

LIFELONG
LEARNING

= learning for the joy of it!

Back to OLLI!

Fall 2009

September 18 – November 6, 2009

OLLI Open House
Tuesday, August 18
see page 30 for details

EXERCISE
for the brain



(OLLI) at the University of Connecticut, Waterbury, CT

Lifelong Learning | Providing adults 50 and over with opportunities to engage in intellectual development, cultural stimulation, and social interaction.

WELCOME

to the University of Connecticut's Waterbury Campus!

Welcome to the University of Connecticut, Waterbury campus! Our campus proudly serves Waterbury and the region by delivering educational programs for undergraduate, graduate, and lifelong learning students in a dynamic, accessible, state-of-the-art environment. We are equally proud to be associated with the Bernard Osher Foundation and the network of one hundred twenty two (122) Osher Lifelong Learning Institutes across the United States. We express deep thanks to Bernard and Barbro Osher for their generosity and vision with regard to the lifelong learning movement. Whether you will be connecting with college for the first time, reconnecting with higher education, or coming back to UConn—we want this to be a positive and enriching experience. OLLI members bring a unique and positive energy to our campus through their enthusiasm and their depth of life experience in various careers, family life, and civic engagement. I extend a warm welcome to each and every one of you. Please enjoy your time here and savor the fun of learning.

William J. Pizzuto, Ph. D.

William J. Pizzuto
Director, UConn Waterbury Campus

Welcome, one and all, to another exciting and stimulating fall session of OLLI. Our list of presenters and class offerings has increased and we anticipate another banner year – with a boost in our membership. New to our OLLI happenings are two travel excursions that will take us to Avery Point, the shoreline campus of UConn, to experience Project Oceanology, along with a docent-guided tour at the Wadsworth Atheneum in Hartford. I hope you have many interesting, productive and fun learning experiences during our fall months and I encourage you to recruit new folks to join our OLLI family at UConn Waterbury. Best wishes for a wonderful semester!

Nancy Via

Nancy Via
President, OLLI at UConn Waterbury



University of Connecticut

The Osher Lifelong Learning Institute at the University of Connecticut is pleased to present the fall 2009 Course Catalog (brochure) to residents of the region and the State of Connecticut. As we reflect on the first half of 2009 there is good news to share with our past, current, and prospective members. In these often uncertain times, it is an honor to lead an organization that has so much good news and embraces positive, healthy, forward-looking ideas.

- The Bernard Osher Foundation has announced the third cycle grant funding for OLLI at UConn beginning on July 1, 2009
- Our Second Annual OLLI Open House takes place Tuesday, August 18, 2009 from 9 AM to 3 PM! It is bigger and better than ever! See page 30 for details
- OLLI is offering nearly 40 courses – among them are 28 NEW course titles
- Author William Mann returns to OLLI in 2009 to launch his new book about Elizabeth Taylor. This special event takes place at the Palace Theater. See page 28 for details
- Musica Scolara, our intergenerational UConn/Waterbury Chorus, continues to grow (please consider joining if you like to sing—vocal placements will be on August 18, 2009) See page 20 for details
- OLLI is proud to announce the “Mat and Chat Series”, exclusively designed for OLLI members, in partnership with the Palace Theater. Please support this wonderful program. See page 26 for details
- OLLI has expanded the “Connect to Your World” library workshop series during the lunch time slot. This six-part series provides an option during the OLLI Café time slot. Seating is limited so advance registration is required. See page 24 for details
- OLLI is honoring and reaching out to Veterans. We are honored to have retired Brigadier General Wilma Vaught coming to speak from Washington, DC. Please come hear about the history and role of women in the U.S. Military. See page 28 for details
- If you like what we are doing please tell friends, relatives, and acquaintances. Our goal is to reach 500 members in the coming months and we are very close! Please help us by spreading the word!

Finally, I express deep thanks to our staff and members who volunteer their time to make this organization operate so smoothly—without them OLLI wouldn't exist.

Sincerely,

Brian G. Chapman

Brian G. Chapman, Ed.D.
Director of OLLI at UCONN





Mission

OLLI at UConn is a member-driven, community-responsive program offering non-credit learning experiences (courses, lectures, and special events) for mature adults who want to engage socially and intellectually with their peers as teachers and learners. Situated on an intimate, state-of-the-art university campus with traditional-age students and research faculty, OLLI also provides fertile ground for an intergenerational interaction and exchange of ideas. The urban campus reaches out to a diverse region which provides opportunities for partnership with other cultural, educational, and arts organizations.



ANNUAL MEMBERSHIP BENEFITS

OLLI operates on twelve-month membership cycles that extend from September to August of the following year OR March to February of the following year, depending on when you joined. Members are entitled to register for courses for all sessions that occur within their membership cycle.

Membership Cycle Examples

Members who joined OLLI in fall 2008 had a membership cycle from September 2008 through August 2009. These members will need to renew their membership now and pay the annual membership fee (new membership will extend from September 2009 – August 2010).

A member who joined OLLI in spring/summer 2009 has a membership cycle from March 2009 through February 2010. This member remains

a member until February 2010 and does not pay the membership fee at this time (they will renew their membership in March 2010).

A member joining OLLI for the first time in fall 2009 will have a membership cycle from September 2009 to August 2010.

FEES ARE NON-REFUNDABLE!

ANNUAL OLLI MEMBERSHIP IS \$60 – THIS IS ALSO CALLED BASIC MEMBERSHIP. WHEN A MEMBER PAYS THE ANNUAL \$60 MEMBERSHIP, BENEFITS INCLUDE:

- Participation in OLLI Café Activities – “A place to lunch and learn.” Members are encouraged to bring a brown bag lunch – coffee and fruit will be provided
- Opportunity to register for OLLI courses – \$25 each course
- UConn Waterbury parking pass for your annual membership cycle (see directions/parking on last page for restrictions)
- Discounts for OLLI partnership events
- Entrance to Special OLLI Events
- Year-round notices about additional OLLI programs
- OLLI membership card

LEARNING ACTIVITIES

The OLLI Program currently includes short-term, non-credit courses, OLLI Café (lunch and learn) activities, and special events. Most programs and classes are scheduled during daytime hours. See course descriptions for specific times.

Brown Bag OLLI Café presentations are held from 11:30 AM – 1:00 PM in the multipurpose room.

Why Lifelong Learning?

Enjoyment, fulfillment, intellectual stimulation, shared enthusiasm, challenging discussion, enriching existing friendships and forging new ones – these benefits merely begin to answer the question, “Why Lifelong Learning?”

Lifelong learning is an educational philosophy that embraces a comprehensive definition of human inquiry; educational activities can and should be available through all stages of life. We are endowed at birth with insatiable curiosity and an incredible capacity to learn. Spend a few moments watching a group of children who encounter something completely new that captures their attention and challenges their intellect. There is pure delight in the adventure of experimentation and the thrill of discovery.

The magnificent news is that there is no expiration date on inquisitiveness and imagination. Lifelong learning is a gift we give ourselves that allows us to once again experience that sense of awe and wonder, coupled with the satisfaction of mastering a new skill or adding to our store of knowledge. For adult learners, lifelong learning offers the added practical benefit of maintaining brain health.

Cognitive stimulation, otherwise known as “exercise for your brain,” is essential to maintaining high cognitive functioning in later life. “Cognition is dependent upon brain function and brain function can be improved through physical exercise and cognitive stimulation. Lifelong learning institutes offer older adults a myriad of opportunities to enhance their cognitive function.” (Simone & Scullilli, 2006)

Harkening back to the days when we were encouraged to seek a well-rounded education, we now have the opportunity to engage fully and ask the deeper questions using our own life histories and those around us. Lifelong learning allows us to relish – either again or for the first time – the big ideas of art, history, music, health, philosophy, politics, religion, science and more. And not just with our contemporaries, but with people ten, twenty, or thirty years older or younger. Some OLLI courses and programs are designed to be intergenerational, with college undergraduates working alongside OLLI members. The mix of young and old in a university setting opens up new worlds of interest, reexamination, excitement, varying points of view, and sometimes a healthy level of controversy. It enlivens our mind, helps focus our life, and gives us new insights to the world around us. And there are no exams! So come and revel in the experience of learning for the joy of it!



To join and register for fall classes, please fill out the enclosed membership form and return by Thursday, September 10, 2009.

Fall Categories and Course Titles

Fall 2009

FALL COURSE TITLES AND PAGE NUMBERS

COMPUTERS

Not Your Father's Internet <i>Cindy Eastman</i>	12
Computer Basics for Beginners <i>Sandra Rampertab</i>	19

CULTURE AND LANGUAGE

An Eight-Week Virtual Tour of Italy <i>Connie Tripodi</i>	12
Elementary Italian – Ciao! <i>Connie Tripodi</i>	15

GENEALOGY

What Branch Are You From? Researching Your Family Tree <i>Polly Gunther</i>	16
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HEALTH AND WELLNESS

Food for Life Nutrition and Cooking <i>Jane Sirignano</i>	17
Reiki – Level I <i>Barbara Schafer</i>	12
The Physical and Psychological Effects of the Body's Internal Organs: Health and Disease in Chinese Medicine <i>William Courtland</i>	18
Stop, Look, Breathe: Living Life to the Fullest! <i>Karen Chekas / Remi Kyek</i>	11

HISTORY

American History: 1789 to 1841 <i>Penny O'Connell</i>	15
More Queens and Then Some: Women of Power in History <i>Penny O'Connell</i>	18
Reconstruction: America's Failed Revolution <i>Steve McGrath</i>	11
New England Puritanism <i>Dr. Raymond Sullivan</i>	13
The Berlin Wall – Twenty Years Already! <i>Bill Blair</i>	11
The Rise and Fall of the Soviet Empire <i>Dr. David Reed</i>	16
A Lifetime Ago: Before the Death of Childhood <i>Jeremy Joyell</i>	12
History of Latinos in the United States <i>Dr. Ruth Glasser</i>	10

HORTICULTURE

Don't Treat Your Soil Like Dirt: An Introduction to Organic Land Care <i>Chris Baliko</i>	13
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LITERATURE AND WRITING

America Finds its Literary Voice <i>Philip Benevento</i>	13
Orwell Matters <i>Bill Blair</i>	15
Shakespeare <i>Bill Blair</i>	18
In So Many Words <i>Cindy Eastman</i>	15
Writing and Music As Transformative Art <i>Dorothy Sterpka / Julie Cook</i>	15
Fairy Tales: A Depth Psychological Perspective <i>Carol Rizzolo</i>	19
Mythological Studies: An Exploration of Greco-Roman Mythologies as Expressed in Visual Arts <i>Carol Rizzolo</i>	18

MATH AND SCIENCE

Life Cycles of Stars and the Sun <i>Dr. Arnold M. Heiser</i>	14
Chemistry Concepts in Everyday Living <i>Frank Lussier</i>	17

MUSIC

Musica Scolara <i>Dr. Sharon Shoblom Van-Nest / Patricia Richards</i>	10
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PERFORMING ARTS

Dance for the Love of It! <i>Donna Bonasera</i>	14
Joy of Acting! <i>Aleta Staton</i>	17

PERSONAL DEVELOPMENT

Planning to Leave Us? Are Your Papers and Arrangements in Order? <i>Anthony Ludovico</i>	19
Memories, Memories... Let Your Life Speak! <i>Sandra Noel</i>	17
Bridge for Beginners <i>Joyce McMillan</i>	18

SOCIAL SCIENCES

Adulthood & Aging: An Intergenerational Class Approach <i>Dr. Laura Donorfio</i>	10
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VISUAL ARTS

Drawing on the Right Side of the Brain <i>Judy Jaworski</i>	18
Learn How to Draw Your Favorite People, Places and Things <i>Maryellen Considine</i>	11
Visual Memories: Painting from Memory and/or Imagination <i>Maryellen Considine</i>	14
Mona Lisa Isn't Smiling <i>Virginia Bush</i>	16
Women in Visual Arts <i>Sonja Osborn</i>	19



