Lifelong Learning | Providing older adults with opportunities to engage in intellectual development, cultural stimulation, and social interaction.

(OLLI) at the University of Connecticut, Waterbury, CT

September to November

FALL 2011

Open House
OLLI for a Day

Wednesday, August 17, 2011
See details page 33
Welcome to the University of Connecticut’s Waterbury Campus!

Welcome to the University of Connecticut, Waterbury campus! Our campus proudly serves Waterbury and the region by delivering educational programs for undergraduate, graduate, and lifelong learning students in a dynamic, accessible, state-of-the-art environment. We are equally proud to be associated with the Bernard Osher Foundation and the network of one hundred and seventeen (117) Osher Lifelong Learning Institutes across the United States. We express deep thanks to The Bernard Osher Foundation for its generosity and vision with regard to the lifelong learning movement. Whether you will be connecting with college for the first time, reconnecting with higher education, or returning to UConn, we want this to be a positive and enriching experience. OLLI members bring a unique and positive energy to our campus through their enthusiasm and their depth of life experience in various careers, family life, and civic engagement.

I extend a warm welcome to each and every one of you. Please enjoy your time here and savor the fun of learning.

William J. Pizzuto, Ph. D.
Director, UConn Waterbury Campus

Greetings! Welcome to the Fall 2011 semester of our OLLI at UConn. I am happy to extend warm greetings to you on behalf of the members of our OLLI Leadership Council and general OLLI membership. This is going to be another exciting semester for us, as we continue to bring you interesting courses taught by very capable presenters. We have added new courses and our OLLI Café program offers topics of interest to all. Our travel trips are proving to be very popular and fill up quickly. We will be concentrating on filling our coffers as this is our first year operating under the Osher Foundation endowment. I hope you will take up our financial banner and continue to promote OLLI at UConn to prospective members, corporate leaders and community patrons in your respective cities and towns. Enjoy the semester!

Nancy Via
President, OLLI at UConn Waterbury
Thank you and congratulations for being part of a great success story! In Spring 2011, The Bernard Osher Foundation announced that The Osher Lifelong Learning Institute at the University of Connecticut would receive a gift endowment (rather than a grant) to continue its operations into the future. This means that we will receive a portion of the interest from the invested gift for operational expenses each year. While this represents an effective cut to our budget, it is a true statement of confidence in OLLI at UConn. We are confident that through fundraising efforts, community awareness, and more outreach, we will see growth and sustainability for years to come. Your commitment to learning, the University of Connecticut, and the Waterbury campus remain a huge part of our achievement and we should collectively take credit for this success. A special expression of gratitude is owed to every single volunteer who has given his or her time to OLLI at UConn in any way over the last five years. We will continue to keep our fees as low as possible and encourage your tax deductible donations. This decision allows us to provide broad access to OLLI and allows you to personally determine additional support to the program. If you have been impacted in a positive way by OLLI at UConn, I would like to ask you to consider doing one or more of the following:

- **Share** your enthusiasm—encourage a friend to join OLLI at UConn!
- **Contribute** a donation—support our continued success! See pages 6 & 7 for details
- **Refer** a potential presenter to us and send us your ideas for future courses and programming

As we move into registration period for Fall 2011, please know that one of the strengths of our program and our campus (and many other OLLIs around the country) is the availability of many small, discussion-based classes. Sometimes we offer larger classes, but that is the exception rather than the rule. Course availability is determined by the seat limit established by the individual OLLI presenters and the physical size of each room (number of chairs determined by fire code). If you cannot get into the course of your choice in a given semester, we hope you will defer the pleasure until a future semester and identify another course that will suit your taste for the upcoming semester.

Wishing enjoyment and fulfillment in all of your intellectual and learning pursuits!

Sincerely,

Brian G. Chapman, Ed.D.
Director of OLLI at UCONN

REGISTRATION
- Registrations are still first come, first-served, with members always receiving the first opportunity to register.
- Confirmation letters will be mailed out around the end of August.
- Encourage a friend to go to the website for course information and a membership registration form.
Mission

OLLI at UConn is a member-driven, community-responsive program offering non-credit learning experiences (courses, lectures, and special events) for older adults who want to engage socially and intellectually with their peers as teachers and learners. Situated on an intimate, state-of-the-art university campus with traditional-age students and research faculty, OLLI also provides fertile ground for an intergenerational interaction and exchange of ideas. The urban campus reaches out to a diverse region which provides opportunities for partnership with other cultural, educational, and arts organizations.

Annual Membership Benefits

FEES ARE NON-REFUNDABLE!

Annual OLLI Membership is $60 – this is also called Basic Membership. When a member pays the annual $60 membership, benefits include:

- Opportunity to register for OLLI courses (see fee structure below)
- Participation in OLLI Café and other Lunchtime Activities
- UConn Waterbury parking pass allows parking when on campus (see directions/parking on last page for restrictions)
- OLLI members are now Mattatuck Museum Members (see page 37 for details)
- UConn Library Privilegess
- Priority Registration
- Opportunity to participate in OLLI Trips
- Entrance to Special OLLI Events
- Discounts for OLLI partnership events
- Year-round notices about additional OLLI programs
- OLLI membership card
- Opportunity to contribute through OLLI committees

COURSE FEE STRUCTURE

<table>
<thead>
<tr>
<th>Duration</th>
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<tbody>
<tr>
<td>4-week</td>
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<td>6-week</td>
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<td>8-week</td>
<td>$40</td>
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<td>Food for Life</td>
<td>$50</td>
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OLLI provides memberships on 12-month cycles. The cycles extend from September to August of the following year OR March to February of the following year, depending on when you joined. Members are entitled to register for courses for all sessions that occur within their membership cycle.

Membership Cycle Examples

Members who joined OLLI in Fall 2010 have a membership cycle from September 2010 through August 2011. These members need to renew their membership now and pay the annual $60 fee (new membership will extend from September 2011 to August 2012).

Members who joined OLLI in spring/summer 2011 have a membership cycle from March 2011 through February 2012. These people remain members through February 2012 and do not pay the membership fee at this time (they will renew their membership in March 2012).

A member joining OLLI for the first time in Fall 2011 will have a membership cycle from September 2011 to August 2012 – paying $60 now to cover annual membership.

Save the Dates!

Spring OLLI Session:
March 15 – May 11, 2012
Summer OLLI Session:
June 5 – 28, 2012
Why Lifelong Learning?

Enjoyment, fulfillment, intellectual stimulation, shared enthusiasm, challenging discussions, enriching existing friendships and forging new ones – these benefits merely begin to answer the question, “Why Lifelong Learning?”

Lifelong learning is an educational philosophy that embraces a comprehensive definition of human inquiry; educational activities can and should be available through all stages of life. We are endowed at birth with insatiable curiosity and an incredible capacity to learn. Spend a few moments watching a group of children who encounter something completely new that captures their attention and challenges their intellect. There is pure delight in the adventure of experimentation and the thrill of discovery.

The magnificent news is that there is no expiration date on inquisitiveness and imagination. Lifelong learning is a gift we give ourselves that allows us to once again experience that sense of awe and wonder, coupled with the satisfaction of mastering a new skill or adding to our store of knowledge. For adult learners, lifelong learning offers the added practical benefit of maintaining brain health.

Cognitive stimulation, otherwise known as “exercise for your brain,” is essential to maintaining high cognitive functioning in later life. “Cognition is dependent upon brain function and brain function can be improved through physical exercise and cognitive stimulation. Lifelong learning institutes offer older adults a myriad of opportunities to enhance their cognitive function.” (Simone & Scuilli, 2006)

Harkening back to the days when we were encouraged to seek a well-rounded education, we now have the opportunity to engage fully and ask the deeper questions using our own life histories and those around us. Lifelong learning allows us to relish – either again or for the first time – the big ideas of art, history, music, health, philosophy, politics, religion, science and more. And not just with our contemporaries, but with people ten, twenty, or thirty years older or younger. Some OLLI courses and programs are designed to be intergenerational, with college undergraduates working alongside OLLI members. The mix of young and old in a university setting opens up new worlds of interest, re-examination, excitement, varying points of view, and sometimes a healthy level of controversy. It enlivens our mind, helps focus our life, and gives us new insights to the world around us. And there are no exams! So come and revel in the experience of learning for the joy of it!

Susan Gray - Attending my first OLLI Open House opened a huge door for me. I had finally found an anxiety-free environment in which to expand my knowledge and challenge my neurotransmitters. As a stroke survivor, participation in the wide range of classes as well as the curriculum committee has been an intellectually and socially enriching experience for which I am grateful.

Richard Albro – We make choices, hopefully for the best. My decision to join OLLI is one such positive example. Just when you think you have done it all, along comes this new and unexpected connection. OLLI provides fulfillment at so many levels-social, and emotional. What a privilege and pleasure it is to experience the variety of enrichment opportunities provided within this unique organization.

To join and register for fall classes, please fill out the enclosed membership form and return by Friday, September 9, 2011. Please use the designated course number(s) to indicate your class choice(s) on the membership registration form and check special events you’d like to attend. Include 1st, 2nd and 3rd choices! FEES ARE NON-REFUNDABLE
Funding the Osher Lifelong Learning Institute (OLLI) at the University of Connecticut

OLLI at UConn is currently funded by endowment interest, membership and course fees, and in-kind support from the University.

How are we supported by the Bernard Osher Foundation?

As of Spring 2011, OLLI at UConn received a generous gift endowment to be invested by the University of Connecticut Foundation. A portion of the interest from this endowment will be used each year to continue funding operational expenses. Operational expenses are used to provide staffing, equipment, promotion, and other day-to-day expenses.

What are the advantages of an endowment?

Endowments provide long-term stable funding. Endowment principal can never be spent. Rather, endowment is invested and the Institute receives a pre-determined portion of the annual interest each year. Unused portions of the interest (if any) would be added back to the initial principal to increase the size of the endowment as a future hedge against inflation.

How can I help?

As we prepare for the future, we need to rely more heavily on individual donations from members and non-members who believe in the transformative work of lifelong learning and want to support its continuation and growth. You can help by making a tax-deductible donation of any size to our OLLI Sustainability Fund, and/or by remembering OLLI and UConn Waterbury in your estate planning (“Planned Giving”). Every individual who donates to OLLI at UConn demonstrates local community support for lifelong learning and reinforces the commitment of the Bernard Osher Foundation. We have created an OLLI family here at UConn and together we can proudly sustain an Institute that improves the lives of thousands.

If you have questions, please contact Brian Chapman, Director of OLLI at 203-236-9881 or brian.chapman@uconn.edu. To make a donation in support of the “OLLI Sustainability Fund” please use the adjoining form and mail with your check to the address indicated.

• To donate online go to UConn Foundation’s website: www.foundation.uconn.edu – In the box provided, identify the Gift Designation by entering “OLLI Sustainability Fund (22682).”

• To donate by phone call: 800.269.9965 or 860.486.5000

• To donate appreciated securities call: 860.486.2965

• To donate via check, please make your check payable to:
The University of Connecticut Foundation, Inc.

Please always remember to mention and include in memo: “OLLI Sustainability Fund (22682).” Mailing Address:
The University of Connecticut Foundation, Inc.
*Attn: Data Services
2390 Alumni Drive, Unit 3206,
Storrs, CT 06269-3206

What is the OLLI Sustainability Fund?

Donations to the fund will benefit the general operation of the Osher Lifelong Learning Institute (OLLI) at the University of Connecticut – Waterbury Campus.

Why are all donations payable to “The University of Connecticut Foundation?"/What is the role of the UConn Foundation?

