Lifelong Learning | Providing older adults with opportunities to engage in intellectual development, cultural stimulation, and social interaction.

(OLLI) at the University of Connecticut, Waterbury, CT

FALL 2010
September to November

Open House
OLLI for a Day
Tuesday, August 17
see details page 36
Welcome to the University of Connecticut’s Waterbury Campus!

Welcome to the fall, 2010 semester of OLLI! Our Leadership Council members have been working to bring all of us another banner year of interesting, thought-provoking and fun classes, informative and entertaining OLLI Cafe speakers, and more travel opportunities. We are entering the final phase of the Lifelong Learning Grant Program from the Bernard Osher Foundation and are deeply grateful to the Foundation. I encourage you to read pages 6 & 7 in this brochure which explains our funding in more detail. OLLI at UConn has just been awarded its fourth grant from the Bernard Osher Foundation and we are taking many steps toward the goal of being self-sustaining. With your help and generous donations to our very worthy OLLI program I am sure we will continue to realize a positive growth in our membership, new courses and partnerships and many more wonderful and worthwhile experiences for each and every one of us. Welcome to OLLI and a semester of intellectual pursuit, coupled with good and positive energy to our campus through their enthusiasm and engagement. I extend a warm welcome to each and every one of you. Please enjoy your time here and savor the fun of learning.

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Annual Membership Benefits

FEES ARE NON-REFUNDABLE!

Annual OLLI Membership is $60 – this is also called Basic Membership. When a member pays the annual $60 membership, benefits include:

- NEW – OLLI members are Mattatuck Museum Members (see page 35 for details)
- Participation in OLLI Café and other Lunchtime Activities
- Opportunity to register for OLLI courses (note new fees)
- UC Waterbury parking pass allows parking when on campus (see directions/parking when on last page for restrictions)
- Discounts for OLLI partnership events
- Entrance to Special OLLI Events
- Year-round notices about additional OLLI programs
- OLLI membership card
- Opportunity to participate in OLLI Trips
- Priority Registration

New this Fall

- Class Fee Structure
- Class Times and New Added Locations

Why Lifelong Learning?

Enjoyment, fulfillment, intellectual stimulation, shared enthusiasm, challenging discussions, enriching existing friendships and forging new ones – these benefits merely begin to answer the question, “Why Lifelong Learning?”

Lifelong learning is an educational philosophy that embraces a comprehensive definition of human inquiry; educational activities can and should be available through all stages of life. We are endowed at birth with insatiable curiosity and an incredible capacity to learn. Spend a few moments watching a group of children who encounter something completely new that captures their attention and challenges their intellect. There is pure delight in the adventure of experimentation and the thrill of discovery. The magnificent news is that there is no expiration date on inquisitiveness and imagination. Lifelong learning is a gift we give ourselves that allows us to once again experience that sense of awe and wonder, coupled with the satisfaction of mastering a new skill or adding to our store of knowledge. For adult learners, lifelong learning offers the added practical benefit of maintaining brain health.

Cognitive stimulation, otherwise known as “exercise for your brain,” is essential to maintaining high cognitive functioning in later life. “Cognition is dependent upon brain function and brain function can be improved through physical exercise and cognitive stimulation. Lifelong learning institutes offer older adults a myriad of opportunities to enhance their cognitive function.” (Simone & Scuilli, 2006)

Harkening back to the days when we were encouraged to seek a well-rounded education, we now have the opportunity to engage fully and ask the deeper questions using our own life histories and those around us. Lifelong learning allows us to relish – either again or for the first time – the big ideas of art, history, music, health, philosophy, politics, religion, science and more. And not just with our contemporaries, but with people ten, twenty, or thirty years older or younger. Some OLLI courses and programs are designed to be intergenerational, with college undergraduates working alongside OLLI members. The mix of young and old in a university setting opens up new worlds of interest, re-examination, excitement, varying points of view, and sometimes a healthy level of controversy. It enlivens our mind, helps focus our life, and gives us new insights to the world around us. And there are no exams! So come and revel in the experience of learning for the joy of it!

Alphonse Jarus finds the teachers, staff, classes and the students a great asset to his well-being. “Immersed in a summer language course made me feel like I was taking a bath in Spanish! Remembering a quote I read on Trinity Sunday, ‘I find delight in the human race.’ I think it especially applies to OLLI.”

Gen Delkescamp discovered OLLI to be a melting pot for curriculum and camaraderie. “We all experience values and principles to guide us through life. The individual satisfaction gained from such diverse classes as art, dance, music, health, history, medicine, etc. not only imparts knowledge, but offers a level of friendship with our peers.”

To join and register for fall classes, please fill out the enclosed membership form and return by Thursday, September 9, 2010. Please use the designated course number(s) to indicate your class choice(s) on membership registration form.
Funding the Osher Lifelong Learning Institute (OLLI) at the University of Connecticut

How can I help?

As we prepare for the future, we need to rely more heavily on individual donations from members and non-members who believe in the transformative work of lifelong learning and want to support its continuation and growth. You can help by making a tax-deductible donation of any size to our OLLI Sustainability Fund, and/or by remembering OLLI and UConn Waterbury in your estate planning (“Planned Giving”). Every individual who donates to the OLLI at UConn demonstrates local community support for lifelong learning and reinforces the commitment of the Bernard Osher Foundation. We have created an OLLI family here at UConn and together we can proudly sustain our Institute that improves the lives of thousands.

You can help by making a tax-deductible donation of any size to our OLLI Sustainability Fund. If you are considering a large gift for a specific purpose, a multi-year pledge and/or would like information about including OLLI and UConn Waterbury in your estate planning, please contact Brian Chapman, Director of OLLI at 203-236-9881 or brian.chapman@uconn.edu.

Every individual who donates to OLLI at UConn demonstrates local community support for lifelong learning and reinforces the commitment of the Bernard Osher Foundation. To make a donation in support of the “OLLI Sustainability Fund” please follow the instructions below.

- To donate online go to OLLI Foundation’s website: www.foundation.uconn.edu In the box provided, identify the Gift Designation by entering “OLLI Sustainability Fund (22682).”
- To donate by phone call: 800.269.9965 or 860.486.5000
- To donate appreciated securities call: 860.486.2965
- To donate via check, please make your check payable to: The University of Connecticut Foundation, Inc.

Please always remember to mention and include in memo: “OLLI Sustainability Fund (22682),”

Mailing Address:
The University of Connecticut Foundation, Inc.
Attention: Data Services
2190 Alumni Drive, Unit 1306
Storrs, CT 06269-3206

What is the OLLI Sustainability Fund?

Donations to the fund will benefit the general operation of the Osher Lifelong Learning Institute (OLLI) at the University of Connecticut - Waterbury Campus.

Why are all donations payable to “The University of Connecticut Foundation”?/What is the role of the UConn Foundation?

The University of Connecticut Foundation is a tax-exempt corporation that operates exclusively to promote the educational, scientific, cultural, and recreational objectives of the University of Connecticut. As the primary fundraising vehicle for the University, the Foundation’s mission is to solicit, receive and administer gifts and financial resources from private sources to support UConn’s pursuit of excellence in teaching, research and public service. Donations to OLLI and UConn Waterbury are invested by the UConn Foundation. For more information about the UConn Foundation please visit: www.foundation.uconn.edu.

OLLI at UConn is currently funded by grants, membership and course fees, and in-kind support from the University. Initial seed funding was provided by the Leever Foundation and the Connecticut Community Foundation in 2005, leading to a successful application to the Bernard Osher Lifelong Learning Institutes program.

How are we supported by the Bernard Osher Foundation?

Beginning in 2006, OLLI at UConn received $100,000 per year for operational expenses from the Osher Foundation’s Lifelong Learning Grant Program. These funds have been used to provide staffing, equipment, promotion, and other day-to-day expenses. OLLI at UConn received these critical funds in each of the last four years as a result of its successful membership growth and quality programming.

Will we continue to be supported by the Bernard Osher Foundation in coming years?

Due to its strength and success, OLLI at UConn has been invited to apply for a $1 million Osher Foundation Endowment in early 2011 – this would allow OLLI to have partial funding in perpetuity with the endowment providing approximately $40,000-50,000 (interest on investment) toward our annual operations in lieu of the $100,000 we have been receiving during each of the past four years. Obviously, the potential impact of receiving this generous gift is enormous and would provide great stability for our future. This new stability is achieved not without challenges, however. Our operating revenue will be cut by 50% as a result.

