Lifelong Learning

Providing adults 50 and over with opportunities to engage in intellectual development, cultural stimulation, and social interaction.
Welcome to the University of Connecticut’s Waterbury Campus!

We have been proudly delivering academic degree programs and learning experiences to the greater Waterbury community for over sixty years. The Osher Lifelong Learning Institute (OLLI) has become a great way for older adults to take a step into college life for the first time, to reconnect with higher education, or to come back to UConn. OLLI members bring a unique and positive energy to our campus through their enthusiasm and their depth of life experience in various careers, family life, and civic engagement. I am glad to see each and every one of you enter the doors of our campus each session. Have a truly inspiring OLLI Year in 2009!

William J. Pizzuto, Ph.D.
Director, UConn Waterbury Campus

Welcome to the start of another exciting semester for OLLI members and presenters. We are offering a host of courses and classes that will continue to interest, inform and please our growing OLLI family. During the preceding months, members of the OLLI Leadership Council and OLLI Committees have been working together to ensure that all of the activities of our organization meet your particular needs. Special thanks are extended to the Curriculum, Hospitality, Membership, Newsletter and OLLI Café Committee people for all their hard work and excellent results. Enjoy your OLLI semester!

Nancy Via
President, OLLI at UConn Waterbury

Let’s make 2009 a Banner Year for Learning!

Sincerely,
Brian G. Chapman, Ed.D.
Director of OLLI at UCONN

The Osher Lifelong Learning Institute at the University of Connecticut is beginning its third year! As we reflect on 2008, there are many accomplishments to celebrate.

- Nearly five hundred (500) men and women from fifty-five (55) cities and towns joined OLLI in 2008.
- OLLI sponsored or co-sponsored over ninety (90) courses, lectures, and events.
- OLLI successfully launched Musica Scalara, the intergenerational chorus of UConn Waterbury and the first public concert was presented to a packed house at the Waterbury Arts Magnet School.
- OLLI was recognized in December 2008 by the University Provost for Excellence in Outreach and Public Engagement at an Awards Ceremony in Storrs.
- OLLI continued to receive recognition by various media outlets in the region.

As we move into 2009, OLLI is pleased to note the following new programs and enhancements.

- OLLI has announced a thread of programming called the OLLI Roundtable—a series of panel discussions on relevant topics impacting all of us. The first OLLI Round Table will be moderated by former news anchor, Pat Sheehan on Monday, May 11, 2009. Details on page 30.
- OLLI is proud to announce Slavery in Connecticut: Fortune’s Story, a partnership course with the Mattatuck Museum, Waterbury Symphony Orchestra and the Palace Theater. Details on page 26.
- OLLI is sponsoring a new workshop series during the lunch time slot. This four-part series is an option during the OLLI Café time slot. Seating is limited and advance registration is required. Details on page 24.
- OLLI has introduced an Author Talk Series. Details on page 28.
- OLLI has redesigned the brochure, listing classes three different ways—by time slot, by general topic, and in a format called OLLI At-A-Glance.

Let’s make 2009 a Banner Year for Learning!
OLLI at UConn is a member-driven, community-based program offering non-credit learning experiences (courses, lectures, and special events) for mature adults who want to engage socially and intellectually with their peers as teachers and learners. Situated on an intimate, state-of-the-art university campus with traditional-age students and research faculty, OLLI also provides fertile ground for an intergenerational interaction and exchange of ideas. The urban campus reaches out to a diverse region which provides opportunities for partnership with other cultural, educational, and arts organizations.

Mission

ANNUAL MEMBERSHIP BENEFITS

OLLI operates on twelve-month membership cycles. Membership cycles extend from March to February of the following year OR September to August of the following year depending on when you joined. Members are entitled to register for courses for all sessions that occur within their membership cycle.

Membership Cycle Examples

A member who joined OLLI in spring 2008 had a membership cycle from March 2008 through February 2009. This member remains a member until August 2009 and does not pay the membership fee at this time (they will renew their membership in fall 2009).

A member joining OLLI for the first time in spring 2009 will have a membership cycle from March 2009 to February 2010.

FEES ARE NON-REFUNDABLE!

Annual OLLI Membership is $60 – membership benefits include:

- Participation in OLLI Café Activities – “A place to lunch and learn.” Members are encouraged to bring a brown bag lunch – coffee and fruit will be provided
- Opportunity to register for OLLI courses – $25 each course
- UConn Waterbury parking pass for your annual membership cycle (see directions/parking on last page for restrictions)
- Discounts for OLLI partnership events
- Entrance to Special OLLI Events
- OLLI membership card

LEARNING ACTIVITIES

The OLLI Program currently includes short-term, non-credit courses, OLLI Café (lunch and learn) activities, and special events. Most programs and classes are scheduled during daytime hours. See course descriptions for specific times.

Brown Bag OLLI Café presentations are held from 11:30 AM – 1:00 PM in the multipurpose room.

To join and register for Spring and Summer classes, please fill out the enclosed membership form and return by Tuesday, March 10, 2009

Why Lifelong Learning?

Enjoyment, fulfillment, intellectual stimulation, shared enthusiasm, challenging discussion, enriching existing friendships and forging new ones – these benefits merely begin to answer the question, “Why Lifelong Learning?”

Lifelong learning is an educational philosophy that embraces a comprehensive definition of human inquiry; educational activities can and should be available through all stages of life. We are endowed at birth with insatiable curiosity and an incredible capacity to learn. Spend a few moments watching a group of children who encounter something completely new that captures their attention and challenges their intellect. There is pure delight in the adventure of experimentation and the thrill of discovery.

The magnificent news is that there is no expiration date on inquisitiveness and imagination. Lifelong learning is a gift we give ourselves that allows us to once again experience that sense of awe and wonder, coupled with the satisfaction of mastering a new skill or adding to our store of knowledge. For adult learners, lifelong learning offers the added practical benefit of maintaining brain health.

Cognitive stimulation, otherwise known as “exercise for your brain,” is essential to maintaining high cognitive functioning in later life. “Cognition is dependent upon brain function and brain function can be improved through physical exercise and cognitive stimulation. Lifelong learning institutes offer older adults a myriad of opportunities to enhance their cognitive function.” (Simone & Sculli, 2006)

Harkening back to the days when we were encouraged to seek a well-rounded education, we now have the opportunity to engage fully and ask the deeper questions using our own life histories and those around us. Lifelong learning allows us to relish – either again or for the first time – the big ideas of art, history, music, health, philosophy, politics, religion, science and more. And not just with our contemporaries, but with people ten, twenty, or thirty years older or younger. Some OLLI courses and programs are designed to be intergenerational, with college undergraduates working alongside OLLI members. The mix of young and old in a university setting opens up new worlds of interest, reexamination, excitement, varying points of view, and sometimes a healthy level of controversy. It sets our minds, helps focus our life, and gives us new insights to the world around us. And there are no exams! So come and revel in the experience of learning for the joy of it!
### Spring Categories and Course Titles