The University of Connecticut Foundation is a tax-exempt corporation that operates exclusively to promote the educational, scientific, cultural, and recreational objectives of the University of Connecticut. As the primary fundraising vehicle for the University, the Foundation’s mission is to solicit, receive and administer gifts and financial resources from private sources to support UConn’s pursuit of excellence in teaching, research and public service. Donations to OLLI and UConn Waterbury are invested by the UConn Foundation. For more information about the UConn Foundation please visit: www.foundation.uconn.edu.
OLLI Sustainability Fund

Name: ________________________________________________________________

Address: __________________________________________________________________________________________

City: ______________ State: __________________ Zip: __________________

Home Phone: __________________ Work Phone: __________________________

E-mail: ______________________________________________________________

Are you a UConn alumnus/a?  ❑ Yes  ❑ No

School/College: __________________ Class Year: _________________________

For joint credit, my partner/spouse’s name is ____________________________

❑ I wish this gift to be anonymous

Designation

❑ OLLI Sustainability Fund (#22682)

❑ Other: ____________________________________________________________

Method of Payment

• To donate by phone: call 800.269.9965 or 860.486.5000
• To donate appreciated securities: call 860.486.2965
• To donate online: www.foundation.uconn.edu

Enclosed is my gift of: $ ____________________________

❑ Check Enclosed  Made payable to

The University of Connecticut Foundation, Inc.,
2390 Alumni Drive, Unit 3206, Storrs, CT 06269-3206

Credit Card Amount $ ____________________________

❑ Visa  ❑ MasterCard  ❑ AMEX  ❑ Discover

Card Number: ____________________________

Expiration Date: ___________ *Code: ___________

*The last 3 or 4 digits located on the back of your card (front right for American Express)

Name as it appears on your card: ____________________________

Signature: ____________________________________________

University of Connecticut Foundation, Inc.
2390 Alumni Drive Unit 3206
Storrs, CT 06269-3206
www.foundation.uconn.edu

Business Information

Company: ____________________________

Position/Title: ________________________________

Street: ______________________________________

City: ____________________________ State: _______ Zip: _______

Business Phone: ____________________________

❑ My or my spouse/partner’s employer will match my/our gift.

(Please enclose the matching gift form.)

Visit www.matchinggifts.com/uconn to find out if your employer matches gifts made to the Foundation.

IMPORTANT NOTICE

Your gift will be received by The University of Connecticut Foundation, Inc., a Connecticut non-profit that exists exclusively to benefit UConn by raising and administering private gifts and philanthropic grants to support the University’s pursuit of excellence in teaching, research and public service. You may obtain a copy of the Foundation’s financial report, or you may contact us at 2390 Alumni Drive, U-3206, Storrs, CT 06269, or 800-269-9965. The Foundation is exempt from registration as a charitable organization in a number of states and jurisdictions. If the Foundation is required to register and comply with state laws related to charitable contributions, the official registration, documents and financial information can be obtained from that state’s Attorney General, Secretary of State, or other charitable solicitation licensing agency. For additional state contact information, please visit our website at www.foundation.uconn.edu.

REGISTRATION WITH A STATE AGENCY DOES NOT CONSTITUTE OR IMPLY ENDORSEMENT, APPROVAL OR RECOMMENDATION BY THAT STATE.
Please use the designated course number as your choice on membership registration form!

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<th>CLASS TIMES</th>
<th>FIRST 4 WEEKS</th>
<th>FULL 8 WEEKS</th>
<th>LAST 4 WEEKS</th>
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<tr>
<td>8:15 – 9:45 AM</td>
<td>HC-401 DON'T TREAT YOUR Soil Like Dirt Chris Baliko</td>
<td>HW-411 CHAIR YOGA Kathleen Greco</td>
<td>CO-405 DIGITAL PHOTOGRAPHY BASICS Peter Freeman</td>
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<td>Room #318, Page 14</td>
<td>Room #102, Page 14</td>
<td>Room #317, Page 14</td>
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<td>HW-410 USING AYURVEDA AND TCM TO MANAGE IMBALANCES Dr. Eashwartall Ramdhani</td>
<td>PD-411 LIFE STORY WRITING WORKSHOP Sandra Noel</td>
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<td></td>
<td>Room #203, Page 14</td>
<td>Room #102D, Page 14</td>
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<td>10:00 – 11:30 AM</td>
<td>HS-428 150TH ANNIVERSARY OF CIVIL WAR Dr. Leon Bock</td>
<td>HW-412 YOGA: STRETCH, STRENGTHEN AND BREATHE (6 CLASSES) Cynthia Paolino</td>
<td>HS-429 AMERICAN CAPITALISM &amp; THE NEW DEAL Dr. Leon Bock</td>
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<td>Room #203, Page 15</td>
<td>Room #102, Page 16</td>
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<td>AH-407 AN ARTISTIC DUTCH TREAT Dr. Virginia Bush</td>
<td>PR-406 METAPHYSICAL INTERPRETATION OF THE BIBLE Barbara Schafer</td>
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<td>VA-402 DRAWING ON THE RIGHT SIDE OF THE BRAIN Judy Jaworski</td>
<td>HS-432 HEROES - MALE CULTURAL ICONS Penny O’Connell</td>
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<td>PD-414 PASSPORT TO RETIREMENT James W. Coleman Sr.</td>
<td>VA-403 LEARN HOW TO DRAW YOUR FAVORITE PEOPLE, PLACES AND THINGS Dr. Maryellen Considine</td>
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<td>LW-413A HOLDEN &amp; ESTHER REVISTED (this class also offered at 1:15 PM) Bill Blair</td>
<td>LW-413A HOLDEN &amp; ESTHER REVISTED (this class also offered at 1:15 PM) Bill Blair</td>
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<td>11:40 AM – 1:00 PM</td>
<td>PR-407 BLESS THIS DWELLING - SACRED HEART, SACRED CEREMONY Mariah Martin</td>
<td>LW-414 ERNEST HEMINGWAY AND F. SCOTT FITZGERALD (6 WEEKS) Barclay Johnson</td>
<td>MS-402 CHEMISTRY CONCEPTS IN EVERYDAY LIVING Frank Lussier</td>
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<td>GE-401 GENEALOGY: RESEARCHING YOUR FAMILY TREE Polly Gunther</td>
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<td>11:40 AM – 1:00 PM</td>
<td>PA-411 LIFE IS A CABARET - NEW YORK CABARET COMES TO WATERBURY Sue Matsuki</td>
<td>PR-405 RELIGIONS AND SPIRITUAL PRACTICES OF THE WORLD Dr. Maria Deesy</td>
<td>PR-401 THE GOSPEL OF MARY MAGDALENE Rev. James Bradley</td>
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<td>Room #327, Page 19</td>
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<td>VA-406 BEGINNING ART/DRAWING Aileen Singleton</td>
<td>MS-406 SEARCHING FOR EARTH-LIKE HABITABLE PLANETS Dr. Arnold Heiser</td>
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<td>CO-401 NOT YOUR FATHER’S INTERNET Cindy Eastman</td>
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<td>VA-407 COME TO THE ARTIST’S STUDIO Dr. Maryellen Considine</td>
<td>VA-407 COME TO THE ARTIST’S STUDIO Dr. Maryellen Considine</td>
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# OLLI-At-A-Glance

## FALL COURSE TIME SLOTS / PAGES / ROOM NUMBERS

<table>
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<th>CLASS TIMES</th>
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<th>FULL 8 WEEKS</th>
<th>LAST 4 WEEKS</th>
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<td>SEPT. 16, 23, 30, OCT. 7</td>
<td>SEPT. 16 – NOV. 4</td>
<td>OCT 14, 21, 28, NOV. 4</td>
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<tr>
<td><strong>VA-408 WATERCOLOR WITHOUT FEAR</strong></td>
<td>MS-408 FUN, FACTUAL, &amp; FASCINATING MATHEMATICS! Rosalie Griffin</td>
<td>HW-405 REIKI LEVEL 1 Barbara Schafer</td>
<td>HS-431 AMERICAN HISTORY CONTINUES - 1940 TO 1968 Penny O’Connell</td>
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<td>CO-402 USING GOOGLE SKETCHUP TO DESIGN YOUR FAVORITE PROJECT George Sirois</td>
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<td>HS-434 SIBERIA AND THE RUSSIAN FAR EAST Dr. David Reed</td>
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<td>MS-409 THE SUN, STARS &amp; THEIR PLANETS Gary Ruggeri</td>
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<td>MU-412 OPERA: A PASSION FOR THE AGES, PART IV Nunzio DeFilippis</td>
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Course Descriptions

CALENDAR OF EVENTS

(Preregister for these events on membership registration form)

AUGUST

Open registration for fall session all month!

17

OLLI Open House – OLLI for a Day!
Open to OLLIs and the public — register and bring a friend! (see page 33)

SEPTEMBER

Registration for Fall session ends Friday, September 9, 2011
OLLI Classes: Tuesdays, Thursdays, Fridays - beginning September 13, 2011

27

UConn Research Lecture: Street Kids-Homeless, Youth, Outreach, and Policing New York’s Streets
Open to OLLI members and the public – Register and bring a friend. (See page 35)

21/28

UConn Library Workshop – Learn UConn Library Basics!
Open to OLLI members only. (Choose one session only See page 30)

28

AARP Driver Safety Course
Open to OLLI members and the public – Register and bring a friend. (See page 34)

OCTOBER

5/12/19

Picture Perfect Pastels (At the Mattatuck Museum)
Open to OLLI members only. (See page 30)

12/19

UConn Library Workshop – Learn UConn Library Basics!
Open to OLLI members only. Choose one session only. (See page 30)

18

Connecticut Poetry Circuit with Benjamin Grossberg
Open to OLLI members and the public – Register and bring a friend. (See page 34)

19

UConn Research Lecture: Literary Modernists as Teachers
Open to OLLI members and the public – Register and bring a friend. (See page 35)

19

The OJ Simpson Case and the Assassination of J.F.K. with author, Dr. Jerry Labriola
Open to OLLI members and the public – Register and bring a friend. (See page 34)

25

AARP Driver Safety Course
Open to OLLI members and the public – Register and bring a friend. (See page 34)

NOVEMBER

11

Special Veterans Day Event
Open to OLLI members and the public – Register and bring a friend. (See page 35)

15

UConn Research Lecture: From Reporting to Reflection – Cognitive to Affective
Open to OLLI members and the public – Register and bring a friend. (See page 35)

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Submission Deadline for Spring / Summer 2012 Course Proposals
For more information on being an OLLI presenter. (See page 23)
HS-427  
Palace Theater – Past, Present, and Future  
Presenter: Lou Belloisy  
4 Classes – Thursdays from 10:00 AM – 11:30 AM  
September 29, October 6, 13, 20 - $20  
NOTE: This class is held on Thursdays at the Palace Theater  

Hear the history of the Palace Theater from its opening in January 28, 1922 to the present. See a presentation of original early photos, restoration, and performers that have graced the Palace stage since reopening, in November 2004. Included will be an extensive and detailed tour of the theater from the dressing rooms to the top of the seven story fly-way over the stage.

PA-404  
Rhythm – Music’s Motor  
Presenter: Steve Collins  
Co-Presenter: Leif Bjaland  
4 Classes – Thursdays from 10:00 AM – 11:30 AM  
September 15, 22, 29, October 6 - $20  
NOTE: This class is held on Thursdays at the WSO office, 110 Bank Street  

Just what is rhythm? And how does it function in music? This engaging course will explore this fundamental but little understood component of music and how cultures from around the world use rhythm differently. It will involve listening to examples, hands-on performance using body percussion and instruments, and unique applications of class lessons to the everyday around us. Members will have the opportunity to attend an open dress rehearsal with the Waterbury Symphony Orchestra, and attend a concert with a “new set of ears” (discounted tickets). No musical experience or knowledge is required.

PA-401  
Dance for the Love of It!  
Presenter: Donna Bonasera  
8 classes – Tuesdays from 10:00 AM – 11:30 AM  
September 13, 20, 27, October 4, 11, 18, 25, November 1 - $40  
NOTE: This class is held on Tuesdays at the CT Dance Theatre in the Howland Hughes building on 120 Bank Street – 3rd floor.

Learn the many styles of dance and, at the same time, learn the history of famous choreographers such as Fred Astaire and Gene Kelly. Enjoy this movement course and the positive effects dance has on our well being – mind, body and soul – and the health benefits as well.