FALL SESSION			
CLASS TIMES	FIRST 4 WEEKS SEPT. 18, 25, OCT 2, 9	FULL 8 WEEKS SEPT. 18 - NOV. 6	LAST 4 WEEKS OCT. 16, 23, 30, NOV 6
8:15 - 9:45 AM	RECONSTRUCTION: AMERICA'S FAILED REVOLUTION Steve McGrath, Page 11 Room #203	A LIFETIME AGO: BEFORE THE DEATH OF CHILDHOOD Jeremy Joyell, Page 12 Room #210	THE BERLIN WALL - TWENTY YEARS ALREADY! Bill Blair, Page 11 Room #203
		AN EIGHT-WEEK VIRTUAL TOUR OF ITALY Connie Tripodi, Page 12 Room #218	
STOP, LOOK, BREATHE: LIVING LIFE TO THE FULLEST! Karen Chekas / Remi Kyek, Page 11 Room #217	LEARN HOW TO DRAW YOUR FAVORITE PEOPLE, PLACES AND THINGS Maryellen Considine, Page 11 Room #318		
	NOT YOUR FATHER'S INTERNET Cindy Eastman, Page 12 Room #224		
10:00 - 11:30 AM	AMERICA FINDS ITS LITERARY VOICE Philip Benevento, Page 13 Room #203	REIKI - LEVEL 1 Barbara Schafer, Page 12 Room #102	THE LIFE CYCLES OF STARS AND SUN Dr. Arnold M. Heiser, Page 14 Room #203
		DANCE FOR THE LOVE OF IT! Donna Bonasera, Page 14 Room #102 (7 wks)	
	DON'T TREAT YOUR SOIL LIKE DIRT: AN INTRODUCTION TO ORGANIC LAND CARE Chris Baliko, Page 13 Room #218	VISUAL MEMORIES: PAINTING FROM MEMORY AND/OR IMAGINATION Maryellen Considine, Page 14 Room #318	NEW ENGLAND PURITANISM Dr. Raymond Sullivan, Page 13 Room #218
		AMERICAN HISTORY 1789-1841 Penny O'Connell, Page 15 Room #333	
11:40 AM - 1:10 PM	6 SESSIONS: LIBRARY WORKSHOP - CONNECT TO THE WORLD, ROOM #224 (ALTERNATIVE TO OLLI CAFÉ)	ORWELL MATTERS Bill Blair, Page 15 Room #217	BRIDGE FOR BEGINNERS! Joyce McMillan, Page 18 Room #102
		ELEMENTARY ITALIAN - CIAO! Connie Tripodi, Page 15 Room #210	
		IN SO MANY WORDS Cindy Eastman, Page 15 Room #326	
1:15 - 2:45 PM	MONA LISA ISN'T SMILING Dr. Virginia Bush, Page 16 Room #204	WRITING AND MUSIC AS TRANSFORMATIVE ART Dorothy Sterpka/Julie Cook, Page 15 Room #323	DRAWING ON THE RIGHT SIDE OF THE BRAIN Judy Jaworski, Page 18 Room #318
		FOOD FOR LIFE NUTRITION AND COOKING Jane Sirignano, Page 17 Room #102	
		THE RISE AND FALL OF THE SOVIET EMPIRE Dr. David Reed, Page 16 Room #210	
		THE JOY OF ACTING! Aleta Staton, Page 17 Room #119	
11:40 AM - 1:10 PM	6 SESSIONS: LIBRARY WORKSHOP - CONNECT TO THE WORLD, ROOM #224 (ALTERNATIVE TO OLLI CAFÉ)	WHAT BRANCH ARE YOU FROM? Polly Gunther, Page 16 Room #218 Room #225 on Oct. 23	

FALL SESSION			
CLASS TIMES	FIRST 4 WEEKS SEPT. 18, 25, OCT 2, 9	FULL 8 WEEKS SEPT. 18 - NOV. 6	LAST 4 WEEKS OCT. 16, 23, 30, NOV 6
1:15 - 2:45 PM	MYTHOLOGICAL STUDIES: AN EXPLORATION OF GRECO-ROMAN MYTHOLOGIES AS EXPRESSED IN VISUAL ARTS Carol Rizzolo, Page 18 Room #204	SHAKESPEARE Bill Blair, Page 18 Room #203	FAIRY TALES: A DEPTH PSYCHOLOGICAL PERSPECTIVE Carol Rizzolo, Page 19 Room #204
		MORE QUEENS AND THEN SOME.... Penny O'Connell, Page 18 Room #201	
		CHEMISTRY CONCEPTS IN EVERYDAY LIVING Frank Lussier, Page 17 Room #324	
		MEMORIES, MEMORIES - LET YOUR LIFE SPEAK! Sandra Noel, Page 17 Room #217	
3:00 - 4:30 PM	A FEMININE POINT OF VIEW: WOMEN IN VISUAL ARTS Sonja Osborn, Page 19 Room #210	THE PHYSICAL AND PSYCHOLOGICAL EFFECTS OF THE BODY'S INTERNAL ORGANS: HEALTH AND DISEASE IN CHINESE MEDICINE William Courtland, Page 18 Room #327	PLANNING TO LEAVE US? ARE YOUR PAPERS AND ARRANGEMENTS IN ORDER? Anthony Ludovico, Page 19 Room #203
		COMPUTER BASICS FOR BEGINNERS Sandra Rampertab, Page 19 Room #224	
OLLI INTERGENERATIONAL LEARNING			
TUESDAYS 6:30 - 9:00 PM	HISTORY OF LATINOS IN THE U.S. Dr. Ruth Glasser 14 Sessions - Tuesdays from 6:30 PM to 9:00 PM Sept. 1, 8, 15, 22, 29, October 6, 13, 20, 27, November 3, 10, 17, December 1, 8 Page 10 Room #323		
TUESDAYS 3:45 - 6:15 PM	ADULTHOOD & AGING: AN INTERGENERATIONAL CLASS APPROACH Dr. Laura Donorfio 14 Sessions - Tuesdays from 3:45 PM to 6:15 PM Sept. 1, 8, 15, 22, 29, October 6, 13, 20, 27, November 3, 10, 17, December 1, 8 Page 10 Room #326		
MUSICA SCOLARA			
TUESDAYS 7:00 - 9:00 PM	DR. SHARON SHOBLUM-VAN NEST, DIRECTOR Patricia Richards, Accompanist 14 Sessions - Tuesdays from 7:00 PM - 9:00 PM Sept. 1, 8, 15, 22, 29, October 6, 13, 20, 27, November 3, 10, 17, December 1, 8 Page 10 Waterbury Arts Magnet School		



OLLI INTERGENERATIONAL LEARNING

History of Latinos in the United States

14 Sessions – Tuesdays from 6:30 PM to 9:00 PM
September 1, 8, 15, 22, 29, October 6, 13, 20, 27,
November 3, 10, 17, December 1, 8
Room #323

PLEASE NOTE: This course meets on Tuesday evenings – course books are recommended but not mandatory.

Whether they have been here for centuries or just arrived yesterday, Latinos are an overwhelmingly urban population that continues to grow in numbers and importance in U.S. cities. Neither black nor white, Latinos occupy niches in the urban landscape that are often overlooked because of a “black and white” view of urban life. In this course participants will be viewing Latinos in the urban landscape through a

comparison of Mexicans, Puerto Ricans, Dominicans, and newer groups immigrating to the U.S. Latino history, sociology, anthropology, literature and music will all be explored. Hear personal stories of immigration and settlement by conducting and interpreting oral histories. The course will have a slight focus on New York City, and the class might include a field trip to sample some of the city’s Latino neighborhoods.

Dr. Ruth Glasser received her Ph.D. from Yale University in 1991 and is a lecturer in Urban and Community Studies at the University of Connecticut. She is the author of *My Music is My Flag: Puerto Rican Musicians and Their New York Communities, 1917-1940* and *Aquí Me Quedo: Puerto Ricans in Connecticut*. She is the co-editor of *Caribbean Connections: Dominican Republic*. Her work also includes documentary films, curriculum materials and oral history archival materials related to Latino and other immigrant/ethnic communities.

“The teacher inspires and moves you beyond imagination. No words can describe the value of the class experience.”

Adulthood & Aging: An Intergenerational Class Approach

14 Sessions – Tuesdays from 3:45 PM to 6:15 PM
September 1, 8, 15, 22, 29, October 6, 13, 20, 27,
November 3, 10, 17, December 1, 8
Room #326

PLEASE NOTE: This course meets on Tuesday afternoons – course books are recommended but not mandatory.

This is a standing undergraduate course offered at the University of Connecticut. Because the topic is that of adulthood and aging, the instructor believes it would be beneficial for the younger students to share the learning advantage of OLLI members. This course will examine individual development and behavior from young adulthood through later life, with special attention given to family and social influences. Topics include (but are not limited to) physical, cognitive, social, and personality changes and continuities, role transitions, and interpersonal and intergenerational relationships and current public policy issues as deemed relevant.

Dr. Laura Donorfio is an Assistant Professor in the Department of Human Development and Family Studies. Her area of study is adulthood and aging. She is the faculty liaison to the Osher Lifelong Learning Institute.

SING WITH THE UNIVERSITY OF CONNECTICUT INTERGENERATIONAL CHORUS

Musica Scolara

14 Sessions – Tuesdays, from 7:00 PM – 9:00 PM (sheet music required)
September 1, 8, 15, 22, 29, October 6, 13, 20, 27,
November 3, 10, 17, December 1, 8
Waterbury Arts Magnet School

Established in fall 2008, this premiere vocal ensemble is committed to performing an outstanding repertoire of music from many cultures. OLLI members, community members who wish to join OLLI, UConn students, and UConn faculty and staff are invited to join Musica Scolara, the first intergenerational OLLI Chorus in the United States.

Dr. Sharon Shoblom-Van Nest, Director of Musica Scolara, holds a Bachelor of Music degree from San Francisco State University, graduating with Honors, a Master of Music

degree from Colorado State University, and a Doctorate of Musical Arts degree from the Conservatory of Music at the University of Missouri-Kansas City. Her professional music career spans thirty years of playing, singing and conducting in the United States and Europe. Known for her choral artistry, as well as her enthusiasm and passion for people, Sherry has served on the faculty at Northern Illinois University, the University of Virginia-Wise, the University of Hawaii-Hilo, and Ferrum College in Virginia. She also taught elementary and high school music in northern California.

Patricia Richards has been the accompanist for OLLI’s Musica Scolara chorus since its inception. Ms. Richards is the full-time Director of Music at Sacred Heart Church in Southbury, CT. As accompanist for Sacred Heart Adult Choir (16 years) she traveled with the choir to Italy, with the distinct honor of playing at St. Peter’s Basilica in Rome. She continues to work with the Adult Choir at Sacred Heart and also formed a 30-member Youth Choir three years ago. Ms. Richards just completed accompanying four Cabaret performances at St. Teresa’s in Woodbury, CT.

See Page 20 for more details.

8:15 AM – 9:45 AM

Reconstruction: America’s Failed Revolution

4 Sessions – Fridays from 8:15 AM – 9:45 AM
September 18, 25, October 2, 9 (required book)
Room #203

After the Civil War the nation created new, revolutionary changes in the American South, which would have completed the transformative work of the Civil War and the emancipation of the slaves. However, the nation missed its chance, and Reconstruction was a failed revolution, whose work was not taken up again until our lifetime.

Steve McGrath received his MA in history from Trinity College. He retired from the West Hartford public schools, where he was social studies supervisor. He currently teaches History at Central Connecticut State University and is a Master Teacher for the Charter Oak Collaborative in Hartford, which

provides staff development for teachers of American History in the greater Hartford region. Steve is a returning OLLI presenter.

Stop, Look, Breathe: Living Life to the Fullest!

4 Sessions – Fridays from 8:15 AM – 9:45 AM
September 18, 25, October 2, 9
Room #217

The focus of this course is intended to help increase positive mental health awareness among older adults. The interactive sessions will explore stress reduction and relaxation techniques, life transitions and moving forward with our lives. Signs and symptoms of anxiety and depression will also be covered. Members will be informed about effective treatments and strategies to support mental health.

Karen J. Chekas, MS, LPC, is Director of Rehabilitation for the Mental Health Association of CT in West Hartford. With over 20 years experience, Karen facilitates mental health workshops for mature adults and serves as a consultant for deaf psychiatric adults. She earned an MS in Rehabilitation Counseling from the University of Arizona and is a Board Certified Counselor. She is an adjunct Professor at Northwestern CT Community College.

Remi G. Kyek is Director of Residential Services for the Mental Health Association of CT, Bridgeport Residential Support/Case Management Program. During her career in the behavioral health field, she has been involved in community education, with special interest in wellness in later years of life. Remi earned a Bachelor’s Degree in Psychology from Montclair State College and a MA in Marriage and Family Therapy from Fairfield University.