What are the advantages of an endowment?

Endowments provide long-term stable funding. Endowment principal (the one million dollars) can never be spent. Rather, the $1 million gifted to OLLI at UConn Waterbury would be invested and the Institute would receive a pre-determined portion of the annual interest each year. Unused portions of the interest (if any) would be added back to the initial principal to increase the size of the endowment as a future hedge against inflation.
### FALL COURSE TIME SLOTS / PAGES / ROOM NUMBERS

<table>
<thead>
<tr>
<th>CLASS TIMES</th>
<th>FIRST 4 WEEKS</th>
<th>FULL 8 WEEKS</th>
<th>LAST 4 WEEKS</th>
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<td>1:15 – 2:45 PM</td>
<td>SEPT. 17, 24, OCT. 1, 8</td>
<td>SEPT. 17 – NOV. 5</td>
<td>OCT. 15, 22, 29, NOV. 5</td>
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- **MU-402 ROMANTIC COUPLES**
  - Jane Davis Sine | Page #19 Room #323
  - Time: 1:15 – 2:45 PM

- **HS-408 ANCIENT AMERICA SOUTH OF THE BORDER**
  - Bill Bier | Page #19 Room #326

- **HS-404 STILL MORE QUEENS...**
  - Penny O'Connell | Page #19 Room #333

- **HW-404 CHINESE MEDICINE: HARMONY IN HEALTH AND EVIL IN DISEASE**
  - William Courland | Page #20 Room #227

- **HS-409 LANDS BETWEEN: 20TH CENTURY EASTERN EUROPE**
  - Dr. David Reed | Page #20 Room #218

- **PS-402 LIFE STAGE 2 – PASSIONS AFTER RETIREMENT**
  - Sandra Noel | Page #20 Room #224

- **HS-401 FOOD FOR LIFE – NUTRITION AND COOKING**
  - Jane Singmans | Page #20 Room #119

- **HS-403 REVISING ALGEBRA WITH THE TI-84 GRAPHING CALCULATOR**
  - Rosalie Griffin | Page #21 Room #210

- **CO-402 USING GOOGLE SKETCHUP TO DESIGN YOUR FAVORITE PROJECT**
  - George Siron | Page #21 Room #217

- **CL-402 CONVERSATIONAL GERMAN I – AUF DEUTSCH BITTE!**
  - Irene Zemaitaitis | Page #21 Room #207

- **SS-402 TALKIN’ ‘BOUT MY GENERATION**
  - Cynthia Van Fleet | Page #21 Room #210

- **HS-402 THE CITY IN FILM**
  - Dr. Ruth Glasser | Page #21 Room #227

### OLLI INTERGENERATIONAL LEARNING

- **PA-401 DANCE FOR THE LOVE OF IT!**
  - Donna Bonasera
  - 8 Classes – Sept. 14, 21, 28, Oct. 5, 12, 19, 26, Nov. 2 | Page #12 CT Dance Theater in the Howland Hughes Building on Bank St.

- **PA-402 DANCE FOR THE LOVE OF IT – WITH A LATIN FLAIR!**
  - Donna Bonasera
  - 8 Classes – Sept. 14, 21, 28, Oct. 5, 12, 19, 26, Nov. 2 | Page #12 CT Dance Theater in the Howland Hughes Building on Bank St.

- **PA-405 ALL TAPPED OUT!**
  - Stella Water Fours
  - 8 Classes – Sept. 14, 21, 28, Oct. 5, 12, 19, 26, Nov. 2 | Page #12 CT Dance Theater in the Howland Hughes Building on Bank St.

### OLLI OFF-SITE CLASSES

- **PA-401 DANCE FOR THE LOVE OF IT!**
  - Donna Bonasera
  - 8 Classes – Sept. 14, 21, 28, Oct. 5, 12, 19, 26, Nov. 2 | Page #12 CT Dance Theater in the Howland Hughes Building on Bank St.

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- **VA-401 GO GREEN! CREATE PAINTINGS WITH PAPER COLLAGE**
  - Carol Moore
  - 4 Classes – Sept. 16, 23, 30, Oct. 7 | Page #13 Mattatuck Museum Art Classroom

- **VA-404 VISUAL MEMOIRS: PAINTING FROM MEMORY AND/OR IMAGINATION**
  - Maryellen Considine
  - 8 Classes – Sept. 17, 24, Oct. 1, 8, 15, 22, 29, Nov. 5 | Page #13 Mattatuck Museum Art Classroom
Course Descriptions

OLLI INTERGENERATIONAL LEARNING

HS-402 The City in Film
Presenter: Dr. Ruth Glasser
14 Classes – Tuesdays from 6:30 PM to 9:00 PM
August 31, September 7, 14, 21, 28, October 5, 12, 19, 26, November 2, 9, 16, 30, December 7 – $40 (recommended books)
Room #326

PLEASE NOTE: This course meets on Tuesday evenings - course books are recommended but not mandatory.

Films reveal a great deal about historical periods, themes and places. This course will feature the cities of Boston and Baltimore. Of particular interest will be the written social history of the working class ethnic communities in these two cities, critically compared to how they have been depicted on the screen, in memoirs, travel pages and fiction. Each week documentary or feature films will be screened. Some of the titles include The Last Hurrah, Liberty Heights, and Mystic River.

OLLI OFF-SITE CLASSES

PA-401 Dance for the Love of It – With a Latin Flair!
Presenter: Donna Bonasera
8 Classes – Tuesdays from 12:00 PM – 1:30 PM
September 14, 21, 28, October 5, 12, 19, 26, November 2 – $40

NOTE: This class is held on Tuesdays at the new home of CT Dance Theatre in the Howland Hughes building on Bank Street

This movement course will take a look at the positive effects dance has on our well being – mind, body and soul – and the health benefits derived from social dancing. It will cover how dance impacts our culture and our social environment and the different styles of dance over the decades, from the 1920s to 1980s, along with studying the artists who made these social dances popular. A presentation will also show the different choreographers of the musical theater film industry such as Fred Astaire and Gene Kelly. Music will accompany the class while trying different steps from the Rocking 20’s, Swing, and Big Band, amongst others.

PA-402 Dance the Love of It – With a Latin Flair!
Presenter: Donna Bonasera
8 Classes – Tuesdays from 10:00 AM – 11:30 AM
September 14, 21, 28, October 5, 12, 19, 26, November 2 – $40

NOTE: This class is held on Tuesdays at the new home of CT Dance Theatre in the Howland Hughes building on Bank Street

This movement course will take a look at the positive effects dance has on our well being – mind, body and soul – and the health benefits derived from dance. It will cover the Latin influence of dance in our society, on stage and film, and with the artists and choreographers who brought it to the forefront.

PA-403 All Tapped Out!
Presenter: Sheila Water Fucci
8 Classes – Tuesdays from 2:00 PM – 3:30 PM
September 14, 21, 28, October 5, 12, 19, 26, November 2 – $40

NOTE: This class is held on Tuesdays at the new home of CT Dance Theatre in the Howland Hughes building on Bank Street

This movement class is tap dancing! Learn the basics of tap as an instrument and art form, along with studying the different techniques of tap and the great tap artists of our time. Tap shoes required.

VA-401 Go Green! Create Paintings with Paper Collage
Presenter: Carol Moore
4 Classes – Thursdays from 10:00 AM – 11:30 AM
September 16, 23, 30, October 7 – $20 (supplies)

NOTE: this class is held on Thursdays in the Mattatuck Museum Art Classroom

Create paintings with paper collage – and go green! Members will learn to paint using pieces of recycled, colored paper torn from magazines, catalogs, tissue paper and paper scraps. Using paper collage techniques along with Modge Podge glue is a fun way to create because there is no drawing or preparation – you just jump in! Expand your creativity by learning ‘collage painting’ and at the same time, recycling your clothing catalogs.

VA-402 Visual Memoirs: Painting From Memory and/or Imagination
Presenter: Maryellen Considine
8 Classes – Fridays from 10:00 AM – 12:00 PM
September 23, September 30, October 7, October 14 – $20

NOTE: this class meets at the Palace Theater (across the street from the UConn campus) on Thursdays

Using references when applicable, members will create works from memory and/or imagination with either oil or acrylic paint. Writing from personal points of view or interpreting passages from prose or poetry may be used to elicit visual images – with meaningful works of art as the end result. A variety of painting techniques will be reviewed. Verbal participation, along with one-on-one assistance from the presenter, will enhance the experience. Note: Drying time for oil may be very long; therefore, members may elect to use acrylic paint.