PA-403  
All Tapped Out – Part I  
Presenter: Sheila Waters Fucci  
8 classes – Tuesdays from 11:30 AM – 1:00 PM  
September 13, 20, 27, October 4, 11, 18, 25, November 1 - $40  
NOTE: This class is held on Tuesdays at the CT Dance Theatre in the Howland Hughes building on 120 Bank Street – 1st floor.

This movement class is tap dancing! Learn the basics of tap as an instrument and art form, along with studying the different techniques of tap and the great tap artists of our time – great exercise for both body and mind. Tap shoes required.

PA-409  
All Tapped Out – Part II  
Presenter: Sheila Waters Fucci  
8 classes – Tuesdays from 1:00 PM – 2:30 PM  
September 13, 20, 27, October 4, 11, 18, 25, November 1 - $40  
NOTE: This class is held on Tuesdays at the CT Dance Theatre in the Howland Hughes building on 120 Bank Street – 1st floor.

Tappers! If you have tap experience, this is the class for you!
OLLI ON-CAMPUS CLASSES

8:15 AM – 9:45 AM

HC-401
Don’t Treat Your Soil Like Dirt
Presenter: Chris Baliko
4 Classes – Fridays from 8:15 AM – 9:45 AM
September 16, 23, 30, October 7 - $20
Room #318
This class is an introduction to organic land care and will cover ways to create a healthier and safer environment. Focus will be on creating a healthy soil and transitioning gardens and turf from a synthetic to an organic program. How and where to get organic products and what cultural practices can be done to keep soils healthy will be discussed.

HW-410
Unlocking the Secrets of Health & Longevity Using Ayurveda and TCM to Manage Imbalances
Presenter: Dr. Eashwarlall Ramdhani
4 Classes – Fridays from 8:15 AM – 9:45 AM
September 16, 23, 30, October 7 - $20
Room #203
Diabetes, obesity, stress and arthritis are some of the adverse health conditions which affect millions of people. Can these conditions be managed effectively using alternative medicine? Explore the use of Ayurveda and traditional Chinese Medicine in the management of such imbalances.

CO-405
Digital Photography Basics
Presenter: Peter Freeman
4 Classes – Fridays from 8:15 AM – 9:45 AM
October 14, 21, 28, November 4 - $20
Room #317
This hands-on lecture / computer course will cover how a digital camera works, photo composition and photo processing using Google’s free photo editing tool, Picasa. Participants must be familiar with the computer and internet. Bring your digital camera. There will also be a field trip. Limited enrollment due to computer classroom size.

PD-411
Life Story Writing Workshop
Presenter: Sandra Noel
8 Classes – Fridays from 8:15 AM - 9:45 AM
September 16, 23, 30, October 7, 14, 21, 28,
November 4 - $40 (notebook or personal computer)
Room #102D
This life story writing workshop will encourage and stimulate the process of painting a portrait of your lives in words. It will further develop your skills of externalizing your stories, reflecting and sharing who you are, recognizing and integrating our various story types and reviewing how your story is influenced by history, culture, traditions, spirituality, and relationship networks. It will cover formatting and editing techniques as well as utilizing tools to refine and expand stories. This workshop is for those who have completed Memories, Memories...Let Your Life Speak! or another similar writing class.

LW-403
In So Many Words
Presenter: Cindy Eastman
8 Classes- Fridays from 8:15 AM – 9:45 AM
September 16, 23, 30, October 7, 14, 21, 28,
November 4 - $40  (notebook/journal)
Room #324
Everyone can write. Writing is a phenomenological process by which we humans make sense of our experiences. In this facilitated course, participants will learn strategies and models for journaling and will be guided to hear their own writing voice.

OLLI is one of the best things the (wiser) over 50 generation can get involved in.”

Some courses have required and/or recommended reading. The UConn Co-op bookstore welcomes OLLI members and carries a supply of most required or recommended books. OLLI members are also entitled to join the Co-op OLLI Book Club to save money on their book purchases. A Co-op book card will be issued to new members only. Please see Co-op when card is full. Please keep your Co-op book card from session to session.
**AH-407**
*An Artistic Dutch Treat*

Presenter: Dr. Virginia Bush  
4 Classes – Fridays from 10:00 AM – 11:30 AM  
September 16, 23, 30, October 7 - $20  
Room #218  

A survey of painting in Holland in the Golden Age of the 17th century, including Rembrandt, Hals, Steen, DeHooch, Vermeer and others. Biblical and Classical subjects, the rise of the modern portrait, and the growing vogue for secular subjects such as landscape and still life will be examined.

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**HS-425**
*European History for Travelers to Enrich Your Vacation Experience*

Presenter: Diane Stone  
4 Classes – Fridays from 10:00 AM – 11:30 AM  
October 14, 21, 28, November 4 - $20  
Room #323  

The great tourist attractions of Europe are on everyone’s “bucket list” because they never cease to amaze. We Americans come from a 235-year-old country and what we see in Europe can be hundreds or even 1,000 or more years old. Knowing something about these icons will place them in a historical, political, social and cultural context, and bring them to life. Join this classroom journey to gain a greater understanding of the places you’ve been or plan for your next trip abroad.

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**HS-428**
*A Basic Understanding of the U.S. Civil War – on the 150th Anniversary*

Presenter: Dr. Leon Bock  
4 Classes – Fridays from 10:00 AM – 11:30 AM  
September 16, 23, 30, October 7 - $20  
Room #203  

A basic understanding of the U. S. Civil War – a struggle between the slave-owning cotton plantation ruling class in the South and the rising capitalist-industrialist forces in the North for control of the United States, covering the battles of Gettysburg and Vicksburg.

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**PD-414**
*Passport to Retirement*

Presenter: James W. Coleman, Sr.  
4 Classes – Fridays from 10:00 AM – 11:30 AM  
September 16, 23, 30, October 7 - $20 (required workbook purchased in class, $25)  
Room #210  

This course will help you assess the costs of retirement, set realistic goals, identify sources of income, invest now for the future, manage your taxes, protect your wealth and assets, take a retirement distribution and provide for your family and heirs. You’ll purchase a 140-page workbook with current information about financial concepts to use as a class reference tool and future resource.

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**HS-429**
*The Salvation of American Capitalism and The New Deal in the Great Depression ’29-’39*

Presenter: Dr. Leon Bock  
4 Classes – Fridays from 10:00 AM – 11:30 AM  
October 14, 21, 28, November 4 - $20  
Room #326  

This course will discuss how President Franklin Roosevelt and the New Deal employed the economic doctrines of John Maynard Keynes to rescue and revitalize the depression-torn American economy and its devastated capitalist structure during the period from 1929-1939.

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**CL-410**
*Joie de Vivre – Talking Your Way Through French Cooking, Restaurants, Wine, Music & Culture*

Presenter: Gabriella Brand  
4 Classes – Fridays from 10:00 AM – 11:30 AM  
October 14, 21, 28, November 4 - $20  
Room #326  

This is a course for people who would like to learn the mysteries of French pronunciation and acquire a basic knowledge of the French language for travel purposes. The course will be taught in English and no previous knowledge of French is required.

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**CO-404**
*The Many Faces of Google*

Presenter: Peter Freeman  
4 Classes – Fridays from 10:00 AM – 11:30 AM  
October 14, 21, 28, November 4 - $20  
Room #317  

Google has a reputation for being the most popular search engine for finding information on the Web. Most users, however, do not know about the many free hidden tricks and tools buried in Google. This hands-on course will show you where to look and how to use the hidden power in Google to discover the powerhouse that it really is. Participants must have computer internet knowledge. Limited enrollment due to computer classroom size.

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**HS-430**
*Connecticut’s Contributions to Democracy in America*

Presenter: Dr. Raymond Sullivan  
4 Classes – Fridays from 10:00 AM – 11:30 AM  
October 14, 21, 28, November 4 - $20  
Room #218  

This course will cover the pre-eminent role of the colony of Connecticut in the formation of the United States, along with the contributions of Connecticut patriots to the establishment of democracy in America.
**HW-412**  
Yoga: Stretch, Strengthen and Breathe  
Presenter: Cynthia Paolino  
6 Classes – Fridays from 10:00 AM – 11:30 AM  
September 16, 23, 30, October 7, 14, 21 - $30  
(yoga mat)  
Room #102  
This movement class will help create balance between body, mind and spirit through the practice of yoga postures, breathing techniques and relaxation, to help increase flexibility, balance and healing. Bring a yoga mat.

**AH-408**  
Greek Mythology - Psyche and Eros: The Most Beautiful Love Story Ever Written  
Presenter: Dr. Carol Rizzolo  
8 Classes- Fridays from 10:00 AM- 11:30 AM  
September 16, 23, 30, October 7, 14, 21, 28, November 4 - $40  
Room #327  
The Psyche and Eros story is a part of a longer hilarious work entitled The Golden Ass, written in the 1st Century by Greek author Apuleius. Through humor and wit, this ancient author takes us on a laugh-out-loud romp through ancient Greece. Using paintings and other images, we will explore the imagery that has been inspired by this great work. We will plumb the psychological depths to try to understand how it is that this wondrous story resonates two millennia after it was written!

**MU-408**  
Singing for Fun and Well Being  
Presenter: Julie Cook  
8 Classes- Fridays from 10:00 AM – 11:30 AM  
September 16, 23, 30, October 7, 14, 21, 28, November 4 - $40  
Room #227G - 2nd floor Library  
Singing together as a group lifts our hearts and has proven health benefits. Join your classmates to sing songs of peace, inspiration, humor, and everyday life from multiple cultures. You will also explore rounds, singing games, and simple accompaniment rhythms on percussion instruments. No prior singing experience is required; just the desire to make joyful sound in a supportive group.

**PR-406**  
Introduction to the Metaphysical Interpretation of the Bible  
Presenter: Barbara Schafer  
8 Classes – Fridays from 10:00 AM – 11:30 AM  
September 16, 23, 30, October 7, 14, 21, 28, November 4 - $40 (Bible)  
Room #324  
Literal interpretation of the Bible can be incredible and perplexing. When interpreted metaphysically the Bible becomes understandable, dynamic and inspirational. Contradictions and confusion are clarified as the spiritual sacred Truths underlying the words are revealed. It can be a catalyst for our soul’s growth that can fill the emptiness of a soul devoid of spirituality. Then it becomes a fascinating, dynamic roadmap that guides us to a sense of fulfillment, joy and inner peace providing practical answers to life’s challenges.

**VA-402**  
Drawing on the Right Side of the Brain  
Presenter: Judy Jaworski  
8 Classes – Fridays from 10:00 AM – 11:30 AM  
September 16, 23, 30, October 7, 14, 21, 28, November 4 - $40 (required book & supplies)  
Room #217  
This course is designed to expand your powers of perception through drawing, increase your visual awareness and develop a new mode of seeing. Participants will explore various methods of perfecting your skill – to image space relationships, perspective, and people. Everyone has the latent ability to draw with proper guidance. A required text (and proper supplies) will be your guide.
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FALL 2011

HS-432
Heroes – Male Cultural Icons
Presenter: Penny O’Connell
8 Classes – Fridays from 10:00 AM – 11:30 AM
September 16, 23, 30, October 7, 14, 21, 28,
November 4 - $40
Room #327

This course will construct a definition of a hero by examining real heroes in our time. Participants are encouraged to nominate candidates in the following categories: kings, rulers, elected officials, religious leaders, humanitarians, scientists, whistle-blowers and fictional heroes. The goal is to construct a working definition of a hero by the end of the session.

VA-403
Learn How to Draw Your Favorite People, Places and Things
Presenter: Dr. Maryellen Considine
8 Classes – Fridays from 10:00 AM – 11:30 AM
September 16, 23, 30, October 7, 14, 21, 28,
November 4 - $40 (art supplies)
Room #102D

Drawing has much more to do with the eye than the hand. The method used in this class will culminate not only with the finished drawing(s), but with better powers of observation and enhanced drawing skills. Members taking the class for the first time will use graphite pencil, while members returning to the class will progress to using color.