The Berlin Wall – Twenty Years Already!

4 Sessions – Fridays from 8:15 AM – 9:45 AM
October 16, 23, 30, November 6
Room #203

Twenty years ago this November the world woke up to the news that the Berlin Wall had “fallen.” This event changed the political

landscape of Europe forever and had far-reaching global implications as well. This course examines the early days of the Wall, escape attempts, the Wall’s fall, border guards’ trials, and the global repercussions that stemmed from the Wall’s collapse.

Bill Blair, a Waterbury native, holds a Bachelor’s and Master’s Degree in English and a Bachelor’s Degree in Anthropology. He is a returning OLLI presenter, and an adjunct instructor at Naugatuck Valley Community College. Bill jumped aboard a plane for Berlin when the Wall fell!



Learn How to Draw Your Favorite People, Places and Things

8 Sessions – Fridays from 8:15 AM to 9:45 AM
September 18, 25, October 2, 9, 16, 23, 30, November 6 (art supplies required)
Room #318

Using a grid is a tried and true method employed in drawing. The grid is based on the modification of a device used by the sixteenth century German artist Albrecht Durer. Members will learn how to draw their favorite people, places and things in this manner. Drawing has much more to do with the eye than the hand. This grid teaching method will culminate

Some courses have required and/or recommended reading. The UConn Co-op bookstore welcomes OLLI members and carries a supply of most required or recommended books. OLLI members are also entitled to join the Co-op OLLI Book Club to save money on their book purchases. Please keep your Co-op book card from session to session.

not only with the drawing(s), but with an enhancement of powers of observation and better drawing skills. B&W photos no smaller than 5" x 7", drawing paper 11" x 14" or larger, drawing pencils, kneaded erasers and a ruler are required.

Maryellen Considine, Ed.D has been a member of Ward-Nasse Gallery in NYC since 1987. Her work has also been exhibited throughout Connecticut, New York and North Carolina. She studied at Southern Connecticut State University, Paier College of Art, The School of Visual Arts and The Art Students' League. She holds a BS, MS and Sixth Year, and earned a Doctorate in Art Education with a concentration in painting from Columbia University. She has been an art instructor for more than thirty years and has taught at Wilby High School in Waterbury and at SCSU in New Haven. Maryellen is a returning OLLI presenter.

A Lifetime Ago: Before the Death of Childhood

8 Sessions – Fridays from 8:15 AM – 9:45 AM
September 18, 25, October 2, 9, 16, 23, 30,
November 6 (required book)
Room # 210

This course will deal with the profound and somewhat disturbing changes that we have seen in American childhood over the last two or three decades. The presenter's Waterbury childhood as portrayed in his memoir, *A Lifetime Ago: Before the Death of Childhood*, notes the contrasts in growing up then and now. Commentary and observations are tempered with generous helpings of nostalgia, innocence, and laughter, all of which should give rise to lively and informative class discussions, as well as personal memories. In addition to specific issues addressed in the book, there will also be opportunities to discuss memoir writing.

Jeremy Joyell is a Waterbury native and has spent most of his professional life teaching English at both the high school and college level and was an adjunct instructor for UConn and Albertus Magnus College. He received a BA in English from UConn and an MS from the University of Hartford. Now retired, he has used his teaching experiences and Waterbury childhood to write his first book. He is a returning OLLI presenter.

Reiki-Level I

8 Sessions – Fridays from 8:15 AM – 9:45 AM
September 18, 25, October 2, 9, 16, 23, 30, November 6 (recommended book)
Room #102

Reiki is a safe, non-invasive caring way of energizing, restoring and balancing the energy centers in our bodies. Why take this course? To heal yourself and others in body, mind and spirit, reduce stress and promote profound relaxation, enhance health and prevent illness, feel more energized, improve mental clarity, increase creativity, calm yourself and others, and promote a sense of deep peace and well being. The course will cover definition, history, basic principles, how it works, the chakras and energy field. Participants will practice doing Reiki on self and others and will receive a Reiki attunement. Anyone can learn it!

Barbara Schafer graduated from St. Joseph's Hospital, Reading, PA, received a BS in Nursing from Wilkes University in Wilkes-Barre, PA and a Masters in Nursing from the University of Pittsburgh. She is retired from a 50-year career as a clinician, educator and administrator in the field of psychiatric nursing. She is an Advanced Practice Registered Nurse (APRN), a Reiki Master Teacher, a certified Healing Touch Practitioner, Instructor and Therapeutic Touch Practitioner and volunteers at Griffin Hospital and Cancer Center. She teaches Reiki Levels I, II, III and Mastership classes and has a private practice in Naugatuck.



Not Your Father's Internet

8 Sessions – Fridays from 8:15 AM – 9:45 AM
September 18, 25, October 2, 9, 16, 23, 30, November 6
Room #224

Welcome to the world of new verbs: "Facebook me", "She texted that she's running late", "I'll just Google it". The Internet has created a whole new way of communicating and with it, a new language. Learning the verbs is just a start. In this course, we will email, blog, post and attach. If you have a computer at home, put it to work for you and communicate with family and friends, start an online diary or reconnect with old classmates. If you can turn on a computer and hold a mouse in your hand, you're ready to start. This self-paced course is designed to ease the casual user into downright proficiency. You'll be blogging in no time!

Cindy Eastman is a writer and educator. She holds a Master's degree in Education from Cambridge College. Cindy has written a column for the *Waterbury Observer*, and has published essays on her web site, *Writing Out Loud*. She has taught computer skills to elementary schoolchildren, facilitated professional learning communities, and has promoted cultural awareness by completing the rigorous Anti-Defamation League's A World of Difference diversity training. She currently teaches English at Naugatuck Valley Community College, delivers trainings for the ADL and is working on her first book, *Flip-flops After Fifty*, a collection of essays.

An Eight-Week Virtual Tour of Italy - Andiamo!

8 Sessions – Fridays from 8:15 AM – 9:45 AM
September 18, 25, October 2, 9, 16, 23, 30, November 6
Room #218

During the "virtual weeks" we will visit the cities of Venezia, Firenze, Pisa, Siena, Roma, Napoli, Capri, Pompeii, Reggio Calabria, and Messina and other towns as we travel Italy north to south. Each week members will concentrate on a major Italian city and its surrounding towns and learn about its historical, geographical, and cultural importance. We will visit wineries, olive groves and learn how wine and olive oil are made in the different regions. Learners will be acquainted with regional Italian food and compare how it differs throughout the country while learning about the customs and traditions of each region. Let's discover Italy!

Connie Tripodi has a BA in Natural Sciences from Central Connecticut State University and an MBA with double specializations in Healthcare and Global Management. She was a Medical Technologist at St. Mary's Hospital and has been the administrator of a surgical practice for the past 19 years. A returning OLLI presenter, Connie speaks fluent Spanish, Italian and several dialects of Southern Italy. Her annual travels to Italy focus on the culture and archaeological research.

10:00 AM – 11:30 AM

America Finds its Literary Voice

4 Sessions – Fridays from 10:00 AM – 11:30 AM
September 18, 25, October 2, 9
Room #203

In 1820, English philosopher and critic, Sydney Smith, wrote in the *Edinburgh Review*, "In the four Quarters of the globe, who reads an American novel? or goes to an American play?" Smith, like most of the European intelligentsia of the time, looked upon America as a cultural and literary wasteland.



But Smith and others spoke too soon. In the nineteenth century, America would develop an impressive body of literary works written with a uniquely American voice. We will discover how this voice emerged as we examine the structure and style of poems written by Bryant, Poe, Longfellow, Whitman, Dickinson, Frost and others.

Philip Benevento was English Department Chairperson at Crosby High School in Waterbury where he taught English for 34 years. He was an adjunct member of the UConn faculty and taught courses at Mattatuck Community College, NVCTE, the Taft Summer School for Teachers and St. Margaret's-McTernan's (now Chase Collegiate). He is presently President of the Silas Bronson Board of Library Agents, a member of the OLLI Leadership Council, and serves as historian for the City of Waterbury. He has a BA and MA in English from the UConn School of Education, a Certificate of Advanced Studies in literature from Wesleyan and a Certificate in Administration and Supervision from Southern Connecticut State University.

Don't Treat Your Soil Like Dirt: An Introduction to Organic Land Care

4 Sessions – Fridays from 10:00 AM – 11:30 AM
September 18, 25, October 2, 9 (recommended book)
Room #218

This class is an introduction for those interested in learning about organic land care. The focus will be on creating a healthy soil and transitioning gardens and turf from synthetics to an organic program. Discussion will focus on how and where to get organic products and what cultural practices can be done to keep soils healthy.

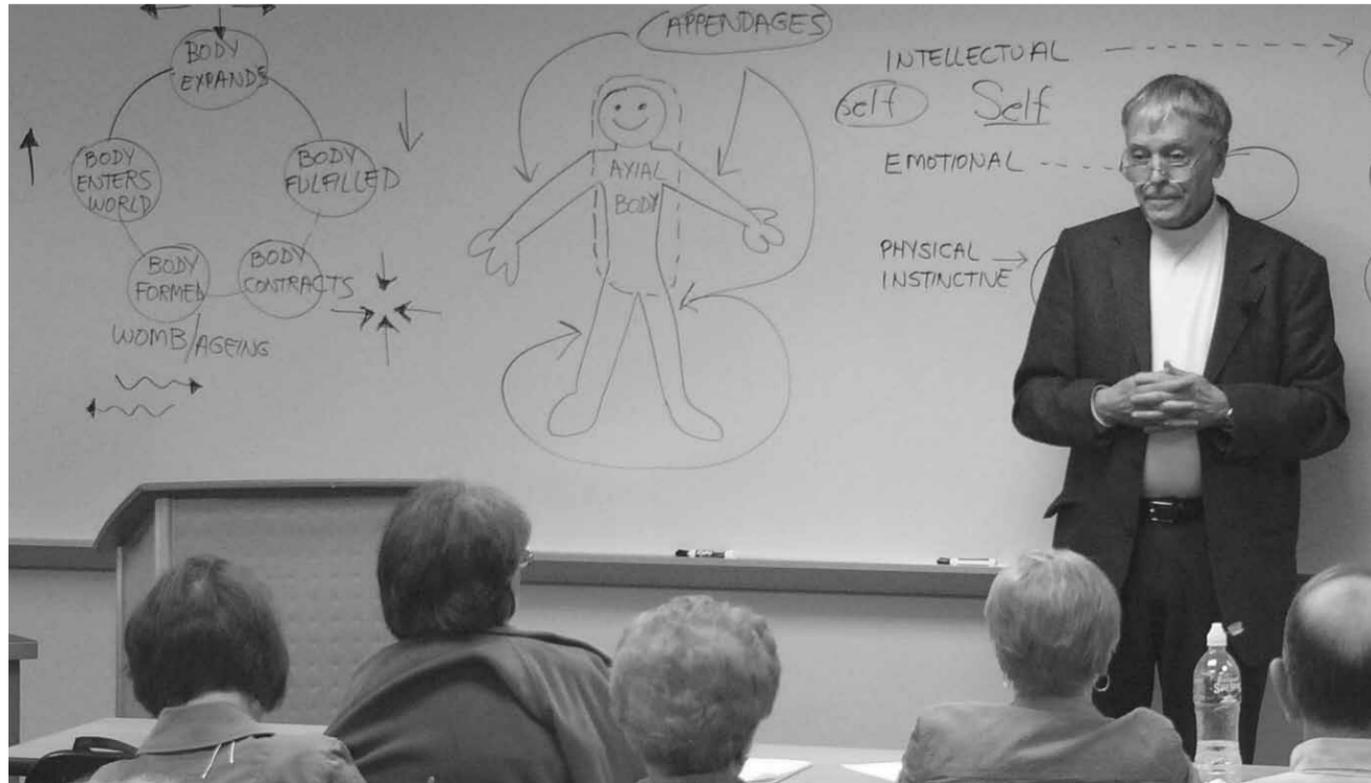
Chris Baliko is an Accredited Organic Land Care Professional and a member of the Northeast Organic Farming Association. He has a BS from the University of Connecticut. He is co-founder of Growing Solutions, LLC, an organic land care company in Ridgefield, CT.

