
The Osher Lifelong Learning Institute (OLLII) at the University of Connecticut is an academic cooperative that provides older adults with opportunities for intellectual development, cultural stimulation, and social interaction.

Welcome to OLLI Open House 2013!

The UConn Waterbury Campus strives to be a warm and welcoming place. The campus is celebrating its 10th year on this site and OLLI is celebrating its 6th year of support from UConn Waterbury and the Bernard Osher Foundation. On behalf of the Administration, Faculty, Staff, Students, and OLLI Team, we welcome each and every one of you to this place of learning that serves multiple generations. Lifelong learning for older adults, as a movement that started formally in the 1960's, has emerged with different characteristics and features in various parts of the United States and the World. In spite of those differences, there are fundamental principles that guide the most successful lifelong learning programs. Among the principles that we strive towards as a department of UConn Waterbury are a deepening of member participation through volunteerism, continued integration into the Waterbury Campus, and strengthening of academic curriculum through intellectual challenge. It is clear that while we adhere to a "no homework—joy of learning model" of education, recent brain research has shown that it is only through cognitive challenge that we are able to build new neural pathways leading to improved brain health. I invite you to participate in all this campus has to offer and the many "beyond the campus walls" learning opportunities that will emerge as the result of the ideas, people, and events you connect with through your UConn Waterbury Campus and OLLI experience. Hopefully this is a new chapter in your life where you feel empowered to influence the learning environment, broaden your own perspective, and challenge yourself and others in this journey we call life.

Today's Open House is presented as a way to tap the surface of some of the issues of our time and we have included some "lighter fare" as well—please enjoy your time here. As always, I say "the best ideas come from members!" So please keep the ideas coming and keep encouraging new friends to join OLLI at UConn. Many thanks to every volunteer and donor who has contributed to OLLI at UConn and the UConn Waterbury Campus—you are part of a great success!

Sincerely,

Brian G. Chapman, Ed.D.

Director of Outreach at UConn Waterbury and

Director of The Osher Lifelong Learning Institute at the University of Connecticut

WHAT'S THE CURRICULUM COMMITTEE ALL ABOUT?

The courses we take and the people who present them are the center, the core of OLLI. The Curriculum Committee, made up of OLLI members, is the body charged with providing the courses. It does this by carefully reviewing course proposals submitted by past and potential presenters and recommending or denying their inclusion in upcoming fall, spring, winter, or summer sessions. The Committee also actively seeks new courses and recruits new presenters. It supports all presenters in their teaching through workshops, mentoring, and other methods.

All of the above is achieved through the work of the committee membership. Reviewing and recommending courses is accomplished with the participation of all members, working as a committee of the whole. Work on the more specific committee goals is done through three subcommittees which then report to the whole committee. The three subcommittees are New Presenter, Presenter Enhancement, and Interstate Communication.

Curriculum Committee members are active, hardworking, and involved. Listed below are some of the already scheduled upcoming events and meetings:

August 16, September 26, and October 24, Curriculum Committee meetings.

August 23, Presenter Enhancement Workshop, focusing on technology in the classroom and mentoring, held in combination with the Presenter Recognition Luncheon.

October 9, Workshop for Potential Presenters.

October 18, Deadline for course proposals for Spring and Summer Sessions. Meetings of the whole to review and recommend courses will quickly follow, the first on October 24.

INTERESTED? JOIN US! Sign up at the Curriculum Committee table at Open House or call Brian Chapman, OLLI Director at 203-236-9881
email: Brian.Chapman@uconn.edu

PARKING

UConn Police Officers conduct routine parking enforcement in the attached campus parking garage and all cars will be ticketed for parking violations. These violations include, but are not limited to:

Failure to display a UConn parking decal, parking in an unauthorized area –

NO PARKING ON LEVEL ONE, fire lanes, handicap and reserved spaces.

Parking fines can be as high as \$150 for parking in handicap spaces or misuse of a handicap permit. The fine for not displaying a University decal is \$30.

. **Reminder** of the importance of parking your vehicles correctly while in the UCONN parking garage. As everyone knows, parking is limited and every parking space is needed. So please, once you park your vehicle in a space, make sure it's within the space provided

ALL REPLACEMENT PARKING STICKERS – including newly purchased vehicle stickers: \$10.

OLLI Newsletters Go Internet

OLLI newsletters are available on our web page at www.waterbury.uconn.edu/osher

Then click on the left-hand index that says "Newsletters". They are available in PDF format, if you don't have the free reader, you can get it at www.adobe.com and click on the box that says "READER".

NOTICE:

Would the OLLI member who borrowed my blue, three-ring binder, with photo enlargements of Egypt, is finished viewing the album, kindly return it to me, or to Rita at the OLLI office. Thank you.

Gen Delkescamp

LOST & FOUND

Small tan/white print pillow left in 227G after last Meditation class.

