lingua (Part VI) | Nunzio DeFilippis | $56 |
This is a continuation of the course on Italian language and culture. This course will primarily be a conversation course in elementary-intermediate Italian. We will also spend time reviewing verb tenses in the past, present, and future. Participants will read Italian short stories and practice writing them in Italian as well.

Reiki is a caring way of energizing, restoring and balancing the energy in our bodies. It reduces stress and produces a profound deep level of relaxation that enhances health and prevents illness, improves mental clarity, increases creativity and promotes a sense of deep peace and well-being. Anyone can do it!
8 - 10 Weeks (February 19 – April 29)

VA-438 | The Aspects of Film Through 9 Great Movies | Paul Marino | $118 | 9 Classes (No Class 4/08)
This course will involve a chronological study of the making of a motion picture. Each class will cover one aspect of film through the analysis of a movie featuring it. Movies featured in this course include: Adaptation, Eyes Wide Shut, All About Eve, Memoirs of a Geisha, Birdman, Star Wars, Jurassic Park, Citizen Kane, and Moulin Rouge. Please note: this course is a double-session (12:30 – 4:00).

CL-434 | Beyond Aladdin: Culture and Poetry of the Arab Lands | Raghdaa Barmo & Peter Mulholland | $56
This course will explore the rich culture of the land now known as the Middle East. Participants will be introduced to its language and varying dialects, its history, and its traditions in poetry.

2:15 PM – 3:45 PM

First 5 Weeks (February 19 – March 18) | Last 5 Weeks (April 1 - April 29)

MS-427 | DNA – The Cell’s Information Storehouse
Douglas Welsh | $28
This course will present an in depth look at DNA. We will tell the exciting history of the discovery of DNA, how its structure affects its function, how the functions of DNA have evolved and how DNA is used today in the diagnosis and treatment of disease.

CO-414 | iPads for Beginners | Sheila Lafferty | $28
This five-week workshop will cover the basics of using your iPad, keeping the system up-to-date, purchasing Apps, using the camera, connecting with friends using email and social networks, searching the web, listening to music and podcasts, and watching videos. Please Note: There is VERY limited seating. If you select this course on your paper registration, please also indicate a back-up option.

MS-428 | Cancer, The Inside Story
Douglas Welsh | $28
This course will present an in depth look at cancer, including how it starts and who is at risk. We will also discuss the new and exciting field of individualized treatment for cancer.

8 - 10 Weeks (February 19 – April 29)

PA-423 | IL Mio Donizetti e il suo Bel Canto (Opera) | Nunzio DeFilippis | $56
This course will examine five great Bel Canto operas by Donizetti. From his first famous tragedy “Anna Bolena” (1830) to his first famous opera buffa “L’Elisir d’Amore” (1832), to another great tragedy, “Lucrezia Borgia” (1833), to his perhaps greatest tragedy. “Lucia di Lammermoor” (1835), to his last opera buffa, “Don Pasquale.” This course will take you on a wonderful voyage in Donizetti’s Bel Canto.

PA-424 | A Comedy Tonight | Paul Hammer | $56
Learn how to be funny and if you’re already funny, learn how to be funnier. We’ll study some of the masters of comedy from Aristophanes to Larry David (and beyond). This class will end in a performance of comedy sketches and stand-up routines – some original and some of our favorite oldies. Prepare to laugh and don’t eat anything in class or we may have to use the Heimlich maneuver. Seriously, we’re not joking!

VA-438 | The Aspects of Film Through 9 Great Movies | Paul Marino | $118 | 9 Classes - (No Class 4/08)
This course will involve a chronological study of the making of a motion picture. Each class will cover one aspect of film through the analysis of a movie featuring it. Movies featured in this course include: Adaptation, Eyes Wide Shut, All About Eve, Memoirs of a Geisha, Birdman, Star Wars, Jurassic Park, Citizen Kane, and Moulin Rouge. Please note: this course is a double-session (12:30 – 4:00).

LW-452 | Verse, Form, and Pattern: A Workshop Where Form is Fun! | Peter Mulholland | $56
The goal of this course is to delve into the history and creative possibilities of select verse forms ranging from Old English alliterative verse to the villanelle. Course participants will write four original poems (each of a different verse) and engage in critique on one another’s work. This is an opportunity for both, poetry lovers and poetry beginners to broaden their poetic spectrum! The class also concludes with one-on-one meetings where the instructor give tips on how to publish what you write during the course.