New England Puritanism - From Theocracy to Democracy

4 Sessions – Fridays from 10:00 AM – 11:30 AM
October 16, 23, 30 and November 6 (recommended book)
Room #218

This course – in four parts – will explore the origins of dissident religions in Europe and the Advent of Puritanism in England. The course will follow John Winthrop and other early leaders to America during the Great Migration of 1620 to 1650 and will discuss the benefits and drawbacks of Puritanism to the early settlers of New England. Discussion will conclude with the introduction of Democracy into the oligarchical society established by Puritanical leaders and the rationale for referring to Connecticut as "the Constitution state."

Dr. Raymond Sullivan is a retired General Surgeon with a keen interest in New England history. A search for his own ancestors launched an intensive review of the Great Migration to America of 1620 to 1650. He has presented courses for OLLI in the past. Dr. Sullivan is a member of the Massachusetts Historical Society and of the Winthrop Society for descendants of the Winthrop Company of 1630.



The Life Cycles of Stars and the Sun

4 Sessions – Fridays from 10:00 AM – 11:30 AM
October 16, 23, 30, November 6
Room #203

Stars, like life itself, are “born”, live for a time, and eventually “die”. Stars are born when very large complexes of interstellar matter, called Giant Molecular Clouds, begin to gravitationally collapse and then fragment into smaller masses which will then contract to become the stars we see in galaxies like the Milky Way. Learn about red giants, brown and white dwarf stars, pulsars and black holes, as

well as stellar lifetimes that can be as short as a million years, or as long as tens of billions of years.

Dr. Arnold M. Heiser is an Emeritus Professor of Physics and Astronomy, and belongs to the American Astronomical Society, International Astronomical Union and Astronomical Society of the Pacific. A graduate of the University of Chicago, he has been a Director at Vanderbilt Observatories, was an outreach volunteer at the Dyer Observatory, a NASA Faculty Fellow, and is a published author. He is also a returning OLLI presenter.

Dance for the Love of It!

7 Sessions – Fridays from 10:00 AM to 11:30 AM
September 18, 25, October 2, 9, 16, 23, 30
Room #102

This movement course will take a look at the positive effects dance has on our well being – mind, body and soul – and the health benefits derived from social dancing. It will cover how dance impacts our culture and social environment, the different styles of dance over the decades – from the 1920s to the 1980s – along with studying the artists who made these social dances popular, such as Fred Astaire and Gene Kelly. So come and learn dance history and get up and dance!

Donna Bonasera is the founder and Artistic Director of CT Dance Theatre, Inc. She is one of the few Americans to receive a diploma in the Vaganova Method of Classical ballet while studying in Russia. She was awarded a scholarship to study at the American Dance Machine which preserves the original choreography of Broadway musicals and film. She is the state director for National Dance Week and is recognized nationally and internationally for training high caliber dancers and for her choreography for both musical theatre and ballet. Many of her students have gone on to dance professionally in ballet companies throughout the world and are featured performers on Broadway and in films. Donna is a returning OLLI presenter.

Visual Memoirs: Painting From Memory and/or Imagination

8 Sessions – Fridays from 10:00 AM – 11:30 AM
September 18, 25, October 2, 9, 16, 23, 30, November 6 (art supplies required)
Room #318

Using references when applicable, members will create works from memory and/or imagination with either oil or acrylic paint. Writing from personal points of view or interpreting passages from prose or poetry may be among the exercises used to elicit

visual images. Expressive and meaningful works of art will be the end result. A variety of painting techniques will be reviewed. Verbal participation, along with one-on-one assistance from the presenter, will enhance the experience. Note: Drying time for oil may be very long. If this is a consideration, members may elect to use acrylic paint, which dries in a relatively short time. Beginners welcome.

A returning OLLI presenter, **Maryellen Considine Ed.D** also teaches **Learn How to Draw Your Favorite People, Places and Things**.

Orwell Matters

8 Sessions – Fridays from 10:00 AM to 11:30 AM
September 18, 25, October 2, 9, 16, 23, 30, November 6 (required books)
Room #217

George Orwell is arguably the most important political writer in the English language. His books, *Animal Farm* and *Nineteen Eighty-Four*, have been translated into dozens of languages, often to the dismay of politicians who have banned their possession. This course chiefly explores these two works, with some attention given to the films they have generated. It also explores Orwell's global influence. Bill has lectured about Orwell in the U.S. and England, and his articles have been published internationally.

Bill Blair also teaches **The Berlin Wall - Twenty Years Already!** and **Shakespeare**.

Elementary Italian - Ciao!

8 Sessions – Fridays from 10:00 AM to 11:30 AM
September 18, 25, October 2, 9, 16, 23, 30, November 6 (recommended book)
Room #210

If you have always wanted to learn Italian, feel more comfortable understanding the Italian language, understand the mind and lifestyle of the people, or just refresh your Italian, this 8-week course will concentrate on the elementary basics of the Italian language. The class will also continue topics from the previous session, Conversational Italian for Travel.

Connie Tripodi is a returning OLLI presenter and also teaches **An Eight-Week Virtual Tour of Italy – Andiamo!**

In So Many Words

8 Sessions – Fridays from 10:00 AM to 11:30 AM
September 18, 25, October 2, 9, 16, 23, 30, November 6 (blank journal is recommended)
Room #326

Everyone can write – it's a birth “write”. Writing isn't just the domain of the Dan Browns or Jane Austens of the world – it is a phenomenological process by which we humans make sense of our experience. Unfortunately, some have gotten hold of our early writing and deemed us “fair” – or worse – “bad writers”. It's time to take back what is “write-fully” ours. Participants will open their journals to a blank page and not have an anxiety attack – following several strategies and models to guide them in learning to hear their own writing voice. Then it's just a matter of becoming comfortable with individual and personal styles to become a strong and confident writer.

Cindy Eastman also teaches **Not Your Father's Internet**.

American History – from 1789 to 1841

8 Sessions – Fridays from 10:00 AM to 11:30 AM
September 18, 25, October 2, 9, 16, 23, 30, November 6
Room #333

The course will examine the new government in action beginning with the Presidency of George Washington and continuing through the presidencies of John Adams, Thomas Jefferson, James Madison, James Monroe, John Quincy Adams, Andrew Jackson, Martin Van Buren and William Henry Harrison. Topics for discussion will include political conflict and the birth of political parties, an expanding United States, the War of 1812, sectionalism, slavery and the role of the new United States in world affairs.

Penny O'Connell has a BA in Political Science from Skidmore College. She is a retired high school history teacher with a broad view of world history, having taught courses on the Ancient World, European and American history. She has spent years trying to unravel the mysteries of our historical past and is delighted to share her discoveries with those who have inquiring minds. Penny is a returning OLLI presenter who also teaches **More Queens and Then Some: Women of Power in History**.

Writing and Music As Transformative Art

8 Sessions – Fridays from 10:00 AM to 11:30 AM
September 18, 25, October 2, 9, 16, 23, 30, November 6
Room #323

The objective of this creative writing course is to allow members to write freely in order to discover themselves in a special way. Dorothy Sterpka will facilitate the first four weeks. Participants will read short models of writing and then use free writing, meditation, and creative writing techniques to write memoirs and poems. This expressive writing can result in understanding, playfulness, and often joy. In the second four weeks, **Julie Cook** will show how music can deepen the writing experience. Members will listen to specially chosen music selections to enhance specific types of writing, such as memoir or fantasy – allowing opportunities for poems to become song lyrics, and for members to create spontaneous soundscapes to accompany the reading of a written piece. Using voices and simple instruments (provided), members may participate to their comfort level.

Dorothy Sterpka is a teacher, writer, and volunteer social worker. She taught English at UConn Hartford for over 30 years and now teaches at Central Connecticut State University. Dorothy received a MSW at UConn School of Social Work in 1999 and



“Satisfies need for knowledge without pressure of a grade. Great for newly retired, need-to-be active adults”



uses that knowledge to work with children and older adults. She is especially interested in the healing power of art and attends seminars in art therapy, writing as therapy, and psychodrama.

Julie Cook's music journey has included studying and playing the piano for most of her life. She studied piano at Hartt School of Music at the University of Hartford and taught for 25 years at her studios in Newtown and Woodbury, CT. She facilitates workshops for musicians and non-musicians for the purpose of health and self-expression, and is a certified facilitator for Music for People. She writes poetry and fiction and has published short stories and articles. She has also written a novel, *Beneath the Music*, the story of a frustrated prodigy who finally finds his authentic music. Dorothy and Julie are both returning OLLI presenters.

1:15 PM – 2:45 PM

Mona Lisa Isn't Smiling: Feminine Portraiture from Leonardo to Laura Bush

4 Sessions – Fridays from 1:15 PM – 2:45 PM
September 18, 25, October 2, 9
Room #204

A survey of women's portraits – Renaissance princesses, Elizabethan royalty, French aristocrats and courtesans, 19th century society ladies, modern mothers and feminists, and presidents' wives – examining traditions of beauty, social roles and status, fashion and fame, and artists' attitudes.

Dr. Virginia Bush studied art history at Wellesley College and Columbia University, and is a Fellow of the American Academy in Rome. She has taught in New York, New Jersey and Connecticut and is a returning

OLLI presenter. She has written on Italian Renaissance and modern art and worked in art galleries and arts administration. A monumental collection of images collected from her travels throughout the U.S. and Europe enliven these informative, informal, and often witty talks.

The Rise and Fall of the Soviet Empire

8 Sessions – Fridays from 1:15 PM – 2:45 PM
September 18, 25, October 2, 9, 16, 23, 30, November 6
Room #210

This history course will cover from Tsar to Commissar, the two Russian Revolutions, the Russian Civil War and the West from 1918-1922, the World Revolution versus Socialism in one country – the rise of Stalin, Russia in World War II, the Cold War (1945-1985), the fall of Russia, and the aftermath.

After 45 years, **Dr. David Reed** retired from the practice of medicine. He has always been interested in Russia and Eastern European history. Before his medical career, he attended Naugatuck schools. As a young student, he was fascinated by the stories from his Lithuanian friends, feeding his interest to continue the historical research. He has traveled to Russia to gather information and has recently written (but not published) *The Czechoslovak Legion and the Russian Civil War*.

What Branch Are You From? Researching Your Family Tree

8 Sessions, Fridays from 1:15 PM – 2:45 PM
September 18, 25, October 2, 9, 16, 23, 30, November 6 (recommended book & supplies)
Room #218 Class on October 23 in #225

Do you want to know more about your family history but don't know where to start? Then this is the course for you! It will focus on the fundamentals of genealogy. Participants will learn how to organize, use and properly record information on family group sheets and pedigree charts. Research will include the use of vital, church, census, immigration, court and land records. A variety of sources will be investigated including the use of the Internet. A special Saturday trip to the Connecticut State Library, Department of History and Genealogy, will also be arranged.

Polly S. Gunther is a self taught genealogist. She has been researching and unraveling her family's history for about seven years. She is a member of the Connecticut Society of Genealogists, Connecticut Professional

Genealogists Council, The New England Historic Genealogical Society, Godfrey Memorial Library, and the Society of Mayflower Descendants of the State of Connecticut. She is presently serving as the registrar for her chapter of The National Society Daughters of the American Revolution. The class is designed for beginners, but all are welcome. A recently retired elementary teacher, Polly is a returning OLLI presenter.

Chemistry Concepts in Everyday Living

8 Sessions – Fridays from 1:15 PM – 2:45 PM
September 18, 25, October 2, 9, 16, 23, 30, November 6 (recommended book)
Room #324

Would you like to learn how chemistry applies to daily living? This course will introduce you to basic atomic structure, the most used elements, matter, heat energy, simple chemical reactions and the relation of these topics in helping you to understand your surroundings. Basic principles of common batteries, fuels (gas & oil), the fuel cell vehicle, the laser, MRI, X-Ray, nuclear energy, the atomic bomb, radioactive dating, polymers (rubber & plastics), environmental chemistry (acid rain & greenhouse gases) will be presented. Simple demonstrations of some of these and other topics will be performed.

Frank Lussier holds a BS and MS in Chemistry from Providence and Holy Cross Colleges. He worked as an analytical chemist for 44 years at the Uniroyal Chemical Company in Naugatuck and Middlebury, CT, managing a large Analytical Instrumentation Laboratory. After retiring, Frank taught Introductory Chemistry at Naugatuck Valley Community College. Presently he is in his seventh year instructing three General Chemistry Laboratories, as an Adjunct Professor in Chemistry, at Quinnipiac University in Hamden, CT.