LW-413A
Holden and Esther Revisited
Presenter: Bill Blair
8 Classes – Fridays from 10:00 AM to 11:30 AM
(this class also offered at 1:15 PM)
September 16, 23, 30, October 7, 14, 21, 28,
November 4 - $40 (required books)
Room #318

Everyone knows of Holden Caulfield (Catcher in the Rye) and Esther Greenwood (The Bell Jar), but what do we really know about them? The class will explore, in significant detail and textual depth, these iconic mid-century characters and novels.

11:40 AM – 1:00 PM

Note: These classes conflict with OLLI Café and other lunchtime offerings.

PR-407
Bless This Dwelling – Sacred House, Sacred Ceremony
Presenter: Mariah Martin
4 Classes – Fridays from 11:40 AM – 1:00 PM
September 16, 23, 30, October 7 - $20
Room #217

This course will examine domestic architecture along with house blessing rituals and ceremonies from different parts of the world. It will offer a unique and philosophical approach for understanding a culture’s religion, spirituality and world view. Participants will be encouraged to share personal reflections, experiences and memories of their own home blessings. Suggested readings will be provided.

PA-411
Life is a Cabaret – New York Cabaret Comes to Waterbury
Presenter: Sue Matsuki
4 Classes – Fridays from 11:40 AM – 1:00 PM
September 16, 23, 30, October 7 - $20
Room #102

Have you ever dreamed of singing a great old American Songbook Classic in an intimate club setting – singing songs by the Gershwins, Porter or Ellington as sung by the likes of Ella, Sinatra, Peggy Lee or Nat King Cole. Then this is the class for you. Learn how to interpret a song or face your fears of public speaking by singing! No previous performance experience required. Being musical helps but the presenter will work with you on any level. Bring two pieces of sheet music to learn (optional), but familiar tunes will also be provided – for a possible performance!

MS-406
Searching for Earth-like Habitable Planets
Presenter: Dr. Arnold Heiser
4 Classes – Fridays from 11:40 AM- 1:00 PM
September 16, 23, 30, October 7- $20
Room # 210

Is our Earth a unique, one-of-a-kind planet, or is it just one of a plethora of planets having Earth-like characteristics? Which of the many hundreds of extra-solar planets already found are considered Earth-like? Will the eventual discovery of Earth-like habitable planets lead to new or different Search for Extraterrestrial Intelligence (SETI)?

MS-402
Chemistry Concepts in Everyday Living
Presenter: Frank Lussier
4 Classes – Fridays from 11:40 AM – 1:00 PM
October 14, 21, 28, November 4 - $20
Room #324

Learn how chemistry applies to daily living. You will be introduced to basic atomic structure, the most used elements, matter, heat energy, simple chemical reactions and the relation of these topics to help you understand your surroundings. Basic principles of common batteries, fuels (gas and oil), the laser, MRI, X-ray, and the atomic bomb will be discussed.

“Joining OLLI has been a pivotal event in my life. It is making my older years truly golden!”
Course Descriptions

“I thought I knew it all – Big Mistake! The presenter brought newness and richness to the course – most enjoyable.”

PR-401
The Gospel of Mary Magdalene
Presenter: Rev. James Bradley
4 Classes – Fridays from 11:40 AM to 1:00 PM
October 14, 21, 28, November 4 - $20
(recommended book)
Room #326

There was a profoundly powerful movement in the earliest church that was suppressed and then almost eradicated by the institutional church. Parts of the Gospel are attributed to Mary Magdalene’s survival. This course will present a view into the earliest church’s spirituality that would have greatly altered the history of Christianity.

HS-433
The U.S. Constitution: Preparing for the 2012 Presidential Election!
Presenter: Barry Davis
4 Classes – Fridays from 11:40 AM to 1:00 PM
October 14, 21, 28, November 4 - $20
Room #323

This course will examine the current structure of the American government with emphasis on non-Constitutional growth (e.g. where did committee chairmen and committees and the filibuster come from?) Review will include the main structures of the government and how they came about (e.g. the bi-cameral Congress, the division and separation of powers) and explore the future of the Constitution in terms of how current forces might require changes.

LW-414
Ernest Hemingway and F. Scott Fitzgerald: Their Odd But Magical Friendship
Presenter: Barclay Johnson
6 Classes – Fridays from 11:40 AM to 1:00 PM
September 16, 23, 30, October 7, 14, 21 - $30
(required books)
Room #207

For all their differences – in both senses of the word – “Hem and Scott” enjoyed being ex-patriots together in their twenties, living and writing in Paris in the 1920s. While they often spurned each other personally, like the proverbial “Odd Couple,” their relationship as writers was symbiotic and inspiring. Moreover, their common editor, the soon-to-be-famous Maxwell Perkins of Scribner, saw
uniqueness in both their contrasting styles, along with similar philosophies in their central characters of honor through integrity and a touch of grace. Must read books ahead of time: A Moveable Feast, Ernest Hemingway (Penguin) The Sun Also Rises, Ernest Hemingway (paperback) and The Great Gatsby, F. Scott Fitzgerald.

PR-405
Religions and Spiritual Practices of the World
Presenter: Dr. Maria Decsy
8 Classes – Fridays from 11:40 AM – 1:00 PM
(recommended book)
September 16, 23, 30, October 7, 14, 21, 28,
November 4 - $40
Room #327
Too often we see the religions of the world in competitive terms of differences and divisions. During these classes you will ponder the common grounds, the wisdom, and the spiritual treasures of Hinduism, Buddhism, Taoism, Confucianism and Shinto, as well as Judaism, Christianity and Islam. You will also touch on the unwritten traditions of native people, including aboriginal Australians and Native Americans. Religions, on their best behavior, already supply the foundation for better individual and global order and have the power to awaken in us the universal call to compassion, kindness and justice.

VA-406
Beginning Art / Drawing
Presenter: Aileen Singleton
8 Classes - Fridays from 11:40 AM – 1:00 PM
September 16, 23, 30, October 7, 14, 21, 28,
November 4 - $40 (art supplies)
Room #318
Participants will learn basic art vocabulary and art concepts such as contour, form, space, light, and will complete exercises designed to train the eye to see objectively and develop enhanced dexterity. The class will later explore composition, proportion and shading using different drawing techniques, helping to gain an appreciation for art and to discover, with practice, that drawing can be easy and enjoyable.

CO-401
Not Your Father’s Internet
Presenter: Cindy Eastman
8 Classes – Fridays from 11:40 AM – 1:00 PM
September 16, 23, 30, October 7, 14, 21, 28,
November 4 - $40
Room #317
The Internet has created a whole new way of communicating with family, friends and the world. If you have a computer at home, put it to work for you; start an online diary or reconnect with former classmates. If you are already comfortable exploring the Internet, become more comfortable with it in this self-paced course designed to ease the casual user into useful productivity. Limited enrollment due to computer classroom size.

“I keep hearing “I love OLLI” from so many people!”
use census records, vital records, church information, in addition to learning to organize, use and properly record genealogy of genealogy. Participants will learn how to use census records, immigration records and search for information on the Internet. A field trip to the CT State Library’s Dept. of History and Genealogy is planned.

1:15 PM – 2:45 PM

VA-408
Watercolor Without Fear!
Presenter: Bridget Grady
4 Classes – Fridays from 1:15 PM – 2:45 PM
September 16, 23, 30, October 7 - $20
(purchase art supplies from presenter $30)
Room 102D
This hands-on art class will explore the use of watercolor as a drawing and painting medium. Members will learn basic techniques of creating washes, blends and color mixing – wet into wet – dry-brush and Gouache techniques. Previous art experience is not necessary. Supplies/paper can be purchased first day of class from the presenter.

GE-401
What Branch Are You From? Researching Your Family Tree
Presenter: Polly Gunther
8 Classes – Fridays from 11:40 AM – 1:00 PM
September 16, 23, 30, October 7, 14, 21, 28, November 4 - $40 (recommended book)
Room #102D
Participants will be introduced to techniques that will enable them to consider various ways of using oil or acrylic paint. The workshop setting will encourage experimentation and creativity. It is tailored to assist painters in achieving individual goals. Some previous painting experience is recommended.

MS-407
The Chemistry of Big-Box Department Stores
Presenter: Dr. Ken White
4 Classes – Fridays from 1:15PM – 2:45 PM
October 14, 21, 28, November 4 - $20
Room #318
Every big-box department store is full of chemicals. The various forms of chemicals are what they sell. We will explore how these chemicals are turned into common consumer products. The political, economic, and environmental outcomes and myths will be explored and discussed.

MS-408
Fun, Factual, and Fascinating Mathematics!
Presenter: Rosalie Griffin
8 Classes – Fridays from 1:15 PM- 2:45 PM
September 16, 23, 30, October 7, 14, 21, 28, November 4 - $40
Room #217
Let’s have some fun with math concepts using things as simple as a sheet of paper, triangles, a coffee mug, “Alice in Wonderland” and parallel lines to discover the wonders of mathematics. You will even have a Torus party! NO MATH SKILLS REQUIRED. Students from Waterbury Arts Magnet School will assist with hands-on activities.

HW-405
Reiki Level 1
Presenter: Barbara Schaefer
Assistants: Rosemary Toletti, and Cecilia Baranowski, Reiki Master Teachers
8 Classes – Fridays from 1:15 PM – 2:45 PM
September 16, 23, 30, October 7, 14, 21, 28, November 4 - $40 (recommended book)
Room # 227G, 2nd Floor Library
Reiki is a non-invasive caring way of energizing, restoring and balancing the energy centers in our bodies. Why take this course? To heal yourself and others in body, mind and spirit, reduce stress and promote profound relaxation, enhance health and prevent illness, feel more energized, improve mental clarity, increase creativity, calm yourself and others, and promote a sense of deep peace and well being. The course will cover definitions, history, basic principles, how it works, the chakras and energy fields. Participants will practice doing Reiki on self and others and will receive a Reiki attunement. Anyone can learn it!

HS-431
American History Continues – 1940 to 1968
Presenter: Penny O’Connell
8 Classes – Fridays from 1:15 PM – 2:45 PM
September 16, 23, 30, October 7, 14, 21, 28, November 4 - $40
Room #333
This continued class will cover Franklin Roosevelt’s 3rd and 4th terms, the Cold War Era – Presidents Harry Truman, Dwight Eisenhower and the U-2 incident, John Kennedy and his assassination, Lyndon B. Johnson and civil rights, and Vietnam.

LW-413 B
Holden and Esther Revisited
Presenter: Bill Blair
8 Classes – Fridays from 1:15 PM – 2:45 PM
(this class also offered at 10:00 AM)
September 16, 23, 30, October 7, 14, 21, 28, November 4 - $40 (required books)
Room #318
Everyone knows of Holden Caulfield (Catcher in the Rye) and Esther Greenwood (The Bell Jar), but what do we really know about them? The class will explore, in significant detail and textual depth, these iconic mid-century characters and novels.
HW-413
The Five Spirits in Chinese Medicine
Presenter: William Courtland
8 Classes – Fridays from 1:15 PM – 2:45 PM
September 16, 23, 30, October 7, 14, 21, 28,
November 4 - $40
Room #327

The word Spirit is thought of as having a singular meaning that is separate from our physical body. This course will examine Spirit through the principles of Chinese Medicine which recognizes Five Spirits, each of whom is related to one of the internal organs of the body. These Spirits will be discussed in relation to their effect on the maintenance of our physical and psychological health.

HW-402
Food for Life!
Nutrition & Cooking
Presenter: Jane Sirignano
8 Classes – Fridays from 1:15 PM – 3:00 PM
September 16, 23, 30, October 7, 14, 21, 28,
November 4 - $50 (recommended book)
Room #119

Learn about and enjoy sampling delicious, nutritious recipes that are gluten-free or easily adaptable. Each class presents topics for the prevention and survival of cancer, Type 2 diabetes and being overweight. For cancer survivors, friends, and family and anyone interested in getting and staying healthy. Sponsored by The Cancer Project www.cancerproject.org and LaBonne’s Markets, class includes a food shopping tour of LaBonne’s Market in Watertown.