#### SPRING COURSE TITLES AND PAGE NUMBERS

<table>
<thead>
<tr>
<th>Category</th>
<th>Course Title</th>
<th>Presenter</th>
<th>Room</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>COMPUTERS</strong></td>
<td>Demystifying Personal Computers – Basic Introduction to Computers</td>
<td>Jack Lander</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Writing the Novel You’ve Always Dreamed of Writing</td>
<td>Robert Grady</td>
<td></td>
</tr>
<tr>
<td></td>
<td>As You Like It: Writing as Transformative Art</td>
<td>Robert Grady</td>
<td></td>
</tr>
<tr>
<td></td>
<td>The Basics of Microsoft Word and Excel</td>
<td>Kathy Woods</td>
<td>15</td>
</tr>
<tr>
<td><strong>CULTURE AND LANGUAGE</strong></td>
<td>Conversation Italian for Travel II</td>
<td>Connie Trippoli</td>
<td>11</td>
</tr>
<tr>
<td></td>
<td>How to Survive the Financial Crisis</td>
<td>A. Paul Ramunni</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Radical Islam in Europe: A Primer</td>
<td>Leslie Labi</td>
<td>12</td>
</tr>
<tr>
<td><strong>HEALTH AND WELLNESS</strong></td>
<td>Food to Live For</td>
<td>Penny O’Connell</td>
<td>10</td>
</tr>
<tr>
<td></td>
<td>Observing the Human Body, its Thoughts/Emotions, for an Understanding of Health and Illness in Traditional Chinese Medicine</td>
<td>Lesli Lebl</td>
<td></td>
</tr>
<tr>
<td><strong>GEOGRAPHY</strong></td>
<td>What Branch Are You From? Researching Your Family Tree</td>
<td>Jeremy Joyell</td>
<td></td>
</tr>
<tr>
<td><strong>HISTORY</strong></td>
<td>A Lifetime Ago: Before the Death of Childhood</td>
<td>Penny O’Connell</td>
<td>10</td>
</tr>
<tr>
<td></td>
<td>American History: After the Revolution 1781-1800</td>
<td>Penny O’Connell</td>
<td>10</td>
</tr>
<tr>
<td></td>
<td>Lincoln: The Man and the Myth</td>
<td>Penny O’Connell</td>
<td>10</td>
</tr>
<tr>
<td></td>
<td>Stalin: The Man and the Myth</td>
<td>Penny O’Connell</td>
<td>10</td>
</tr>
<tr>
<td></td>
<td>Slavery in Connecticut – Fortune’s Story</td>
<td>Penny O’Connell</td>
<td>10 &amp; 26</td>
</tr>
<tr>
<td><strong>LITERATURE AND WRITING</strong></td>
<td>In Search of Herman Melville</td>
<td>Virginia Bush</td>
<td></td>
</tr>
<tr>
<td></td>
<td>“Poetry, I, too, dislike it, but...”</td>
<td>Penny O’Connell</td>
<td>10</td>
</tr>
<tr>
<td></td>
<td>The Odyssey by Homer</td>
<td>Penny O’Connell</td>
<td>10</td>
</tr>
<tr>
<td></td>
<td>Writing As Transformation Art</td>
<td>Penny O’Connell</td>
<td>10</td>
</tr>
<tr>
<td></td>
<td>Dorothy Sterba</td>
<td>Penny O’Connell</td>
<td>10</td>
</tr>
<tr>
<td></td>
<td>Writing the Novel You’re Always Dreamed of Writing</td>
<td>Penny O’Connell</td>
<td>10</td>
</tr>
<tr>
<td></td>
<td>The Persuasive Power of Statistics</td>
<td>Rosalie Griffin</td>
<td>15</td>
</tr>
<tr>
<td><strong>MATH AND SCIENCE</strong></td>
<td>The Persuasive Power of Statistics</td>
<td>Rosalie Griffin</td>
<td>15</td>
</tr>
<tr>
<td></td>
<td>Inside Great Music – Music Appreciation with a Difference</td>
<td>Julie Cook</td>
<td>11</td>
</tr>
<tr>
<td></td>
<td>Musica Scolara – UConn Intergenerational Chorus</td>
<td>Sharon Stolzman</td>
<td>10 &amp; 21</td>
</tr>
<tr>
<td><strong>PERFORMING ARTS</strong></td>
<td>Dance for the Love of It!</td>
<td>Danni Bonnemest</td>
<td>12</td>
</tr>
<tr>
<td></td>
<td>Personal Development</td>
<td>Living Funner, Part 2</td>
<td>14</td>
</tr>
<tr>
<td></td>
<td>Memories, Memories... Let Your Life Speak!</td>
<td>Sandra Josel</td>
<td>17</td>
</tr>
<tr>
<td></td>
<td>The Laws of Success</td>
<td>Edward Cormier</td>
<td>14</td>
</tr>
<tr>
<td><strong>PHILOSOPHY AND RELIGION</strong></td>
<td>Islam Friend or Feast: Religions of Compassion or Hatred? Peace or Violence?</td>
<td>Tom Grimbrough</td>
<td>17</td>
</tr>
<tr>
<td><strong>VISUAL ARTS</strong></td>
<td>Drawing on the Right Side of the Brain</td>
<td>Judy Javornik</td>
<td>13</td>
</tr>
<tr>
<td></td>
<td>Hollywood vs Hispanic Cinema: More Than a Language of Difference</td>
<td>Diego Cardenas</td>
<td>17</td>
</tr>
<tr>
<td></td>
<td>Mythological Studies: An Exploration of Cultural Mythologies as Expressed in the Visual Arts</td>
<td>Carol Rizzi</td>
<td>17</td>
</tr>
<tr>
<td></td>
<td>Transatlantic American Artists: Ex-patriots and Immigrants</td>
<td>Virginia Bush</td>
<td>14</td>
</tr>
<tr>
<td></td>
<td>Observing The Human Body... in the Odyssey by Homer</td>
<td>Virginia Bush</td>
<td>14</td>
</tr>
<tr>
<td></td>
<td>The Odyssey by Homer</td>
<td>Penny O’Connell</td>
<td>10</td>
</tr>
<tr>
<td></td>
<td>Writing As Transformation Art</td>
<td>Penny O’Connell</td>
<td>10</td>
</tr>
<tr>
<td></td>
<td>The Odyssey by Homer</td>
<td>Penny O’Connell</td>
<td>10</td>
</tr>
<tr>
<td><strong>THE LAWS OF SUCCESS</strong></td>
<td>Ed Cormier</td>
<td>Penny O’Connell</td>
<td>10</td>
</tr>
<tr>
<td><strong>THEATRE</strong></td>
<td>IN SEARCH OF HERMAN MELVILLE</td>
<td>Penny O’Connell</td>
<td>10</td>
</tr>
<tr>
<td></td>
<td>Food to Live For</td>
<td>Penny O’Connell</td>
<td>10</td>
</tr>
<tr>
<td></td>
<td>Writing the Novel You’ve Always Dreamed of Writing</td>
<td>Penny O’Connell</td>
<td>10</td>
</tr>
<tr>
<td><strong>THEODOSY BY HOMER</strong></td>
<td>Penny O’Connell</td>
<td>Penny O’Connell</td>
<td>10</td>
</tr>
<tr>
<td></td>
<td>AMERICAN ARTISTS: EX-PATRIOTS &amp; Immigrants</td>
<td>Penny O’Connell</td>
<td>10</td>
</tr>
<tr>
<td></td>
<td>Observing the Human Body... in the Odyssey by Homer</td>
<td>Penny O’Connell</td>
<td>10</td>
</tr>
<tr>
<td></td>
<td>Observing the Human Body... in the Odyssey by Homer</td>
<td>Penny O’Connell</td>
<td>10</td>
</tr>
<tr>
<td><strong>ISLAM FRIEND OR FEAST</strong></td>
<td>Tom Grimbrough</td>
<td>Penny O’Connell</td>
<td>10</td>
</tr>
<tr>
<td><strong>MUSIC</strong></td>
<td>Inside Great Music – Music Appreciation with a Difference</td>
<td>Julie Cook</td>
<td>11</td>
</tr>
<tr>
<td><strong>MUSICA SCOLARA</strong></td>
<td>Sherry Stolzman, Director, Page 10 &amp; 21 Waterbury Arts Magnet School</td>
<td>Penny O’Connell</td>
<td>10</td>
</tr>
<tr>
<td></td>
<td>Memories, Memories... Let Your Life Speak!</td>
<td>Sandra Josel</td>
<td>17</td>
</tr>
<tr>
<td></td>
<td>MUSIC SCOLARA</td>
<td>Penny O’Connell</td>
<td>10</td>
</tr>
<tr>
<td><strong>PERFORMING ARTS</strong></td>
<td>DANCE FOR THE LOVE OF IT!</td>
<td>Dovese Borosa</td>
<td>12</td>
</tr>
<tr>
<td></td>
<td>EXQUISITE CORPSES...</td>
<td>Richard Kupstis</td>
<td>13</td>
</tr>
<tr>
<td><strong>THE LAWS OF SUCCESS</strong></td>
<td>Ed Cormier</td>
<td>Penny O’Connell</td>
<td>10</td>
</tr>
<tr>
<td><strong>THEODOSY BY HOMER</strong></td>
<td>Penny O’Connell</td>
<td>Penny O’Connell</td>
<td>10</td>
</tr>
<tr>
<td><strong>WORLD MUSIC</strong></td>
<td>MUSIC SCOLARA</td>
<td>Penny O’Connell</td>
<td>10</td>
</tr>
<tr>
<td><strong>THEATRE</strong></td>
<td>IN SEARCH OF HERMAN MELVILLE</td>
<td>Penny O’Connell</td>
<td>10</td>
</tr>
<tr>
<td><strong>THEODOSY BY HOMER</strong></td>
<td>Penny O’Connell</td>
<td>Penny O’Connell</td>
<td>10</td>
</tr>
<tr>
<td></td>
<td>AMERICAN ARTISTS: EX-PATRIOTS &amp; Immigrants</td>
<td>Penny O’Connell</td>
<td>10</td>
</tr>
<tr>
<td><strong>THE LAWS OF SUCCESS</strong></td>
<td>Ed Cormier</td>
<td>Penny O’Connell</td>
<td>10</td>
</tr>
<tr>
<td><strong>THEODOSY BY HOMER</strong></td>
<td>Penny O’Connell</td>
<td>Penny O’Connell</td>
<td>10</td>
</tr>
</tbody>
</table>
### COURSE TITLES AND PAGE NUMBERS

<table>
<thead>
<tr>
<th>Category</th>
<th>Course Title</th>
<th>Instructor</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>COMPUTERS</strong></td>
<td>Demystifying Personal Computers – Basic Introduction</td>
<td>Victor Schiavi</td>
<td>18</td>
</tr>
<tr>
<td><strong>CULTURE AND LANGUAGE</strong></td>
<td>Let's Learn Spanish: Adelante!</td>
<td>Judy Kefalos</td>
<td>18</td>
</tr>
<tr>
<td><strong>CURRENT EVENTS</strong></td>
<td>Dangers of Leadership</td>
<td>Yvonne Davis</td>
<td>19</td>
</tr>
<tr>
<td><strong>HEALTH AND WELLNESS</strong></td>
<td>Food to Live For</td>
<td>Jane Sirignano</td>
<td>20</td>
</tr>
<tr>
<td><strong>HISTORY</strong></td>
<td>Messing About in Boats</td>
<td>Tom Kmetzo</td>
<td>19</td>
</tr>
<tr>
<td><strong>LITERATURE AND WRITING</strong></td>
<td>Writing As Transformative Art</td>
<td>Dorothy Sterpka</td>
<td>18</td>
</tr>
<tr>
<td><strong>MATH AND SCIENCE</strong></td>
<td>Making Peace With Bees</td>
<td>Kathy Olson</td>
<td>18</td>
</tr>
<tr>
<td><strong>MUSIC</strong></td>
<td>Singing Can be Fun and Good for You</td>
<td>Rebecca Nesmith &amp; Susan Anthony Klin</td>
<td>20</td>
</tr>
<tr>
<td><strong>PERFORMING ARTS</strong></td>
<td>Dance for the Love of it!</td>
<td>Donna Bonasera</td>
<td>19</td>
</tr>
<tr>
<td><strong>VISUAL ARTS</strong></td>
<td>Let’s Go Gallery Hopping</td>
<td>Richard Kupstis</td>
<td>18</td>
</tr>
</tbody>
</table>

### OLLI AT-A-GLANCE

**TUESDAY (JUNE 2, 9, 16, 23) 4 SESSIONS, ROOM #218**
- Writing as Transformative Art
  - Dorothy Sterpka, Page 18

**TUESDAY & WEDNESDAY (JUNE 2, 3, 10, 17, 23, 24) 6 SESSIONS, ROOM #217 ON JUNE 2 & 24**
- Let’s Go Gallery Hopping
  - Richard Kupstis, Page 18

**WEDNESDAY (JUNE 3, 10, 17, 24) 4 SESSIONS, ROOM #210**
- Making Peace With Bees
  - Kathy Olson, Page 18

**TUESDAY AND THURSDAY (JUNE 2, 4, 9, 11, 16, 18, 22, 23) 8 SESSIONS, ROOM #224**
- Demystifying Personal Computers – Basic Intro
  - Victor Schiavi, Page 18

**THURSDAY (JUNE 4, 11, 18, 25) 4 SESSIONS, ROOM 210**
- Let’s Learn Spanish: Adelante!
  - Judy Kefalos, Page 18

**TUESDAY (JUNE 2, 9, 16, 23) 4 SESSIONS, ROOM #216**
- Current Events – Dangers of Leadership
  - Yvonne R. Davis, MS, MA, Page 19