PA-405 The Joy of Acting
Presenter: Alston Station
Co-Presenter: DaBreon McClain
8 Classes – Fridays from 11:45 AM – 1:00 PM
September 12, 19, October 3, 10, 17, 24,
November 7 – $40 (recommended books)
Room #227, 2nd Fl. UConn Library

It is never too late to study acting, either as a hobby or as a career. This acting class is for anyone who wants to participate and join in the fun of acting! Participants will be introduced to vocal inflections and accents, movement, and create their own monologue or scene. Participants will observe, critique and revise their own work, start from scratch. Work with other adults in college or in community theater, or simply continue the work you started in an improvisation and scene study in this hands-on acting class. Continue the work you started in college or in community theater, or simply start from scratch. Work with other adults to explore the craft of acting with a seasoned professional actor and your peers. Learn to observe, critique and revise your own work, and create your own monologue or scene. Investigate character development methods, vocal inflections and accents, movement, stage direction, performance techniques and much more. UConn students are invited to participate and join in the fun of acting!

OLLI ON-CAMPUS CLASSES

8:15 AM - 9:45 AM

AN-403 Art History...the Artists
Presenter: Anne Sartell
4 Classes – Fridays from 8:15 AM – 9:45 AM
September 17, 24, October 1, 8, 1, 22, 29,
November 5 – $40 (art supplies)
Room #127

You may know the Art from traditional formal analysis, but how much of the artistic personality is revealed? This course is designed to provide interpretation of art, in a fresh way, by gaining insight into the character of the creator including facts (and fiction) about their lives, their influences and their interactions with others. Works of 16th to 19th century art will be discussed to include Cassatt, Whistler, Sargent, Canova, Watteau, Carragagio, and Tiepolo.

HS-407 South America: An Ally on the Loose
Presenter: Diego Cardonas
4 Classes – Fridays from 10:30 AM – 11:30 AM
September 17, 24, October 1, 8, 15, 22, 29,
November 5 – $40 (art supplies)
NOTE: this class is held on Fridays in the Mattatuck Museum Art Classroom

This course is intended to show the political situation of South America and what role the U.S. played in this state of affairs. It will cover how the S.A. countries were formed – their political, social and economic structures – and the challenges they are now facing. What will the future hold and how will it impact the people of South America and the U.S.?

Our confidential policy makes it easy to engage with your instructor and course content. You can access the course content at your own pace and receive personalized feedback from your instructor.

“arid didn’t know what to expect. It turned out to be an engaging learning experience – a spring board to critical thinking.”

The reported success of OLLI members in geographic and demographic categories is based on a survey of participants who completed the fall 2010 term and their reported satisfaction with the overall experience and the quality of the learning.

Some courses have required and/or recommended reading. The UConn Co-op bookstore welcomes OLLI members and carries a large supply of required or recommended books. OLLI members are also entitled to join the Co-op OLLI Book Club to save money on their book purchases.

A Co-op book card will be issued to new members only. Please see Co-op when card is full. Please keep your Co-op book card from session to session.
Course Descriptions

HW-401 Unlocking the Secrets of Health and Longevity Using Ancient Ayurveda, an Indian Alternative Medical System
Presenter: Dr. Casimiro Ramirez
4 Classes – Fridays from 8:15 AM – 9:45 AM
September 13, 20, 27, October 4, 11, 18, 25 - $20
Room #203
This course introduces Ayurveda as a system of medicine which provides personalized ways of achieving and maintaining long-term well-being. It focuses on the importance of Ayurveda in daily living along with diet, rest, exercise and other lifestyle practices in relation to one’s physical and mental constitutions (Doshas). The place of Yoga and the concept of chakra healing and detoxification are also briefly explored as fundamental components of the multi-therapy system. It also touches on some of the controversies which are often raised with respect to the practices of Ayurveda in the U.S.

CI-401 English I A Peace Ov Kayke
Presenter: Dr. Arnold M. Heiser
4 Classes – Fridays from 8:15 AM – 9:45 AM
September 13, 20, 27, October 4, 11, 18, 25 - $20
Room #208
Learn the fascinating story of our English language – from its roots to the present day. Learn about its history, idiosyncrasies, regionalisms, spelling peculiarities and worldwide influence.

HS-411 The Arab-Israeli Conflict Part II: Cutting Through the Myths and Misinformation and Negotiating a Solution
Presenter: Alan H. Stein, PhD
4 Classes – Fridays from 8:15 AM – 9:45 AM
October 19, 22, 29, November 5 - $20
Room #218
For more than six decades, the Arab-Israeli conflict has been given an enormous amount of attention by the world and attracts a disproportionate amount of coverage in the media. Much of the dialogue is driven by a lack of understanding of basic issues and misleading terminology. We will examine commonly-held myths, including false information propagated by figures as prominent as a former president of the U.S., and negotiating teams will attempt to come up with a reasonable agreement.

MS-401 Galaxies: The Building Blocks of the Observable Universe
Presenter: Dr. Arnold M. Heiser
4 Classes – Fridays from 8:15 AM – 9:45 AM
September 13, 20, 27, October 4, 11, 18, 25 - $20
Room #324
About 100 years ago there were two different views of the observable universe. One was that our Milky Way contained all the known nebulous celestial objects, while the other view saw many of these nebulous objects as distinct “island universes,” with the Milky Way being just one of the many. About 80 years ago, Edwin Hubble demonstrated that the second view was correct, calling them galaxies. Discussion will cover concepts and dimensions of the Milky Way and other galaxies, as well as how astronomers are using distance measurements to determine just how these galaxies are distributed in the observable universe.

HW-403 Reiki Level II
Presenter: Barbara Schaefer
8 Classes – Fridays from 8:15 AM – 9:45 AM
September 19, 26, October 3, 10, 17, 24, 31, November 7 - $40 (recommended book)
Room #102
Pre-requisite: Reiki Level I from any Reiki Master teacher
Having learned the fundamentals of Reiki in Level I that focus upon the physical realm, Level II focuses upon the emotional/mental realms of healing. There will be a brief review of Level I to assure past knowledge and skills. Students will learn how to use three ancient Reiki symbols to augment healing, how to do long distance healings, a technique for mental/emotional healing, other Reiki healing techniques, meditations, ethical issues, and receive an attunement.

CM-401 Not Your Father’s Internet
Presenter: Cindy Eastman
8 Classes – Fridays from 8:15 AM – 9:45 AM
September 19, 26, October 3, 10, 17, 24, 31, November 7 - $40
Room #117
Welcome to the world of new verbs: “Facebook me.” “She texted that she’s running late.” “I’ll just Google it.” The Internet has created a whole new way of communicating and, with it, a new language. Learning the verbs is just a start. In this course, we will email, blog, post and attach. If you have a computer at home, put it to work for you and communicate with family and friends, start an online diary or reconnect with old classmates. If you can turn on a computer and hold a mouse in your hand, you’re ready to start. This self-paced course is designed to ease the casual user into downright proficiency. You’ll be blogging in no time!

PA-404 Rhythm – Music’s Motor
Presenter: Steve Collins
4 Classes – Fridays from 10:00 AM – 11:30 AM
September 17, 24, October 1, 8, 15, 22, 29, November 5 - $40 (recommended book)
Room #102
Just what exactly is rhythm? And how does it function in music? This engaging course will explore this fundamental but little-understood component of music and how cultures from around the world use rhythm differently. It will involve listening to examples, hands-on performance using body, percussion and instruments, conducting, and dance. Members will have the opportunity to attend open dress rehearsals with the Waterbury Symphony Orchestra, purchase discounted concert tickets, and attend a concert with a “new set of ears.” Guest artists include WSO Music Director Leif Bjaland. No musical experience or knowledge is required.

SS-401 Senior Moments: A Guide to Timing Important Decisions After 60
Presenter: Dawn Macary
4 Classes from 10:00 AM – 11:30 AM
Room #102
This class is an introduction to organic land care and will discuss ways to create a healthier and safer environment. Focus will be on creating a healthy soil and transitioning gardens and turf from a synthetic to an organic program. We will discuss how and where to get organic products and what cultural practices can be done to keep soils healthy.
The greatest upheaval of society in human history can be found in the devastation caused by the World Wars of the 20th Century. Designated as World War I and World War II, these wars can now be seen as one vast military struggle with a spasm of peace intervening with a changing cast of participants. The cumulative loss of more than 100,000,000 lives, the fall of Governments and Empires and the literal salvation of civilization at the conclusion, mark the events and personalities worthy of intense evaluation.