CL-402
Conversational German I - Auf Deutsch Bitte!
Presenter: Irene Zemaitaitis
8 Classes – Fridays from 1:15 PM – 2:45 PM
September 16, 23, 30, October 7, 14, 21, 28,
November 4 - $40 (recommended book)
Room #213

This conversational German course will be an introduction to everyday expressions and phrases that will prove useful in travel and meeting people. Vocabulary, useful expressions and dialogues will be presented as well as necessary grammar. Short written exercises from the text will be assigned. Also, short quizzes will serve as feedback to students and presenter. Class participation and practice will be encouraged.

CO-402
Using Google Sketchup to Design your Favorite Project
Presenter: George Sirois
8 Classes – Fridays from 1:15 PM – 2:45 PM
September 16, 23, 30, October 7, 14, 21, 28,
November 4 - $40
Room #317

Google Sketchup is an easy-to-use, free, powerful, 3-dimensional design tool which allows even a computer design novice to quickly master Computer Aided Design for the design of complex projects from furniture, to houses, to pottery, to any place your imagination can take you. This course will teach the basics of the tool and allow members, at course completion, to be able to design fairly complex projects, with the help of tutorials. Must have knowledge of basic computer skills. Limited enrollment due to computer classroom size.

“I love the way OLLI Members are supported and welcomed here.”
Course Descriptions

“Lovely campus—extremely helpful, knowledgeable, friendly staff and students. Great programs to choose!”

HS-434
Siberia and the Russian Far East
Presenter: Dr. David Reed
8 Classes – Fridays from 1:15 PM – 2:45 PM
September 16, 23, 30, October 7, 14, 21, 28,
November 4 - $40
Room #218
The course will cover the history of Siberia and the Russian Far East, emphasizing the relations and conflicts through the years between Russia, China, Japan, and the United States. The sessions will be highlighted by DVDs and class discussion.

MS-409
The Sun, Stars and Their Planets
Presenter: Gary Ruggeri
8 Classes – Fridays from 1:45 AM to 2:45 PM
September 16, 23, 30, October 7, 14, 21, 28,
November 4 - $40
Room #203
This course will be an overview of the sun and its solar system as compared to the variations of stars and their newly-found planets. Learn the explanation of nuclear fusion and ‘how a star is born’. Short, hands-on activity/experiments will be incorporated.

PA-405
The Joy of Acting
Presenter: Aleta Staton
Co-Presenter: Damone McCollum
8 classes from 3:00 PM to 4:30 PM
September 16, 23, 30, October 7, 14, 21, 28,
November 4 - $40
Room #113 (1st 4 weeks), Room #102 (2nd 4 weeks)
Explore the actor in you – for those with little or no experience, those involved in community theatre and those who wish to explore different acting techniques. Theatre games and social/emotional investigations are used to create ensemble atmosphere with group projects for future presentations. Find your inner character and expand upon it through acting exercises, improvisation and scene study in this hands-on acting class. Learn to observe, critique and revise.

PA-412
Life is a Cabaret – Level II
Presenter: Sue Matsuki
4 Classes – Fridays from 1:15 PM – 4:30 PM
(double time slots)
September 16, 23, 30, October 7 - $40
Room #102
For those who completed Life is a Cabaret, New York Cabaret Comes to Waterbury, this class will now focus on stage performance, lyric connection and pattern.

MU-412
Opera: A Passion for the Ages, Part IV
Presenter: Nunzio De Filippis
8 Classes – Fridays from 3:00 PM – 4:30 PM
September 16, 23, 30, October 7, 14, 21, 28,
November 4 - $40 (recommended book)
Room #207
From Puccini to Verismo – from the romantic Puccini to his Verismo and to that of Bizet, Mascagni, Leoncavallo and Zandonà’s Francesca Da Rimini – this course will continue to provide a brief introduction to the history of the evolution of opera, supported by viewings and discussions of a selected number of operas and opera themes.

LW-415
Publishing Your Children’s Book or Biography: From Concept to Sale
Presenter: Ron Gagliardi
8 Classes – Fridays from 3:00 PM – 4:30 PM
September 16, 23, 30, October 7, 14, 21, 28,
November 4 - $40
Room #217
Let a successful, published author awaken your muse and shepherd your book, whether it’s a children’s book, your own biography or the biography of a loved one, from the earliest stages to publication and sale.

CL-411
Conversational Italian, Part II
Presenter: Dr. Bart DePetrillo
8 Classes from 3:00 PM to 4:30 PM
September 16, 23, 30, October 7, 14, 21, 28,
November 4 - $40 (recommended book)
Room #318
This class is an expansion from the Introductory Italian course offered in Summer, 2011 and will focus on additional grammar and composition of elementary phrases – to enable the traveler to ask for basic services. It will also continue to integrate social and historic information on Italy and its people. Prerequisite for this course is Basic Conversational Italian – or the equivalent.
OLLI Courses are generally led by retired, semi-retired and working educators, professionals, entrepreneurs, artists, writers, and others.

- Share your passion on a topic or set of topics
- Inspire others to learn and explore
- Engage with peers and community members
- Lead learners without the administrative burdens of traditional teaching (reading papers/homework, calculating grades, etc.)
- Develop innovative, interesting, and compelling learning experiences
- Utilize the campus infrastructure to deliver enriching experiences for older adult learners and yourself—without the pressures of homework or testing
- Explore topics with other learners and create a laboratory for new ideas
- Join a national movement of adult learners at the first and only Osher Institute in Connecticut
- Receive classroom information technology assistance

Some of the perks . . .
- free Basic OLLI membership
- One free OLLI course
- reasonable supplies and equipment for course instruction
- UConn parking pass
- Recognition event
- Presenter Honoraria

TIME TO THINK ABOUT SPRING / SUMMER 2012!

Spring 2012 Session – Fridays from March 16 - May 11, 2012 (no class on April 6)
Summer 2012 Session – Tuesdays, Wednesdays, Thursdays from June 5 - 28
ABSOLUTE Deadline for ALL course proposals – Wednesday, November 16, 2011
Please contact us if you would like to present a Spring or Summer 2012 course!
Call 203-236-9808 or email: osher@uconn.edu
InTRODUCInG The FaLL 2011 P resenTers

Chris Baliko is an accredited organic land care professional and a member of the Northeast Organic Farming Association. He has a BS from the University of Connecticut and is co-founder of Growing Solutions, LLC, an organic land care company.

Lou Belloisy’s first job was with the Palace Theater. He worked for the theater for 6 years as an usher, doorman and projectionist. He enjoyed a career as a helicopter pilot for various corporations and television stations. He is currently the house photographer and historian for the Palace Theater.

Bill Blair is an avid international traveler who, between trips, writes, lectures, edits and teaches. He has various degrees in English and Anthropology.

Dr. Leon Bock was a teacher of history, political science and education at the high school and college levels. He earned an MA and an EdD from Columbia University and was a high school principal and superintendent of schools.

Donna Bonasera is the founder and Artistic Director of CT Dance Theatre, Inc. She is one of the few Americans to receive a diploma in the Vaganova Method of Classical Ballet while studying in Russia. She was awarded a scholarship to the American Dance Machine which preserves the original choreography of Broadway musicals and film. She is the state director for National Dance Week and is recognized nationally and internationally for training high caliber dancers and for her choreography in ballet and musical theatre. Many of her students have gone on to dance professionally in ballet companies throughout the world and are featured performers on Broadway and in films.

Rev. James Bradley earned a BA in English/Political Science from West Virginia University, a Master of Theological Studies from Harvard Divinity School, a Master of Divinity from Virginia Theological Seminary and was ordained an Episcopal Priest. He also earned a Doctorate of Ministry from Hartford Seminary. He served parishes in Charleston, WV and New Haven, before becoming Rector of St. John’s in Waterbury, where he served for 21 years.

Gabriella Brand is an educator, writer, inspirational speaker, and foreign language enthusiast. A former Middle School Head at various independent schools in Connecticut, Gabriella has also taught French, Spanish, Latin, and English to thousands of students of all ages and abilities. She holds an MA from Middlebury College, a BA from Antioch College, and a diploma from the University of Neuchâtel, Switzerland.

Dr. Virginia Bush attended Wellesley College, received her PhD from Columbia University, and is a Fellow of the American Academy in Rome. She has taught in New York, New Jersey and Connecticut, has authored articles on Italian Renaissance art history and modern art, and has worked in art galleries and arts administration. Her travels throughout the U.S. and Europe have resulted in a collection of about 30,000 art images.

James W. Coleman, Sr. is an independent financial advisor with two decades of experience in the financial services industry. He has hosted numerous radio talk shows (All about Money on WATR) and has been a guest speaker on a number of TV interviews. He has authored Educated Investing: Your Guide to Surviving, and Thriving in the Fast-Paced Global Markets of the 21st Century and is the current President of the Connecticut Chapter of SOFA (Society for Financial Awareness).

Steve Collins is currently the Executive Director of the Waterbury Symphony Orchestra. He was also the Director of Education for the New Haven Symphony Orchestra. He performs with the New Haven, Hartford, and Greater Bridgeport Symphony Orchestras, Goodspeed Musicals, and chamber ensembles across the tri-state area. He holds a BA in Music from the Hartt School of Music, University of Hartford.

Dr. Maryellen Considine is an exhibiting artist whose work has been shown throughout Connecticut, New York and North Carolina. She holds a doctorate in art education with a concentration in painting from Columbia University.
Julie Cook studied piano at the Hartt School of Music and has taught for twenty-eight years at her studios in Newtown and Woodbury. She facilitates workshops for musicians and non-musicians for the purpose of health and self-expression. She is a certified facilitator of Music for People, an organization that promotes an improvisational approach to music.

William Courtland is a teacher, lecturer and workshop facilitator who researches Chinese medical theory and its mind-body relationship. He is currently a faculty member at the Connecticut Center for Massage Therapy in Westport and Newington, where he teaches Acupressure and the theory of Chinese Medicine.

Barry Davis is a graduate of C.W. Post College. He taught American History, Principles of American Foreign Policy and Political Science for 31 years, retiring in 1993. Three years before retiring, he began a computer consulting company, Small Business Computing, LLC. In that role, he designed and wrote custom software for businesses of up to $100 million in sales.

Dr. Maria Decsy is an adjunct professor of World Religions at Manchester Community College and of Human Biology at Middlesex Community College. Maria holds a MA in Pastoral Ministry and Spirituality, PhD in Biochemistry, and a Certificate in Spiritual Direction. She is a Spiritual Director and a member of the Retreat Team at OLC Retreat Center in Farmington, CT and teaches World Religions at retreat centers, churches, and at the York Correctional Institution.

Nunzio De Filippis has a degree, with honors, in Political Science from Queens College and 43 doctoral credits from the CUNY Graduate Center. A businessman for 35 years, he began teaching opera at the age of 51 to share his lifelong passion for the subject. He has taught Opera History.

“Stimulating! Excellent materials to read – Superb presenter!”

Sheila Waters Fucci earned her BFA in dance from the Boston Conservatory of Music. She has performed, choreographed and directed for community theaters throughout Massachusetts and Connecticut, including The Warner Theatre, Thomaston Opera House, and Salisbury Players. She currently teaches Musical Theater and Tap at the Warner Theatre Center for Arts Education, Deborah’s Dance Workshop in Torrington and Connecticut Dance Theatre.

Bridget Grady is an award winning artist/educator who has exhibited nationally and internationally. Her art research focuses on issues around the environment. Most recently she was awarded a grant for her painting and pedagogical research for her series, “Glut,” from the School of Art, Design and Media at Nanyang Technological University in Singapore. Her painting, from the series, “Conversation with Peter and Paul”, was selected for publication by Manifest Creative Research Center for publication this summer.

Kathleen Greco is a certified Yoga instructor registered with Yoga Alliance. She is known for her ability to be creative as she designs variations of the traditional postures accommodating diverse needs and capabilities. She has made Yoga a life-long practice.