**TUESDAY AND THURSDAY (JUNE 2, 4, 9, 11, 16, 18, 22, 23) 8 SESSIONS, ROOM #210**
- Messing About in Boats
  - Tom Kmetzo, Page 19

**WEDNESDAY (JUNE 3, 10, 17, 24) 4 SESSIONS, ROOM #102**
- Dance for the Love of it!
  - Donna Bonasera, Page 19

**TUESDAY (JUNE 2, 9, 16, 23) 4 SESSIONS, ROOM #102**
- Food to Live For
  - Jane Sirignano, Page 20

**WEDNESDAY (JUNE 3, 10, 17, 24) 4 SESSIONS, ROOM #102**
- Singing Can be Fun and Good for You
  - Rebecca Nesmith & Susan Klin, Page 20
Slavery in Connecticut: Fortune’s Story — 3 Sessions

Tuesday, March 31, 6:00 PM – 7:30 PM at UConn, Waterbury Campus, Room #113
Tuesday, April 14, 6:00 PM – 7:30 PM at Mattatuck Museum Arts & History Center Saturday, April 25, 1:30 PM – 3:00 PM at Mattatuck Museum Arts & History Center (walking tour)

Learn the untold story of slavery in Connecticut, and the tragic life and death of a Waterbury captive, Fortune. The 3-session course provides all of the information you need to fully appreciate the world-premiere concert of stories and recitations performed by the OLLI Chorus in the United States and Europe. Known for her choral artistry, as well as her enthusiasm and passion for people, Shoblem has served on the faculty at Northern Illinois University, the University of Virginia-Wise, the University of Hawaii-Hilo, and Ferrum College in Virginia. She also taught elementary and high school music in northern California and Connecticut, and the tragic life and death of a Waterbury captive, Fortune. This course will provide all of the information you need to fully appreciate the world-premiere concert of stories and recitations performed by the OLLI Chorus.

Established in fall 2008, this premiere vocal workshop brings together community members who wish to join OLLI UConn students, and UConn faculty and staff to become part of Waterbury Arts Magnet School (April 14 Rehearsal)

8 Sessions – Tuesdays, March 10, 17, 24, April 7, 14, 21, 28, May 5, 12, 19, 26, June 2, 9, 16

Tickets for the performance are discounted for OLLI members and sold separately.

See Page 26 for more details.

SING WITH THE UNIVERSITY OF CONNECTICUT INTERGENERATIONAL CHORUS

Musica Scolara
8 Sessions — Tuesdays, March 10, 17, 24, 31, April 7, 14, 21, 28, 2009, 7:00 PM – 9:00 PM
Waterbury Arts Magnet School (April 14 Rehearsal)

Class sessions will concentrate on reading poems they have seen in American childhood, as well as their misconceptions about Lincoln and why historians consider him the greatest American president.

Steve McGrath received his MA in history from Trinity College. He retired from the West Hartford public schools, where he was social studies supervisor. He is currently a lecturer in history at Central Connecticut State University and Master Teacher for the Charter Oak Collaborative in Hartford, which provides staff development for teachers of American History in the greater Hartford region.

The class will continue topics from the previous session, "Conversational Italian II for Travel"

Conversational Italian II for Travel
8 Sessions — Fridays from 8:15 AM – 9:45 AM March 20, 27, April 3, 17, May 1, 8, 15
Room #210

Go ing to Italy! Want to feel more comfortable understanding the Italian language, mind and lifestyle of the people? In addition to helping members understand the language and grammar, this continuing introductory conversational course of conversational Italian will focus on the non-verbal Italian communicator, cultural differences, expectations and Italian customs and traditions to help the traveler avoid cultural blunders.

The class will continue topics from the previous session, “Conversational Italian for Travel.”

Class sessions will consist of listening and hands-on participation. Explore the specific elements of Western and World music by listening to excerpts. Then gain a deeper understanding by playing these elements using simple instruments which will be provided. As music detectives, we will listen for drone, ostinato patterns, call and response, textures, forms, rhythm patterns and other fascinating aspects of music. No prior music experience is necessary — just the pure pleasure of hearing great music and exploring it from the inside out.

Julie Cook’s music journey has included studying and playing the piano for most of her life. She studied piano at the Hartt School of Music and taught for 25 years at her studios in Newtown and Woodbury. She facilitates workshops for musicians and non-musicians for the purpose of health and self-expression. She is a member of Music for People, an organization that promotes an improvisational approach to music, where she is a leader in their four-year facilitation program.

"Poetry, I too, dislike it, but...." — 4 Sessions — Fridays from 10:00 AM – 11:30 AM March 20, 27, April 3, 17
Room #210

This is a course for those who are suspicious of poetry and who may wonder why anyone would read it. Hopefully, we go through a brief history of poetry through the ages and begin to see why poets wrote the poetry they did, it will begin to make more sense. The course will concentrate on reading poems for assignment — not interpretation! The main emphasis will be on modern poetry and how it has come to be and how poets try to communicate their thoughts and feelings in unique ways. Members might even try creating their own poetry.
The healing result of this process can result in themselves in memoirs, stories and poems. Participants will read short models of such writing and then themselves in a special way. This creative writing course is designed to help writers of all levels develop their skills. It will be an opportunity to explore the healing power of art and continue to attend workshops to deepen their understanding of the creative process.

Writing As Transformative Art
4 Sessions – Fridays from 10:00 AM – 11:30 AM
April 24, May 1, 8, 15
Room #210

This creative writing course is designed to allow members to write freely whatever is important to them in order to discover themselves in a special way. Participants will read short models of such writing and then use free writing, meditation and creative writing techniques to help them to express themselves in memoirs, stories and poems. The healing result of this process can result in understanding, playfulness and often joy.

Dorothy Sterpka is a teacher, writer and volunteer social worker. She taught English for over 30 years at UConn Hartford and now teaches at CCSU. She received an MSW from the UConn School of Social Work in 1999 and works with children and older adults. Dorothy is especially interested in the healing power of art and continues to attend seminars in art therapy, writing as therapy and psychodrama.

Radical Islam in Europe: A Primer
4 Sessions – Fridays from 10:00 AM – 11:30 AM
April 24, May 1, 8, 15
Room #203

The media are now reporting the growing impact of Islamists in Europe, whether it is terrorists planning to blow things up or activists seeking fundamental changes in European society and culture. How did this come about? This course will seek to develop the Agenda for Mideast, a description of European ideas of the Mideast and a history of the Arab/Muslim world in general. Finally, it will look at what all this means for the United States.

Leslie S. Lebl writes and lectures on Islamic and European political history. Her recent book is “Religion and the Modern Muslim World.” Her writing is featured in the Oxford Handbook of Islamic Studies and she is presently revising a book on terrorism. The new edition of this book will focus on the Islamic world and the new Muslims in the West.

American History: After the Revolution 1781 to 1800
9 Sessions – Fridays from 10:00 AM to 11:30 AM
March 27, April 3, 10, 17, May 1, 8, 15
Room #203

Explore the American Experiment in Government as the new country tried to answer the question: how much democracy should we have? The Constitutional Convention of 1787 tried to answer that question by establishing a new government that restricts the will of the people. The new system will be put to the test during the Presidencies of George Washington, John Adams and Thomas Jefferson.

Penny O’Connell has a BA in Political Science from St. Thomas College. She is a retired high school history teacher with a broad view of world history, having taught courses on the Ancient World, European and American history. She has spent years trying to unravel the mysteries of our historical past and is delighted to share her discoveries with those who have inquiring minds. Penny is a returning OLLI presenter.

Donna Bonasera is the founder and Artistic Director of CT Dance Theatre, Inc. She is one of the few Americans to receive a diploma in the Vaganova Method of Classical ballet while studying in Russia and was awarded a scholarship to study at the American Dance Machine which preserves the original choreography of Broadway musicals and film. She is the state director for National Dance Week and is recognized nationally and internationally for training high caliber dancers and for her choreography for both musical theatre and ballet. Many of her students have gone on to dance professionally in ballet companies throughout the world and are featured performers on Broadway and film. Donna is a returning OLLI presenter.

“Exquisite Corpses.”
Are You Surreal?
8 Sessions – Fridays from 10:00 AM – 11:30 AM
March 20, 27, April 3, 10, 17, May 1, 8, 15
Room #227

This course will examine the period of Modern Art known as Surrealism – with emphasis on four of the major artists of that period, Joan Arp, Joan Miro, Rene Magritte and Salvador Dali. After defining surrealism, we will see how each of the aforementioned artists fits this definition. Approximately two sessions will be spent on each artist.

Richard J. Kupstis is a retired high school art teacher and artist/craftsman who makes pottery and sculpture. He is a life member of Gallery 53 (Sculptors & Crafts Association) and a key member of Wesleyan Potters in Middletown since 1980. He is a past president of both organizations. He is married to Linda and has three grown children and three grandchildren. He has a BA in Sociology from UConn and an MS in American History from CCSU as well as cross-certification in both social studies and art.

What Branch Are You From?
Researching Your Family Tree
8 Sessions – Fridays from 10:00 AM – 11:30 AM
March 20, 27, April 3, 10, 17, May 1, 8, 15
Room #218
Classes on April 17 & 24 at #371

Do you want to know more about your family history but don’t know where to start? Then this is the course for you! It will focus on the fundamentals of genealogy. Members will learn how to organize, use and properly record information on family group sheets and pedigrees charts. Research will include the use of vital, church, census, immigration and military records. A variety of sources will be investigated including use of the Internet. A special Saturday trip to the Connecticut State Library’s Department of History and Genealogy will be included.

Polly Gunther has been teaching dance and painting for over 40 years – at the YMCA, Naugatuck Adult Education, at Heritage Village and the Naugatuck Senior Center. She studied at the Rhode Island School of Design. Judy has been listed in the Artists’ Bank of the Connecticut Commission on the Arts and was a member of the Waterart Art League (president 1980 and 1981). Her paintings have been exhibited throughout Connecticut and are in numerous private and public collections.