Call Rita at 203-236-9808 to claim your pillow!



DISCUSSIONS WITH JONATHAN KELLOGG

Join us for a two-part discussion with **Jonathan Kellogg**, Executive Editor of the Waterbury Republican-American newspaper on Tuesday, September 10 and October 8, 2013 from 6:30 to 8:00 PM in the Multipurpose Room where light refreshments will be served.

September's topic will be **From Columbus to Sandy Hook**: the role of the media in mass tragedies

October's topic will be **A Changing and Challenging Time for Newspapers**: what should readers expect?

Jonathan Kellogg is known throughout the Northeast for informative and engaging presentations on ethics in journalism. He's done workshops for the New England Society of Newspaper Editors, the Vermont Judicial College and the Canadian Association of Newspaper Editors. Kellogg's journalism career includes stops in Kansas City, Boston, Portland, ME and Lowell, MA, with stories from Moscow to Washington. As bureau chief for the AP, he covered four New Hampshire presidential primaries.

BOOK CLUB

August. 19 **The Paris Wife** by Paula McLain
 Sept. 16 **Canada** by Richard Ford
 Oct. 21 **My Beloved World** by Sonia Sotomayor
 Nov. 18 **Ella Grasso** by Jon Purmont
 Our meetings are from 1:00 to 3:00 in room 102D...UConn/Waterbury—contact **Nancy Via**
 e-mail nvia@sbcglobal.net

WE WANT YOUR FEEDBACK!

Please provide us with your suggestions, submissions and comments praises and/or critiques.

What do you want to read in the Newsletter ?

Contact or send your ideas to:

Bob Grady 860 274-9389

yvoorg@aol.com

OLLI MEMBERS WE NEED YOUR HELP!

***Please give us the name of someone who you think would make a good presenter of an OLLI course. You can even give us your own name!**

*Please include phone number and/or email if possible. Also, tell us what topic you think the person might be interested in presenting.

Make referrals to:

Richard Albro – ralbro@optonline.net

Nancy LaGrave –
nancylagrave@gmail.com

Sheila Morissette – ctscout@aol.com
 Delma Way – delvilway@aol.com

recruitment of new presenters subcommittee (a subcommittee of the curriculum committee)

You may also make referrals to Brian Chapman, Brian.Chapman@uconn.edu,
 203-236-9881

Learn from the past, set vivid, detailed goals for the future, and live in the only moment of time over which you have any control: Now!

Denis Waitley

OLLI POETRY COFFEE HOUSE

2nd Thurs at John Bale Bookshop –10:00am
 Contact Denise Whelan (denisewhelan@yahoo.com)

For more information

Historic Philadelphia September 22- 24, 2013

Make plans now for this unique trip back into Colonial America. Witness the birth of this nation. The trip includes a leisurely visit to the expansive **Longwood Gardens** and welcome dinner at the **Chart House**. The next day includes a visit to the **National Constitution Center** and lunch aboard the 108 year old clipper ship: **The Moshulu**. This afternoon includes a guided tour of the Liberty Bell, Independence Hall, and Elfreth's Alley and more. This evening includes an optional visit to the Sugar House Casino with dinner on your own. The third day includes a guided tour of the **Philadelphia Museum of Art** followed by ample time to explore this wonderful museum on your own. Join old friends and new ones to discover or revisit historic Philadelphia. See the colorful flyer or spring catalog for more details. Call **Friendship Tours**, overnight department, at **860-243-1630** to make early registration now or for specific questions or arrangements for special needs.



OLLI 's Fall Trip Schedule

While it is not that far from Waterbury to Storrs, it has been years since I spent any time on the campus of my alma mater, UConn.

But on October 16 , 2013 all that will change because OLLI is sponsoring a trip to Storrs that offers something very traditional; the ice cream treats at the Dairy Bar and stops at the Visitors Center, the Archeology Center and the Dodd Center.

In late 1880, Charles and Augustus Storrs offered the state a former Civil War orphanage, 170 acres of farm land, a few barns and \$5,000 to establish an agricultural school for boys. The school, then Storrs Agriculture School and now the University of Connecticut, opened September 28, 1881 with a faculty of three and 12 students.

The October 16th OLLI trip will begin at the UConn Visitors' Center and includes an overview of this growing institution. The next stop will be the Natural History Museum with a talk by Dr. Nicholas Bellantoni , who is the state archeologist . This will be followed by a guided tour of this museum.

The third tour will be of the Dodd Research Center which was named after the late Senator Thomas Dodd who was a senior prosecutor at the Nuremberg Trials. These 13 trials were held between 1945 and 1949 and considered a milestone toward a permanent international court. An archivist will talk about the incredible collection and its unique irreplaceable material.

Lunch is on your own. Remember this is not school cafeteria food, nor even the dorm food of memory . There are several good places to eat or you can bring your own lunch.