CL-433 | Archaeological Frauds, Myths, and Mysteries | Bonnie Plourde | $56
Is every archaeological discovery real? Did aliens build the pyramids? What’s the point in creating fake artifacts to begin with? This course will look into the frauds, myths, and ongoing mysteries of archaeology.

LW-453 | “A Mob of Scribbling Women” - Gender in American Popular Fiction | Sarah Sherman | $56
In this course, we will review the history and development of popular reading in America. To do this, we will take a look at historical materials, scholarly criticism, and works of fiction, and evaluate how widespread access to print relate to distinctions in literature, especially in regards to gender.

VA-434 | Advanced Batik Design | Souleymane Ndiaye | $56
In this course, students will learn to improve on the art of resist dyeing, which is used to create batik designs. Classes will include information on the history of batik design, as well as the application of different techniques used to create authentic frameable designs. This course will add layers of color and use wax and stamp blocks in addition to the blue gel glue used in the introductory course. Enrollment in the introductory course is NOT a prerequisite for this course.

Please Note: Given the tendency for room assignments to change throughout the OLLI registration period, they have not been included in this Spring catalog. Room assignments will be made available online as the Spring semester approaches. Up-to-date room charts will also be available for pick-up at the OLLI information table on the first day of classes.
<table>
<thead>
<tr>
<th>Friday, February 19</th>
<th>Friday, February 26</th>
</tr>
</thead>
</table>
| The Declaration of Independence  
John White  
The War for Independence, which founded our nation, is over, but the American Revolution goes on because it is a spiritual revolution of global dimensions. Come listen to internationally known author, John White discuss what he calls “the American Spirit” and show how it arises from the Declaration of Independence, along with the principles, ideals and values which built America. | The Barkhamsted Lighthouse Site  
Bonnie Plourde  
The remains of a small town sit on a hillside next to the Farmington River in Barkhamsted, CT. In this presentation archaeology enthusiast and OLLI instructor, Bonnie Plourde, will discuss the history, excavation, and preservation of this historic site. |

<table>
<thead>
<tr>
<th>Friday, March 3</th>
<th>Friday, March 11</th>
</tr>
</thead>
</table>
| Personal Emergency Preparedness  
Barbara Ripps  
The goal of this presentation is to provide important information that will help individuals prepare for a disaster or emergency. Disasters can happen any time and any place. Individuals who are prepared tend to cope better and get back to normal routines sooner than those who are unprepared. The program will focus on the specifics of getting a kit, making a plan and being informed. | Uncovering Venture Smith  
Luciana Lavin  
Luciana Lavin is the Director of Research and Collections at the Institute of American Indian Studies, with a wealth of experience in anthropology and archaeology. In this presentation, she will discuss the inspiring story of Broteer Furro AKA Venture Smith and the archaeological project which began in 2001, to uncover the remains of his historic property, located in Haddam, CT. |

<table>
<thead>
<tr>
<th>Friday, March 18</th>
<th>Friday, April 1</th>
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| Body Language  
Carolyn Finch  
Carolyn Finch, MS SLP is an internationally recognized Body Language Expert and an authority on speech and interpersonal communication. She combines her expertise from business, education and the medical world with entertainment talents that are memorable. Her audiences leave with practical valuable information. Carolyn’s focus is to help you understand non-verbal communication and how messages are conveyed & interpreted. | We All Have a Story to Tell – Food, Family & Tradition  
Tina Agati  
OLLI members are invited to participate in a memoir booklet that will be published and presented to all participants in summer 2016. Additional info about Literacy Volunteers and Waterbury Reads will be presented as well. |

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<th>Friday, April 8</th>
<th>Friday, April 15</th>
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| The Con Artist Playbook  
Tia Murphy  
Come listen to Tia Murphy, a representative from the AARP Fraud Watch Network, present AARP’s new campaign to fight identity theft and fraud, and give you access to information about how to protect yourself and your family. | Handwriting Analysis: “What your handwriting reveals”  
David DeWitt  
Your handwriting is a mirror of yourself and is a product of your mental capacity. Like a photograph, at a specific moment, your handwriting will reveal more about you than you may think. No matter how you are taught to write at school, your handwriting will eventually take on your own personal style and become a unique guide to your personality and character. |