Demystifying Personal Computers – Basic Introduction to Computers
8 Sessions – Fridays from 10:00 AM to 11:30 AM
March 20, 27, April 3, 10, 17, May 1, 8, 15
Room #224

Whether you don’t know how to turn the computer on, recently bought your first computer or have little experience, this class is perfect for you. It will introduce you to the “mouse” and how it works, the keyboard, the difference between hardware and software and introduce the Internet. The course is hands-on learning. Come make a new friend and have fun – meet the mouse and its companion, the personal computer!

Victor Schiavi has thirty four years of computer technical experience. Proficient in many software programs, he taught a basic computer course to senior citizens at Middlesex Community College. He is currently the Director of IT, Media Services and Telecommunications at the UConn Waterbury campus.

“Has it become a bright spot in my life at 82!”

Judy Jaworski has been teaching dance and painting for over 40 years – at the YMCA, Naugatuck Adult Education, at Heritage Village and the Naugatuck Senior Center. She studied at the Rhode Island School of Design. Judy has been listed in the Artists’ Bank of the Connecticut Commission on the Arts and was a member of the Waterart Art League (president 1980 and 1981). Her paintings have been exhibited throughout Connecticut and are in numerous private and public collections.

Demystifying Personal Computers – Basic Introduction to Computers
8 Sessions – Fridays from 10:00 AM to 11:30 AM
March 20, 27, April 3, 10, 17, May 1, 8, 15
Room #224

Whether you don’t know how to turn the computer on, recently bought your first computer or have little experience, this class is perfect for you. It will introduce you to the “mouse” and how it works, the keyboard, the difference between hardware and software and introduce the Internet. The course is hands-on learning. Come make a new friend and have fun – meet the mouse and its companion, the personal computer! Victor Schiavi has thirty four years of computer technical experience. Proficient in many software programs, he taught a basic computer course to senior citizens at Middlesex Community College. He is currently the Director of IT, Media Services and Telecommunications at the UConn Waterbury campus.
Completion of a second masters degree and success. Recently celebrating this 70th all this life’s goals. Ed’s list includes the 1970s, the began teaching The Laws personal and professional assessment in completing a comprehensive nine-month through the U.S. and Europe have resulted in Rome. She has taught in New York, New Jersey and Connecticut. She has authored articles on Italian Renaissance art history and modern art and has worked in art galleries and arts administration. Her travels throughout the U.S. and Europe have resulted in a collection of about 30,000 art images.

In Search of Herman Melville
8 Sessions – Fridays from 1:15 PM – 2:45 PM March 20, 27, April 3, 17, 24, May 1, 8, 15 Room #327
The purpose of this course is to explore the philosophical and psychological issues in Melville’s writings. “Moby Dick” remains, despite its flaws, the Mount Everest of American literature, and participants will explore the novel through a close reading over five weeks. The remaining classes will explore Melville’s best known shorter works: “Billy Budd,” “Bartleby the Scrivener,” “Benito Cereno” and “Moby Dick.” Whether at the end we will be at peace with Melville’s world view remains to be seen.

Food to Live For
8 Sessions – Fridays from 1:15 PM – 3:00 PM March 20, 23, April 3, 17, 24, May 1, 8, 15 Room #102
Learn nutritional facts, special recipes, cooking instructions and enjoy food samples. The first four sessions are “Food for Life,” sponsored by The Cancer Project. Some topics are low-fat foods, fevering fiber, discovering dairy alternatives, replacing meat and planning healthy meals. Learn how certain foods and nutrients work to promote or discourage cancer growth. The second four weeks will cover grains, proteins, deciphering the nutritional facts label and practical nutritional strategies for good health. A trip to a local supermarket to see healthy food will be included. Some food items will be donated by New Morning Natural and Organics in Woodbury, Connecticut.

Writing the Novel You’ve Always Dreamed of Writing
8 Sessions – Fridays from 1:15 PM – 2:45 PM March 20, 27, April 3, 17, 24, May 1, 8, 15 Room #217
Each of us has a novel inside. If yours is itching to get out, this practical writing course will explain how to begin with action that “hooks” your readers, the role of plot, setting, characters, dialogue and point of view, the essential balance of show vs. tell and of details vs. the broad stroke. The final class will stress rewriting and working with a professional editor.

Bob Blake taught for 34 years in the Waterbury school system and retired with an intact sense of humor. A BA from UConn and an MS from Southern Connecticut State University in no way detracts from his willingness to present this overview of humor.

Transatlantic American Artists: Ex-patriots and immigrants
4 Sessions – Fridays from 1:15 PM – 2:45 PM April 24, May 1, 8, 15 Room #223
Well before today’s global art world, American artists crossed the Atlantic to expand their vision, to flee political turmoil, or to pursue greater success. In the Revolutionary and Federal periods, Gilbert Stuart and J.S. Copley benefited from their transatlantic displacement, while Europeans like Audubon and Bierstadt came to America to celebrate its natural splendors. In the 19th century, Mary Cassatt and J.S. Sargent established themselves in Europe while most sculptors went to Rome to learn academic classicism. As the United States grew in economic and aesthetic importance during the Great Wars era, artists such as Nadelman, O’Keeffe, Albers and Tanguy immigrated, and others such as Mondrian and Duchamp fled Nazi Europe.

Virginia Bush attended Wellesley College, received her PhD from Columbia University, and is a Fellow of the American Academy in Rome. She has taught in New York, New Jersey and Connecticut. She has authored articles on Italian Renaissance art history and modern art and has worked in art galleries and arts administration. Her travels throughout the U.S. and Europe have resulted in a collection of about 30,000 art images.

A Waterbury native, Rosalie Griffin received a BA in Mathematics from Albertus Magnus College and an MALS from Wesleyan University. She taught mathematics for 35 years at Crosby High School in Waterbury and presently serves as an adjunct instructor.

Course Descriptions

OLLI 2009 | 14

OLLI 2009 | 15

“i think this program is the best thing that has happened at this time in my life. i feel so enriched and have met such great people.”

OUTPUT:

Course Descriptions

The Laws of Success
4 Sessions – Fridays from 1:15 PM – 2:45 PM March 20, 23, April 3, 17 Room #204
The Laws of Success work for people you admire: the outstanding parent, the sports superstar, the influential teacher or the world-famous philanthropist. For these people success is like a habit which allows them to work smarter instead of harder. This course is for anyone who wants to define and enjoy the benefits of success. It will help identify the activities that make you productive. The only prerequisite is that you be a thinking human being with a positive attitude. Sessions will examine the proven elements of success in family life, business and personal achievement.

Edward Cormier is a great believer in the fact that if you really want to learn something, you teach it. After successfully completing a comprehensive nine-month personal and professional assessment in the 1970s, he began teaching The Laws of Success. Recently celebrating his 70th birthday, he enjoys wrapping up almost all his life’s goals. Ed’s list includes the startup of his fourth profitable company, International Education Institutes, LLC, and completion of a second masters degree and his first PhD.

Living Funner Part 2
4 Sessions – Fridays from 1:15 PM – 2:45 PM April 24, May 1, 8, 15 Room #210
Enjoy a review of comedy from silent film to films of the 1930s, 1940s and other decades. We will also view tapes and DVDs (brief episodic review) view show excerpts and enjoy the input of the members’ sense of all kinds of humor. This course is for beginning and returning OLLI members.

Bob Blake taught for 34 years in the Waterbury school system and retired with an intact sense of humor. A BA from UConn and an MS from Southern Connecticut State University in no way detracts from his willingness to present this overview of humor.

Transatlantic American Artists: Ex-patriots and immigrants
4 Sessions – Fridays from 1:15 PM – 2:45 PM April 24, May 1, 8, 15 Room #223
Well before today’s global art world, American artists crossed the Atlantic to expand their vision, to flee political turmoil, or to pursue greater success. In the Revolutionary and Federal periods, Gilbert Stuart and J.S. Copley benefited from their transatlantic displacement, while Europeans like Audubon and Bierstadt came to America to celebrate its natural splendors. In the 19th century, Mary Cassatt and J.S. Sargent established themselves in Europe while most sculptors went to Rome to learn academic classicism. As the United States grew in economic and aesthetic importance during the Great Wars era, artists such as Nadelman, O’Keeffe, Albers and Tanguy immigrated, and others such as Mondrian and Duchamp fled Nazi Europe.

Virginia Bush attended Wellesley College, received her PhD from Columbia University, and is a Fellow of the American Academy in Rome. She has taught in New York, New Jersey and Connecticut. She has authored articles on Italian Renaissance art history and modern art and has worked in art galleries and arts administration. Her travels throughout the U.S. and Europe have resulted in a collection of about 30,000 art images.

In Search of Herman Melville
8 Sessions – Fridays from 1:15 PM – 2:45 PM March 20, 27, April 3, 17, 24, May 1, 8, 15 Room #327
The purpose of this course is to explore the philosophical and psychological issues in Melville’s writings. “Moby Dick” remains, despite its flaws, the Mount Everest of American literature, and participants will explore the novel through a close reading over five weeks. The remaining classes will explore Melville’s best known shorter works: “Billy Budd,” “Bartleby the Scrivener,” “Benito Cereno” and “Moby Dick.” Whether at the end we will be at peace with Melville’s world view remains to be seen.

James F. Farnham is Professor Emeritus of Literature at Fairfield University. He holds a PhD from Case-Western Reserve University and held post-doctoral fellowships at Yale in Cognitive Anthropology and in Judaic Studies. A Waterbury native, Rosalie Griffin received a BA in Mathematics from Albertus Magnus College and an MALS from Wesleyan University. She taught mathematics for 35 years at Crosby High School in Waterbury and presently serves as an adjunct instructor.

Food to Live For
8 Sessions – Fridays from 1:15 PM – 3:00 PM March 20, 23, April 3, 17, 24, May 1, 8, 15 Room #102
Learn nutritional facts, special recipes, cooking instructions and enjoy food samples. The first four sessions are “Food for Life,” sponsored by The Cancer Project. Some topics are low-fat foods, fevering fiber, discovering dairy alternatives, replacing meat and planning healthy meals. Learn how certain foods and nutrients work to promote or discourage cancer growth. The second four weeks will cover grains, proteins, deciphering the nutritional facts label and practical nutritional strategies for good health. A trip to a local supermarket to see healthy food will be included. Some food items will be donated by New Morning Natural and Organics in Woodbury, Connecticut.

