Please examine the following list of recommended and required books and supplies for Fall 2015 OLLI at UConn courses. There will be limited availability for some of the following books at the UConn Co-op Bookstore. Most of the books and supplies listed below will have to be purchased from an external vendor.

**Note**: Any books/supplies listed as “REQUIRED” MUST be purchased as a part of your involvement in the specified course(s). Materials listed as “RECOMMENDED” are items that have been identified by the instructor(s) as beneficial in maximizing the learning potential of the course, but are NOT required.

**AH-428 Introduction to the Harlem Renaissance**
**RECOMMENDED**: *Harlem Renaissance: Politics, Arts, Letters* - Johns Hopkins University Press

**CL-401 Italian: Vita e Lingua (Part I)**
**REQUIRED**: Barron's *Learn Italian the Fast and Fun Way* ISBN: 0-7641-2530-3

**CO-414 iPads For Beginners**
**REQUIRED**: You must own or borrow an iPad and bring it to class.

**HW-417 Introduction to the Alexander Technique**
**RECOMMENDED**: Yoga Mat

**HW-433 Reiki Level II**
**REQUIRED**: *Reiki, The Healing Touch: First and Second Degree Manual* by William Rand

**HW-438 Gentle Yoga to Restore the Mind and Body**
**RECOMMENDED**: Yoga mat and light blanket (for cover)

**HW-445 When in Doubt - Breathe Out**
**RECOMMENDED**: *The Tao of Natural Breathing, for Health, Well-Being, and Inner Growth* by Dennis Lewis

**HW-446 Alexander Technique: The Next Steps**
**RECOMMENDED**: Yoga Mat

**HW-448 The Power Within**
**RECOMMENDED**: A journal and folder to put handouts in

**HS-477 American History (Part II)**
**REQUIRED**: *Island in the Center of the World* by Russell Shorto
and *The Scratch of a Pen* by Colin G. Calloway

**HS-479 World War I: Middle and End**
**REQUIRED**: *All Quiet On the Western Front* by Erich Maria Remarque
and *Paris 1919* by Margaret MacMillan

**HS-480 From Religious Dissent to Democracy in America**
**RECOMMENDED**: *A New England Town* by Kenneth Lockridge
and *The Puritan Dilemma* by Edmund Morgan

**HS-485 The Mystery of Old Testament Authorship**
**REQUIRED**: Newly Revised Version of the Bible

**LW-445 Writing On the "Write" Side of Your Brain**
**RECOMMENDED**: *Writing Down the Bones*
FALL 2015 COURSE SUPPLIES

LW-449 The Proud Sonnet: Silly Stuff Or Supreme Poetry?

MS-425 Demographics: Doomsday or An Amazing Planning Tool
RECOMMENDED: Fewer by Ben J. Wattenberg and
The Age Curve by Kenneth W. Gronbach

PD-435 Handwriting Analysis: Venture in Self-Discovery
REQUIRED: A booklet will be available for purchase during the first class meeting (approx. $20).

PD-436 Introduction to Handwriting Analysis
REQUIRED: A booklet will be available for purchase during the first class meeting (approx. $20).

PR-417 Our Visions of God
RECOMMENDED: A History of God by Karen Armstrong (1993) and
God: A Brief History by John Bowker (2002)

VA-415 An Enriching Experience with Acrylic Painting
REQUIRED: For paints, you will need a large tube of Titanium White and 2.5 oz or 35 ml tubes of Cadmium
Yellow (light), Yellow Ochre or Oxide, Naples Yellow, Cadmium Red (light), Red Oxide, Alizarin Crimson,
Cerulean Blue, Ultramarine Blue, Chromoxide Green, Hookers Green, Burnt Sienna, Burnt Umber, and Ivory
Black or Payne’s Gray. You will need a brown hair Taklon brush, a 1” Bright, ½” Bright, a No. 4 Round Detail
Sable, and a 1” Fan Brush. Other supplies that are necessary are a palette knife for mixing, 9” x 12” palette or
palette sheets, “Painter’s Pal” palette cover with sponge and sheets, Acrylic Matte Medium and Acrylic Gloss
Medium, plastic containers for water and medium, a soft wiping cloth, a pad of paper, a stretched canvas (9” x
12”, 11” x 14”), a table easel (wooden or metal), and photographs of subjects you wish to paint.
You may call the instructor for specific questions about course supplies at (203) 729-5831.

VA-432 Mandalas as Art and Personal Relaxation
REQUIRED: A list of supplies will be handed out at first class meeting.

VA-433 You Too, Can Batik
REQUIRED: Pre-washed 3 yards of muslin fabric, Fabric stretcher frame or large wooden embroidery hoops,
Elmer washable gel glue, Tjantings (tools for applying wax), Stencils in your choice, HB pencil or color chalk,
Primary fabric paint (white, yellow, blue, red, black) , brand , setacolor, Jacquard or other fabric paint, Fabric
brush, Flat brush, and Stencils brush.