Rosalie Griffin received a BA in Mathematics from Albertus Magnus College and a MALS from Wesleyan University. A Waterbury native, she taught mathematics for 35 years at Crosby High School in Waterbury, presently serves as an adjunct instructor at NVCC and is a returning OLLI presenter.

Polly Gunther is a self taught genealogist. She has been researching and unraveling her family’s history for about seven years and is a member of the Connecticut Society of Genealogists, Connecticut Professional Genealogists Council, The New England Historic Genealogical Society, Godfrey Memorial Library, and the Society of Mayflower Descendants of the State of Connecticut. Polly is a retired elementary teacher.
**Dr. Arnold Heiser** is an Emeritus Professor of Astronomy at Vanderbilt University. His research papers have appeared in the *Journal of the Variable Star Association* and *The American Astronomy*.

**Judy Jaworski** has been teaching drawing and painting for more than 40 years, at the YWCA, Naugatuck Adult Education, Heritage Village, and the Naugatuck Senior Center. She studied at the Rhode Island School of Design. Judy has been listed in the Artists’ Bank at the Connecticut Commission on the Arts and was a member of the Watertown Art League. Her paintings have been exhibited throughout Connecticut and are in numerous private and public collections.

**Barclay Johnson** is an Emeritus teacher of English at Taft School in Watertown, a creative writing seminar teacher at Post College and is a writer, speaker and previous OLLI presenter. He holds a BA from Middlebury College, a MA from Trinity College along with CAS grad credits from Wesleyan University.

**Jeremy Joyell** is a Waterbury native who spent most of his professional life teaching English at both the high school and college levels. He received his BA in English from UConn, an MS from the University of Hartford, and thirty-three graduate credits from Trinity College, CCSU, University of Hartford, and URI. Now retired, he has authored a memoir about childhood in the 40’s and 50’s, *A Lifetime Ago: Before the Death of Childhood*.

**Frank Lussier** holds a BS and MS in Chemistry from Providence and Holy Cross Colleges respectively. He worked as an analytical chemist for 44 years at the Uniroyal Chemical Company in Naugatuck and Middlebury, managing a large Analytical Instrumentation Laboratory. After retiring from Uniroyal Chemical in 2001, Mr. Lussier taught Introductory Chemistry at Naugatuck Valley Community College. He is also an Adjunct Instructor in Chemistry at Quinnipiac University.

**Mariah Martin** is a cultural historian with a background in art and architecture. She earned a Masters degree in art and religion from Yale Divinity School. She continues to research and write about the dwelling as an expression of spirituality, ecology and world view. She is certified in Feng Shui and has studied and worked with Feng Shui and Vastu architects.

**Sue Matsuki**, a 20-year Jazz/Cabaret Singing veteran, comes back home to Waterbury to teach this extraordinary class. Sue has played in legendary jazz clubs – The Village Gate, The Iridium, Birdland and Sweet Rhythm – and the best Cabarets in town, such as Feinstein’s at the Regency, The Metropolitan Room & The Laurie Beechman Theatre. Sue will be accompanied by one of New York’s leading Musical Directors.

**Sandra Noel** is Director of Congregational Care and Senior Ministry at Bethany Covenant Church in Berlin, CT. After retiring and returning to Graduate School, this second career allows her to integrate the study of aging, counseling, spirituality, and life story by leading life story and reminiscence groups, interviewing and writing life, and using the life story process in care giving work. She is a member of the American Society on Aging, Forum on Religion, Spirituality and Aging, and CT Gerontology Consortium, and has published reviews in Educational Gerontology Journal.

**Penny O’Connell** has a BA in Political Science from Skidmore College. She is a retired high school history teacher with a broad view of world history, having taught courses on the Ancient World, and European and American history. She has spent years trying to unravel the mysteries of our historical past and is delighted to share her discoveries with those who have inquiring minds.

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“I like OLLI! It is fun and engaging. Lifelong Learning is exciting to me. Thank you. I need it”
Gary Ruggeri attended Sacred Heart in Waterbury, received a degree in Education from Southern CT State University and completed his 5th year in Science from Central Connecticut State University. He taught biology and the sciences at Northwest Catholic High School, Wethersfield High School, and also at Briarwood College. He served in the U.S. Navy and is married with three adult children.

Barbara Schafer is a graduate of the Unity School of Christianity in Unity Village, MO. She is a certified Licensed Unity Teacher (similar to a deacon). She has taught at the Unity of Bridgeport Church, the Unity of Greater Hartford Church and the Unity in the Foothills Church in Torrington, CT. Barbara is a graduate of St. Joseph’s Hospital, earned a BSN from Wiles University and a Master in Nursing from the University of Pittsburgh. She has been a Reiki Master Teacher since 1996 teaching all levels of Reiki at her private practice, Holistic Health Unlimited in Naugatuck and is a Reiki volunteer at Griffin Hospital and Cancer Center.

Aileen Singleton began her artistic career fifteen years ago. Today she is best known for her painted collages – art that combines a painting and fabric collage. She currently teaches art at the Mattatuck Museum and has exhibited at Goldsmith’s Gallery, 663 Main Street Gallery, Silas Bronson Library; as well as private showings for auctions and commissioned works. She received her Associate of Arts degree in Fine Arts and a graduate degree from UC Santa Barbara.

Jane Sirignano has been a Cancer Project cooking instructor for six years and has taught OLLI classes since the inaugural session. She has a diploma in nutrition and managed a natural foods store. Her knowledge, passion and enthusiasm from 37 years of experience with natural foods will inspire and motivate you!

George Siros is a retired Information Technology executive from Otis Elevator, where he developed computer-based manufacturing systems for use throughout North America. He introduced the PC to Otis and oversaw the proliferation of more than 2,000 PCs to their North American locations. With a BS in Marketing from UConn, he is now an avid amateur woodworker who enjoys designing and building wood projects using Google Sketchup.
OLLI Café is a venue for the exchange of ideas and experiences focusing on improving the quality of life. The goal of OLLI Café is to present a potpourri of presentations and activities that provide information and new knowledge to OLLI members.

Bring your lunch and we will provide the coffee and fruit! OLLI Café presentations are open to all OLLI members. These are not courses—OLLI Café is one of the benefits of your annual OLLI membership. Pre-registration is not required. The weekly event features a guest speaker followed by a short Q&A session.

Fridays—Room #119 • 11:30 – 12:00 Lunch • 12:00 – 1:00 Speaker Presentation

SEPTEMBER 16
Working on Mysteries Without any Clues

An overview of the book Clueless in New England, hear how author, Michael C. Dooling gathered information about three old, cold cases involving the disappearances of three young women. The cases include the oldest cold cases in Connecticut and Vermont, and a third case virtually forgotten but with similar circumstances to the other two.

Michael C. Dooling, a returning OLLI Café presenter, is a news librarian and historical writer at the Waterbury Republican-American, and author of Clueless in New England in addition to other books and articles.

SEPTEMBER 23
Pirates of the Caribbean

Maritime Pirates of the ‘Golden Age’ (1650 – 1726) have been romanticized and vilified by subsequent generations of authors and film makers. But, the historical truth lies somewhere else entirely. The surge in Atlantic piracy actually brought about alternative views of leadership, egalitarianism, and written articles governing conduct. This talk will look at some of the infamous pirates of the 18th century as well as pirates in today’s post-cold war world.

Steven Park teaches maritime studies at UConn Storrs and U.S. History at UConn Avery Point. His doctoral research covered the burning of H.M.S. Gaspee, a British schooner that was set aflame by a colonial mob in Rhode Island years before the American Revolution. He lives in Willington, CT with his wife and three children.

SEPTEMBER 30
Blacksmithing at the Abbey of Regina Laudis – A Modern Interpretation of an Ancient Tradition

Hear how the tradition of blacksmithing is carried on at the Abbey’s Phoenix Blacksmith Shop which was built in 1750 and restored in 2004. In the Benedictine Tradition of Ora et Labora (pray and work), the blacksmiths of the Abbey fabricate works for the monastic community and the public and repair farm machinery and tools. See some of the tools of the craft and some of the work produced at the Abbey forge.

Mother Anastasia Morgan has worked in the Abbey’s blacksmith shop for 25 years, using traditional and modern technology to repair tools and farm machinery and fabricate fixtures and sculptures. She has trained apprentices in the technique, to include the care of the fire and forge, along with drawing out heated metal and welding.

Brother Kevin McElroy an apprentice blacksmith, is also an accomplished wood worker/carpenter and theater set designer, and has transferred his expertise in these areas to blacksmithing.

OCTOBER 7
Enjoy popular and folkloric guitar music from the different countries of Latin America. Hear and sing along to romantic songs like Besame Mucho, Quizas,Quizas, Quizas (known as Perhaps, Perhaps, Perhaps) as well as some new and unfamiliar songs from Latin America.

Francisco Quintano teaches guitar classes in the Cultural Arts Academy program of the Hispanic Coalition of Greater Waterbury, Inc., and also plays guitar in his church.

OCTOBER 14
Guan Yin: A Supreme Image of Compassion

It is said that every being on earth holds the Buddha nature within and the Buddhist tradition recognizes that each one of us has tremendous inborn capacity for compassion. Guan Yin is the image of a celestial being who, having attained Buddhahood, chose to stay on earth until the suffering of all sentient beings was alleviated. Join us as we watch the incredibly lovely and intriguing dance called “The Thousand Hand Guan Yin” performed by The Disabled Dance Troupe of China. All of these dancers are deaf and yet, their dance of compassion is filled with the utmost grace and beauty. The dance itself was performed at the closing ceremonies of the 2004 Athens Paralympics. The rhythm and magic of this group is exquisite and well worth taking the time to understand.

Dr. Carol Rizzolo recently earned her PhD in Mythological Studies with an emphasis in Depth Psychology. The mother of three
young men, Carol enjoys bicycling and kayaking, playing the concert harp, classical guitar, and the piano and is an OLLI presenter.

**OCTOBER 21**

Sing Along With ‘The Humble Bees’

Enjoy the unique musical entertainment of this musical group, singing and playing a new-style ukulele called the Fluke, also accompanied by tenor guitar and bass. This five-man group has been performing throughout Connecticut for the past nine years. Come sing along to your familiar old favorites and perhaps hear a performance of “Danny Boy” played on a 100-year old saw!

The Humble Bees singing group includes Marvin Beloff, Peter Burch, Bruce Burchsted (ukulele), Steve Lazarus (tenor guitar) and Barry Spencer (mini-bass and saw).

**OCTOBER 28**

To Age or Not to Age?

Old age is seen as a time when we become frail, weak and incapacitated, but does it really have to be like this? What are the factors surrounding the aging process? We all need to re-examine our beliefs and impressions of aging and open up to understanding the concepts of chronological, biological, and psychological ages, and the interrelationship of age and awareness. Hear examples from different cultures, along with scientific evidence.

Dr. Eashwarlall Ramdhani (PhD, MD) is an alternative medical doctor who has dedicated a greater part of his life to the practice of health and alternative medicine. He has taught in his birth country, Guyana, South America and is a member of the American Alternative Medical Association.

**NOVEMBER 4**

Friday Noon Live

OLLI at UConn members and member-presenters are multitalented and the creators of written work, performance art, and various other means of creative expression. This OLLI Café is dedicated to showcasing the talent of our own OLLI members. Please join us for a fun, creative, OLLI Café!