Writing the Novel You’ve Always Dreamed of Writing
8 Sessions – Fridays from 1:15 PM – 2:45 PM March 20, 27, April 3, 17, 24, May 1, 8, 15 Room #217
Each of us has a novel inside. If yours is itching to get out, this practical writing course will explain how to begin with action that “hooks” your readers, the role of plot, setting, characters, dialogue and point of view, the essential balance of show vs. tell and of details vs. the broad stroke. The final class will stress rewriting and working with a professional editor.

Jack Lander is the published author of three nonfiction books, 51 papers, and for the past twelve years has written a magazine column for inventors. A former OLLI presenter, Jack also works full time as a mentor to creative entrepreneurs and inventors, and, at “seven-something” has no plans to retire. In his corporate life as a mechanical engineer, he patented 11 inventions, most on laparoscopic surgical instruments. He is presently writing patents on 2 of his own inventions and a fourth book on marketing inventions.

The Persuasive Power of Statistics
8 Sessions – Fridays from 1:15 PM – 2:45 PM March 20, 27, April 3, 17, 24, May 1, 8, 15 Room #218
Come and have some fun with Texas Instruments’ graphing calculator and learn about the different ways to display statistics. Real-world implications of data analysis will be explored. Using this new technology, the class will learn various ways to examine and plot data and understand how easily statistics can be manipulated. Knowledge of basic arithmetic principles is the only prerequisite to participate in this class. Calculators will be provided for class use and Waterbury Arts Magnet School students will assist OLLI members.

“I think this program is the best thing that has happened at this time in my life. I feel so enriched and have met such great people.”
The Odyssey by Homer
8 Sessions – Fridays from 1:15 PM – 2:45 PM
March 20, 27, April 3, 10, 17, May 8, 15
Room #133
Homer, the most famous of Greek poets, tells the story of the Greek hero Odysseus and his 10 year journey home from the Trojan War. Participants will read the book in prose form in this course to find answers to the following questions. What is the role of the hero? What does he learn? What is the role of women? And what is the value system of Greek society as portrayed in this great novel?

Penny O’Connell is also the presenter for American History: After the Revolution 1781 to 1800.

Observing the Human Body, its Thoughts and Emotions, for an Understanding of Health and Illness in Traditional Chinese Medicine
8 Sessions – Fridays from 1:15 PM – 2:45 PM
March 20, 27, April 3, 10, 17, May 8, 15
Room #201 - Classes on April 3, 17 in Room #206
Traditional Chinese Medicine sees our physical body as living in a relationship of reciprocal maintenance with our thoughts and emotions. All three are seen as being centers of intelligence that function in partnership to maintain our physical and psychological health. This course will explore this tertiary relationship to our physical body to understand how a disruption in the harmonious functioning within any of these three centers contributes to our physical and psychological illness. Our individual role in this tertiary relationship will also be examined from the perspective of our participation in the maintenance of our health as well as our interference, which contributes to our disease. This course is for beginning or returning OLLI members.

Kathy Woods holds a Bachelor of Arts degree in Communications, a Master’s Degree in Health Administration from Western CT State University, and has over 25 years of experience in the social services field. An instructor for the CT Acquired Brain Injury (ABI) Waiver Training, Kathy holds a position on the CT TBI Advisory council, was a consultant for PC Computer Medix, and is currently the Executive Director for Living In Safe Alternatives, Inc. Computers are Kathy’s hobby. She is self-taught in repairing computers and finds it a challenge to build a PC from scratch. She teaches basic computer skills. QuickBooks Basics, MS Word and Excel Basics for businesses.

at Naugatuck Valley Community College. A returning OLLI presenter, Rosalie has provided professional development for teachers as a consultant for the Connecticut Academy of Education in Math and Science.

The Basics of Microsoft Word and Excel
7 Sessions – Fridays from 1:15 PM – 2:45 PM
March 20, 27, April 3, 10, 17, May 8, 15
Room #224 (no class on May 8)
Learn the fundamental techniques of Microsoft Word in this hands-on class. Learn how to create, edit, format, print, save and retrieve Microsoft documents. Microsoft Excel is a dynamic spreadsheet package designed to allow users to combine number crunching and outstanding results. Learn how to create, format and print spreadsheets, entering and using formulas and functions. A working knowledge of computers is a prerequisite for this class.

Kathy Woods holds a Bachelor of Arts degree in Communications, a Master’s Degree in Health Administration from Western CT State University, and has over 25 years of experience in the social services field. An instructor for the CT Acquired Brain Injury (ABI) Waiver Training, Kathy holds a position on the CT TBI Advisory council, was a consultant for PC Computer Medix, and is currently the Executive Director for Living In Safe Alternatives, Inc. Computers are Kathy’s hobby. She is self-taught in repairing computers and finds it a challenge to build a PC from scratch. She teaches basic computer skills. QuickBooks Basics, MS Word and Excel Basics for businesses.

The Odyssey by Homer
8 Sessions – Fridays from 1:15 PM – 2:45 PM
March 20, 27, April 3, 10, 17, May 8, 15
Room #133
Homer, the most famous of Greek poets, tells the story of the Greek hero Odysseus and his 10 year journey home from the Trojan War. Participants will read the book in prose form in this course to find answers to the following questions. What is the role of the hero? What does he learn? What is the role of women? And what is the value system of Greek society as portrayed in this great novel?

Penny O’Connell is also the presenter for American History: After the Revolution 1781 to 1800.

Observing the Human Body, its Thoughts and Emotions, for an Understanding of Health and Illness in Traditional Chinese Medicine
8 Sessions – Fridays from 1:15 PM – 2:45 PM
March 20, 27, April 3, 10, 17, May 8, 15
Room #201 - Classes on April 3, 17 in Room #206
Traditional Chinese Medicine sees our physical body as living in a relationship of reciprocal maintenance with our thoughts and emotions. All three are seen as being centers of intelligence that function in partnership to maintain our physical and psychological health. This course will explore this tertiary relationship to our physical body to understand how a disruption in the harmonious functioning within any of these three centers contributes to our physical and psychological illness. Our individual role in this tertiary relationship will also be examined from the perspective of our participation in the maintenance of our health as well as our interference, which contributes to our disease. This course is for beginning or returning OLLI members.

Kathy Woods holds a Bachelor of Arts degree in Communications, a Master’s Degree in Health Administration from Western CT State University, and has over 25 years of experience in the social services field. An instructor for the CT Acquired Brain Injury (ABI) Waiver Training, Kathy holds a position on the CT TBI Advisory council, was a consultant for PC Computer Medix, and is currently the Executive Director for Living In Safe Alternatives, Inc. Computers are Kathy’s hobby. She is self-taught in repairing computers and finds it a challenge to build a PC from scratch. She teaches basic computer skills. QuickBooks Basics, MS Word and Excel Basics for businesses.

at Naugatuck Valley Community College. A returning OLLI presenter, Rosalie has provided professional development for teachers as a consultant for the Connecticut Academy of Education in Math and Science.

The Basics of Microsoft Word and Excel
7 Sessions – Fridays from 1:15 PM – 2:45 PM
March 20, 27, April 3, 10, 17, May 8, 15
Room #224 (no class on May 8)
Learn the fundamental techniques of Microsoft Word in this hands-on class. Learn how to create, edit, format, print, save and retrieve Microsoft documents. Microsoft Excel is a dynamic spreadsheet package designed to allow users to combine number crunching and outstanding results. Learn how to create, format and print spreadsheets, entering and using formulas and functions. A working knowledge of computers is a prerequisite for this class.

Kathy Woods holds a Bachelor of Arts degree in Communications, a Master’s Degree in Health Administration from Western CT State University, and has over 25 years of experience in the social services field. An instructor for the CT Acquired Brain Injury (ABI) Waiver Training, Kathy holds a position on the CT TBI Advisory council, was a consultant for PC Computer Medix, and is currently the Executive Director for Living In Safe Alternatives, Inc. Computers are Kathy’s hobby. She is self-taught in repairing computers and finds it a challenge to build a PC from scratch. She teaches basic computer skills. QuickBooks Basics, MS Word and Excel Basics for businesses.

The Odyssey by Homer
8 Sessions – Fridays from 1:15 PM – 2:45 PM
March 20, 27, April 3, 10, 17, May 8, 15
Room #133
Homer, the most famous of Greek poets, tells the story of the Greek hero Odysseus and his 10 year journey home from the Trojan War. Participants will read the book in prose form in this course to find answers to the following questions. What is the role of the hero? What does he learn? What is the role of women? And what is the value system of Greek society as portrayed in this great novel?

Penny O’Connell is also the presenter for American History: After the Revolution 1781 to 1800.

Observing the Human Body, its Thoughts and Emotions, for an Understanding of Health and Illness in Traditional Chinese Medicine
8 Sessions – Fridays from 1:15 PM – 2:45 PM
March 20, 27, April 3, 10, 17, May 8, 15
Room #201 - Classes on April 3, 17 in Room #206
Traditional Chinese Medicine sees our physical body as living in a relationship of reciprocal maintenance with our thoughts and emotions. All three are seen as being centers of intelligence that function in partnership to maintain our physical and psychological health. This course will explore this tertiary relationship to our physical body to understand how a disruption in the harmonious functioning within any of these three centers contributes to our physical and psychological illness. Our individual role in this tertiary relationship will also be examined from the perspective of our participation in the maintenance of our health as well as our interference, which contributes to our disease. This course is for beginning or returning OLLI members.

Kathy Woods holds a Bachelor of Arts degree in Communications, a Master’s Degree in Health Administration from Western CT State University, and has over 25 years of experience in the social services field. An instructor for the CT Acquired Brain Injury (ABI) Waiver Training, Kathy holds a position on the CT TBI Advisory council, was a consultant for PC Computer Medix, and is currently the Executive Director for Living In Safe Alternatives, Inc. Computers are Kathy’s hobby. She is self-taught in repairing computers and finds it a challenge to build a PC from scratch. She teaches basic computer skills. QuickBooks Basics, MS Word and Excel Basics for businesses.
Writing As Transformative Art

4 Sessions from 10:15 AM – 11:45 AM
Tuesdays, June 2, 9, 16 and 23
Room #218

This creative writing course is designed to allow members to write freely whatever is important to them in order to discover themselves in a special way. Participants will read short models of such writing and then use free writing, meditation and creative writing techniques to help them to express themselves in memoirs, stories and poems. The healing result of this process can result in understanding, playfulness and often joy.