Memories, Memories... Let Your Life Speak!

8 Sessions – Fridays from 1:15 PM – 2:45 PM
September 18, 25, October 2, 9, 16, 23, 30, November 6
Room #217

Every life is a story; every legacy an album of story types; every person an unfinished story. Genealogies give us heritage; but it is in the stories that life and connection happen. The art of life story applies active listening to

“This was my first class and I enjoyed it very much. I will definitely plan to attend more classes.”

engage in the conversational process. Further active listening involves moving our stories from the internal to the external, sharing who we are, recognizing and integrating our various story types and reviewing how our story is influenced and shaped by history, culture, traditions, family and spirituality. Members will learn to develop a story framework, including timelines and key elements. Possible outcomes of this course could be a basis for legacy through memoir writing, oral tradition, or other media.

Sandra Noel is Director of Congregational Care and Senior Ministry at Bethany Covenant Church, Berlin CT. After 32 years in the insurance industry and drawing on her 15 years of lay pastoral work, she received her MA in Gerontology from St. Joseph College integrating the study of aging, counseling and spirituality. A returning OLLI presenter, she is a member of the CT Interfaith Network on Aging Executive Board, American Society on Aging, Forum on Religion, Spirituality & Aging, and Connecticut Gerontology Consortium. She leads reminiscence groups and uses the life story process in her work.



The Joy of Acting!

8 Sessions – Fridays from 1:15 PM – 2:45 PM
September 18, 25, October 2, 9, 16, 23, 30, November 6 (recommended book)
Room #119

It is never too late to study acting, either with hopes of joining the profession or as a fun hobby. Find your inner character and expand upon it through acting exercises, improvisation and scene study in this hands-on acting class. Continue the work you started in college or in community theater, or simply start from scratch. Work with other adults to explore the craft of acting with a seasoned professional actor and your peers. Learn to observe, critique and revise your own work, and create your own monologue or scene. Investigate character development methods, vocal inflections and accents, movement, stage direction, performance techniques and much more. Whether you are a bashful beginner or a thespian looking for a class, you can celebrate who you are through this fun, active exploration of the craft of acting!

Award winning actress **Aleta Staton** has many years of theater experience, acting and directing for regional theaters throughout the United States. She has taught theater to students of all ages. She recently toured in *Another Side Of The Island*, an adaptation of Shakespeare's *Tempest*, developed by and featuring Oscar award winning actress Olympia Dukakis in the title role. Aleta attended Wesleyan University in Middletown, CT where she earned a BA with high honors in Theater. She also earned a Master of Arts in Arts Administration from Goucher College in Baltimore, MD.

Food for Life Nutrition and Cooking Classes



8 Sessions – Fridays from 1:15 PM – 3:00 PM
September 18, 25, October 2, 9, 16, 23, 30, November 6 (recommended book)
Room #102

The class sessions cover cancer-related nutrition topics and demonstrate how to prepare several meals (gluten-free or easily adapted) loaded with antioxidants and

phytochemicals, high-fiber and low-fat foods, and healthy dairy alternatives. The sessions also provide information on maintaining a healthy weight. Classes welcome cancer survivors, friends, family and anyone interested in cancer prevention and healthy eating. These classes are sponsored by The Cancer Project - visit www.cancerproject.org for more information.

Jane Sirignano has been a Cancer Project cooking instructor for four years, and has taught OLLI classes since the inaugural session. She has a diploma in nutrition and has managed a natural foods store. Her passion and enthusiasm, from 35 years of experience with natural foods, will inspire and motivate you!

Shakespeare

8 Sessions – Fridays from 1:15 PM – 2:45 PM
September 18, 25, October 2, 9, 16, 23, 30,
November 6 (required books)
Room #203

First offered in the spring of 2007, this course examines some of the larger problems and enduring questions which *Hamlet* and *Macbeth* provoke. Come and enjoy the Shakespearean classics!

Bill Blair also teaches **Orwell Matters** and **The Berlin Wall –Twenty Years Already!**

Drawing on the Right Side of the Brain

8 Sessions – Fridays from 1:15 PM – 2:45 PM
September 18, 25, October 2, 9, 16, 23, 30,
November 6 (required book)
Room #318

This course is designed to expand your powers of perception through drawing and the creative force of the imaginative side of your brain, to increase your visual awareness and develop a new mode of thinking.

Judy Jaworski has been teaching drawing and painting for over 40 years – at the YWCA, Naugatuck Adult Education, at

Heritage Village, and the Naugatuck Senior Center. She studied at the Rhode Island School of Design. Judy has been listed in the Artists' Bank at the Connecticut Commission on the Arts and was a member of the Watertown Art League (president 1980 and 1981). Her paintings have been exhibited throughout Connecticut and are in numerous private and public collections. She is a returning OLLI presenter.

More Queens and Then Some: Women of Power in History

8 Sessions – Fridays from 1:15 PM – 2:45 PM
September 18, 25, October 2, 9, 16, 23, 30, November 6
Room #201

Topics of discussion will include the lives of the Goddess Athena, Boudicca, Cleopatra, Queen Guinevere, Queen Elizabeth II, Margaret Thatcher, Eleanor Roosevelt, Golda Meir and Indira Gandhi.

Penny O'Connell is also the presenter for **American History – 1789-1841.**

The Physical and Psychological Effects of the Body's Internal Organs: Health and Disease in Chinese Medicine

8 Sessions – Fridays from 1:15 PM – 2:45 PM
September 18, 25, October 2, 9, 16, 23, 30, November 6
Room #327

Western medicine sees the internal organs as having physical functions that maintain the health of the human body. Traditional Chinese Medicine acknowledges these functions and tells us that these organs also have an affect on our psychological health and well being. This course will use the principles of TCM to examine the physical functions of these organs and their influence on our psychology, which can either maintain our physical and psychological health, or become factors that contribute to disease.

William Courtland is a teacher, lecturer and workshop facilitator who researches Chinese Medical theory and its mind-body relationship. He is currently a faculty member

at the Connecticut Center for Massage Therapy in Westport and Newington, where he teaches Acupressure and the theory of Traditional Chinese Medicine. William is a returning OLLI presenter.

3:00 PM – 4:30 PM

Mythological Studies: An Exploration of Greco-Roman Mythologies as Expressed in the Visual Arts

4 Sessions – Fridays from 3:00 PM – 4:30 PM
September 18, 25, October 2, 9
Room #204

This course will explore some of the great stories and archetypes which exist in the ancient Greco-Roman mythologies. In pre-literate and semi-literate cultures, mythologies and religious systems were commonly passed on in oral traditions such as storytelling, or illustrated in painting, dance, sculptures, and more recently, in film. Members will explore several storied representations of the gods and goddesses that come to us from these ancient civilizations. Cultural mythologies have long been a way of teaching the great lessons of any given society. What can we learn from these ancient stories? These topics will be the focus of the course discussion. **Please note: this course is not a repeat of the spring 2009 course.**

After a 25-year career as a Physician Assistant, **Carol Rizzolo** is now pursuing her doctorate in Mythological Studies with an emphasis in Depth Psychology. She is a returning OLLI presenter.

Bridge for Beginners – Challenging and Fun!

4 Sessions – Fridays from 3:00 PM – 4:30 PM
October 16, 23, 30, November 6
Room #102

Learn the basics of this interesting card game – the rules, bidding, conventions and the play of the hand. Members must be fully committed to learning the game and therefore attending all four classes.

Joyce McMillan is a bridge aficionado who is personally dedicated to the survival of the game of bridge! She earned a BA in English Literature from the College of St. Elizabeth in Convent Station, NJ where she edited the college newspaper. She has a background

in teaching, journalism, retail sales and business ownership. She is very active in charity work with the Calvanese Foundation and Southington Community Services, and previously with the Waterbury Symphony Orchestra Women's Group.

Planning to Leave Us? Are Your Papers and Arrangements in Order?

4 Sessions – Fridays from 3:00 PM – 4:30 PM
October 16, 23, 30, November 6
Room #203

This course will be a general overview and discussion of documents that may (or may not) put your mind at ease during what has been called the third stage of life – estate planning. Sharing the importance of clear communications and instructions, the course is intended to be informational only, focusing on definitions of terms and explanations of concepts encountered in arranging one's property and affairs.

Anthony B. Ludovico is a member of the law firm of Rome McGuigan, PC, in Hartford. His work is focused on estate planning, research, document preparation, and administration of decedents' estates. He is a member of the CT Estate and Tax Planning Council, Inc., and the Greater Hartford Estate and Business Planning Council. He volunteers his time to organizations such as AARP, Planned Lifetime Assistance Network of CT, Inc., The Funeral Consumer Alliance of CT, Inc., and local community organizations.

Fairy Tales: A Depth Psychological Perspective

4 Sessions – Fridays from 3:00 PM – 4:30 PM
October 16, 23, 30, November 6
Room #204

Capturing the imagination of children and adults alike, fairy tales such as Cinderella, Rapunzel, and Little Red Riding Hood have been told in hundreds of cultures around the globe with as many variations. In this course, participants will explore the stories, highlight the many recurring themes that emerge throughout this genre, and ultimately, explore the depth of psychological aspects of these tales.

Carol Rizzolo is a returning OLLI presenter and also teaches **Mythological Studies.**



Computer Basics for Beginners

4 Sessions – Fridays from 3:00 – 4:30 PM
October 16, 23, 30, November 6
Room #224

In this beginner computer course, members will learn how to navigate the computer to find files and learn to use the start button to find programs. They will practice manipulating windows and work with multiple files. Storage devices and drive functions will be discussed. Microsoft Word will be used to illustrate the use of icons and pull-down menus. Use of the mouse will also be discussed. The class will consist of a lecture, followed by hands-on examples.

Sandra Rampertab is a Reference Librarian at the Silas Bronson Library in Waterbury, where she manages the website, teaches computer classes and purchases books for the library. She also teaches computer classes for the towns of Farmington, West Hartford and Plainville. She has a Masters in Library and Information Science (MLS) and has taken a number of courses in web design and other current software applications.

A Feminine Point of View: Women in the Visual Arts

8 Sessions – Fridays from 3:00 PM – 4:30 PM
September 18, 25, October 2, 9, 16, 23, 30, November 6
Room #210

This course will introduce some remarkable but little known women artists whose life stories, as well as their works of art, are memorable. The difficulties women painters encountered in a man's world is a theme that runs through most of their careers. Sofonisba Anguissola, and the often shocking work of Artemisia Gentileschi in Italy, contrast interestingly with Judith Leyster in 17th century Holland. In France, Elisabeth Vigee-Lebrun, portraitist to Marie Antoinette, had to flee the Revolution and traveled extensively throughout Europe for much of her life. The course will end with a look at images of women in 'old master' paintings and how women are portrayed in advertising.

Sonja Osborn was born and educated in South Africa. She received a BA in Fine Arts and a Diploma in Education from University of Cape Town. She has taught in Zimbabwe and worked for Penguin Books in London. While living in Connecticut she was a docent at the Yale Center for British Art and gave tours of the permanent collection and special exhibitions. She also taught Art History at Westover School in Middlebury, CT and led school tours to Italy, Greece, France, Britain & the Soviet Union.

“I’ve begun to explore my need to express creativity in order to channel my energies to better deal with stress.”

musica
Scolara

The Chorus of UConn Waterbury and the Osher Lifelong Learning Institute



Photo courtesy of Tom Kmetzko (OLLI photographer)

14 Sessions – 7:00 PM – 9:00 PM
Rehearsals: Tuesdays, September 1, 8, 15,
22, 29 October 6, 13, 20, 27
November 3, 10, 17,
December 1 and 8

Rehearsal location: Waterbury Arts Magnet School

Cost for paid OLLI members to join the Chorus is \$25 per semester. An additional small cost for sheet music will be required.

Vocal Placement Appointments will be held on Tuesday, August 18 11:15 AM – 1:30 PM, during OLLI Open House, Room #102

Established in fall 2008, this premiere vocal ensemble is committed to performing outstanding repertoire. It sings well-known choral masterworks, as well as small-ensemble choral literature. The group seeks to nurture a love for, and global awareness of, music from many cultures. OLLI members, community members who wish to join OLLI, UConn students, and UConn faculty and staff are invited to join Musica Scolara, the first intergenerational OLLI Chorus in the United States.