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<th>Friday, April 22</th>
<th>Saturday, April 29</th>
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| Mozart’s Effect on Us: Inquiries into Music, the Brain, and the Mind  
Vincent de Luise  
Music surrounds us. It is part of who we are as humans. In this presentation, Dr. de Luise will provide deep insight into music, and attempt to answer questions, such as: How foundational is music? Did it precede language? What does music do to us neurologically and psychologically? Why does it make us happier? Why do major chords sound “happy” and minor chords sound “unhappy”? Is it our cultural bias, or is it the music? What is the “Mozart effect”? Can it make us smarter? Where does music go in the brain and in the mind? Can music be used as a healing art? Can music be another form of medicine? How does music help people with Alzheimer Disease, Parkinson Disease, or stroke? | Shakesperience Presents: “Waterbury Interactive: Our City, Our Neighborhoods,”  
Emily Mattina  
“Waterbury Interactive: Our City, Our Neighborhoods,” is now in its 4th season. It celebrates Waterbury’s unique history, neighborhood by neighborhood, through the living arts, in order to inculcate a sense of civic pride in the new generation while celebrating those who helped build it. Once the plays are created, they tour to neighborhood parks or other centralized locations to reach older adults, families and neighbors.  
*Please see page 9 for more information. |
Shakesperience Productions proudly presents "Waterbury Interactive: Our City, Our Neighborhoods." Artistic Director Emily Mattina's signature theatrical celebration of Waterbury's history, as performed and written by today's inhabitants, returns for its fourth fruitful year. Shakesperience is proud to be working with a new partner in the Osher Lifelong Learning Institute (OLLI) as we invite you to share your memories of Waterbury's past and to help shape its future as the authors and presenters of a unique communal time-capsule. Through a mixture of story-telling, song and conversation, actors and audience chart the course of a small settlement in the 17th century called Mattatuck as it blooms into the Waterbury of today, the fifth largest city in Connecticut with its many distinctive neighborhoods, including a fascinating foray into the local legends of nearby Woodbury and Middlebury. Join us as we continue to develop this one-of-a-kind program!

"Waterbury Interactive" provides our citizens with the tools, outlook, perspective and confidence that we need to engage with our community and one another in a positive, collaborative manner to foster a sense of togetherness and pride of place that is, in the words of our city's motto, "more lasting than brass." A workshop presentation, performed by Shakesperience's professional resident actors, will take place at the following dates and times: March 1, 8, 15, 22, and 29 and April 5, 12, 19, and 26 from 3-5 p.m. at the Palace Theater. Additional touring dates include April 29 (at the OLLI Cafe) and May 15-17, 24-26 (times and places TBA).

For more information, and to get a glimpse into this ground-breaking collaborative movement, please join us for an introductory presentation on Friday, January 29th, from 2:00 - 3:00 PM at UConn's Waterbury Campus (Room 113).
HC-404 FROM PLANTING TO HARVEST TO TABLE: THE GREENING OF WATERBURY

Presenter: Nunzio DeFilippis
Cost: $25 (Special Project-Reduced Fee)
Questions: Contact OLLI presenter Nunzio DeFilippis at nonnonunzio@comcast.net or at 347-743-7499

This is a one-of-a-kind learning opportunity to join a successful service learning project in support of the national focus on sustainable urban food production. This project is a partnership among the Osher Lifelong Learning Institute at UConn, Brass City Harvest, St. Vincent DePaul Soup Kitchen, and Greater Waterbury Interfaith Ministries Soup Kitchen. This project is partially funded by East Hill Woods Fund – Pathways for Seniors, Connecticut Community Foundation.

By participating in this project, you can expect a rewarding, hands-on, learning project with an avid gardener-instructor, and a deeply rewarding experience in urban gardening. Learn about soil preparation techniques, planting, growing viable seedlings, and raised-bed gardening techniques. Participants will also be provided with the opportunity to provide fresh food to Waterbury residents, and even cook and serve if they choose.