Dorothy Sterpka taught Writing As Transformative Art in the spring session.

Making Peace With Bees

4 Sessions from 10:15 AM – 11:45 AM
Wednesday, June 3, 10, 17, 24
Room #210

Learn about the industrious little honeybees (and other bees) so you can avoid getting stung. Learn about the anatomy of the honeybee, the biography of the honeybee and the workings in the beehive. Dead bees will be viewed, along with charts and other visual materials to help understand and respect bees. CCD (colony collapse disorder) and other diseases in bee colonies will be discussed and different honeys made from the nectar of various flowers will be tasted.

Kathy Olson is a retired elementary school teacher who taught in the Wallingford school system for 35 years. With no AC or screens in her classroom, she had to deal with bees in the classroom and Outside at recess. Therefore she developed a special bee course for students of all grade levels. Kathy does not keep bees, but is a member of the Connecticut Beekeepers Association, enabling her to keep up with the latest developments in the scientific world of honeybees. Her teachings have dubbed her The Bee Lady.

Dorothy Sterpka taught Making Peace With Bees in the Spring/Summer 2009 session.

Demystifying Personal Computers – Basic Introduction to Computers

8 Sessions – Tuesdays and Thursdays from 10:15 AM – 11:45 AM
June 2, 4, 9, 11, 16, 18, 23, 25
Room #224

Whether you don't know how to turn the computer on, recently bought your first computer or have little experience, this class is perfect for you. It will introduce you to the “mouse” and how it works, the keyboard, the difference between hardware and software and introduce the Internet. The course is hands-on learning. Come make a new friend and have fun – meet the mouse and its companion, the personal computer!

Victor Schiavi taught this class in the spring session.

with charts and other visual materials to help understand and respect bees. CCD (colony collapse disorder) and other diseases in bee colonies will be discussed and different honeys made from the nectar of various flowers will be tasted.

Kathy Olson is a retired elementary school teacher who taught in the Wallingford school system for 35 years. With no AC or screens in her classroom, she had to deal with bees in the classroom and outside at recess. Therefore she developed a special bee course for students of all grade levels. Kathy does not keep bees, but is a member of the Connecticut Beekeepers Association, enabling her to keep up with the latest developments in the scientific world of honeybees. Her teachings have dubbed her The Bee Lady.

Dorothy Sterpka taught Making Peace With Bees in the Spring/Summer 2009 session.

Demystifying Personal Computers – Basic Introduction to Computers

8 Sessions – Tuesdays and Thursdays from 10:15 AM – 11:45 AM
June 2, 4, 9, 11, 16, 18, 23, 25
Room #224

Whether you don't know how to turn the computer on, recently bought your first computer or have little experience, this class is perfect for you. It will introduce you to the “mouse” and how it works, the keyboard, the difference between hardware and software and introduce the Internet. The course is hands-on learning. Come make a new friend and have fun – meet the mouse and its companion, the personal computer!

Victor Schiavi taught this class in the spring session.

with charts and other visual materials to help understand and respect bees. CCD (colony collapse disorder) and other diseases in bee colonies will be discussed and different honeys made from the nectar of various flowers will be tasted.

Kathy Olson is a retired elementary school teacher who taught in the Wallingford school system for 35 years. With no AC or screens in her classroom, she had to deal with bees in the classroom and outside at recess. Therefore she developed a special bee course for students of all grade levels. Kathy does not keep bees, but is a member of the Connecticut Beekeepers Association, enabling her to keep up with the latest developments in the scientific world of honeybees. Her teachings have dubbed her The Bee Lady.

Dorothy Sterpka taught Making Peace With Bees in the Spring/Summer 2009 session.

Demystifying Personal Computers – Basic Introduction to Computers

8 Sessions – Tuesdays and Thursdays from 10:15 AM – 11:45 AM
June 2, 4, 9, 11, 16, 18, 23, 25
Room #224

Whether you don't know how to turn the computer on, recently bought your first computer or have little experience, this class is perfect for you. It will introduce you to the “mouse” and how it works, the keyboard, the difference between hardware and software and introduce the Internet. The course is hands-on learning. Come make a new friend and have fun – meet the mouse and its companion, the personal computer!

Victor Schiavi taught this class in the spring session.

with charts and other visual materials to help understand and respect bees. CCD (colony collapse disorder) and other diseases in bee colonies will be discussed and different honeys made from the nectar of various flowers will be tasted.

Kathy Olson is a retired elementary school teacher who taught in the Wallingford school system for 35 years. With no AC or screens in her classroom, she had to deal with bees in the classroom and outside at recess. Therefore she developed a special bee course for students of all grade levels. Kathy does not keep bees, but is a member of the Connecticut Beekeepers Association, enabling her to keep up with the latest developments in the scientific world of honeybees. Her teachings have dubbed her The Bee Lady.

Dorothy Sterpka taught Making Peace With Bees in the Spring/Summer 2009 session.

Demystifying Personal Computers – Basic Introduction to Computers

8 Sessions – Tuesdays and Thursdays from 10:15 AM – 11:45 AM
June 2, 4, 9, 11, 16, 18, 23, 25
Room #224

Whether you don't know how to turn the computer on, recently bought your first computer or have little experience, this class is perfect for you. It will introduce you to the “mouse” and how it works, the keyboard, the difference between hardware and software and introduce the Internet. The course is hands-on learning. Come make a new friend and have fun – meet the mouse and its companion, the personal computer!

Victor Schiavi taught this class in the spring session.

with charts and other visual materials to help understand and respect bees. CCD (colony collapse disorder) and other diseases in bee colonies will be discussed and different honeys made from the nectar of various flowers will be tasted.

Kathy Olson is a retired elementary school teacher who taught in the Wallingford school system for 35 years. With no AC or screens in her classroom, she had to deal with bees in the classroom and outside at recess. Therefore she developed a special bee course for students of all grade levels. Kathy does not keep bees, but is a member of the Connecticut Beekeepers Association, enabling her to keep up with the latest developments in the scientific world of honeybees. Her teachings have dubbed her The Bee Lady.

Dorothy Sterpka taught Making Peace With Bees in the Spring/Summer 2009 session.

Demystifying Personal Computers – Basic Introduction to Computers

8 Sessions – Tuesdays and Thursdays from 10:15 AM – 11:45 AM
June 2, 4, 9, 11, 16, 18, 23, 25
Room #224

Whether you don't know how to turn the computer on, recently bought your first computer or have little experience, this class is perfect for you. It will introduce you to the “mouse” and how it works, the keyboard, the difference between hardware and software and introduce the Internet. The course is hands-on learning. Come make a new friend and have fun – meet the mouse and its companion, the personal computer!

Victor Schiavi taught this class in the spring session.

Current Affairs – Dangers of Leadership

4 Sessions from 12:00 PM – 1:30 PM
Tuesdays, June 2, 9, 16, 23
Room #218

This course will take a provocative look at the dangers leaders face when they lead. Analyzing the leadership of former New York Governor Eliot Spitzer, Pakistan’s Benazir Bhutto, Governor Rod Blagojevich, Eiron CEO Ken Lay and others, we will engage in a discussion on the dangers leaders fall into and how decisions leaders make impact their vision, goals, outcome and their constituencies. We will examine how dangers befall a leader from a media perspective and how a leader gets into trouble when he/she becomes the focal point of a controversy or problem and how leaders fall into trouble due to their own hungers or weaknesses in their character. Therefore, when leaders lose their footing, they can be destroyed along with the vision or the followers they influence.

Yvonne R. Davis, MS, MA owns and operates DAVIS Communications. She has experience in marketing, public government and community relations and event planning and has done professional training and leadership development. Having traveled to 52 countries, her firm is now recognized in the U.S., Europe, Asia, Africa and the Middle East. Yvonne is a doctoral candidate for the Thievery Graduate School of Leadership in Brussels, Belgium. She has an M1S in Leadership and Business Ethics from Duquesne University and an MA in Political Science from the University of Connecticut. She has a BA in Mass Communications and Political Science from the University of Hartford (Magna Cum Laude). She is an Adjunct Professor at the University of Hartford, teaching Political Leadership and writing for the Huffington Post.

Dance for the Love of It!

4 Sessions from 12:00 PM – 1:30 PM
Wednesdays, June 3, 10, 17, 24
Room #102

This movement course will take a look at the positive effects dance has on our well-being: mind, body and soul, and the health benefits derived from social dancing. It will cover how dance impacts our culture and social environment, the different styles of dance over the decades – from the 1920s to the 1980s – along with studying the artists who made these social dances popular, such as Fred Astaire and Gene Kelly.

Donna Bonasera taught Dance for the Love of It! in the spring session.

I leave with new eyes!
Course Descriptions

Food to Live For
4 Sessions from 1:45 PM – 3:15 PM
Tuesdays, June 2, 9, 16 and 23
Room #102
Learn nutritional facts, special recipes, cooking instructions and enjoy food samples. Topics covered are carbohydrates, deciphering the nutritional facts label, and practical nutritional strategies for good health. A trip to a local supermarket to see healthy food will be included. Some food items will be donated by new Morning Natural and Organics in Woodbury, Connecticut.

Jane Sirignano has taught this popular food/nutrition course since the OLLI inaugural session.

Singing Can be Fun and Good for You
4 Sessions from 1:45 – 3:15 PM
Wednesdays, June 3, 10, 17, 24
Room #102
Bring along your favorite song or aria and learn the art of voice production through correct breathing, voice placement, diction and projection to enhance your ability to make it fun and easy to sing. All voice types and levels of talent are welcome, with class focus on learning to sing well for the joy of it and as a healthy outlet to the stress of everyday life. Classes will cover the basics of how to produce a full, healthy sound, followed by favorite ensemble pieces and individual coaching.

Rebecca Nesmith started her musical career in NYC performing under Laszlo Halasz, founder and conductor of the NYC Opera. Her 40-year career includes performances with the Long Island Opera Company, Amato Opera and NYC Grand Opera. She was a Metropolitan Opera scholarship winner, a YMCA National Singers’ award winner and runner up in the first Luciano Pavarotti Opera Competition.

Susan Anthony Klein, Accompanist, is well known to local musicians. A graduate of Western Connecticut State University with a performance degree in clarinet and piano, she was the piano accompanist for David Randolf and the St. Cecilia Chorus in NYC. She has been rehearsal accompanist for the Connecticut Chorale Society, St. John’s Chorales and a Choir Director for the Salem Covenant Church in Washington, Connecticut.