Would you like to learn how chemistry applies to daily living? This course will introduce you to topics will be performed.

demonstrations of some of these and other chemistry (acid rain & greenhouse gases), to energy, the atomic bomb, environmental cell vehicle, the laser, MRI, X-Ray, nuclear reactions and the relation of these topics to elements, matter, heat energy, simple chemical.
Course Descriptions

HS-403 American History Continues – 1865 to 1901
Presenter: Penny O’Connell
8 Classes – Fridays from 11:40 AM to 1:00 PM September 17, 24, October 1, 8, 15, 22, 29, November 5 – $40 Room #233
Follow the saga of the American Presidents beginning with Andrew Johnson’s elevation to the Presidency as a result of the assassination of Abraham Lincoln. Ulysses S. Grant, Rutherford B. Hayes, James A. Garfield, Chester A. Arthur, Benjamin Harrison, Grover Cleveland and William McKinley, who was assassinated in September 1901, will also be covered. Themes will include Radical Reconstruction, economic expansion, corruption and a major shift in political alignments leading to our modern political platforms.

11:40 AM – 1:00 PM

CE-401 It Ain’t Your Father’s Europe – Or Yours Either
Presenter: Leslie Lélé
4 Classes – Fridays from 11:40 AM – 1:00 PM September 17, 24, October 1, 8, 15, 22, 29 Room #207
This course on modern Europe will introduce participants to the EU, 21st century European security and defense issues, and social issues such as demographic trends and the rise of both radical Islam and anti-Semitism. It will also examine Europe’s relationship to the United States.

PD-405 Who’s Funny Now!
Presenter: Bob Blake
4 Classes – Fridays from 11:40 AM – 1:00 PM September 17, 24, October 1, 8, 15, 22, 29, November 5 – $40 Room #220
This course will be a survey of recent comedians in an effort to bring forth smiles, chuckles and laughter for no deep purpose. First, we’ll review some of the older comics, segueing to a broad variety of young comedians – stopping to compare, contrast, discuss and evaluate these young comics. Participants will grade them on a scale of 1 to 10 and the class will vote a winner (no prize awarded) to the BEST young comic today.

AH-402 Raising the Roof: The Styles of Western Architecture
Presenter: Virginia Bush
6 Classes – Fridays from 11:40 AM – 1:00 PM September 17, 24, October 1, 8, 15, 22, 29 Room #223
This course will present a brief analysis of selected architectural examples from ancient, medieval, renaissance, baroque and early modern eras in Europe and America. Participants will see how architects satisfied patrons’ aims and religious and social ideas, used available techniques, and fit the buildings into their contexts. We will also view photos of some buildings in Waterbury that use elements from these traditions.

10:15 PM – 12:45 PM

LW-402 All About Arthur
Presenter: Bill Blair
8 Classes – Fridays from 11:40 AM – 1:00 PM September 17, 24, October 1, 8, 15, 22, 29, November 5 – $40 (recommended book) Room #218
We all know “of” King Arthur, but what, if anything, do we really know about “him”? Simply put, is he man, myth, or a bit of both? In this literary-based course, we will also examine the available historical and archaeological evidence, with an occasional nod to Hollywood, in our shared quest to answer this question.

LW-403 In So Many Words
Presenter: Cindy Eastman
8 Classes – Fridays from 11:40 AM – 1:00 PM September 17, 24, October 1, 8, 15, 22, 29, November 5 – $40 (blank journal) Room #217
Everyone can write – it’s a “birth” “write”. Writing isn’t just the domain of the Dan Browns or Jane Austens of the world – it is a phenomenological process by which we humans make sense of our experience. Participants will open their journals to a blank page and not have an anxiety attack – following several strategies and models to guide them in learning to hear their own writing voice. Then it’s just a matter of becoming comfortable with individual and personal styles to become a strong and confident writer.

LW-406 From the Bard to Frost: Let the Great Poets Speak to You
Presenter: Jerry Jewell
8 Classes – Fridays from 11:40 AM – 1:00 PM September 17, 24, October 1, 8, 15, 22, 29, November 5 – $40 Room #203
The greatest poems in the English language are the ones Alex asks about on Jeopardy, the ones songwriters, pundits, and presidents quote – words, images, and thoughts you should know something about. Here’s a chance to see how poetry works, to discover where those famous lines come from, and to learn how all of our culture and heritage has been touched by them. You will find poetry is not a mystery; you will lose your fears and embrace the most magical of literary genres.

PA-405 The Joy of Acting
Presenter: Aleta Staton
Co-Presenter: Danielle McCormack
8 Classes – Fridays from 11:40 AM – 1:00 PM September 17, 24, October 1, 8, 15, 22, 29, November 5 – $40 (recommended book) Room #227, 12 Fl, UConn Library
It is never too late to study acting, either with hopes of joining the profession or as a fun hobby. Find your inner character and expand upon it through acting exercises, improvisation and scene study in this hands-on acting class. Continue the work you started in college or in community theater, or simply start from scratch. Work with other adults to explore the craft of acting with a seasoned professional actor and your peers. Learn to observe, critique and revise your own work, and create your own monologue or scene. Investigate character development methods, vocal inflections and accents, movement, stage direction, performance techniques and much more. UConn students are invited to participate and join in the fun of acting!

HO-403 The Joy of Acting
Presenter: Penny O’Connell
8 Classes – Fridays from 11:40 AM – 1:00 PM September 17, 24, October 1, 8, 15, 22, 29, November 5 – $40 (blank journal) Room #223
In this course we will visit various archaeological sites in what is today Central and South America. The focus will be on ancient locations in Chile, Peru, Colombia, Guatemala, Honduras, and Mexico. Discussions, slides and handouts will center around those cultures who built these sites and their belief systems. Discussions will also focus on the field of archaeology and exploration of some contemporary issues that surround this field.

HO-404 Still More Queens…
Presenter: Leslie Lélé
4 Classes – Fridays from 11:40 AM – 1:00 PM September 17, 24, October 1, 8, 15, 22, 29, November 5 – $40 Room #233
This multimedia course is designed to gain an understanding of Romantic Era compositions by examining the personal relationships between Felix and Fannie Mendelssohn (siblings), Clara Wieck and Robert Schumann (spouses) and later Clara Schumann and Johannes Brahms (lovers)!. It seeks to find the inspirations that these three Romantic composers experienced in their relationships with one another as well as with the broader social/literary influences of the nineteenth century. We will listen to various forms of their compositions and analyze the artists’ performances.

PD-404 Dressing for a Lifestyle: Oh By the Way, What Is That?
Presenter: Ann C. Mailly-Long
4 Classes – Fridays from 1:15 PM – 2:45 PM September 17, 24, October 1, 8, 15, 22, 29, November 5 – $40 Room #203
This course is geared for women! It will focus on a positive way to know your body shape and the How, When, and Where to dress for your age, occasion, place, time of day, or time of year.

PA-407 Who’s Funny Now!
Presenter: Bob Blake
8 Classes – Fridays from 1:15 PM – 2:45 PM September 17, 24, October 1, 8, 15, 22, 29, November 5 – $40 Room #223
This course will be a survey of recent comedians in an effort to bring forth smiles, chuckles and laughter for no deep purpose. First, we’ll review some of the older comics, segueing to a broad variety of young comedians – stopping to compare, contrast, discuss and evaluate these young comics. Participants will grade them on a scale of 1 to 10 and the class will vote a winner (no prize awarded) to the BEST young comic today.

11:40 AM – 1:00 PM

MU-402 Romantic Couples
Presenter: Jane Davis Sites
4 Classes – Fridays from 11:40 AM – 1:00 PM September 17, 24, October 1, 8, 15, 22, 29, November 5 – $40 Room #223
This multimedia course is designed to gain an understanding of Romantic Era compositions by examining the personal relationships between Felix and Fannie Mendelssohn (siblings), Clara Wieck and Robert Schumann (spouses) and later Clara Schumann and Johannes Brahms (lovers)!. It seeks to find the inspirations that these three Romantic composers experienced in their relationships with one another as well as with the broader social/literary influences of the nineteenth century. We will listen to various forms of their compositions and analyze the artists’ performances.