Cost of the trip is \$40. Make your reservation by calling 860-343-1630 and then mail your check to Friendship Tours, 533 Cottage Grove Road, Bloomfield CT 06002.

Our trip parking lot is now in Prospect near St. Anthony's Church on Rte 69.. Please park in the DOT section of the lot which is closer to Dunkin Donuts.



INJECT A LITTLE HUMOR...

The wise old Mother Superior from county Tipperary was dying. The nuns gathered around her bed trying to make her comfortable. They gave her some warm milk to drink, but she refused it. Then one nun took the glass back to the kitchen.

Remembering a bottle of Irish whiskey they had received as a gift the previous Christmas, she opened and poured a generous amount into the warm milk.

When she walked back at Mother Superior's bed, she held the glass to her lips. Mother drank a little, then a little more. Before they knew it, she had drunk the whole glass down to the last drop.

"Mother," the nuns asked with earnest, "please give us some wisdom before you die."

She raised herself up in bed with a pious look on her face and said, "Don't sell that cow."

Today's riddle for seniors...

Here is the situation:

You are on a horse, galloping at a constant speed.

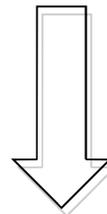
On your right side is a sharp drop-off.

On your left side is an elephant traveling at the same speed as you.

Directly in front of you is a galloping kangaroo and your horse is unable to overtake it.

Behind you is a lion running at the same speed as you and the kangaroo.

What must you do to get out of this highly dangerous situation?



Get off the Merry-go-Round and go Home!!!

Osher Lifelong Learning Institute at UCONN, Waterbury

The Osher Lifelong Learning Institute
The University of Connecticut
99 East Main Street
Waterbury, CT 06702



NEWSLETTER CONTACTS

Bob Grady 860 274-9389
Email yvoorg@aol.com
or

OLLI Office, Room 103, 203 236-9924

The Osher Lifelong Learning Institute (OLLI) at the University of Connecticut is an academic cooperative that provides older adults with opportunities for intellectual development, cultural stimulation, and social interaction. Our programs are centered around classes developed and taught by members who volunteer their time and talents to share their knowledge, life passions, and interest with other members. The OLLI program also sponsors special events featuring noted authors, scholars, and experts in respected professional fields.

OLLI Leadership Council

Council Members

OLLI officers are part of the Leadership Council, which is the principal representative body of the OLLI membership.

Council Officers

President - Richard Fogg
1st Vice President - Mary Lou Reignier
2nd Vice President - Delma Way
Secretary - Toni Escott
Assistant Secretary - Joyce Conlan



We're on the web! www.waterbury.uconn.edu/osher

AND THEN IT IS WINTER....

You know. . . time has a way of moving quickly and catching you unaware of the passing years. It seems just yesterday that I was young, just married and embarking on my new life with my mate. Yet in a way, it seems like eons ago, and I wonder where all the years went. I know that I lived them all. I have glimpses of how it was back then and of all my hopes and dreams.

But, here it is... the winter of my life and it catches me by surprise...How did I get here so fast? Where did the years go and where did my youth go? I remember well seeing older people through the years and thinking that those older people were years away from me and that winter was so far off that I could not fathom it or imagine fully what it would be like.

But, here it is...my friends are retired and getting grey...they move slower and I see an older person now. Some are in better and some worse shape than me...but, I see the great change...Not like the ones that I remember who were young and vibrant...but, like me, their age is beginning to show and we are now those older folks that we used to see and never thought we'd be. Each day now, I find that just getting a shower is a real target for the day! And taking a nap is not a treat anymore... it's mandatory! Cause if I don't of my own free will... I just fall asleep where I sit!

And so...now I enter into this new season of my life unprepared for all the aches and pains and the loss of strength and ability to go and do things that I wish I had done but never did!! But, at least I know, that though the winter has come, and I'm not sure how long it will last...this I know, that when it's over on this earth...it's over. A new adventure will begin!

Yes, I have regrets. There are things I wish I hadn't done...things I should have done, but indeed, there are many things I'm happy to have done. It's all in a lifetime.

So, if you're not in your winter yet...let me remind you, that it will be here faster than you think. So, whatever you would like to accomplish in your life, please do it quickly! Don't put things off too long!! Life goes by quickly. So, do what you can today, as you can never be sure whether this is your winter or not! You have no promise that you will see all the seasons of your life...so, live for today and say all the things that you want your loved ones to remember...and hope that they appreciate and love you for all the things that you have done for them in all the years past!!

"Life" is a gift to you. The way you live your life is your gift to those who come after. Make it a fantastic one.

LIVE IT WELL! ENJOY TODAY! DO SOMETHING FUN! BE HAPPY ! HAVE A GREAT DAY! JOIN OLLI !

Remember "It is health that is real wealth and not pieces of gold and silver."

from the internet