Rehearsals: Tuesdays, March 10 – April 28, 2009
7:00 – 9:00 PM
Rehearsal location: Waterbury Arts Magnet School
(April 14 at UConn, Room #102)
Cost for paid OLLI members to join the Chorus is $25 per semester. An additional small cost for sheet music will be required.

Vocal Placement Appointments
Date: Monday and Tuesday, March 2 and 3, 2009
Location: UConn Room #102

Established in fall 2008, this premiere vocal ensemble is committed to performing outstanding repertoire. It sings well-known choral masterworks, as well as small-ensemble choral literature. The group seeks to nurture a love for, and global awareness of, music from many cultures. OLLI members, community members who wish to join OLLI, UConn students, and UConn faculty and staff are invited to join Musica Scolara, the first intergenerational OLLI Chorus in the United States.

Singers interested in the music of the masters are encouraged to schedule a vocal placement meeting at UConn, Waterbury. This meeting is very informal to help the conductor place each singer in the appropriate voice part. There is no need to bring printed music or memorize any songs.

CALL 203-236-9924 TO SCHEDULE A VOICE PLACEMENT APPOINTMENT.

Sharon Shoblom-Van Nest, Director of Musica Scolara, holds a Bachelor of Music degree from San Francisco State University, graduating with Honors, a Master of Music degree from Colorado State University and a Doctorate of Musical Arts degree from the Conservatory of Music at the University of Missouri-Kansas City. Her professional music career spans thirty years of playing, singing and conducting in the United States and Europe. Known for her choral artistry, as well as her enthusiasm and passion for people, Shoblom has served on the faculty at Northern Illinois University, the University of Virginia-Wise, the University of Hawaii-Hilo, and Ferrum College in Virginia. She also taught elementary and high school music in northern California.

“The program is diversified enough to have something for everyone. It is very organized and friendly.”
A venue for the exchange of ideas and experiences focusing on improving the quality of life. The goal of OLLI Café is to have presentations and activities with themes such as Health and Wellness, Arts and Culture, and Current Events.

Bring your lunch and we will provide the coffee and fruit! OLLI Café presentations are open to all OLLI members. These are not courses. Pre-registration is not required. The weekly event features a guest speaker followed by a short Q&A session.

Fridays—Room #113 • 11:30 – 12:00 Lunch • 12:00 – 1:00 Speaker Presentation

MARCH 20, 2009
The Benefits of Reiki
Reiki is a safe, non-invasive, caring way of energizing, restoring and balancing the energy centers in our bodies. The Reiki practitioner uses a variety of hand positions on and off the body, while the individual is fully clothed. The proven benefits include: stress reduction, relaxation, physical healing of disease, surgical wounds, improved mental clarity, and a sense of peace and well-being.
Barbara Schafer, RN, APRN, MSN, CHTP/IP, RMT, has been a Reiki Master Practitioner and teacher since 1995. She has a private practice doing Reiki, healing touch. She volunteers in the new Cancer Center at Griffin Hospital offering therapeutic touch and Reiki. Her expertise is in energy healing.

MARCH 27, 2009
The Role of Women in Ancient Maya Politics
Royal women appeared in Maya art only when they served a political function. Prior to the mid 6th century and after the 8th century, with a few exceptions, women were not portrayed in public art. Once a politics reached its goal, women were not important enough to politics building to be publicly portrayed. The royal women in this presentation are Musca Negra (Guatemala), Lady Kutan Ahau Naranjo (Guatemala), Lady Xoc & Lady Il Skull Palenque (Mexico) and Lady Zak Kuk.

OULLI member, Nadzia Borowsk has had a strong interest in the Ancient Maya since her first view of the Castillo at Chichen Itza. During her many years of travels, in the company of well-known and respected archaeologists, she visited major archeological sites in Guatemala, Honduras, Belize, and Mexico. Nadzia, retired as an engineering designer, worked for over 35 years in the power plant, chemical, paper mills and food processing industry.

APRIL 3, 2009
Intimacy in the Elderly – What to Look Forward to
Hear the definitions of intimacy and review how intimacy is manifested through various stages of our development. Although the presenter’s major interest is intimacy in the elderly, he will also discuss intimacy in childhood, adolescence, adulthood, and finally intimacy in the elderly. Depending on our stage of development in life, manifestations of intimacy reflect our abilities, needs and physical, emotional or spiritual constraints at the time. Anonymous examples of intimate moments and concerns revealed by patients and impediments of attaining intimacy and how they can be overcome will be discussed.
Dr. Ira Mickenberg is currently an Associate Clinical Professor of Medicine at Southbury Medical Associates. He received a BA from Cornell University and MD from SUNY at Brooklyn. He has practiced medicine in Yale New Haven Hospital and Waterbury Hospital and was on the Board of Directors of Primary Care Physicians Corporation. He is board certified in Internal Medicine, Infectious Diseases and Geriatrics and has authored various medical reference papers.

APRIL 17, 2009
Supporting Connecticut Songbirds Through Rehabilitation
The Recovery Wing in Southington, CT provides for the rehabilitation of migratory songbirds, promotes their conservation and has created a sanctuary for them on 4.5 acres that has attracted over 130 different species of birds. Learn about the rehabilitation process of an injured bird, after it arrives at The Recovery Wing. The presentation will be filled with beautiful photos and video.
Jayne Amico has been aReiki Master, a collector and dealer of rare books and manuscripts for over 30 years. He retired as the Executive Chef for The Boulders Inn in New Preston prior to opening John’s Café. Chef Okesson has received the Wine Spectator Awards every year since 1998 for his unique presentation and collection of wine offerings, and continues to base his business on the top of Connecticut’s Zagat rated restaurants. Chef Okesson’s cooking classes at the Silo are consistently sold out. He is a regularly featured guest chef at the CT Farmstand Trust fundraisers.

APRIL 24, 2009
The World of Rare Books
Experience the world of rare and collectible books and manuscripts, a fascinating field touching upon every aspect of human culture. Topics will include medieval manuscripts, history of printing, first editions, book illustration, judging a book by its cover, dust jackets, and what makes a book valuable. Images of various books and manuscripts, including a 16th century Vulgate Bible, the first edition of Tom Sawyer and dust jackets from the Hardy Boys series, will augment the talk.

Returning OLLI Café presenter, Michael Dowling, has been a collector and dealer of rare books and manuscripts for over 30 years. His interest was sparked when he discovered a 19th century seamstress’s journal in his family home. His areas of interest are local history, science, travel and exploration, fine bindings and original handwritten diaries and manuscripts. He is the librarian at, and writes for, the Republican-American.

MAY 1, 2009
Wine and Food Pairings – What You Need to Know
For many people wine is a subject of angst, especially in pairing it with food. Highly subjective and not always exact, wine pairing should be about the type of wine you enjoy. The old rule of thumb – red wine with red and white and white wine with fish and poultry – has been demystified and transformed into more experimentation of different tastes and expression of your own personality. The talk will debunk myths and rules of thumb and offer suggestions of expressing your own personality in wine and food pairings.

MAY 8, 2009
“Getting to Know You”
An afternoon OLLI Café – for OLLI members, about OLLI members, by OLLI members! Wear your name tag, make new friends, but keep the old ones! Don’t sit at your regular table – sit with a new friend for interactive fun and mental stimulation. Everyone will be a participant in our OLLI Café today join us for the fun!

MAY 15, 2009
OLLI Appreciation Event
OLLI Café today is the OLLI Appreciation Event to honor OLLI presenters. Please come and support the dedication and volunteerism of our presenters!

“OLLI is a great way to keep the mind active and continue a lifelong learning path.”
Connect to the World – Library at Your Fingertips Workshops

This hands-on OLLI workshop is sponsored by UConn library personnel from the Waterbury and Torrington campuses. A basic knowledge of computers and familiarity with the internet is required. Registration is required – see membership form. Seating is limited. Please note: these workshops take place at the same time as OLLI Café.

SESSION I

Friday, March 20
11:30 AM – 1:00 PM, Room #224

Do you have books and articles on...? Do you have books and articles on...?

Did you know that you can find thousands of articles and track down books in any Connecticut library through iCONN.org – part of the Connecticut Education Network? This workshop will show you how to freely access popular and specialized magazines and newspapers, search the catalogs of Connecticut libraries, and place holds and request loans from your computer and more.

SESSION II

Friday, April 3
11:30 AM – 1:00 PM, Room #224

Tracking Down the Best on the Web...

Ever feel like you’re wasting time on the web? Learn how to sort through the clutter of information and misinformation. You’ll learn how to track down reputable health websites, trustworthy business and financial information and fun sites focusing on hobbies, politics, humor and more.

SESSION III

Friday, April 24
11:30 AM – 1:00 PM, Room #224

Beyond the Basic Google Search Box

We love Google, but are you aware of the tips and tricks available from Google to refine your search and make searching simpler and more effective? Let us give you some insider’s tips to make your searching easier – learn the more advanced search techniques hidden behind the simple Google search box.

SESSION IV

Friday, May 8
11:30 AM – 1:00 PM, Room #224

Beyond the Basics: Firefox 2.0 (the Other Browser)

Do you know that there is an alternative browser to Internet Explorer? Learn about Firefox, the browser which you can customize to fit your searching needs. You will learn about some of the advanced features of the Firefox browser such as: Firefox add-ons, searching, plug-ins and extensions, Foxmarks, Bugmenot, add to the Search bar, smart searchbars and much more.

Shelley Roseman is currently the director of the UConn Waterbury Library and had been the director of the Jeremy Richard Library, UConn Stamford, until spring 2008. Among her many hats, she provides instructional/research sessions to undergraduates and graduates, serves as the Regional Campus Libraries’ Webmaster, and conducts workshops on plagiarism prevention at various campuses.

Janet Swift is a reference and instruction librarian at the UConn Waterbury Library. She has worked for UConn Libraries since 1975. Janet has held various positions on the Board of the Friends of the Silas Bronson Library, including director, and is currently serving as treasurer.

Shelley A. Lafferty is the director of the Julia Brooker Thompson Library at UConn Torrington and has worked for UConn libraries since 1989. Sheila is responsible for selecting materials for the library, providing in-depth research assistance and library instruction and is a library liaison for Undergrad Programs at UConn Torrington.