**OLLI LUNCHTIME CLASSES 11:40 AM – 1:00 PM**

- **PR-407 Bless This Dwelling – Sacred House, Sacred Ceremony**
  Mariah Martin (see page 17 for details)

- **PA-411 Life is a Cabaret – New York Cabaret Comes to Waterbury**
  Sue Matsuki (see page 17 for details)

- **MS-406 Searching for Earth-like Habitable Planets**
  Arnold Heiser (see page 17 for details)

- **CO-401 Not Your Father’s Internet**
  Cindy Eastman (see page 19 for details)

- **MS-402 Chemistry Concepts in Everyday Living**
  Frank Lussier (see page 17 for details)

- **PR-401 Gospel of Mary Magdalene**
  Rev. James Bradley (see page 18 for details)

- **LW-414 Ernest Hemingway & F. Scott Fitzgerald**
  Barclay Johnson (see page 18 for details)

- **PR-405 Religions of the World**
  Maria Decsy (see page 19 details)

- **VA-406 Beginning Art / Drawing**
  Aileen Singleton (see page 19 for details)

- **HS-433 U.S. Constitution: Preparing for the 2012 Presidential Election!**
  Barry Davis (see page 18 for details)

- **VA-407 Come to the Artist’s Studio**
  Dr. Maryellen Considine (see page 20 for details)

- **GE-401 What Branch Are You From? Researching Your Family tree**
  Polly Gunther (see page 20 for details)
This hands-on OLLI workshop is sponsored by UConn library personnel from the Waterbury, Torrington, Avery Point, and Storrs campuses. A basic knowledge of computers and familiarity with the internet is required. This workshop takes place during OLLI Café time.

See registration form to sign up for one of these workshops – circle your date of choice. 4 Sessions – Wednesdays, September 21, 28, October 12, 19
11:40 AM – 1:00 PM in Room #317

Library Basics

This hands-on workshop will walk you through the basics to ensure that you take full advantage of your library privileges. Learn to use the catalog and website to identify books/ebooks, videos, and online articles. You’ll learn how to review your account, request items from other UConn libraries, and renew your materials online! Participants are encouraged to bring their UConn Library card. To obtain a library card, stop by the library with your OLLI membership card.

Shelley Goldstein is the Director of the UConn Waterbury Library. Among her many hats, she provides instructional / research sessions to undergraduates and graduates, serves as the Regional Campus Libraries’ Webmaster, and conducts workshops on plagiarism prevention at various campuses.

MATTATUCK MUSEUM PRESENTS LUNCH & LEARN TRILOGY

See registration form to sign up for one of the Mattatuck Museum Lunchtime Trilogy lectures. Check date of choice – attendance is limited.

Tours: 11:30 AM – 12:30 PM
12:30 PM: Continue discussion over lunch (for purchase) at the BMuse Café in the museum.
Wednesdays, October 5, 12, and 19, 2011

Join us for private tours of three intriguing exhibits with master docent Judy Kollias.

Judy Kollias, whose gallery talks and lectures draw rave reviews, will conduct three tours of the Connecticut Pastel Society’s 18th Annual National Exhibition at the Mattatuck Museum Arts & History Center. The lectures will feature over 100 works by highly acclaimed artists. Judy will discuss the portraits, landscapes and still life pastels in the exhibit in three sessions.

Judy Kollias is a retired teacher and popular lecturer at the Mattatuck Museum Arts and History Center. She is currently the co-chairperson of the OLLI Curriculum Committee and member of the OLLI Leadership Council. Judy taught Spanish language, literature and culture at Cheshire High School and at Quinnipac University. She served as a docent at Yale Center for British Art for 10 years and is currently a docent at the Mattatuck Museum Arts and History Center.
Enjoy day trips with OLLI members planned by the Travel Committee and Friendship Tours. If you have suggestions for future trips, you may leave them in the OLLI Suggestion boxes at either Information Table addressed to the Travel Committee. Join us for OLLI Travel and learn about new and old places waiting to be explored. For Registration and other information, see “Some Facts for OLLI Travelers” below. For reservations or questions, call Ben at Friendship Tours – 860-263-0174

**West Point, New York – Guided Tour and Lunch at Hotel Thayer**

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West Point, our nation’s oldest military academy has been training the best of the best in the U.S. Army since 1779. Trace the footsteps of many of our country’s leaders. Highlights include Cadet Chapel, Trophy Point, Parade Grounds and Visitors’ Center. Enjoy a delicious lunch at the Hotel Thayer, situated on the grounds of West Point and overlooking the Hudson River. After lunch enjoy the West Point Museum and Gift Shop.

**Trace Your Family Tree at the New England Historic Genealogical Society, Boston, MA**

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<th>Trace Your Family Tree at the New England Historic Genealogical Society, Boston, MA</th>
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Want to learn about your heritage? Spend the day researching your ancestors and heritage. Arrive in Boston for lunch at “The Living Room,” a contemporary restaurant near the waterfront, then on to the NEHGS, an eight-story library which is one of the premier genealogy centers in the country. Housing over 20 million books, manuscripts, family papers, documents, journals, etc. dating back more than four centuries, the NEHGS is not limited to just New England but offers access to materials and resources from countrywide sources. NEHGS genealogists will be available to assist in your research.

**The Vintage Radio & Communications Museum and the N.E. Air Museum, Windsor, CT**

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<th>The Vintage Radio &amp; Communications Museum and the N.E. Air Museum, Windsor, CT</th>
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<td>Bus leaves Waterbury Hamilton Avenue Commuter Lot</td>
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Enjoy a morning at the Vintage Radio & Communications Museum. Docents will help you tune radios over 80 years old… talk over candlestick telephones … crank a phonograph and listen to 100 year-old records… view the earliest TVs along with all the beginnings of our technological age. Family-style lunch will be served at the LaNotte Restaurant. After lunch, the N.E. Air Museum’s massive collection is waiting to amaze you. The museum displays over 125 aircraft and 200 aircraft engines, along with balloon baskets and fighter jets. Time will be divided between a docent led tour and free time to explore.
Visit our Nation’s Capital at Cherry Blossom Time – OVERNITE TRIP to Washington D.C.

Saturday – Monday, March 31 – April 2, 2012
Member price $409 (twin/triple) $545 (single)
Includes deluxe motorcoach, 2 nights Radisson Hotel, 2 dinners, all sightseeing & admissions, tour director and all gratuities.

Enjoy two nights at the Radisson Hotel Crystal City with its lovely guestrooms, restaurant, lounge and fitness center. Tour D.C. to see the Vietnam & Korean War Memorials, FDR, and WWII Memorial – visit the Smithsonian with its world-famous museums – enjoy an evening tour of the beautifully illuminated monuments – experience Arlington National Cemetery’s Kennedy gravesites and the Tomb of the Unknowns. A trip to remember! Call Friendship Tours for a complete trip flyer.

friendship tours

Trips are open to current OLLI members on a first come, first served basis. If extra bus seats become available, non-OLLI members (on waiting list) will be allowed to register at an additional fee. For reservations or questions, please call Ben at Friendship Tours, 860-263-0174, not the OLLI office. Once registered, please mail check made out to Friendship Tours, 533 Cottage Grove Rd., Bloomfield, CT (ATTN: Ben). Once your check is received by Friendship Tours, you will receive confirmation through the mail.

If you have any special needs or handicaps, please advise Friendship Tours when you sign up.

Please note – Trip fees are non refundable unless a substitute is available.

OLLI Book Club at John Bale Bookstore & Café

The OLLI Book Club will be discussing book selections at John Bale Bookstore and Cafe, 158 Grand Street, on the third Monday of each month at 2:00 PM. Participation is open to all current OLLI members and book readings and selections will be decided by the group. Lunch, at the member’s expense, is available prior to and during the open discussions. Contact Nancy Via at nvia@sbcglobal.net. Happy Reading!
Events Open to the Public

Parking in the UConn Parking Garage on days other than Friday is limited to degree-seeking students, faculty, and staff. Please use alternative street level or municipal parking. Please register for these events on membership registration form.

OLLI FOR A DAY – OPEN HOUSE

Wednesday, August 17, 2011
9:00 AM – 3:00 PM

BRING YOUR POST CARD INVITATION FOR A DRAWING TO WIN AN ANNUAL MEMBERSHIP!

Calling all former, current, and future OLLI Members! This event is open to the general public. OLLI members are encouraged to attend and bring their friends. Attendees will be eligible to enter a drawing for a free OLLI membership! Bring your post card invitation and drop it in the silver box!

9:00 AM – 10:00 AM – Continental Breakfast, Fall Registration (room #218) and Information Tables.

10:00 AM - Keynote Speaker (multipurpose room) Growing Up Italian in America – Waterbury native, Joanna Clapps Herman humorously tells the story of her Italian heritage and what it was like growing up in Waterbury. She says she was born in 1944 but raised in the 15th Century BCE.

Joanna Clapps Herman has published poetry, fiction, memoirs and essays. Her latest publication is her memoir, The Anarchist Bastard: Growing Up Italian In America. She has spoken at Harvard and The Tenement Museum repeatedly and currently teaches at The City College (CUNY) Center for Worker Education, and is on the Graduate Writing Faculty of Manhattanville College. Books will be available for sale.

Visit Committee tables in the main concourse, and OLLI on-site registration in room #218 (second floor).

12:00 Noon – Bring your own lunch or enjoy a special OLLI discount lunch at participating downtown restaurants. Details provided at Open House.

YOUR CHOICE OF FOUR AFTERNOON PROGRAMS! 1:30 PM

GOING DEEP: A Memoir Writing Workshop!
Room #333 (Option A on registration form)
In this writing workshop, participants will find their way to their deepest memories – recalling important events, bringing these memories to the surface and writing about the forgotten details of the past. Finding the right language, images and sensory details will make that time come alive – creating the pleasure of the true writing experience.
Joanna Clapps Herman, the morning keynote speaker, will present this writing workshop.

Composing a Creative Life on Purpose!
Room #327 (Option B on registration form)
Imagine, connect and act on purpose to create the life you want to lead. Explore creativity and apply your imagination to rediscover your purpose – and life – as a creative act. Learn strategies for creative thinking, discover new connections between your creativity and your purpose, and learn to think in new ways about your possibilities and challenges.

Steve Dahlberg heads the International Centre for Creativity and Imagination, is vice president of innovation for Future Workplace, and teaches Creativity & Social Change at UConn.

Preserving the Art of Dance
CT Dance Theatre, Howland Hughes Building, 120 Bank Street, Waterbury
(Option C on registration form)
Donna Bonasera and Sheila Waters Fucci will share their knowledge of dance training and the historical values of preserving dance. Discussions and dance movement will be encouraged with class participation of how to keep dance in the forefront.

Food to Live For!
Room #119 (Option D on registration form)
Heart disease, cancer, stroke, and diabetes are the top killers of men and women. Learn how to prevent and reduce the risk factors, how to improve the quality of your life now, and possibly reverse type 2 diabetes, hypertension, and other lifestyle-related diseases. See demonstrations of simple and great tasting dishes that are also gluten-free – dishes anyone can make in their own kitchen. Taste and see for yourself!

Jane Sirignano will be presenting the Food for Life Nutrition & Cooking Classes which are sponsored by the Cancer Project. Fall classes welcome cancer survivors, friends, family and anyone interested in cancer prevention and healthy eating.

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Events Open to the Public

Events open to the public include celebrations, film premieres, author talks, special lectures, and other programs.

CONNECTICUT POETRY CIRCUIT

Tuesday, October 18, 2011
12:30 PM – 2:00 PM in multipurpose room #113 – 116
Light refreshments will be served.

Benjamin Grossberg is the author of two full-length, award-winning poetry collections, Sweet Core Orchard, and Underwater Lengths in a Single Breath. His work has been described as “brave, unabashed, at times theological and utterly exuberant – with a sweet wild energy at its core.” Grossberg’s poems have appeared widely in journals, including New England Review, North American Review, Paris Review, Southwest Review, and Missouri Review.

Benjamin Grossberg is an associate professor of English at the University of Hartford. He earned a PhD in Creative Writing and Literature, focusing on poetry and the writing of the English Renaissance, from the University of Houston. A resident of West Hartford, CT, Grossberg previously lived on a small farm in rural Ohio, teaching at the Antioch College. It was in Ohio that he planted the apple orchard from which his collection Sweet Core Orchard takes its title.