Singers interested in the music of the masters are encouraged to schedule a vocal placement meeting at UConn, Waterbury. This meeting is very informal to help the conductor place each singer in the appropriate voice part. There is no need to bring printed music or memorize any songs.

CALL 203-236-9924 TO SCHEDULE A VOICE PLACEMENT APPOINTMENT.



Dr. Sharon Shoblom-Van Nest, Director of Musica Scolara, holds a Bachelor of Music degree from San Francisco State University, graduating with Honors, a Master

of Music degree from Colorado State University, and a Doctorate of Musical Arts degree from the Conservatory of Music at the University of Missouri-Kansas City. Her professional music career spans thirty years of playing, singing and conducting in the United States and Europe. Known for her choral artistry, as well as her enthusiasm and passion for people, Sherry has served on the faculty at Northern Illinois University, the University of Virginia-Wise, the University of Hawaii-Hilo, and Ferrum College in Virginia. She also taught elementary and high school music in northern California.



Patricia Richards has been the accompanist for OLLI's Musica Scolara chorus since its inception. Ms. Richards is the full-time Director of Music

at Sacred Heart Church in Southbury, CT. As accompanist for Sacred Heart Adult Choir (16 years) she traveled with the choir to Italy, with the distinct honor of playing at St. Peter's Basilica in Rome. She continues to work with the Adult Choir at Sacred Heart and also formed a 30 member Youth Choir three years ago. Ms. Richards just completed accompanying four Cabaret performances at St. Teresa's in Woodbury, CT.

Being a Course Presenter

for the Osher Lifelong Learning Institute (OLLI) at the University of Connecticut, Waterbury Campus



OLLI Courses are generally led by retired, semi-retired and working educators, professionals, entrepreneurs, artists, writers, and others.

- Share your passion on a topic or set of topics
- Inspire others to learn and explore
- Engage with peers and community members
- Lead learners without the administrative burdens of traditional teaching (reading papers/homework, calculating grades, etc.)
- Develop innovative, interesting, and compelling learning experiences
- Utilize the campus infrastructure to deliver enriching experiences for older adult learners and yourself—without the pressures of homework or testing
- Explore topics with other learners and create a laboratory for new ideas
- Join a national movement of adult learners at the first and only Osher Institute in Connecticut

Some of the perks . . .

- free Basic OLLI membership
- reasonable supplies and equipment for course instruction
- UConn parking pass
- Recognition event
- Presenter Honoraria

TIME TO THINK ABOUT SPRING 2010 SESSION!

Spring 2010 session – Fridays from March 19 to May 14, 2010
 (no class on Good Friday, April 2)

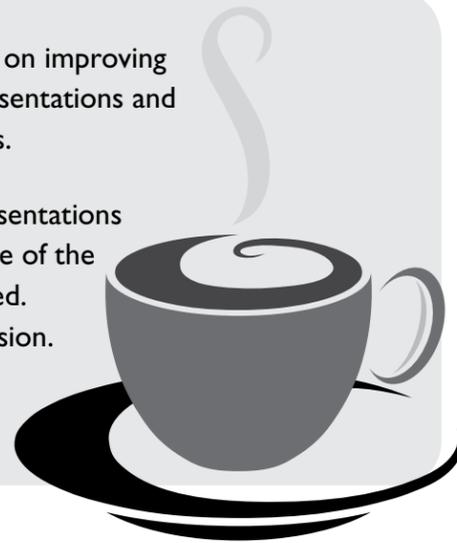
Deadline for course proposals – November 27, 2009

Please contact us if you would like to present a Spring 2010 course!
 Call 203-236-9924 or email: osher@uconn.edu

OLLI Café is a venue for the exchange of ideas and experiences focusing on improving the quality of life. The goal of OLLI Café is to present a potpourri of presentations and activities that provide information and new knowledge to OLLI members.

Bring your lunch and we will provide the coffee and fruit! OLLI Café presentations are open to all OLLI members. These are not courses—OLLI Café is one of the benefits of your annual OLLI membership. Pre-registration is not required. The weekly event features a guest speaker followed by a short Q&A session.

Fridays—Room #113 • 11:30 – 12:00 Lunch • 12:00 – 1:00 Speaker Presentation



SEPTEMBER 18

Forensic Science

Forensic science is the application of a broad spectrum of scientific practices to answer questions of interest to the legal system. While popular crime shows and the media have heightened public interest in forensics in the 21st century, the discipline has a long and unique history. This history, as well as the techniques currently utilized by forensic scientists, crime scene investigators, and other law enforcement agencies in conducting criminal investigations will be discussed as some current issues in forensic science are explored.

Colleen Altenburger is a science teacher at Chase Collegiate School in Waterbury, where she has currently designed and implemented the forensic science curriculum. She received a BS in Biology from Providence College and an MS in Natural Sciences from the University at Buffalo in conjunction with the Roswell Park Cancer Institute. She has been a professional educator for eleven years.

SEPTEMBER 25

The Freedom of Information Commission Works For You

The purpose of the Connecticut Freedom of Information Commission is to insure that the workings of state and local governments are open to the public. This includes open meetings, access to documents and full disclosure of the activities of all agencies on all levels. You will learn how the agency operates, how the public can make use of its

services and highlights from a few cases of special significance.

Sherman London has been a member of the Connecticut Freedom of Information Commission since 1997 and has served as hearing officer on complaints involving about 500 cases. As a reporter for the Waterbury Republican and The American (then two newspapers) he covered local and state government, politics and the Connecticut General Assembly. For 20 years, he was editor of the editorial pages for both newspapers. He has always been a strong supporter of open government.

OCTOBER 2

Renaissance Women Artists

The most celebrated artists of the Renaissance are all men: Leonardo da Vinci, Michelangelo,

and Raphael. However, there were also a number of important female artists, whose accomplishments until recently have been very much underestimated, if not totally ignored. Three exceptional Renaissance women have helped define the role of professional female artists. They made it possible for other generations to follow in their footsteps: Sophonisba Anguissola (ca. 1535 - 1625), Lavinia Fontana (1552 – 1612) and Artemisia Gentileschi (1593 – 1652).

Véronique Sintobin Dulack is a Belgian born art-historian who has been teaching as an adjunct professor at the Waterbury Campus of the University of Connecticut since 2000. From 1987 to 1999, she was an associate researcher in the Department of European Paintings at the Metropolitan Museum of Art where she continues to lecture. Her most recent publication is the monograph *Belgium-Art-New York*



OCTOBER 9

Bacteria and Other Microbes – Friends or Foe?

Are we too clean? Our primitive ancestors evolved close to the earth and were in constant contact with countless microbes. These tiny creatures have learned to adapt to, and in many cases live symbiotically with, the human immune system. New research suggests that our Western obsession with cleanliness may be having a disastrous effect upon our health. The abuse of antibiotics and over-use of anti-microbial cleaners may be destroying these “good bugs” and may be at the root of many cases of asthma, allergies and autoimmune diseases.

Dr. James Prado, returning OLLI presenter is a chiropractic physician and has always had a keen interest in the ability to sustain health naturally. Although the life-saving miracles of high-tech medicine are at times necessary to restore lost health, nature provides all that is necessary to maintain optimal health. He draws on contemporary research that acknowledges the rapid growth of lifestyle-related chronic disease and supports a natural approach to lifestyle modification as a means of reducing the burden of chronic disease.

OCTOBER 16

The View From Cracker Hill

Enjoy the memoir of an inner city girlhood during the 1950s in Waterbury. Hear selected readings from the book, related to local history and personal reflections, learn how the author came to write it and participate in sharing your own reminiscences.

Bettejane Wesson is a Waterbury native and neighborhood activist who loves her city’s history and it’s potential. She earned a BA from Albertus Magnus, and has degrees in English and Communication and a Master’s Degree in Humanities. She also has a Certificate in leading writing workshops from Amherst Writers and Artists Institute.

OCTOBER 23

Climate Change and Connecticut

Polar bears are having a tough time in the Arctic, but how about Connecticut? Will we see the effects of climate change? When? How much? And what can we do?



Laurel L. Kohl is the Education and Training Energy Specialist at Eastern Connecticut State University’s Institute for Sustainable Energy. She has many years of experience with adult and child education in community programs and science enrichment. At the Institute, she is creating a center for K-12 Energy Education Resources and developing consumer and educator support programs.

OCTOBER 30

F. Luis Mora: America’s First Hispanic Master

F. Luis Mora (1874-1940) was born in Uruguay, and became one of the leading American artists of his generation. Mora was a charismatic personality who built a country home and studio in the Gaylordsville section of New Milford. With a colorful slide show picturing his paintings, come hear how Mora

assimilated into American culture and won many coveted awards, while keeping true to his Hispanic roots.

Lynne Pauls Baron is an independent art historian, lecturer, appraiser and the author of *F. Luis Mora: America’s First Hispanic Master*, 341 pages, published by Falk Art Reference. She has lectured on Mora at the University of Miami and the National Arts Club in New York City, and is guest curator of the exhibition of Mora’s works that opens September 25, 2009 at the Mattatuck Museum.

NOVEMBER 6

OLLI Appreciation Event

OLLI Café today is the OLLI Appreciation Event to honor OLLI presenters. Please come and support the dedication and volunteerism of our presenters!

“The teacher was interesting and really knew the subject matter and inspired thoughtful discussions.”



Connect to the World – Library at Your Fingertips Workshops

This hands-on OLLI workshop is sponsored by UConn library personnel from the Waterbury, Torrington, Avery Point, Stamford and Storrs campuses. A basic knowledge of computers and familiarity with the internet is required. These are not individual workshops – registration covers the series which takes place during OLLI Café time. See registration form to sign up for the free workshop series.

11:45 AM – 1:10 PM in Room #224

Session I – September 25

Are you taking advantage of free library resources on the web?

Instructor: Shelley Roseman, UConn Waterbury

Libraries aren't the only place you can find books and articles! Browse the shelves of the Internet Public Library, WorldCat, Medline, local library catalogs, Google Books, and more. You'll be able to learn how to read some books directly from your computer and use interlibrary loan services for materials owned by other libraries.

Session II – October 2

Tracking Down the Best on the Web

Instructor: Shelley Roseman, UConn Waterbury

Ever feel like you're wasting time on the web? Learn how to sort through the clutter of information and misinformation. You'll be able to track down reputable health web sites; trustworthy business/financial information fun sites focusing on hobbies, politics, humor and more. This session encourages lively discussion and welcomes your input, so bring along your list of favorite websites.

Session III – October 9

Online Learning Tools: To Keep You on Your Toes

Instructor: Phara Bayonne, UConn Stamford

iTunes? RSS Feeds? Podcasts? If you're wondering what all the fuss is about, learn how these "web 2.0" tools can work for you to help you learn new subjects, stay current on topics of interest, and be alerted to breaking news.

Session IV – October 16

Social Networking Tools: Staying Connected With Friends

Instructors: Kathy Labadorf, UConn Storrs and Beth Rumery, UConn Avery Point

Facebook? Twitter? Learn about these trendy (free) communication tools on the web that can help you stay connected with friends and family and allows you to follow and learn from groups and individuals with similar interests. The workshop will not only provide a lively introduction to these resources, but will walk you through the steps to set up your own accounts.

Session V – October 23

Savvy Searching: Exploring Google

Instructor: Sheila Lafferty, UConn Torrington

We all love Google, but are you aware of the tips and tricks available from Google to refine your search and make searching simpler and more effective? Let us give you some insider's tips to make your searching easier. There will be hands-on opportunities to refine your searching skills.

Session VI – October 30

Exploring Firefox: The Other Browser

Instructor: Sheila Lafferty, UConn Torrington

Do you know that there are many ways to browse the Internet? Learn to use Firefox so that you can customize and make your searches reflect your search patterns. You'll be introduced to: Smart keywords, Xmarks, and more.

PRESENTER BIOS

Phara Bayonne is the Director of the Jeremy Richard Library at UConn Stamford. Phara has been instrumental in pioneering "web 2.0 technology" at UConn Libraries and has created wikis, blogs, RSS feeds, and podcasts. She serves as Social Sciences Liaison at the Stamford campus.

Kathy Labadorf has worked at the UConn Storrs Library since 1997 following a 25-year career as professional flutist. She serves as the Library Liaison to the Women's Studies program and Undergraduate Services Librarian. Her twitter bio also admits her other secret passions: feminist beekeeper and gardener.