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This course on modern Europe will introduce participants to the EU, 21st century European security and defense issues, and social issues such as demographic trends and the rise of both radical Islam and anti-Semitism. It will also examine Europe’s relationship to the United States.

“Not only was it a learning experience, it was fun!”
The Harmony in Health and the Evils in Disease

Presenter: William Courtland
8 Classes – Fridays from 1:15 PM – 2:45 PM
September 17, 24, October 1, 8, 15, 22, 29, November 5 - $40
Room # 327

Although we may acknowledge the effects of disease on our body and mind, we may not associate it with the idea of Evil. Where does it come from? What is its role to associate it with the idea of Evil. What is Evil?

The free exchange of opinions with everybody gave me a chance to improve my writing skills. The instructor’s personality and teaching skills made the course very enjoyable.”

“Who am I becoming?” is a question that we ask after Retirement. But aging is a verb - that means movement. This course will explore these questions and others from the perspective found within the principles of Chinese Medicine. It will also examine Evil’s potential to appear within us, and its negative physical and mental consequences on us.

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for the Osher Lifelong Learning Institute (OLLI) at the University of Connecticut, Waterbury Campus

Being a Course Presenter

• Share your passion on a topic or set of topics
• Inspire others to learn and explore
• Engage with peers and community members
• Lead learners without the administrative burdens of traditional teaching (reading papers/homework, calculating grades, etc.)
• Develop innovative, interesting, and compelling learning experiences

Some of the perks . . .

• free Basic OLLI membership
• One free OLLI course
• reasonable supplies and equipment for course instruction
• UConn parking pass
• Recognition event
• Presenter Honoraria

OLLI Courses are generally led by retired, semi-retired and working educators, professionals, entrepreneurs, artists, writers, and others.

TIME TO THINK ABOUT SPRING/SUMMER 2011!

Spring 2011 session – Fridays from March 18 – May 13, 2011
(no class on Good Friday, April 22) Summer 2011 session – June 7 – 30

NOTE: Deadline for ALL course proposals – November 25, 2010

Please contact us if you would like to present a Spring/Summer 2011 course!

Call 203-236-9808 or email: osher@uconn.edu

O.RUS 2010 | 22

INTRODUCING THE FALL 2010 PRESENTERS

Dr. Ruth Glasser received her PhD from Yale University in 1991 and is a lecturer in Urban and Community Studies at the University of Connecticut. She is the author of My Music is My Flag: Puerto Rican Musicians and Their New York Communities, 1917-1940 and Aguil Ma Que: Puerto Ricans in Connecticut. She is the co-editor of Caribbean Connections: Dominican Republic. Her work also includes documentary films, curriculum materials and oral history archival materials related to Latino and other immigrant/ethnic communities. She is Coordinator of Urban and Community Studies at UConn Waterbury.

Award winning actress Aleta Staton has many years of regional theater experience, acting and directing throughout the United States. She has taught theater to students of all ages. She recently toured in Another Side of the Island, an adaptation of Shakespeare’s Tempest, developed by and featuring Oscar award-winning actress Olympia Dukakis in the title role. Aleta attended Wesleyan University where she earned a BA with high honors in Theater. She also earned a MA in Arts Administration from Goucher College in Baltimore, MD. DuMone McCollum is co-presenter.

Some of the perks . . .

Donna Bonasera is the founder and Artistic Director of CT Dance Theatre, Inc. She is one of the few Americans to receive a diploma in the Vaganova Method of Classical Ballet while studying in Russia. She was awarded a scholarship at the American Dance Machine which preserves the original choreography of Broadway musicals and film. She is the state director for National Dance Week and is recognized nationally and internationally for training high caliber dancers and for her choreography in ballet and musical theatre. Most recently, Connecticut Dance Theatre has moved to the historic Howland Hughes building in downtown Waterbury.

Sheila Water Fucci earned her BFA in dance from the Boston Conservatory of Music. She has performed, choreographed and directed for community theatre throughout MA and CT, including The Warner Theater, Thomaston Opera House, and Salisbury Players. Currently, she teaches Musical Theatre and Tap at the Warner Theatre Center for Arts Education, Deborah’s Dance Workshop in Torrington and CT Dance Theatre.

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Maryellen Considine, Ed.D, has been a member of Ward-Naiss Gallery in NYC since 1987. Her work has also been exhibited throughout Connecticut, New York and North Carolina. She studied at SCU, Paier College of Art, The School of Visual Arts and The Art Students’ League. She holds a BS, MFA and Sixth Year, along with a doctorate in art education from Columbia University. In her 30-year career, she taught at Wilby High School in Waterbury and SCU in New Haven.

Anne Siefert studied painting and education at Moore College of Art in Philadelphia and received a MA in Arts Administration at New York University. She was an International Art Consultant in the 1980’s, traveling from New York to Japan, France and Switzerland. She later taught Art History.

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Diego Cardenas is Colombian, speaking English as well as Spanish. He has a degree in Industrial Engineering from Universidad del Valle, in Columbia, where he was a member of the Cineclub. Diego has always had a passion for the cinema which he loves to share. He is a returning OLLI presenter.

Carol Moore paints in pastel and oils and experiments with collage, mixed media and charcoal. Her work is infused with color, rhythm and energy. She received a master’s degree from Wesleyan University, has been awarded the American Pastel Society Award from Connecticut Pastel Society, and is a part of the University of Connecticut “Connecticut Collection” at UConn Medical Center. She teaches classes at her home studio, Pots & Paints Studio in Bantam, CT. Visit Carolmoore.blogspot.com.

Louis Belloisy was a teenager when he started at the Palace Theater as an usher and worked his way up to doorman, candy vendor, and then projectionist. After six years, he joined the Air Force to pursue a career in aviation and is certified by the FAA to fly in and teach about numerous aircrafts. He is currently a house photographer and historian for the Palace Theater and a projectionist for a multiplex theater in Torrington.

TIME TO THINK ABOUT SPRING/SUMMER 2011!

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FALL 2010
The presenter’s knowledge of theater productions was outstanding – he has humor and tells the real deal behind the scenes making it all come alive!”
Introducing the Fall 2010 Presenters

Leslie Leib is a Fellow of the American Center for Democracy and Principal of Leib Associates. A writer, lecturer and consultant on political and security matters, she also maintains a foreign policy blog. A former Foreign Service Officer, she served as Minister-Counselor for Political Affairs at the U.S. Mission to the European Union in Brussels. She was also the Political Advisor to the Commander of Stabilization Forces (SFOR) in Bosnia-Herzegovina. She holds a BA in history from Swarthmore College and an MA in foreign affairs from the Johns Hopkins School of Advanced International Studies.

Ann Maitly-Long has an AAS degree in Fashion Buying and Merchandising from the Fashion Institute of Technology (SUNY) and has been a retail store manager and designer at stores such as Nordstrom, Chico’s, Casual Corner, Bodytalk and Hayseed.

William Courtland is a teacher, lecturer and workshop facilitator who researches Chinese Medical theory and its mind-body relationship. He is currently a faculty member at the Connecticut Center for Massage Therapy in Westport and Newtonville, where he teaches Acupressure and the theory of Chinese Medicine.

Jerry Joyell, a Waterbury native, has spent most of his professional life teaching high school and college English. He earned a BA in English from UConn, an MS from the University of Hartford, and graduate credits from Trinity College, CCSU, University of Hartford and University of Rhode Island.

Nunzio DeFilippis has a degree with honors in Political Science from Queens College and 43 doctoral credits from the CUNY Graduate Center. A businessman for 35 years, he began teaching opera at the age of 31 to share his lifelong passion for the subject. He has taught Opera History, Italian Opera, An Introduction to Verdi, the Bel Canto Opera, and Mozart’s Operatic Works. His work as a teacher was featured in the New York Times and the Daily News and has been recognized by New York Governor George Pataki.

After 45 years, Dr. David Reed retired from the practice of medicine. His interest since student days has been Russian and Eastern European History. He has visited Russia on several occasions and has recently completed a book, The Czechoslovak Legion and the Russian Civil War (unpublished).

Jane Sirignano has been a Cancer Project cooking instructor for five years and has taught OLLI classes since the inaugural session. She has a diploma in nutrition and managed a natural foods store. Her knowledge, passion and enthusiasm from 35 years of experience with natural foods will inspire and motivate you!