As a registered participant, you are expected to participate from the pre-growing season, through growing season, to harvest. Individuals take vacations and have other commitments that will cause them to be absent at times. Reasonable absences can be arranged with the OLLI presenter.

Due to the nature of live plants, the project will require a minimum commitment of three hours a week, on Tuesdays, Thursdays, and/or Saturdays. During the growing season (mid-May to mid-July) additional gardening hours are highly encouraged. New England weather will dictate some meeting times and locations, as determined by the University and/or the OLLI presenter. Please note that significant or late winter storms could impact access to Fulton Park Farm. Registered participants in this program are considered members and volunteers of OLLI at UConn.

This course begins in early Spring and continues through Summer and early Fall. An introductory class meeting will take place on Fri, March 4th at UConn Waterbury - time and campus location TBA.

Everyone Plays a Role in OLLI, Especially You!

UConn and the Waterbury Campus - “Our Home”
All campus rooms, maintenance, electricity, technology, public safety, library services and some salaries are donated by the campus. When you see Dr. Pizzuto or any of his staff, please offer them a big “Thank you!”

The Bernard Osher Foundation - “Our Major Benefactor”
They have provided grants, an endowment, and the possibility of future funds. All direct donations count toward demonstrating to the Bernard Osher Foundation that there is local commitment. Successful, direct fundraising from members and friends of OLLI is a requirement of obtaining future funding.

University of Connecticut Foundation, Inc. - “Our Bank”
They invest donated funds and support OLLI with fundraising. OLLI receives interest from the Osher endowment each year. Donations to the OLLI Sustainability Fund and the John & Joyce DeCesare Renaissance Fund go directly to OLLI operations.

YOU - “Our OLLI Family”
Your ideas, volunteerism, teaching, and belief in the richness of life are the lifeblood of OLLI. Every donation of every amount is valued and used efficiently for this low cost, high quality program.

If OLLI at UConn has positively impacted your life and you would like to make a donation in support of this program, please go directly to: s.uconn.edu/supportolli or contact the OLLI office at (203) 236-9924 / osher@uconn.edu to request a donation form and return envelope.

95 cents of every dollar goes directly to OLLI programming! Thank you!
The University of Connecticut’s Waterbury Campus serves more than 1,100 students annually. In more than sixty years of operation, UConn Waterbury has opened the doors to educational access and excellence to thousands of Connecticut residents, many of whom have distinguished themselves in the fields of community service, business, education, law and politics.

**CONTACT US**
For more information, call **203.236.9924**, email: osher@uconn.edu, or visit us online at [www.OLLI.uconn.edu](http://www.OLLI.uconn.edu).

**DIRECTIONS**
The UConn campus is located at 99 East Main Street in Waterbury, across the street from the Palace Theater. Parking and directions to the campus can be obtained from our website: [www.OLLI.uconn.edu/parking-and-directions](http://www.OLLI.uconn.edu/parking-and-directions) or by calling **203.236.9924**.

**PARKING OPTIONS FOR OLLI AT UCONN**

- **UConn Waterbury Parking Garage**
  (Managed by UConn Parking Services, Storrs, CT)

- **Scovill Street Municipal Garage**
  (Managed by the City of Waterbury)

**Convenient, Privately Owned Street Level Parking**
Outdoor, partially covered street-level parking lot is located between the campus building and the Moriarty Building on 141 East Main Street (across from the Palace Theater). This lot is not owned or operated by UConn. Currently this lot has reasonable daily rates.

**NOTE:** If you do not have an up-to-date UConn parking decal, and plan to utilize either University parking options (UConn Waterbury Parking garage or Scovill Street garage), you must obtain one from Parking Services, Storrs, CT.

For additional Information about parking in Downtown Waterbury please visit: [www.waterburyparking.com](http://www.waterburyparking.com)

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**University-Issued Parking Decals:** Parking Services, Storrs, CT has agreed not to charge Spring 2016 OLLI registrants for parking decals this semester. They will begin charging per semester, in Fall of 2016.

All Spring 2016 registrants will receive mail or email communication directly from Parking Services, Storrs, CT, before the start of the semester. If you will need a UConn parking pass during the Spring semester, you should submit the requested vehicle registration information directly to Parking Services.