Some of the perks . . .

• free Basic OLLI membership
• reasonable supplies and equipment for course instruction
• UConn parking pass
• Recognition event
• Presenter Honoraria

OLLI Courses are generally led by retired, semi-retired and working educators, professionals, entrepreneurs, artists, writers, and others. 

• Share your passion on a topic or set of topics
• Inspire others to learn and explore
• Engage with peers and community members
• Lead learners without the administrative burdens of traditional teaching (reading papers/homework, calculating grades, etc.)
• Develop innovative, interesting, and compelling learning experiences
• Utilize the campus infrastructure to deliver enriching experiences for older adult learners and yourself — without the pressures of homework or testing
• Explore topics with other learners and create a laboratory for new ideas
• Join a national movement of adult learners at the first Osher Institute in Connecticut

TIME TO THINK ABOUT FALL 2009 SESSION!

Fall 2009 session – Fridays from September 18, 2009 to November 6, 2009.
Deadline for course proposals – May 22, 2009
Please contact us if you would like to present a Fall 2009 course!

for the Osher Lifelong Learning Institute (OLLI) at the University of Connecticut, Waterbury Campus
OLLI Partnership Events

OLLI members will receive ticket discounts for events sponsored by partnering organizations.

MATTHEW MUSEUM – WATERBURY SYMPHONY ORCHESTRA

Slavery in Connecticut: Fortune’s Story

This three-part course and special events are presented in collaboration with the Waterbury Symphony Orchestra, Mattatuck Museum and the Other Lifelong Learning Institute.

Learn the untold story of slavery in Connecticut, and the tragic life and death of a Waterbury captive, Fortune. The 3-session course provides all the information you need to fully appreciate the world-premiere concert by the Waterbury Symphony Orchestra, The Manumission Requiem: Fortune’s Bones. Concert tickets are not included with the course but are available with OLLI discounts through the Palace box office. The course fee is $25.

Fortune’s Bones

Tuesday, April 14, 2009 6:00 PM – 7:30 PM at Mattatuck Museum Arts & History Center

Hear from an archeologist about the examination of Fortune’s bones, and how it provided evidence that supports the scientists’ conclusions about Fortune’s early years, his age, height, the kinds of work he did, and the injuries he suffered. Presenter to be announced.

Fortune’s World: A Walking Tour

Saturday, April 25, 2009 1:30 PM – 3:00 PM at Mattatuck Museum Arts & History Center

Fortune was an African American man enslaved in a Connecticut farming community during the 18th century. Learn the story of his life and the world he lived in. This walking tour takes you back to the 1700s when the Green was a swampy pasture surrounded by homes and churches. Visit the site where his skeleton was found, and the ancient Burying Ground. Wear walking shoes and dress for the weather. Presented by Rachel E. Guest

The Manumission Requiem: Fortune’s Bones

Saturday, May 9, 2009, 8:00 PM at the Palace Theater

This world-premiere concert will be performed by the Waterbury Symphony Orchestra and features a Cantata written by Dr. Ysaye Barnwell – inspired by Marilyn Nelson’s moving poem about the life and death of Fortune, an African American slave. This event is sponsored by Buckley Radio, the Republican-American, Casmady and Torrance, NEA, and the Woodward Foundation.

RELATED EVENTS

Meet the Author – Meet the Composer – SPECIAL EVENT

Free and Open to the Public

Wednesday, April 15, 2009, 5:30 PM – 8:00 PM at Mattatuck Museum Arts & History Center

Meet Marilyn Nelson, author of Fortune’s Bones, The Manumission Requiem and hear about the inspiration she found to write this poem. Listen as she reads from her poem and discusses the literary motivation behind this work. Meet Dr. Ysaye Barnwell, composer of the Fortune Cantata. She will offer insights into her work, give a musical context for her work and the sounds she chose to present in this piece.

Marilyn Nelson’s moving poem about the life and death of Fortune, an African American slave. This session focuses on the origins and nature of slavery in Connecticut. Topics include the rise of slavery in the New World, the slave trade, and the economics of slavery. Special attention is devoted to the ways in which Connecticut became wealthy in the various “triangular trade routes” that emerged and flourished for centuries. Presented by Karl E. Valois, PhD

The Palace Theater

Your Palace, Your Place... for the Best in Entertainment

Show your OLLI membership card at the box office or call 203-755-8484. May not be combined with other discounts or promotional offers.

SPECIAL OFFER FOR OLLI MEMBERS!

Purchase a pair of tickets to either Drowsy Chaperone OR Pajama Game AND receive a free ticket to Golden Dragon Acrobats.

The Drowsy Chaperone

Friday, February 20 – 8:00 PM
Saturday, February 21 – 2:00 PM & 8:00 PM

The Golden Dragon Acrobats

Saturday, February 28 – 8:00 PM

The Pajama Game

Friday, March 20 – 8:00 PM
Saturday, March 21 – 2:00 PM & 8:00 PM

CONNECTICUT DANCE THEATRE

During spring 2009 Connecticut Dance Theatre will offer OLLI members free admission to all lectures, activities, a free dance class and admission to any social dances during National Dance Week, April 24 – May 4, 2009. OLLI members will also receive a 10% discount on Ballroom Classes and Pilates Classes.

Peggy Terhune, CDT Pilates instructor

Lindsay Pariscot, 2005 graduate with partner Juan Camara

Donna Bonasera

Contact Donna Bonasera at CDTstudio, 860-374-0004 or email: ctdanca523@aol.com

CONNECTICUT OPERA

Something to Sing About... Two Great Shows

The Bushnell Center for the Performing Arts

The Beetle Theater

Daughter of the Regiment
March 6, 8, 12, 14

Swing Time with English supertitles
La Bohème
May 16, 17, 21, 23, 30, 31

Performed in Italian with English supertitles

OLLI members will receive 20% off regular ticket prices. Standard handling fees apply. To purchase your tickets call 860-227-1717 or visit www.operaconnecticut.org.

CDTstudio, 860-274-0004 or email: ctdanca523@aol.com

NEA, and the Woodward Foundation.
Don’t Bite Your Tongue: How to Foster Rewarding Relationships With Your Adult Children by Ruth Nemzoff

Popular wisdom says that parents have to let go – bite their tongue and loosen the purse strings. But Dr. Ruth Nemzoff, who has spent her life studying family dynamics, instead, empowers parents to continue to have close relationships with their children while respecting their independence. Based on personal stories as well as advice that she has accrued from years of coaching, her book shows parents how to communicate at long distances, discuss financial issues without using money as a form of control, speak up when disapproving of an adult child’s partner or childrearing practices, inter-religious, inter-racial or same sex relationships, to name a few situations.

Dr. Ruth Nemzoff is a resident scholar at The Brandeis University’s Women’s studies Research Center. Her academic training includes American Studies at Barnard College, counseling at Columbia University and Social Policy at Harvard University. She has been a member of the New Hampshire House of Representatives, a counselor and a professor, allowing her the opportunity to put ideas into practice. She and her husband have four adult children. Visit www.RuthNemzoff.com.
The OLLI Roundtable is a periodic forum for the discussion of current domestic and global events and topics impacting our world, our nation, our state, and our local communities. Usually presented in moderated panel format, guest speakers will debate issues in a way that is expected to be interesting and thought provoking. Attendees will often be provided with an opportunity to submit questions prior to the event.

Please note: this is a ticketed event that is free and open to the public—reserve your tickets on your membership form. OLLI Members receive priority in ticketing until the beginning of the OLLI spring session.

Reflecting on the First 100 days of the Obama Presidency and the 111th Congress

UConn Waterbury, Multipurpose Room
Monday, May 11, 2009
7:00 PM, with reception following the event

Moderated by:
Pat Sheehan, Former TV Anchorman and Senior Vice President/Investments
A. G. Edwards & Sons

Announced Panelists Include:
Yvonne R. Davis, MS, MA, President & CEO DAVISCommunications
Dan Haar, Hartford Courant Business Editor and Columnist
Colin McEnroe, Hartford Courant Columnist and Radio Personality
Former Congresswoman Nancy Johnson

Directions
The UConn campus is located at 99 East Main Street in Waterbury, across the street from the Palace Theater. Parking and directions to campus can be obtained from our website, www.waterbury.uconn.edu/osher or by calling 203.236.9924

Parking
During the spring semester, paid OLLI members can use their parking pass in the UConn garage located on North Elm Street on Fridays only. OLLI members can also use the Scovill Street garage when coming to campus for OLLI events by showing their UConn parking pass. During the summer session, paid OLLI members can use their parking pass in the UConn parking garage.

Contact Us
For more information call 203-236-9924 or 203-236-9881. Email: osher@uconn.edu or visit our website at www.waterbury.uconn.edu/osher
The Osher Lifelong Learning Institute at UConn is guided by the OLLI Leadership Council which is the principal representative body of the OLLI membership. Composed of founding OLLI members and elected officers, the Council helps foster the growth and sustainability of the Institute. OLLI members serving on standing committees, in conjunction with the OLLI Director and Assistant Director, carry out the operation of OLLI at UConn. OLLI is always seeking new members to get involved in curriculum planning, marketing and membership development, hospitality, newsletter, and OLLI Café through various committees. For a list of current council members and committee information please visit our website or call 203-236-9924.

The lifelong learning initiative began with seed money, market research, and technical support from the Leever and Connecticut Community Foundations. Currently, the Institute is made possible by the generosity and support of the Bernard Osher Foundation and the University of Connecticut.

The University of Connecticut’s Waterbury campus serves more than 1,000 students annually. In its sixty years of operation, UConn Waterbury has opened the doors to educational access and excellence to thousands of Connecticut residents, many of whom have distinguished themselves in the fields of community service, business, education, law and politics. Today, the campus is located in a modern, state-of-the art facility in the heart of downtown Waterbury. Our neighbors are the historic Palace Theater and a new arts magnet middle and high school, making our location a beacon for educational and cultural enlightenment. Students enjoy quality interaction with great professors and participate in research opportunities that enrich the college experience. An extensive range of undergraduate and graduate course offerings and study areas are available. Visit us online: www.waterbury.uconn.edu.

University of Connecticut
Osher Lifelong Learning Institute
The University of Connecticut
99 East Main Street
Waterbury, CT 06702