A Waterbury native, Rosalie Griffin received a BA in Mathematics from Albertus Magnus College and an MALS from Wesleyan University. She taught mathematics for 35 years at Crosby High School and is presently an adjunct instructor at Naugatuck Valley Community College. A returning OLLI presenter, Rosalie has provided professional development for teachers as a consultant for the Connecticut Academy of Education in Math and Science.

Leslie Leib is a Fellow of the American Center for Democracy and Principal of Leib Associates. A writer, lecturer and consultant on political and security matters, she also maintains a foreign policy blog. A former Foreign Service Officer, she served as Minister-Counselor for Political Affairs at the U.S. Mission to the European Union in Brussels. She was also the Political Advisor to the Commander of Stabilization Forces (SFOR) in Bosnia-Herzegovina. She holds a BA in history from Swarthmore College and an MA in foreign affairs from the Johns Hopkins School of Advanced International Studies.

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Virginia Bush attended Wellesley College, received her PhD from Columbia University, and is a Fellow of the American Academy in Rome. She has taught in New York, New Jersey and Connecticut, has authored articles on Italian Renaissance art history and modern art and has worked in art galleries and arts administration. Her travels throughout the U.S. and Europe have resulted in a collection of about 30,000 art images.

Jane Davis Sine earned a BA from Smith College and a BS/MS from Western Connecticut State University. She was a String teacher in Fairfield, CT for 24 years and founded her own Artist Management company representing classical artists and conductors worldwide. She is currently teaching at the University of South Carolina Osher program.

George Sirois is a retired Information Technology executive from Otis Elevator, where he developed computer-based manufacturing systems for use throughout North America. He introduced the PC to Otis and oversaw the proliferation of more than 2,000 PCs to their North American locations. With a BS in Marketing from UConn, he is now an avid amateur woodworker who enjoys designing and building wood projects using Google Sketchup.

Irene Zemaitaitis was born in Lithuania, lived and attended school in Germany. She immigrated with her parents in 1950. She earned a BA in English and German from UConn Storrs and a Masters in Education from SCSU. She taught English and German at Vytautas Magnus University in Kaunas, Lithuania and taught English at the Third Age University for Senior Citizens.

Cynthia Van Fleet received both her BA and Masters from UConn. She is currently in her 32nd year as a Family & Consumer Science Teacher at Platt High School in Meriden. For the past seven years, Cindy has also been an Early College Experience (ECE) instructor through UConn and teaches high school juniors and seniors. She is an Adjunct Instructor at the Waterbury campus.

Dr. Bart De Petrillo, a native of Italy, has spent most of his adult life in Waterbury where he practiced obstetrics and gynecology for more than 30 years. Since his retirement, he has devoted his time delving into Italian culture by teaching the Italian language and lecturing extensively on historic and artistic topics.

Joyce McMillan is a bridge aficionado who is personally dedicated to the survival of the game of bridge! She earned a BA in English Literature from the College of St. Elizabeth in Convent Station, NJ where she edited the college newspaper. She has a background in teaching, journalism, retail sales and business ownership and has done charity work with the Calvanese Foundation, Southington Community Services, and the Waterbury Symphony Orchestra Women’s Group.
The life of P.T. Barnum
A well-known former resident of Bethel, Connecticut, P.T. Barnum has touched the lives of many people. You might have enjoyed a circus with his name on it, but after this presentation you will know P.T. Barnum in a new way! This presentation will share humorous insights into Barnum’s exciting life and career.

Marian K. O’Keeffe
Marian is a former teacher and career counselor who now serves as curator of the Seymour Historical Society. Traveling to places such as Spain, Italy, and Greece as a Fulbright Scholar, Marian has shared 12 years of her life with the people of Bethel. A world traveler with a love of birds, she has visited all of the United States, the Bahamas, and the Caribbean. She has served as the executive director of Literacy Volunteers of Greater Waterbury for 23 years. She served as the Early Reading Awareness and Support Coordinator at the Silas Bronson Library, tutored refugees with Jubilee Partners in Georgia, and is currently the program director of Literacy Volunteers of Greater Waterbury.

The art of Idioms
Exploring the language of American idioms, this presentation will help you learn to speak, and understand English. This organization also seeks to explore the challenges of explaining idioms, such as “birds of a feather flock together” and “if the shoe fits, wear it,” to someone new to our community.

A virtual tour of Arlington National Cemetery – The History of Our Nation Set in Stone
In 1864, President Abraham Lincoln said, “What we prize above all else is the memory of those who gave their lives so this nation could live.” This program recounts the story of the men and women resting in Arlington who gave their lives so this nation could live.

White-Nose Syndrome and Connecticut’s Bats
Throughout the past few years, bats have been faced with the largest ecological disaster of our time. Since its emergence, White-Nose Syndrome has been responsible for killing at least one million bats throughout the northeast and is spreading at unprecedented rates. This presentation will provide information about bats of Connecticut, many common misconceptions and what is being done about the disease.

Christina J. Kocer
Christina is a wildlife technician for the Wildlife Diversity Program. Since the emergence of White-Nose Syndrome (WNS) in CT, bats have become her primary responsibility. She has coordinated WNS surveillance in CT, collected samples, and monitored bat populations. She has also worked with other species of small mammals, including varieties of shrews, flying squirrels, and weasels. Christina has a BS in Environmental Science Biology and a MS in Wildlife Ecology.

A virtual photographic journey to the White Continent
This program recounts a three-week adventure aboard the ship MV Akkasay Maryshev. The ship departed from the southern tip of Argentina in December, 2008 and finally arrived at the continent of Antarctica after numerous adventures among penguin colonies, glaciers, mammoth ocean storms, and scenery of astounding beauty.

The Art of Idioms
A world traveler with a love of birds, Denise Jernigan has visited many countries in pursuit of seeing new birds and meeting new people. She is a member of the CT Audubon Society, the New Haven Bird Club, and the Hartford Audubon Society and is on the Board of Directors of the CT Ornithological Association.

Jernigan
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Cut to the world – Library at Your Fingertips
The mission of Literacy Volunteers of Greater Waterbury is to teach adults to read, write, speak, and understand English. This organization also seeks to explore the challenges of explaining idioms, such as “birds of a feather flock together” and “if the shoe fits, wear it,” to someone new to our community.

Carolyn Ivanoff
Carolyn Ivanoff is a Housemaster at Shelton Intermediate School and a frequent speaker on historical topics. An educator with over 25 years experience, she has been recognized at the state and national levels for historical presentations and programming.

OLLI Café is a venue for the exchange of ideas and experiences focusing on improving the quality of life. The goal of OLLI Café is to present a potpourri of presentations and activities that provide information and new knowledge to OLLI members.

Bring your lunch and we will provide the coffee and fruit! OLLI Café presentations are open to all OLLI members. These are not courses—OLLI Café is one of the benefits of your annual OLLI membership. Pre-registration is not required. The weekly event features a guest speaker followed by a short Q&A session.

Fridays—Room #119 • 11:30 – 12:00 Lunch • 12:00 – 1:00 Speaker Presentation
OLLI Lunchtime Happenings

OLLI CAFE • OLLI CLASSES • MATTATUCK MUSEUM TRILOGY • LIBRARY WORKSHOPS

Connect to the World — Library at Your Fingertips Workshops

SESSION I - SEPTEMBER 24
Are you taking advantage of free library resources on the web?
Instructor: Kathy Labadendorf, UConn Storrs
Libraries aren’t the only place you can find books and articles! Browse the shelves of the Internet Public Library, WorldCat, local library catalogs, Google Books, and more. You’ll be able to learn how to read some books directly from your computer and use interlibrary loan services for some materials owned by other libraries.

SESSION II - OCTOBER 1
Have you been Twitter-pated?
Instructor: Kathy Labadendorf, UConn Storrs
Here’s a lively introduction to Twitter, the trendy tool on the web that everyone’s talking about. Learn how to use this social networking application to communicate with friends, family, and groups who share your interests.

SESSION III - OCTOBER 8
Exploring Advanced Features of Google
Instructor: Sheila Lafferty, UConn Torrington
We all love Google, but are you aware of the tips and tricks available from Google to refine your search and make searching simpler and more effective? Let us give you some insiders’ tips to make your searching easier. There will be hands-on opportunities to refine your searching skills.