Sheila A. Lafferty is the Director of the Julia Brooker Thompson Library at UConn Torrington and has worked for UConn libraries since 1989. Sheila is responsible for instruction/reference services and is Library Liaison for Undergraduate Programs Liaison at the Torrington campus. In her spare time, she can be found using her searching skills in tracing her family history and helping others with their genealogy searches.

Shelley Roseman is the Director of the UConn Waterbury Library. Among her many hats, she provides instructional/ research sessions to undergraduates and graduates, serves as the Regional Campus Libraries' Webmaster, and conducts workshops on plagiarism prevention at various campuses.

Beth Rumery is the Undergraduate Services Librarian at the UConn Avery Point Library. She has worked in college and university academic libraries since 1987. Her approach to teaching information literacy and lifelong learning is to share examples that are relevant to student needs, leaning toward humor whenever possible.

Janet Swift is a reference and instruction librarian at the UConn Waterbury Library. She has worked for UConn libraries since 1975. Janet has held various positions on the Board of the Friends of the Silas Bronson Library, including director, and is currently serving as treasurer.

OLLI TRAVEL

A new dimension has been added to the learning experiences for OLLI at UConn Waterbury - TRAVEL. The fall trips will start with day tours but will be evolving with time. Watch for more details in upcoming OLLI newsletters. Also, leave any suggestions or questions in the OLLI Suggestion Boxes at either OLLI information table - addressed to the Travel Committee. See "Some Facts for OLLI Travelers" below. Join us at OLLI Travel and learn about new - and old - places waiting to be explored! SEE Registration form to sign up for these events.

A Firsthand Glimpse of Connecticut Maritime Studies at Avery Point, Groton



Price \$25.00 – separate check to OLLI at UConn

Tuesday, September 22, 2009

Bus leaves Waterbury at 8:30 AM – Arrives back at 4:00 PM
(from Hamilton Avenue Commuter Parking Lot)

UConn Avery Point in Groton, Connecticut, is a lovely setting on the Thames River surrounded on three sides by water. The tour begins in the morning with the history of Maritime Studies in the historic Branford House, originally a 30-room mansion, turned over to the University of Connecticut about thirty years ago. Learn about Ocean Observing Systems, Invasive Species, Mercury Contamination, and Marine Meteorological Studies. Then visit the Lab Facilities to see how these research studies are conducted. An optional boat ride provided by Project Oceanology is also available (included in price of the trip) to view the lighthouses and trawl the ocean's floor. Other optional activities include a visit to Avery Point's Alexey von Schlippe Art Gallery or a stroll through the Sculpture Garden. Bring your own lunch or buy lunch at the campus Cafeteria. Come and explore. See a different side of UConn!

Walk the Wadsworth

Price \$28.00 – separate check to OLLI at UConn
(includes admission to Museum)

Wednesday, November 18, 2009

Bus leaves Waterbury at 9:00 AM – Arrives back at 3:00 PM
(from Hamilton Avenue Commuter Parking Lot)

Hartford's Wadsworth Atheneum is the oldest public art museum in the country. Founded in 1842, it houses 45,000 permanent works of art. The hour-long guided tour will feature some of the most important works in that collection. A special exhibit entitled, "Rembrandt's People" will also be available to view on our own while we are there. Lunch is not included in the price of the trip but may be purchased at the Russell Café at the Museum. To enhance our understanding and appreciation of Rembrandt's work and style, OLLI will be presenting a free pre-seminar on Friday, November 13, 2009 at UConn Waterbury (details to follow).



Trips are open to current OLLI members. All travel fees must be paid when submitting annual membership and course fees with fall registration form. Availability will be on a first come – first serve basis. Minimum of 40 people is required or trip will be cancelled. If space allows, non-OLLI members will be allowed to register at an additional fee of \$7.00. **All pre-travel forms, parking/directions, and trip information will be sent in the mail with verification of your trip.** Pre-travel forms are due back at least one week before the date of the trip. Please make separate checks for each trip, writing the name of your trip on the memo line in the bottom left hand corner of your check. Include check with your registration form payable to OLLI at UConn.

THE PALACE THEATER



Photo courtesy of Louis Belloisy

Your Palace, Your Place...for the Best in Entertainment

Show your OLLI membership card at the box office or call 203-755-8484. May not be combined with other discounts or promotional offers.

Mat & Chat

The Palace Theater has something unique and exciting to offer OLLI members this season – the opportunity to participate in creative conversations with some of the incredibly creative people who make the national Broadway touring productions coming to the Palace 2009-2010 season happen. Planned to take place before or after the Saturday or Sunday matinee of each show, you can take a front row seat for the opportunity to learn about various aspects of what it takes to mount a real Broadway touring show!

For more details about the Mat 'n Chat program contact Robyn Colossa Group Sales Coordinator at 203.755.8483 ext 134. And remember, OLLI members enjoy 10% off single ticket purchases when you show your OLLI membership card at the Box Office!

If you haven't heard, the Palace Theater's Broadway season line-up will kick off with:

Avenue Q

Friday, October 16 – 8:00 PM
Saturday, October 17 – 2:00 PM & 8:00 PM

Broadway's smash-hit 2004 Tony Award® winner for BEST MUSICAL, BEST SCORE and BEST BOOK.



Cirque Dreams Illumination

Friday, January 15 – 8:00 PM
Saturday, January 16 – 2:00 PM & 8:00 PM



Created and directed by Neil Goldberg, this show lives up to the Cirque Dreams brand of notoriety and hailed as "jaw dropping and family friendly," by the Los Angeles Times and "the grandest circus spectacle east of Vegas," by New York Magazine.

A Chorus Line

Friday, February 26 – 8:00 PM
Saturday, February 27 – 2:00 PM & 8:00 PM
Sunday, February 28 – 1:00 PM & 6:30 PM

The musical for everyone who's ever had a dream and put it all on the line and winner of nine Tony Awards®, including "Best Musical" and the Pulitzer Prize for drama, this singular sensation is the longest-running American Broadway musical ever.



Disney's Beauty and The Beast

Friday, March 12 – 8:00PM
Saturday, March 13 – 2:00 PM & 8:00 PM
Sunday, March 14 – 1:00 PM & 6:30 PM



A tale as old as time, true as it can be. Disney's Beauty and the Beast, the smash hit Broadway musical, based on the Academy Award-winning animated feature film, touts spectacular sets, costumes, and dazzling production numbers including "Be Our Guest".

The Color Purple

Friday, May 7 – 8:00 PM
Saturday, May 8 – 2:00 PM & 8:00 PM
Sunday, May 9 – 1:00 PM & 6:30 PM

A soul-stirring musical based on the classic Pulitzer Prize-winning novel by Alice Walker and film by Steven Spielberg. Nominated for eleven Tony® Awards it's a Broadway phenomenon with a joyous GRAMMY®-nominated score featuring jazz, gospel and blues.



CONNECTICUT DANCE THEATRE



During fall 2009, Connecticut Dance Theatre will offer OLLI members a 10% discount on all dance and yoga classes. Connecticut Dance Theatre is celebrating its 20th anniversary as a non-profit Arts organization.

Sugar Plum Fairy Tea Party and Holiday Craft Fair

Sunday, November 15, 1:00 PM – 3:30 PM at CDTstudio, Watertown

The perfect pre-holiday spirit Tea Party with dance characters from the Nutcracker – a great day to share with Grandmas, Aunts, Moms, cousins and friends.



Donna Bonasera

For all CDT events, contact Donna Bonasera at CDTstudio, 860-274-0004 or email: ctdance523@aol.com



1995 graduate Brooke Tansley (the longest running Belle on Broadway in Beauty and the Beast)

Clara and the Nutcracker

Friday, December 18, 7:00 PM
Saturday, December 19, 1:00 PM and 5:00 PM
Sunday, December 20, 1:00 PM
Bingham Theatre, Taft School, Watertown

Narrated for the young and the young at heart.

OLLI AT UCONN OFFERS THE AARP DRIVER SAFETY COURSE

November 10 & 17, 2009, 4:00 PM – 8:00 PM, Room #113
January 6 & 13, 2010, 9:00 AM – 1:00 PM, Room #113

On today's challenging roadways, we need to be able to adapt quickly to the demands imposed by changing traffic patterns, more cars and trucks, and the changes in our bodies as we age. The AARP Driver Safety Program is the nation's first and largest classroom driver safety course designed especially for drivers age 50 and older. Participants learn how to operate their vehicles more safely in today's increasingly challenging driving environment and also receive a thorough review of the "rules of the road," with an emphasis on safety strategies. There are no on-the-road or written tests.

The 8-hour course offers drivers:

- Insight into how age-related changes in vision, hearing and reaction time affect driving
- Information about the most dangerous situations for older drivers
- Tips for driving with trucks, buses and other large vehicles
- Strategies for handling aggressive and impaired drivers
- Recommendations for scanning habits, mirror adjustments and following distances
- Ways to evaluate unsafe driving habits.

Upon completion, participants will receive a Certificate which they can submit to their insurance companies for an insurance discount. State law mandates that all insurance companies must provide a discount of at least 5% off liability insurance for at least two years for those 60 and older. Check with your insurance company to verify the discount.

Registration and Cost

Please call 203-236-9924 to register today!

Fees are payable on the first day of class in the classroom (UConn Waterbury campus, Room 113)

\$12 AARP Member (you must bring your membership number to the first class)

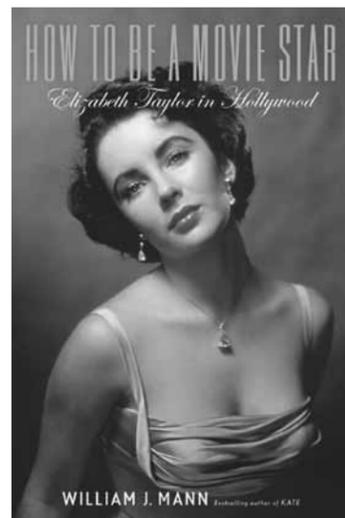
\$14 Non-AARP-member

OLLI Membership is not required to register



OLLI HEADLINER

How To Be A Movie Star – Elizabeth Taylor in Hollywood



Wednesday, October 7, 2009
6:30 PM, at the Palace Theater
Light refreshments will be served.

Elizabeth Taylor is our greatest screen star. As she enters the last phase of a brilliant career and life, author William J. Mann offers a completely new look at this icon using previously untapped sources and offers an unprecedented look at stardom itself – through the life of perhaps the world's first superstar. Here is Elizabeth Taylor as she was meant to be, leading her epic life on her own terms, playing the game of supreme stardom at which she remains, to this day, unmatched.

William J. Mann is the author of *Kate: The Woman Who Was Hepburn*, which was named a New York Times Notable Book. Mann has worked as a freelance journalist and editor, and has written several other works of fiction and nonfiction. He divides his time between Provincetown, Massachusetts and Palm Springs, California. He was a guest speaker for OLLI in spring 2007.

SPECIAL VETERANS DAY EVENT

Called to Serve: A History of America's Military Women

Friday, November 13, 2009
1:30 PM – 3:00 PM in the Multipurpose Room
Light refreshments will be served.

Brigadier General Vaught will address the more than 230 years of service to the nation of America's military women. Her remarks will chronicle the steadfast commitment of the nearly 2.5 million women who have served since the American Revolution and uncover an extraordinary story of patriotism that has been lost to history. Participants will learn about Civil War nurses and soldiers who disguised themselves as men just to serve; World War I women who promised to support and defend the Constitution of the United States yet could not vote; the some 400,000 women who answered the call during World War II; and the many thousands of women since who have donned the uniforms of America's military to protect our freedoms, yesterday and today. Guests will learn about this remarkable history and discover how women's military service was pivotal to women's advancement across the United States.

Retired Air Force **Brigadier General Wilma L. Vaught**, served in the United States Air Force for over 28 years, retiring in 1985 as one of the most highly decorated women in U.S. history. Throughout her career, General Vaught forged new paths and pioneered opportunities for the servicewomen who would follow. A Vietnam veteran, she was one of the few military women in Vietnam who were not nurses. When promoted to brigadier general in 1980, she was one of a handful of women in the world who had ever achieved that distinction. While her military accomplishments are extraordinary, General Vaught's most lasting contribution will be her successful efforts related to the Women In Military Service For America Memorial where she was the driving force that built and now operates the \$22.5 million memorial. Located at the gateway to Arlington National Cemetery, the Women's Memorial is the nation's only major memorial to pay tribute to the more than 2.5 million women who have served in the nation's defense. Because of Wilma Vaught, the American people and visitors from around the world can learn of the courage and bravery of tens of thousands of American women who, like her, have pioneered the future.