Olli AT UCOnn OFFers the AARP DRIVER SAFETY COURSE

The NEW 4-hour course offers drivers:
• Insight into how age-related changes in vision, hearing and reaction time affect driving
• Information about the most dangerous situations for older drivers
• Tips for driving with trucks, buses and other large vehicles
• Strategies for handling aggressive and impaired drivers
• Recommendations for scanning habits, mirror adjustments and following distances
• Ways to evaluate unsafe driving habits.

Upon completion, participants will receive a Certificate which they can submit to their insurance companies for an insurance discount. State law mandates that all insurance companies must provide a discount of at least 5% off liability insurance for at least two years for those 60 and older. Check with your insurance company to verify the discount.

Registration and Cost

Please call 203-236-9924 to register today!

Fees are payable on the first day of class in the classroom (UConn Waterbury campus, Room 119)

$12 AARP Member (you must bring your membership card to the first class)

$14 Non-AARP member

OLLI Membership is not required to register

AUTHOR TALK

Dr. Jerry Labriola Talks About The O.J. Simpson Case and the Assassination of JFK.

Wednesday, October 19, 2011
6:00 PM – 7:30 PM in the Multipurpose Room
Light refreshments will be served.

What is the nature of forensic science? Hear about DNA and the human genome, along with highlights from the aforementioned cases. Hear about Dr. Labriola’s latest book – a mystery/suspense novel titled Scent of Danger (available for purchase and personally inscribed and signed by the author). Those purchasing the book will receive a complimentary copy of one of his earlier mysteries.

After his first exposure to forensic pathology while serving in the U.S. Navy, Dr. Jerry Labriola practiced medicine for 35 years and was an Assistant Professor at the University of Connecticut Medical School. A Yale graduate and former Chief of Staff at a major teaching hospital, he also served as state senator, ran for Lt. Governor and Governor of Connecticut and for the U.S. Senate. He is the author of seven mystery novels and co-author of four books with renowned forensic scientist, Dr. Henry Lee.

OLLI AT UCOnn OFFers The AarP Driver saFety COurse

Sign up for one of the sessions on the member registration form – circle date of choice

On today’s challenging roadways, we need to be able to adapt quickly to the demands imposed by changing traffic patterns, more cars and trucks, and the changes in our bodies as we age. The AARP Driver Safety Program is the nation’s first and largest classroom driver safety course designed especially for drivers age 50 and older. There are no on-the-road or written tests. Participants learn how to operate their vehicles more safely in today’s increasingly challenging driving environment.

The power to make it better.

 Wednesday, September 28, 2011  9:00 AM – 1:30 PM OR
 Tuesday, October 25, 2011 9:00 AM – 1:30 PM
 #119 – first floor

Please call 203-236-9924 to register today!

Fees are payable on the first day of class in the classroom (UConn Waterbury campus, Room 119)

$12 AARP Member (you must bring your membership card to the first class)

$14 Non-AARP member

OLLI Membership is not required to register
Parking in the UConn Parking Garage on days other than Friday is limited to degree-seeking students, faculty, and staff. Please use alternative street level or municipal parking.

Friday, November 11, 2011
2:00PM-3:00PM, Multipurpose Room
Light refreshments will be served.

Please join OLLI at UConn in its annual celebration of Veterans Day! Our tribute to America’s heroes continues this year with a new celebration. Previous years have brought us Brigadier General Wilma Vaught, one of the most highly decorated women in U.S. history, as well as Jay White, Readjustment Counselor at the Hartford Vet Center. Details on this year’s ceremony will be forthcoming, but you can count on a formal military ceremony dedicated to our nation’s past, present, and future fighting men and women. Be sure to invite any veterans as well as friends and family to this solemn and thought provoking event.

Parking in the UConn Parking Garage on days other than Friday is limited to degree-seeking students, faculty, and staff. Please use alternative street level or municipal parking.

UCONN WATERBURY RESEARCH LECTURE SERIES

Street Kids: Homeless Youth, Outreach and Policing
New York’s Streets
Tuesday, September 27, 2011
12:45 PM – 2:00 PM, Room #333
Street outreach workers comb public places such as parks, vacant lots, and abandoned waterfronts to search for young people who are living out in public spaces, if not always in the public eye. Street Kids opens a window to the largely hidden world of street youth, drawing on their detailed and compelling narratives to give new insight into the experiences of youth homelessness and youth outreach. The book is a culmination of a multi-year ethnographic investigation into the lives of street outreach workers and ‘their kids’ on the streets of New York City.

Kristina E. Gibson is an assistant professor in residence of Geography, and the Urban and Community Studies Program at the University of Connecticut, Waterbury. Her research interests include critical youth studies, public space, and social justice. She teaches courses in urban geography, urban disasters, social theory and critical social issues.

Literary Modernists as Teachers
Wednesday, October 19, 2011
12:45 PM – 2:00 PM, Room #333
Come learn about a different side of literary modernism! Many literary critics still contend that modernist writers wrote difficult poetry and novels in order to alienate readers. We’ll consider why this is a narrow view by looking at major modernist authors Joseph Conrad, Ezra Pound, and Virginia Woolf who engaged in educational projects that allowed them to help readers make sense of the difficult literature of the early twentieth century. We’ll garner a more comprehensive understanding of the contributions of these authors, as well as of the larger, transatlantic cultural phenomenon of modernism.

Ellen Carillo, Ph.D. is an Assistant Professor of English and Writing Program Coordinator at UConn, Waterbury. She teaches undergraduate and graduate courses in literature and composition and has published on a range of subjects from the teaching of writing to literary modernism. She lives in West Hartford with husband David, son Avi, and Labrador Retriever Morgan.

From Reporting to Reflection – Cognitive to Affective
Tuesday, November 15, 2011
12:45 PM – 2:00 PM, Room #333
This session is about helping students understand that reflections are learning experiences and comprise much more than just reporting facts from course materials. Although the initial work was developed with graduate classes, more recent opportunities with undergraduates have shown that mentoring the change from a cognitive focus to an affective one is possible with guidance and helpful instruction. This work has resulted in the students realizing a need for deeper and more considered thinking in their assignments.

Dr. Keith Barker is the Director of the Institute for Teaching & Learning at the University of Connecticut. He is also Associate Vice Provost for Undergraduate Education.

Dr. Laura Donorfio is an Associate Professor in the Department of Human Development and Family Studies.
OLLI Partnership Events

OLLI members will receive discounts for events sponsored by partnering organizations.

THE PALACE THEATER ❤ OLLI

YOUR PALACE
- YOUR PLACE -

To thank our OLLI friends for supporting the Palace we’re offering members a special 20% discount on these wonderful shows – just show your OLLI membership card at the Palace Box Office. NO handling fees when you purchase your tickets on Senior Fridays from 10:00 AM – 2:00 PM at the Palace Box office.

The Tales Of Hoffmann
(Les Contes d’Hoffmann) OPERA – by Jacques Offenbach, directed by Adrian Sylveen
Saturday, November 19 – 8:00 PM
Fully staged co-production presented by The Connecticut Virtuosi – CT’s Premier Chamber Orchestra and the CT Lyric Opera.

Bing Crosby Christmas Spectacular
Saturday, November 26 – 4:00 PM
Bing Crosby’s Christmas Spectacular is a sentimental musical romp that recreates the era of uplifting family entertainment in a refreshing tribute to one of America’s all-time favorite performers. This lavish production features stunning costume design by Bob Mackie and will showcase classic film highlights from Crosby’s television specials.

*Offer excludes fees unless purchased in person on Sr. Fridays (from 10:00 AM – 2:00 PM) & previous sales. Cannot be combined with any other discounts or offers. Some restrictions may apply.

CONNECTICUT DANCE THEATRE

Connecticut Dance Theatre Open House is Thursday, August 25, 2011 – free and open to the public, Connecticut Dance Theatre will offer OLLI members a 10% discount on all CDT performances and social dances in Fall (DTBA) as well as 10% off Festival of the Tree and Nutcracker Performances (November and December).

Donna Bonasera

For all CDT events, contact Donna Bonasera at CDTstudio in the new location at 120-140 Bank Street 203-573-0004
The WSO is offering a 20% discount to OLLI members on any single “choice” ticket ($30, discounted to $24). Call the WSO office at 203-574-4283 to purchase your tickets.

“Heroic Beethoven”

featuring a recreation of the battle at Waterloo and Beethoven’s seminal Third Symphony.
Saturday, October 1, 2011 – 8:00 PM at the NVCC Fine Arts Center

Come Join The Fun!
Seven Angels Theatre is offering a 10% discount to OLLI Members on any single ticket to Mainstage Shows during the 2011-2012 season. Call the Seven Angels Theatre box office at 203-757-4676 for details and a complete list of shows for their 21st season.

Remember: All OLLI members are Mattatuck Museum members and receive the same member benefits.

OLLI Program Membership Benefits

- Members of the OLLI Program have unlimited free admission to the Museum by showing their OLLI membership cards.
- Discounted admission to the First Thursday Concert Series at the Museum; OLLI Members receive the same discount as Mattatuck Museum members.
- Free Admission to Museum Exhibition Openings.
- All communications from the museum to the OLLI staff and members will be sent by email. To receive emails, OLLI members must sign up at the Mattatuck Museum Arts & History Center web site.

First Thursday at the Mattatuck Museum

From 5:30 PM - 7:30 PM

To purchase tickets in advance call 203-753-0381 ext 10. Or go to the website at www.mattatuckmuseum.org for more information and to register online. Admission is $7 for museum and OLLI members. Convenient, free parking is located directly behind the museum on Park Place.

The Annual Brass Button Award

Friday, September 23, 2011

The Mattatuck Museum will present the Brass Button Award to William J. Pape II. For tickets go to www.mattatuckmuseum.org or call 203-753-0381 ext. 10.

Say “yes” to the paper Dress; Say “hi” to the tie!

Cocktail Party & Show, Saturday, September 24, 2011

Festive Cocktail Party and show of fantastic paper dresses, exotic hair, exclusive motorcycles, in a festive, party atmosphere. See the fantastic display of edgy art forms at this spectacular party. For tickets and more information go to www.mattatuckmuseum.org or call 203-753-0381 ext.10.
OLLI AT UCONN

Thanks the entire Waterbury Campus for its continued support!
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World Affairs Council – Connecticut and OLLI

The World Affairs Council is a non-partisan organization which promotes public understanding of global affairs and world issues by sponsoring programs, discussion series and seminars on international politics, business and culture. OLLI members can purchase tickets to World Affairs Council programs and events at World Affairs Council Member prices. To view upcoming programs please go to: www.ctwac.org and to participate in this offer please call the council at 860-416-2844.

Directions

The UConn campus is located at 99 East Main Street in Waterbury, across the street from the Palace Theater. Parking and directions to campus can be obtained from our website, www.waterbury.uconn.edu/osopher or by calling 203.236.9924.

Parking

By special arrangement with the UConn Waterbury campus, OLLI membership includes University parking privileges in downtown Waterbury. Parking passes are issued to paid members and presenters. OLLI members can use their parking pass in the UConn garage located on North Elm Street on a space available basis. Parking is allowed ONLY on levels 2 and 3. Parking on level 1 is reserved for faculty and staff only and is not permitted for students or OLLI members. OLLI members can also use the Scovill Street Garage on levels 5 and 6 by displaying their UConn parking pass. The Scovill Street Garage is located opposite the campus and directly behind the Palace Theater—it is a short walk through a paved courtyard to the UConn campus.
The University of Connecticut’s Waterbury campus serves more than 1,100 students annually. In its sixty years of operation, UConn Waterbury has opened the doors to educational access and excellence to thousands of Connecticut residents, many of whom have distinguished themselves in the fields of community service, business, education, law and politics. Today, the campus is located in a modern, state-of-the-art facility in the heart of downtown Waterbury. Our neighbors are the historic Palace Theater and a new arts magnet middle and high school, making our location a beacon for educational and cultural enlightenment. Students enjoy quality interaction with great professors and participate in research opportunities that enrich the college experience. An extensive range of undergraduate and graduate course offerings and study areas are available. Visit us online: www.waterbury.uconn.edu.