SESSION IV - OCTOBER 15
Navigating the World through Online Map Sources
Instructors: Michael Hower & Bill Miller, UConn Storrs
Maps can provide important clues into the past, and with thousands of maps now available online, you can view maps that were once visible to only the privileged few. This hands-on workshop will explore collections of historical maps and showcase how Google Earth and other freely available tools can be used to locate and view maps. Participants will have an opportunity to join the ranks of cartographers by making their own maps using tools provided by MAGIC.

SESSION V - OCTOBER 22
Are you on Facebook?
Instructor: Beth Rumery, UConn Avery Point
Learn how to stay connected with friends and family for free through Facebook. This social networking tool allows you to follow and learn from groups and individuals with similar interests as well.

SESSION VI - OCTOBER 29
Tracking Down the Best Health Information on the Web
Instructor: Valori Banfi, UConn Storrs
This presentation will highlight a goldmine of good health information from the world’s largest medical libraries – the National Library of Medicine, and the National Institute of Health. Patients and consumers alike can depend on these free sites for information that is authoritative and up to date.

Where Lies Beauty: The Josephine McMillen and Lois Livingston McMillen Exhibition
Thursday, September 23, 2010
This exhibition features five women artists who utilize and contest conventional notions of art-making in works that demonstrate how beauty remains relevant in post-modern art. These artists use new and traditional techniques to explore the estrangement from their own heritage, the landscape and the environment, bioengineering, and the view from the window and in the window.

The 17th Annual National Exhibition of the Pastel Society
Thursday, October 28, 2010
Community Gallery of the Mattatuck Museum
More than 125 works from artists throughout the United States feature the best in contemporary pastels and demonstrate the range of subject, technique, and tone in award-winning artists’ works.

MATTATUCK MUSEUM ARTS & HISTORY CENTER

Tours 11:30 AM – 12:30 PM
Lunch 12:30 PM in the Museum Café

Join us for private tours of three intriguing exhibits with master docent Judy Kollas. Judy is currently the co-chairperson of the OLLI Curriculum Committee and member of the OLLI Leadership Council. Judy taught Spanish language, literature and culture at Cheshire High School and at Quinnipiac University. She served as a docent at Yale Center for British Art for 10 years and is currently a docent at the Mattatuck Museum Arts and History Center.

FALL 2010

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Olli Travel

Enjoy day trips with Olli members planned by the Travel Committee. If you have suggestions for future trips, you can leave them in the Olli Suggestion boxes at either Information table addressed to the Travel Committee. See “Some Facts for Olli Travelers” below. Join us for Olli Travel and learn about new and old places waiting to be explored! See Registration form to sign up for these trips.

Fall in Tarrytown, New York!
Thursday, October 14
Price: $50 – separate check to Olli at UConn (includes bus transportation, admission and lunch at Red Lion Inn)
Bus leaves Waterbury at 8:30 AM – arrives back at 5:00 PM (from Hamilton Avenue commuter parking lot)

First stop is Sunnyside Mansion, the riverfront home of Washington Irving, author of “Sleepy Hollow.” Sunnyside played a key role in the Hudson River School of writers, artists, and architects and is listed on the National Registry of Historic Places. This stop includes a guided tour of the house and time to explore the garden and gift shop. Lunch is not included in the price of the trip but may be purchased at the 50’s style El Dorado Diner from a large menu. A guided walking tour of the Sleepy Hollow Cemetery follows lunch. It is the final resting place of Washington Irving, Andrew Carnegie, and many more historical figures.

Please note: This trip is NOT handicap accessible. It includes stairs, walking on unpaved terrain with small hills and standing up for an hour at a time. Comfortable shoes and appropriate attire are suggested as this trip will occur rain or shine.

Norman Rockwell Museum
Thursday, December 2
Price: $75 – separate check to Olli at UConn (includes bus transportation, admission and lunch at Red Lion Inn)
Bus leaves Waterbury at 8:30 AM – arrives back at 5:00 PM (from Hamilton Avenue commuter parking lot)

Enjoy a trip to the Norman Rockwell Museum, while taking in the festive charm of the village of Stockbridge, MA during the holiday season. At the Museum, we will be treated to a Highlight Tour tells through his paintings. Next, it is on to the historic Red Lion Inn for a relaxing and delicious lunch.

Please call 203-216-9924 to register today!
Fees are payable on the first day of class in the classroom (UConn Waterbury campus, Room 119)
$12 AARP Member (you must bring your membership number to the first class)
$14 Non-AARP member
Olli Membership is not required to register

Olli Health Fair

Friday, November 16, 2010
11:00 AM – 2:00 PM
Multipurpose Room #113 and Room #102

The UConn School of Nursing students in the Masters Entry Into Nursing (MEIN) program will be offering FREE health screenings and information to Olli members. Screenings and information will include blood pressure check, blood sugar testing, nutrition assessments and information, and exercise routines for seniors.

The MEIN program is designed for students who already have a bachelor degree. It is a one-year calendar program that provides students an opportunity to become a Registered Nurse in an efficient and focused manner as they progress to the specialization of nursing rapidly, poised to continue their graduate education in nursing at the University of Connecticut. The MEIN program has been offered at Storrs since 2003 and opened at the Waterbury Campus in 2008.

Dr. Beatrice M. Dias, of Litchfield Hills Dermatology and Board Certified Dermatologist, will be conducting free skin cancer screenings as sponsored by the American Academy of Dermatology. Participants will fill out a short questionnaire, receive materials on various types of skin cancers and participate in a modest skin exam.

Dr. Dias completed her Dermatology residency training at the University of Pennsylvania in Philadelphia and further trained as a Fellow in Dermatology at Memorial Sloan-Kettering Cancer Center in New York City. Dr. Dias is Board Certified by the American Board of Dermatology and is a member of the American Academy of Dermatology.

Pre-registration is required. Please sign up for this event on the membership registration form.

Olli at UConn Offers the Aarp Driver Safety Course

On today’s challenging roadways, we need to be able to adapt quickly to the demands imposed by changing traffic patterns, more cars and trucks, and the changes in our bodies as we age. The AARP Driver Safety Program is the nation’s first and largest classroom driver safety course designed especially for drivers age 50 and older. There are no on-the-road or written tests. Participants learn how to operate their vehicles more safely in today’s increasingly challenging driving environment.

The 8-hour course offers drivers:
• Insight into how age-related changes in vision, hearing and reaction time affect driving
• Information about the most dangerous situations for older drivers
• Tips for driving with trucks, buses and other large vehicles
• Strategies for handling aggressive and impaired drivers
• Recommendations for scanning habits, mirror adjustments and following distances
• Ways to evaluate unsafe driving habits

Upon completion, participants will receive a Certificate which they can submit to their insurance companies for an insurance discount. State law mandates that all insurance companies must provide a discount of at least 5% off liability insurance for at least two years for those 60 and older. Check with your insurance company to verify the discount.

Registration and Cost
Please call 203-216-9924 to register today!
$12 AARP Member (you must bring your membership number to the first class)
$14 Non-AARP member
Olli Membership is not required to register

Tuesdays, September 21 and 28
Tuesdays, October 12 and 19
Your Palace, Your Place...for the Best in Entertainment

Show your OLLI membership card at the box office or call 203-346-2000 for a 15% discount on the following shows!

MICHAEL AMANTE
Saturday, October 23, 2010 – 8:00 PM
Michael Amante is affectionately known as the “People’s Tenor,” and has been crowned the “Prince of High C’s” for his remarkable ability to hit and sustain with ease one of the highest notes of a tenor’s voice. With his long history of singing popular Rock and Gospel music coupled with extensive classical Bel-Canto training, he is able to sing with a strength and mastery rarely heard anywhere in the world. His combination of suave all American good looks, romantic charm and emotionally charged singing have helped the singer make an intimate connection with fans across the globe. OLLI member discounts: $47, $39, $30

FIddLER ON THE ROOF
Friday, January 28, 2011 – 8:00 PM
Saturday, January 29, 2011 – 2:00 PM and 8:00 PM
Based on the stories of Sholom Aleichem, Fiddler on the Roof has been lauded by critics again and again, and won the hearts of people all around the world. Filled with a rousing, heartwarming score, which includes “Tradition,” “Matchmaker, Matchmaker,” “If I Were a Rich Man” and “Sunrise, Sunset,” the show is a timeless classic. No other musical has so magically woven music, dance, poignancy and laughter into such an electrifying and unforgettable experience. OLLI member discounts: $53, $49, $40

JIM BRICKMAN
Saturday, February 12, 2011 – 8:00 PM
This year finds two-time-Grammy-nominated, platinum-selling, pianist and composer Jim Brickman creating a musical celebration for audiences seeking an escape from the hectic demands of everyday life! In a very special concert, Jim will take fans on a musical journey playing the hits like “Valentine,” “Love of My Life,” “If You Believe,” “Never Alone” and more! Enjoy an evening of dazzling solo piano, vibrant vocals plus warmth and humor that has people returning year after year! OLLI member discounts: $56, $39, $30

Oh What A Night of doo-Wop & Rock ‘N Roll
Presented by LAR
Saturday, May 14, 2011, 8:00 PM
Tickets: OLLI member discounts: $43, $30
For more great Palace Theater shows, go to pacetheaterct.org and remember our Friday Senior discounts between 10:00 AM and 2:00 PM. Special offers may not be combined with other discounts or promotional offers. Fees excluded from discounts.
Events Open to the Public

OLLI FOR A DAY – OPEN HOUSE

Calling all former, current, and future OLLI Members! This event is open to the general public. OLLI members are encouraged to attend and bring their friends. Attendees will be eligible to enter a drawing for a free OLLI membership! Bring your post card invitation and drop it in the silver box!