UConn WATERBURY RESEARCH LECTURE SERIES

Parking in the UConn Parking Garage on days **other than Friday** is limited to degree-seeking students, faculty, and staff. Please use alternative street level or municipal parking. Please register on member registration form.

A Brief Introduction to Copyright Law

Wednesday, September 30
12:45 PM – 1:30 PM, Room #333

This lecture will define the principle of copyright and what it does and does not protect. Discussion will include the history and philosophy of copyright protection, including relevant court cases and explain how you can use somebody else's copyrighted material. Finally, we will analyze how copyright protection has changed in the digital age. This lecture is designed specifically for people with no legal or computer background.

Edward H. Freeman, JD, MCP, MCT is an attorney and educational consultant in West Hartford, Connecticut. He has written over 70 articles on computer technology, privacy, security and legal issues. He is also an adjunct faculty member at Central Connecticut State University, St. Joseph College in West Hartford, Connecticut and the University of Connecticut, teaching math and computer science courses.

Cognitive Vulnerability to Anxiety in Children and Adolescents

Tuesday, October 13
12:45 PM – 1:45 PM, Room #333

Biting nails. Crying about monsters under the bed at night. Hiding from strangers. Refusing to go to school. Step on a crack and break your mother's back. Children are fearful about a variety of situations and circumstances growing up. What is normal and when does a child need help? This talk will review a cognitive approach to understanding the development and treatment of child anxiety, and outline new research findings regarding a cognitive vulnerability to the development of anxiety in childhood.

Kimberli Treadwell, Ph.D., is an associate professor in the clinical division of the Department of Psychology at UConn. She is a licensed psychologist specializing in emotional and behavioral disorders in childhood. Her research focuses on cognitive and parental factors in the development, assessment and treatment of child anxiety. She accepts students for research assistantships, independent study, and field placements.

Why Does the Brain Prefer Cocaine to Broccoli, and Why Should We Care?

Tuesday, November 3
12:45 PM – 1:45 PM, Room #333

There is considerable discomfort among non-medically-trained mental health professionals about recent advances in neuroscience that have radically changed our knowledge base about mental health and addictions challenges. How are psychological events and brain structures/functions connected? Dr. Johnson uses 3-D animations of elementary neuroscience basics she created to make this knowledge more accessible and less aversive to future social work and other practitioners. Audience comments and suggestions are welcome to help Dr. Johnson enhance the material.

Harriette C. Johnson, MSW, PhD, Professor of Casework, UConn School of Social Work, is author of over forty publications, most recently *Psyche and Synapse: Expanding Worlds*, Deerfield Valley Publishing, Greenfield, MA.



UConn School of Business MBA Program

Open Houses in Waterbury

Thursday, September 3, Tuesday, October 6, Wednesday, November 4, and Thursday, December 3, 2009

Monthly MBA Program Open Houses will be held for anyone interested in UConn's part-time, full-time or Executive MBA programs. Information sessions will begin at 5:00 and 6:00 PM. MBA admissions, curriculum and course scheduling will be discussed. Please call (203) 236-9935 or email glen.richardson@business.uconn.edu if you have any questions or wish to RSVP to an MBA Open House.

Open House for Prospective Undergraduates

Saturday, October 12, 2009
10:00 AM – 12:00 PM

Prospective students and their families are invited to explore our academic programs and learn more about financial aid and scholarship opportunities. Faculty, staff, and current students will be on hand to answer your questions.

RSVP @ www.waterbury.uconn.edu

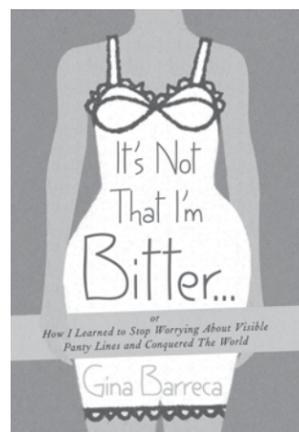


OLLI OPEN HOUSE • AUGUST 18, 2009 • 9:00 AM – 3:00 PM

Calling all former, current, and future OLLI Members! This event is open to the general public. OLLI members are encouraged to attend and register their friends. Attendees will be eligible to enter a drawing for a free OLLI membership! Bring your post card invitation and drop it in the silver box!

9:00 AM – 9:45 AM Continental Breakfast, Fall Registration, and Information Tables

9:45 AM – 10:15 AM — "What I Have Learned at OLLI!," Penny O'Connell, OLLI Presenter of "American History" & "More Queens and Then Some . . ." A retired history teacher, Penny has a BA in Political Science from Skidmore College.



10:15 AM – 11:15 AM — Dr. Regina Barreca noted author of *It's NOT That I'm Bitter* will share her views on laughter, humor and jokes. We can enrich our lives when we're able to create

and deal with humor, helping us to cope with stress and deal effectively with change in our everyday life. Dr. Barreca, Professor of English at UConn, has been called "smart and funny" by People magazine and deemed a "feminist humor maven" by Ms. magazine.

11:15 AM – 12:00 PM

- Regina Barreca book signing, Multipurpose Room
- Visit Committee Tables and OLLI On-site Registration in the main concourse

11:15 AM – 1:30 PM

- Vocal Placement Appointments, Musica Scolara with Dr. Sharon Shoblom-Van Nest, #102
- Bring your own lunch or enjoy a special OLLI discount lunch at participating downtown restaurants. Details provided at Open House.

1:30 PM – 3:00 PM YOUR CHOICE OF FOUR AFTERNOON PROGRAMS!

A Walk Around Waterbury at the Turn of the Twentieth Century – Through Slides

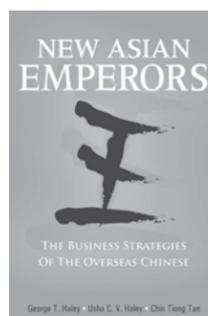
Room #333 (Option A on registration form)

This program will be presented through slides (mostly based on early postcards and photos) showing views of Waterbury at the turn of the twentieth century (1880 – 1920). View Waterbury's early history from its founding in 1674 up to 1910. Enjoy a visual walk around the Green at the turn of the century with colorful stories from that time period, and see Bank Street, Grand Street and other locales from this colorful past.

Philip Benevento is Waterbury's city historian, an OLLI Leadership Council member and will be presenting *America Finds its Literary Voice* in the fall OLLI session.

New Asian Emperors: The Origins and Strategies of the Overseas Chinese

Room #327 (Option B on registration form)



Southeast Asia has a population of more than a half a billion, yet its economy is dominated by about 40 families, most of Overseas Chinese descent. *New Asian Emperors* shows how and why Overseas Chinese companies continue to dominate

the region and how they have extended their reach in East Asia, along with the role and management practices of the Overseas Chinese as they continue to create some of Asia's wealthiest and most successful companies.

Dr. George T. Haley is Professor of Marketing at the University of New Haven and Founding Director of the Center for International Industry Competitiveness. He has published over 100 articles, presentations

and books.

The Road Taken – The Merritt Parkway



Room #113 (Option C on registration form)

The Queen of Parkways, the Merritt Parkway is the focus of this delightful documentary – with historical information, lively personal anecdotes and lots of rarely seen archival material. The film was designed to remind us of the history and beauty of a heavily traveled road many people in Fairfield County never slow down long enough to think about.

A Westport, CT resident, filmmaker **Lisa Seidenberg** worked in network TV in NYC as a Director of Photography and was a Video Journalist for ABC, WTN, BBC and many PBS programs as well as Corporate Media. Her work includes a feature film, *Pledge of Allegiance Blues*.

Simple Recipes That Could Save Your Life!

Room # 119 (Option D on registration form)

–Heart disease, cancer, stroke, and diabetes are the top killers of men and women. Learn what you can do to prevent and reduce the risk factors and avoid being a statistic on this list! Learn how to improve the quality of your life now! Watch demonstrations of simple and great tasting dishes that are also gluten-free or adaptable – dishes anyone can make in their own kitchen. Taste and see for yourself!

Jane Sirignano will be presenting the *Food for Life Nutrition & Cooking* classes which are sponsored by the Cancer Project. Fall classes welcome cancer survivors, friends, family and anyone interested in cancer prevention and healthy eating.



World Affairs Council – Connecticut and OLLI

The World Affairs Council is a non-partisan organization which promotes public understanding of global affairs and world issues by sponsoring programs, discussion series and seminars on international politics, business and culture. OLLI members can purchase tickets to World Affairs Council programs and events at World Affairs Council Member prices. To view upcoming programs please go to: www.ctwac.org and to participate in this offer please call the council at 860-416-2844.

Contact Us

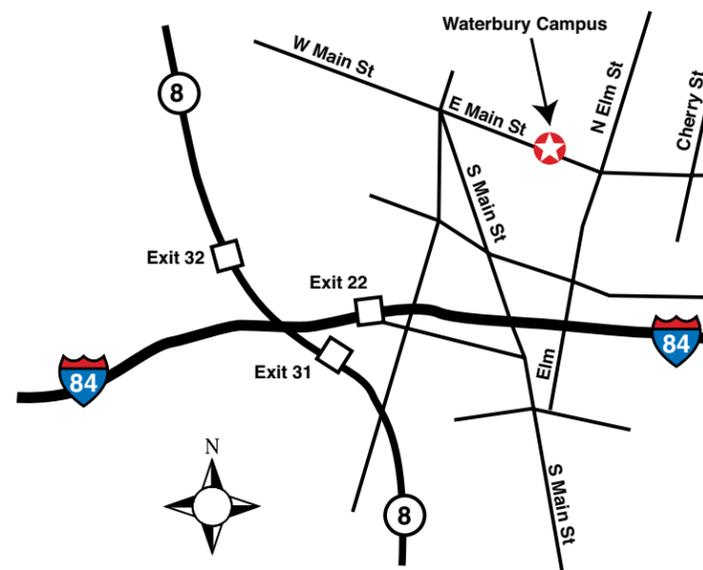
For more information call 203-236-9924 or 203-236-9881. Email: osher@uconn.edu or visit our website at www.waterbury.uconn.edu/osher

Directions

The UConn campus is located at 99 East Main Street in Waterbury, across the street from the Palace Theater. Parking and directions to campus can be obtained from our website, www.waterbury.uconn.edu/osher or by calling 203.236.9924

Parking

During the fall session, paid OLLI members can use their parking pass in the UConn garage located on North Elm Street on Fridays only. OLLI members can also use the Scovill Street garage when coming to campus for OLLI events by showing their UConn parking pass.





University of Connecticut

Osher Lifelong Learning Institute
The University of Connecticut
99 East Main Street
Waterbury, CT 06702



OLLI Photos Courtesy of Tom Kmetzo and UConn, Waterbury I.T. Department



The Osher Lifelong Learning Institute at UConn is guided by the OLLI Leadership Council which is the principal representative body of the OLLI membership. Composed of founding OLLI members and elected officers, the Council helps foster the growth and sustainability of the Institute. OLLI members serving on standing committees, in conjunction with the OLLI Director and Assistant Director, carry out the operation of OLLI at UConn. OLLI is always seeking new members to get involved in curriculum planning, marketing and membership development, hospitality, communications, and travel and events through various committees. For a list of current council members and committee information please visit our website or call 203-236-9924.

The lifelong learning initiative began with seed money, market research, and technical support from the Leever and Connecticut Community Foundations. Currently, the Institute is made possible by the generosity and support of the Bernard Osher Foundation and the University of Connecticut.

The University of Connecticut's Waterbury campus serves more than 1,100 students annually. In its sixty years of operation, UConn Waterbury has opened the doors to educational access and excellence to thousands of Connecticut residents, many of whom have distinguished themselves in the fields of community

service, business, education, law and politics. Today, the campus is located in a modern, state-of-the-art facility in the heart of downtown Waterbury. Our neighbors are the historic Palace Theater and a new arts magnet middle and high school, making our location a beacon for educational and cultural enlightenment. Students enjoy quality interaction with great professors and participate in research opportunities that enrich the college experience. An extensive range of undergraduate and graduate course offerings and study areas are available. Visit us online: www.waterbury.uconn.edu.