Tuesday, August 17, 2010
9:00 AM – 10:00 AM – Continental Breakfast, Fall Registration, and Information Table
10:00 AM – Special Presentations by OLLI Members!

The Accelerating Universe – In the 1920s Edwin Hubble showed that the universe was not static and unchanging, but that it was expanding, with galaxies moving further away from each other. This motion of the galaxies is thought to be driven by a cataclysmic event at the beginning of time known as the big bang. In 1998, however, it was found that rather than slowing down, the expansion was actually picking up speed, with the galaxies accelerating away from each other.

Dr. Philip D. Mannheim

Your Choice of Four Afternoon Programs:

1:30 PM

OLF goes to the Movies! Award-Winning PBS Documentary Series, “Young in Heart”
Room #113 (Option A on registration form)

Preserving the Art of Dance

Dr. Philip D. Mannheim

Wednesday, October 27, 12:30 PM – 2:00 PM
Room #119 – 116

Wednesday, October 27, 12:30 PM – 2:00 PM
Room #119 – 116

“Invisible Wounds: The Hidden Cost Borne by America’s Veterans”

Society for Financial Affairs

WHO

SPECIAL VETERANS DAY EVENT

Invisible Wounds: The Hidden Cost Borne by America’s Veterans
Friday, November 12, 2010
1:30 PM – 2:30 PM in the Multipurpose Room

Light refreshments will be served.

On Veterans Day, we seek to honor the sacrifice of those who endured the greatest test of their lives in service to our country. Although we continue to accurately tally our dead from Operation Iraq Freedom and Operation Enduring Freedom in the thousands and our wounded in the tens of thousands, it is very difficult to tabulate the proportion of veterans affected by post traumatic stress disorder and other mental disorders that are a result of their combat experiences. According the Department of Veterans Affairs, near half of all diagnosis made in VA hospitals for veterans of the war on terror include mental disorders. In light of this, the United States military and the Department of Veterans Affairs have developed initiatives not only to treat, but also to understand the effects of combat stress.

Jay White is a Readjustment Counselor at the Hartford Vet Center. He has served twice in Iraq (2003 and 2005-2006) with the 883rd Medical Company, US Army Reserve of Boston, MA. OIF I, he was embedded with the 3rd Infantry Division in the beginning phase of the war and was there to support the soldiers by leading critical incident stress debriefs following traumatic events. During his second deployment, he helped run a troop Mental Health “outpatient clinic” at Camp Victory. His talk will address the issues related to combat stress and their effects on military personnel both in combat and back home in the United States. He is currently responsible for counseling veterans of Operation Iraq and Enduring Freedom at the Hartford Vet Center. He is also an appointee to the Special Committee for Post-Traumatic Stress Disorder (PTSD) to advise the Under Secretary for Health of the Department of Veterans Affairs regarding the development of policies of care for veterans with PTSD. In September 2009, White addressed the UConn Storrs Veterans Advising Symposium on how the classroom environment can be more supportive to student veterans.

Society for Financial Affairs

OLLI 2010 | Fall Classes

Passport To Retirement

Tuesday / Thursday, October 5, 7
5:00PM – 7:00PM, Multipurpose Room

This financial-planning seminar will educate and help participants overcome the roadblocks to a successful retirement. The presentation topics (with statistics and case studies) will serve as a passport to help make sound financial decisions, allowing participants to:

• Define and create your retirement
• Assess the costs of retirement
• Evaluate sources of income
• Invest for the future
• Protect your health and wealth
• Receive funds from retirement plans
• Manage your estate distribution

Using a planning workbook, participants will answer personal questions to help navigate topics of retirement, focusing on roadblocks to a successful retirement, defining your retirement while assessing the costs, how to protect your investments, and managing your estate, wills and trusts. Attendance at both sessions will be most beneficial.

James W. Coleman, Sr. is an independent financial advisor with two decades of experience in the financial services industry. He hosts a radio talk show, All About Money, on WATR. He has authored Educated Investing: Your Guide to Surviving, and Thriving in the Fast-Paced Global Markets of the 21st Century and is the SOFA (Society for Financial Awareness) Connecticut Chapter President.

Events open to the public include celebrations, film premieres, author talks, special lectures, and other programs.
of his current book-project focusing on Glen MacLeod is a professor of English adventure of the human spirit. imagination, high idealism, the greatest James, copying can represent the romantic primarily Old Master paintings—in stories copyist figures—that is, painters who copied the positive value of copying. He included Edward H. Freeman, JD, MCF, MCT is an attorney and educational consultant in West Hartford, Connecticut. He has written over 70 articles on computer technology, privacy, security and legal issues. He is also an adjunct faculty member at Central Connecticut State University, St. Joseph College in West Hartford and the University of Connecticut—teaching math and computer science courses.

How to Lie with Statistics Wednesday, October 20 12:45 PM – 1:45 PM, Room #333
This lecture is based on a book with that name by Darrell Huff, published in the 1950’s. It is a brief book with lots of pictures that deals with how politicians, advertisers and others can tell the truth but twist the facts to make their point. The talk will also discuss how to challenge these statements. Dr. Brian Chapman, Director, and Dr. Laura Donorffio, Associate Professor and OLLI Faculty Liaison, will describe the types of OLLI programs, courses, staffing, academic internships, research, and events that have been developed over the past five years to support this initiative.

Lifelong Learning Means Everyone! Intergenerational Programming at UConn Wednesday, December 8 12:45 PM – 1:45 PM, Room #333
Lifelong learning, in its broadest definition, would include learning across the life span. In keeping with this definition, UConn’s OLLI program has identified the development of intergenerational programming as one of the Institute’s goals. Dr. Brian Chapman, Director, and Dr. Laura Donorffio, Associate Professor and OLLI Faculty Liaison, will describe the types of OLLI programs, courses, staffing, academic internships, research, and events that have been developed over the past five years to support this initiative.
The Osher Lifelong Learning Institute at UConn is guided by the OLLI Leadership Council which is the principal representative body of the OLLI membership. Composed of founding OLLI members and elected officers, the Council helps foster the growth and sustainability of the Institute. OLLI members serving on standing committees, in conjunction with the OLLI Director and Assistant Director, carry out the operation of OLLI at UConn. OLLI is always seeking new members to get involved in curriculum planning, membership development, hospitality, communications, and travel and events through various committees. For a list of current council members and committee information please visit our website or call 203-236-9924.

The lifelong learning initiative began with seed money, market research, and technical support from the Leever and Connecticut Community Foundations. Currently, the Institute is made possible by the generosity and support of the Bernard Osher Foundation, the University of Connecticut and private donations.

The University of Connecticut's Waterbury campus serves more than 1,100 students annually. In its sixty years of operation, UConn Waterbury has opened the doors to educational access and excellence to thousands of Connecticut residents, many of whom have distinguished themselves in the fields of community service, business, education, law and politics. Today, the campus is located in a modern, state-of-the art facility in the heart of downtown Waterbury. Our neighbors are the historic Palace Theater and a new arts magnet middle and high school, making our location a beacon for educational and cultural enlightenment. Students enjoy quality interaction with great professors and participate in research opportunities that enrich the college experience. An extensive range of undergraduate and graduate course offerings and study areas are available. Visit us online: www.waterbury.uconn.edu.